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Diet-induced developmental plasticity in life histories and energy metabolism in a beetle

ABSTRACT

Adaptive phenotypic plasticity, has been recognized as an important strategy by which organisms maximize fitness in variable environments, which vary through development. A disassociation among stages should represent a null effect of the environment experienced during early ontogeny in the expression of adult traits. Food quality greatly influences survival, development and reproduction in many arthropod herbivores. We examined the effects of diet protein in physiological and life-history traits in the yellow mealworm beetle Tenebrio molitor through ontogeny. We established four experimental treatments: Low Protein (LP), Low Protein Control (LPC), High Protein (HP), and High Protein Control (HPC) with recently eclosioned larvae each. Individuals were maintained on the same diet or transferred to the opposite diet for all pupae period and almost all adult period. Contrary to the expected, the duration of life-cycle, larval growth rate and body mass in T. molitor were similar in diet treatments. We found intra-individual trade-offs between environmental diet (rich or poor in protein content) during larval phase and egg number. Larvae fed on a protein-deficient diet exhibited significantly higher respiratory rates than larvae fed on a rich protein diet. Compensatory feeding could act in T. molitor larvae indicating differences in metabolism but not in growth rate, body mass and life-cycle characteristics. Our results demonstrate the plasticity of reproductive and metabolic traits and life-cycle characteristics of T. molitor and how changes that occur in relation to diet can have profound effects on progeny and female fitness.

Key words: CO₂ production, complex life-cycle, food quality, metabolism, ontogeny.

RESUMEN

La plasticidad fenotípica adaptativa ha sido reconocida como una estrategia importante por el cual los organismos maximizan su adecuación biológica en ambientes variables y la cual varía a lo largo del desarrollo. En los organismos la plasticidad fenotípica generalmente se refiere a como diferentes tipos de rasgos pueden estar conectados con una relación alométrica, la cual varía a lo largo del desarrollo. Una disociación entre los distintos estados ontogenéticos debiese representar un nulo efecto del ambiente experimentado durante la ontogenia temprana en la expresión de los rasgos de los individuos adultos. La calidad del alimento influencia la sobrevivencia, desarrollo y reproducción en la mayoría de los artrópodos herbívoros. En este estudio examinamos los efectos de la cantidad de proteína en la dieta sobre los rasgos fisiológicos y de historia de vida en el escarabajo Tenebrio molitor a través de toda la ontogenia. Con larvas recién eclosionadas se establecieron cuatro tratamientos experimentales: Baja Proteína (LP), Control Baja Proteína (LPC), Alta Proteína (HP) y Control Alta Proteína (HPC). Los individuos fueron mantenidos en la misma dieta o transferidos a la dieta opuesta en el estadio de pupa y mantenidos durante todo el periodo de adulto. Contrario a lo esperado, la duración del ciclo de vida, tasa de crecimiento larval y masa corporal en T. molitor fue similar entre los distintos tratamientos. Además, se encontraron compromisos individuales entre la dieta ambiental (contenido rico o pobre de proteína) durante la fase larval y el número de huevos de hembras adultas. Las larvas alimentadas en una dieta con deficiencia en proteína exhibieron una tasa respiratoria significativamente mayor que larvas alimentadas en una dieta rica en proteínas. La alimentación compensatoria podría estar actuando en las larvas de T. molitor indicando diferencias en el metabolismo pero no en la tasa de crecimiento, masa corporal y las características del ciclo de vida. Nuestros resultados demuestran plasticidad fenotípica de los rasgos metabólicos y de historia de vida en T. molitor y cómo esta cambia en relación a la dieta y cómo estos cambios pueden tener efectos significativos sobre la adecuación biológica de la progenie y de la hembra.

Palabras clave: calidad del alimento, ciclo de vida complejo, metabolismo, ontogenia, producción de CO₂.
INTRODUCTION

Adaptive phenotypic plasticity, the environmentally induced phenotypic change, has been recognized as an important strategy by which organisms maximize fitness in variable environments (Bouvet et al. 2005, Pigliucci 2005). Phenotypic plasticity generally refers to different traits, that could be connected with an allometric relationship, which vary along the individual’s development (Schlichting & Pigliucci 1998).

