Abstract
This descriptive study aimed to investigate the prevalence of hypertension and its risk factors among undergraduate students in Lubango, Angola. The results obtained according to the health field model were: a) human biology: 61.3% were between 18 and 29 years old; prevalence of hypertension from 20.3 to 26.7%; 17.1% were overweight; 3.2% were obese; b) environment: 36.1% were exclusively students; 33.1% gained a family income of up to 250 dollars; c) lifestyle: 86.2% practiced physical activity; 60.6% preferred salty food; 4.0% were smokers; 40.6% drank alcohol; d) health care: 82.8% already had their arterial pressure verified sometime in their life, and 65.4% did not remember the obtained value.

Keywords
hypertension, risk factors, cardiovascular diseases.