Abstract

There are several self-report questionnaires used to measure achievement goals, mostly in school settings, but there are differences in the focal point of items belonging to the same goal, and also relationships between goals and other variables may differ depending on the questionnaires used to measure them. These results indicate that there are instruments that measure different components of the goals as constructs. The aim of the present studies was to develop a three-dimensional questionnaire to assess achievement goals in team sports, based on previous questionnaires, which included the most relevant theoretical characteristics of each goal. Two studies were conducted. In the first one, 441 athletes participated; successive exploratory factor analyses were used to design the questionnaire to be used in the second study. In this study, 501 athletes participated, a confirmatory factor analysis showed an acceptable fit to data for the final questionnaire, consisting of 23 items grouped into three subscales. Sportsmen were higher than sportswomen in performance-approach goal, but there were no significant differences in mastery and performance-avoidance goals.

Keywords

Dementia, cognitive impairment, neuropsychology.