Virtually, hundreds of studies have been published characterizing adaptive phenotypic plasticity in plants and animals, changing the way of thinking about how evolution works at the population and organismal level (see Via et al. 1995, De Witt et al. 1998, Pigliucci 2007). However, the role that early environment plays in determining the adult phenotype and performance, also known as developmental plasticity, have been less explored (Hoffmann 1999, Diggle 2002, Castañeda et al. 2010a). Insects are animals with a wealth variety in complex life cycles, especially among the coleoptera order. One of the explanations of abundance and persistence of complex life cycles in animals, is that they present adaptive mechanisms to face variable and unpredictable environments depending on the developmental stage (Moran 1994, Boggs 2009). According to the “Beneficial Acclimation Hypothesis” (BAH), individuals acclimatized to a given environment might perform better in that environment compared with individuals acclimatized to a different environment (Leroi et al. 1994, Wilson 2002). However, tests of BAH have been attempted only in bacterial species or invertebrates with simple life cycles or within the same ontogenetic stage (Woods 1999, Boggs 2009). In this study we examined the effects of diet protein in physiological and life-history traits in the yellow mealworm beetle *Tenebrio molitor* Linnaeus (Polyphaga, Tenebrionidae), which is an ectotherm with a complex life cycle and a cosmopolitan pest of stored grains (responsible of 10-50 % losses of world grain production, FAO 1992) that can be easily reared in the laboratory (Worden & Parker 2001).

METHODS

Animals, maintenance and culture

The common yellow mealworm beetle, *Tenebrio molitor* Linnaeus (Coleoptera, Tenebrionidae), is a widespread distributed species that is found throughout Chile (Vidal & Guerrero 2007). We obtained *T. molitor* from a laboratory colony managed at the P. Universidad Católica de Chile, Santiago. Beetles were housed in plastic cages containing a paper shelter and ad libitum water and food (bram and wheat middlings). The cages were maintained at room temperature (20-22 ºC). We obtained about 300 adults from a colony that was transported and maintained in our laboratory. Adults were allowed to mate and then females were separated into petri dishes. Individuals (eggs) were separated and after hatching, larvae were placed individually on 6-well plates, diets were provided ad libitum. Individuals were maintained in an experimental chamber and
rearing temperature and photoperiod were 18 ± 1 °C and 12L:12D respectively. During larval period, body masses of individuals (mb) were weighed every 14 days (starting on the 21st day of life), during pupal period and 10 days after, and during adult period, every 10 days using an analytical balance with a precision of ± 0.01 mg (ADAM AFA-180 LC). Larvae were reared from hatching to pupae on either a high-or low-protein diet (the “rearing diet”, see Table 1). Pupae of one or two days were maintained on the same diet (controls) or transferred to the opposite diet (the “test diet”) for all pupae period and almost all adult period prior to the measurements of the physiological and life-history traits. Thus we established four experimental treatments: A) Low Protein (LP), B) Low Protein Control (LPC), C) High Protein (HP), and D) High Protein Control (HPC) with 40 recently eclosioned larvae each. The composition of the diets included ingredients listed in Martin & Hare (1942) who described the nutritive requirements for Tenebrio molitor larvae to obtain the optimum growth rates (see Table 1). Total protein (%) in the two different diets were 25.25 % for the high protein diet (from here HP) and 10.25 % for the low protein diet (from here LP). Diets were composed of the same ingredients but at different percentages, and they were also isocaloric (see Table 1).

**Life-history traits**

Relative Growth Rate (RGR) (van Emden 1969) was calculated using the periodical weights of larvae using the equation: \( RGR = \frac{\ln(m_{b1}) - \ln(m_{b0})}{T} \); where \( m_{b0} \) is the body mass (mg) at the start of time interval, \( m_{b1} \) is the body mass at the end of the time interval, and \( T \) is the number of days between the start (t0) and final (t1). We determined larval growth rate (LGR) in intervals during life cycle and adult growth rate (AGR).

