Arrese, E.; Arroyo-Izaga, M.
Prevalence of Listeria monocytogenes in Idiazabal cheese
Nutrición Hospitalaria, vol. 27, núm. 6, noviembre-diciembre, 2012, pp. 2139-2141
Grupo Aula Médica
Madrid, España

Available in: http://www.redalyc.org/articulo.oa?id=309226791046
Comunicación breve

Prevalence of Listeria monocytogenes in Idiazabal cheese

E. Arrese¹ and M. Arroyo-Izaga²

¹Department of Immunology, Microbiology and Parasitology. Faculty of Pharmacy. University of the Basque Country (UPV/EHU). Spain. ²Department of Pharmacy and Food Sciences. Faculty of Pharmacy. University of the Basque Country (UPV/EHU). Spain.

Abstract

Introduction: Raw-milk cheese has been identified in risk assessment as a food of greater concern to public health due to listeriosis.

Objective: To determine the prevalence and levels of Listeria monocytogenes in semi-hard Idiazabal cheese manufactured by different producers in the Basque Country at consumer level.

Methodology: A total of 51 Idiazabal cheese samples were obtained from 10 separate retail establishments, chosen by stratified random sampling. Samples were tested using the official standard ISO procedure 11290-1 for detection and enumeration methods.

Results and conclusion: All cheese samples tested negative for L. monocytogenes. However, 9.8% tested positive for Listeria spp., different from L. monocytogenes. Positive samples came from two brands, two were natural and three were smoked. The presence of Listeria spp. suggests that the cheese making process and the hygiene whether at milking or during cheese making could be insufficient.

(Nutr Hosp. 2012;27:2139-2141)
DOI:10.3305/nh.2012.27.6.6052

Key words: Food microbiology, Listeria monocytogenes. Cheese. Consumer.

Abbreviations

DO: Denomination of Origin.
RE: Retail establishments.

Introduction

Raw-milk cheese has been identified in risk assessment as a food of greater concern to public health due to listeriosis. Listeria monocytogenes has been isolated from sheep and goat cheese from raw milk. However, other authors have not found Listeria monocytogenes in cheese made from unpasteurized milk.

Idiazabal cheese is a traditional semi-hard cheese from the Basque Country region of Northern Spain made with raw ovine milk which can be manufactured either with any commercial animal rennet or with artisan-produced lamb rennet paste, as approved by its Denomination of Origin. The Idiazabal Denomination of Origin (DO), which was created in 1987, defines the basic regulations for the product’s manufacturing and permits external smoking of the cheese.

The pH levels (pH 4.9 to 5.5), the aw (0.96) and low salt content (1.8%), and considerable hand manipulation during manufacturing by small processors are factors that may all contribute to providing a favourable environment for contamination and survival/growth of L. monocytogenes in Idiazabal cheese. However, to the
best of our knowledge, there are even fewer studies about the hygienic quality of Idiazabal cheese and there are no studies at consumer level.

Based on the association of *Listeria monocytogenes* with raw-milk cheese and, in turn, on the potential threat of listeriosis, the objective of this study was to determine the prevalence and levels of *Listeria monocytogenes* in semi-hard Idiazabal cheese manufactured by different producers in the Basque Country at consumer level.

**Methodology**

*Retail sampling*

A total of 51 Idiazabal cheese samples representing 16 different brands (two to three samples per brand) were obtained from 10 separate retail establishments (REs) (table I), chosen by stratified random sampling, located in the three autonomous region of the Basque Country (Álava, Vizcaya and Guipúzcoa). Commercial vacuum-packed cheeses were transported to the Microbiology Laboratory (University of the Basque Country, UPV/EHU) for microbiological analyses where they were stored at 3-4º C.

*Isolation, identification and enumeration of L. monocytogenes*

Cheese samples were collected as finished packaged products at the above-mentioned REs. Samples were tested using the official standard ISO procedure 11290-1 for detection and enumeration methods (ISO 1998 ISO 11290-1) and triplicate analyses were performed. Agar Listeria according to Ottaviani & Agosti (ALOA) chromogenic agar (AES Chemunex España, S.A., Barcelona, Terrassa) and polymyxin acriflavine lithiumchloride ceftazidime aesculin manitol PALCAM Listeria selective agar (OXOID S.A, Madrid, Spain) were used as culture plates. *L. monocytogenes* identification was based on colony morphology and results of gram-staining, catalase test, beta -haemolysis, carbohydrate utilisation and CAMP reaction.

<table>
<thead>
<tr>
<th>Region</th>
<th>Total no. of REs per region</th>
<th>No. of natural cheese samples taken</th>
<th>No. of smoked cheese samples taken</th>
<th>No. of brands</th>
</tr>
</thead>
<tbody>
<tr>
<td>Álava</td>
<td>17</td>
<td>7</td>
<td>10</td>
<td>15</td>
</tr>
<tr>
<td>Vizcaya</td>
<td>17</td>
<td>10</td>
<td>7</td>
<td>9</td>
</tr>
<tr>
<td>Guipúzcoa</td>
<td>17</td>
<td>9</td>
<td>8</td>
<td>16</td>
</tr>
</tbody>
</table>

RE: Retail establishment.

The most recent official data of *L. monocytogenes* refer to the year 2010 wherein 21 cases were declared. Although *L. monocytogenes* is widespread in nature as well as in the dairy environment, our results and those of other investigators confirm that all raw-milk cheese is not a common source of this pathogen, probably because the procedure eliminates it. The literature data indicate that *L. monocytogenes* contamination may occur both during and after cheese processing and that the introduction of *L. monocytogenes* can be produced via contaminated raw milk.

Our data also confirmed that these cheeses can be a source of *Listeria* spp., different from *Listeria monocytogenes*, to consumers even they are smoked. The presence of *Listeria* spp. suggests that the cheese making process and the hygiene whether at milking or during cheese making could be insufficient.

In conclusion, this work has increased our knowledge of the prevalence of *L. monocytogenes* in Idiazabal cheese at consumer level and gives an account of the hygiene status during production. However, continued efforts are needed to decrease *Listeria* in RTE foods, also populations vulnerable to listeriosis need to be appropriately educated.

**Acknowledgements**

We gratefully acknowledge the contributions of Celia Sánchez, Nuria López-Molina and Ana Rocandio who contributed significantly to the initiation and conduct of the study per se. This work was financially supported by ERA-NET SAFEFOODERA (7PM, EU Framework Programme) (LisRisk 08196). The men-
tion of trade names or commercial products in this publication is solely for the purpose of providing specific information and does not imply recommendation.

References
