Abstract

Objective: describe how music is used in the development of group educational activity in Family Health. Methods: a qualitative, descriptive and exploratory study, developed with 10 group coordinators, distributed in five basic care units in Belo Horizonte, Minas Gerais, Brazil. Data were collected from March to July, 2009, with non participant observation in the group itself, and semi-structured interviews with the coordinators. Information was organized and categorized according to thematic analysis. To interpret the data, the Snyderian concepts in addition to theoretical references about music, communication and health education were used. Results: three thematic nuclei were found: the affective dimension of music; recreative dimension of music and the reflexive dimension of music. Conclusion: an attempt by the coordinators was observed, to overcome the pathological barriers with the use of music, considering the group as a whole. As advancement for the production of knowledge, this study shows the need for qualification of these coordinators, by means of workshops and constant follow-up of their musical practices.

Keywords

Group Structure, Music, Communication, Family Health Program, Nursing.