After sexing experimental individuals following Bhattacharya et al. (1970), females were bred for five days to external males randomly chosen (obtained from our adult colony), then eggs were recollected after 15 days, and preserved in 70 % ethanol. All eggs were counted and measured under a stereomicroscope with ocular micrometric calibration (in mm, Olympus SZX1 stereomicroscope).

| TABLE 1 Composition of experimental high and low protein diets. Values are mean ± (SE). |
|---|---|---|
| **Ingredients** | **High protein** | **Low protein** |
| Wheat flour (%) | 2.00 | 5.20 |
| Brewer yeast (%) | 20.25 | 2.25 |
| Wheat middlings (%) | 3.00 | 3.00 |
| Moisture (%) | 7.60 | 6.10 |
| Gross energy (Kcal) | 352.50 ± 15.42 | 345.30 ± 18.08 |

**RESULTS**

**Life-history traits**

The duration of the entire life cycle was very similar in the different diet treatments with an average of 206.5 ± 25.5 days in HP and 216.0 days in LP.
± 19.6 days in LP diet, and a similar pattern was observed in the control treatments (F = 1.714, df = 3.160, P = 0.1542) (see Fig. 1). The same results were obtained when the duration of pupae stage was considered (F = 0.926, df = 3.160, P = 0.2349) (Fig. 1).

Larval growth rate from all four diets were similar from the beginning to the 105th day of the experiment (F = 0.03, df = 3.47, P = 0.993) (Fig. 2A). From the 105th to 175th day of the experiment LGR increased significantly in all treatments compared with rates of previous periods (Repeated measures ANOVA; F = 15.27, df = 2.92, P = 0.0021). However, differences among diet treatments were neither observed in the last period (F = 0.45, df = 3.47, P = 0.4521) (Fig. 2A). In general, for all four treatments AGR was negative, with adults from low diets protein with higher rates of mass loss (Fig. 2B). We did not observe statistical differences in AGR in the two time periods of adult life of the experimental individuals (F = 1.77, df = 3.169, P = 0.155 and F = 1.28, df = 3.69, P = 0.086 for 205-215 and 215-225 life days range, respectively).

Egg size and egg number of female T. molitor developed in markedly different ways with respect to food quality. Mean egg number varied from 12 ± 4.17 for females on HPC diet, to 5.42 ± 3.81 for females on the LPC diet (Table 2). Female body mass was not significantly different between treatments (F = 1.816, df = 3.36; P = 0.215) (see Fig. 1). Significant differences were observed in egg number per female between the HP and HPC diet comparing with the other two diets (F = 21.715, df = 3.36, P = 0.0001). The effect of rearing diet was significant in egg number and individuals maintained during larval stage in LP diet and switched to HP in pupal stage did not recuperate the egg production capacity as adults. The size of recently released eggs were similar between all treatments (F = 0.826, df = 3.150, P = 0.358) (Table 2).

Energy metabolism

A significant interaction between protein treatments and ontogenetic stage on CO₂ production was found in T. molitor (two-way ANCOVA; F = 8.335, df = 6.69, P = 0.0001 for interaction term). The effect of protein was significant in the larval stage (two-way ANCOVA; F = 3.249, df = 3.69, P = 0.0269), where the low protein diet had higher CO₂ production comparing with HP-HPC treatments (see Fig. 3 and Table 3). As expected, pupae stage show significant lower

Fig. 1: Body mass of Tenebrio molitor through entire life cycle in different experimental diets. The mean body mass is indicated every 14 days. Abbreviations are; HPC = High Protein Control, HP = High Protein, LPC = Low Protein Control, and LP = Low Protein.

Masa corporal de Tenebrio molitor a través del ciclo de vida completo en las diferentes dietas experimentales. Se indica la masa corporal promedio en intervalos de 14 días. Las abreviaciones utilizadas son: HPC = Control Alta Proteína, HP = Alta Proteína, LPC = Control Baja Proteína, y LP = Baja Proteína.
values of metabolic rate in all diet treatments with a mean of $0.160 \pm 0.063 \mu l \ min^{-1}$ (two-way ANCOVA; $F = 44.298$, df = 2.69, $P = 0.0001$), comparing with values of $0.625 \pm 0.137$ and $0.539 \pm 0.050 \mu l \ min^{-1}$ for larvae and adult stage, respectively (Fig. 3). Adult and larvae stage from different dietary protein treatments did not show differences in mass-specific CO$_2$ production (Tukey’s HSD, $P > 0.05$). Insects that were switched from HP to LP as pupae had adult metabolic rates comparable to those insects continuously reared in HP (high protein control) and had the same pattern found in insects switched from LP to HP diet (see Fig. 3). Larval rearing diet did not have effects on adult metabolism (Tukey’s HSD, $P > 0.05$).

