Abstract

Given the relationship that has been established between the psychopathological processes and shame, as well as the lack of empiric data describing shame-evoking situations, and the way it is regulated, the main aim of this work was to know the prototypical situations for shame, as well as the regulatory strategies used by Mexican children. 643 elementary students participated in this study. Ten prototypical situations and six regulatory strategies for shame were obtained. Some of them are different from those traditionally described for this emotion. Data are discussed on the basis of current literature.

Keywords

Shame, prototypical situations, regulatory strategies, children, emotions.