**DISCUSSION**

Food quality describes the chemicals components required by an organism for its optimal growth, tissue maintenance, reproduction and energy expenditure. Food quality affected the life history traits in our study model in contrasting ways. The duration of the complete life-cycle was comparable with what is reported for *T. molitor* standarizing by the different rearing temperatures (see Gerber 1975, Damborsky et al. 1999). Contrary to what it could be expected, the duration of the life-cycle, larval growth rates and body mass in *T. molitor* were similar among diet treatments despite their contrasting differences in protein concentration. In general, low protein lead

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**Fig. 2:** Effect of dietary protein on (A) larval and (B) adult in growth rate of *Tenebrio molitor*. The mean is indicated. (HPC = High Protein Control, HP = High Protein, LPC = Low Protein Control, LP = Low Protein). The mean and ± SE is indicated in Fig. 2B. See results for statistics.

Efecto de la proteína en la dieta sobre (A) tasa de crecimiento de la larva y (B) tasa de crecimiento del adulto en *Tenebrio molitor*. (HPC = Control Alta Proteína, HP = Alta Proteína, LPC = Control Baja Proteína, LP = Baja Proteína). Se indica la media ± EE en la Fig. 2B. Ver resultados para la estadística.
to reduced rates of growth (Scriber 1984, Woods 1999). However, our data shows that experimental diets did not delay the larval and pupae development nor body mass in the different ontogenetic stages. The little variation among treatments in the number of days of the life cycle, body mass, as well as growth rate could be the result of three non exclusive processes. First, growth depends on nutrient ratios, and insects may use behavioral and postingestive mechanisms to compensate for nutrient imbalance (Raubenheimer & Simpson 1993, 1997). Beetles appear to perform best on diets containing protein and carbohydrate in roughly equal amounts, and beetles may have consumed low-protein food at higher rates to provided nutrients needed (see Woods 1999). However, whether ingestion rate was different between treatments is unknown. Second, the experimental diets were isocaloric therefore T. molitor could respond to total energy ingested and not to particular changes in essentials elements like dietary nitrogen, as occurs in several arthropod (see Joern & Behmer 1997, Blanco et al. 2009). That is, diet quality (especially variation in diet protein as total nitrogen content), does not affect the duration of the life-cycle, and at the same time, neither body mass nor larval growth rate. Third, plasticity is common in early post-embryonic or adult development, but many organisms also exhibit development inflexibility during ontogeny, which is the lack of the ability to change reproductive tactics during phases of the life-cycle (Hatle et al. 2004, Hatle et al. 2005). Our results showed that traits such as duration in days of ontogenetic stages, growth rate in larval and adult stage and egg size and body mass in response to different diet would be canalized in T. molitor. This last affirmation is supported by our results since the diet switches realized in pupal phase did not affect the timing of moulting and metamorphosis nor the adult growth rate.

### TABLE 2

| Offspring number/day and size in females of Tenebrio molitor maintained through the entire life cycle on the different protein diets. Values show are mean ± (SE). N indicates number of females analyzed. A different letter indicates significant differences at the 5 % level. |
|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| Diet treatment                  | Egg number/day                  | Egg size (mm)                   | N                              |
| High protein                   | 11 (± 6.28)                      | 1.76 (± 0.13)                   | 11                             |
| High protein control           | 12 (± 4.17)                      | 1.70 (± 0.05)                   | 6                              |
| Low protein                    | 6.13 (± 2.01)                    | 1.73 (± 0.12)                   | 14                             |
| Low protein control            | 5.42 (± 3.81)                    | 1.68 (± 0.21)                   | 7                              |

Fig. 3: Metabolic rate of different stages in the complex life cycle (L = Larvae, P = Pupae, A = Adult) of Tenebrio molitor maintained in different protein treatments (HP = High Protein, HPC = High Protein Control, LP = Low Protein, and LPC = Low Protein Control). The mean and ± SE is indicated. Significant differences among protein treatments are highlighted by different letters.

Tasa metabólica de los diferentes estadios (L = Larva, P = Pupa, A = Adulto) en el ciclo de vida complejo de Tenebrio molitor mantenido en diferentes tratamientos de proteína (HP = Alta Proteína, HPC = Control Alta Proteína, LP = Baja Proteína y LPC = Control Baja Proteína). Se indica la media ± EE. Las diferencias significativas entre los tratamientos de proteínas son resaltadas por diferentes letras.
Number and size of eggs are life history traits of key relevance for fitness in nature (Stearns 1992), determining the persistence of populations. Our results showed that egg size did not change among diets, but the clutch size was larger in HP diet compared with the LP diet. A classical trade-off in life-history theory predicts that if parental resources are limited, increasing resource allocation to one offspring means that the other offspring must either be smaller or fewer in number. These trade-offs between offspring size and number have received a great deal of theoretical and empirical support (Holloway et al. 1987, Bernardo 1996, Fox & Czesak 2000, Vijendravarma et al. 2009). In our study, egg number was affected with no evidence of a trade-off between number of eggs and their size, resulting in the observation that the quality of the diet ingested during early ontogeny can be the main cause of changes in some trait values. Several authors are agreed that, especially for herbivores arthropod, mothers in environments of rich or poor-resource produce eggs of similar size (Geister et al. 2008), being a non-plastic (fixed) trait probably due to the fact that egg size is directly related to the fitness of individual offspring in many arthropods (Capinera 1979). Similar observations have been reported for ants, butterflies, flies, grasshoppers, isopods and among other arthropods (Joern & Behmer 1997, Aron et al. 2001, Romeis & Wäckers 2002, Wall et al. 2002, Lardies et al. 2004, Kyneb & Toft 2006). Dietary restriction in *Drosophila* results in a situation that is characterized by reduced fecundity and increased starvation resistance (Piper et al. 2005). Interestingly, the switch of individuals in pupal stage from LP diet to HP diets showed the same result as the control (LPC), that is to say, the egg number of females is determined by diet ingested in larval stage no matter if adult are fed with HP or LP diet. A more complete explanation for this change in fecundity is that this trait can be switched on or off as a consequence, or as a response to, environmental challenge (Spicer & Gaston 1999). In other words, an early stimulus or environmental challenge, that operates at a critical or sensitive period (larval phase) can result in a long-term change in the structure or traits of an organism, in this case female egg number. This phase may exist because there are physiological limitations on how rapidly an organism can respond developmentally to environmental challenges (Schlichting & Pigliucci 1998). The last assertion is supported in *T. molitor* because the duration of the adult

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**TABLE 3**

Rate of CO\textsubscript{2} emission and mass-specific metabolic rate of *Tenebrio molitor* in different ontogenetic stages at 20 °C. Data for the treatments (HP = High Protein and LP = Low Protein) and their respective controls (CHP and CLP) were combined. Values show are mean ± (SE).

<table>
<thead>
<tr>
<th>Treatment</th>
<th>Stage</th>
<th>N</th>
<th>Body mass (g)</th>
<th>Rate of CO\textsubscript{2} emission ml CO\textsubscript{2} h\textsuperscript{-1}</th>
<th>Mass-specific metabolic rate ml CO\textsubscript{2} h\textsuperscript{-1} g\textsuperscript{-1}</th>
</tr>
</thead>
<tbody>
<tr>
<td>Low protein</td>
<td>Larvae</td>
<td>13</td>
<td>0.0148 ± 0.0047</td>
<td>0.0414 ± 0.0032</td>
<td>2.690 ± 0.34</td>
</tr>
<tr>
<td></td>
<td>Pupae</td>
<td>14</td>
<td>0.1133 ± 0.0072</td>
<td>0.0086 ± 0.0047</td>
<td>0.078 ± 0.02</td>
</tr>
<tr>
<td></td>
<td>Adult</td>
<td>14</td>
<td>0.1084 ± 0.0073</td>
<td>0.0307 ± 0.0053</td>
<td>0.273 ± 0.05</td>
</tr>
<tr>
<td>High protein</td>
<td>Larvae</td>
<td>8</td>
<td>0.0161 ± 0.0077</td>
<td>0.0271 ± 0.0047</td>
<td>1.438 ± 0.12</td>
</tr>
<tr>
<td></td>
<td>Pupae</td>
<td>10</td>
<td>0.1126 ± 0.0094</td>
<td>0.0117 ± 0.0044</td>
<td>0.107 ± 0.02</td>
</tr>
<tr>
<td></td>
<td>Adult</td>
<td>23</td>
<td>0.1071 ± 0.0060</td>
<td>0.0340 ± 0.0024</td>
<td>0.294 ± 0.07</td>
</tr>
</tbody>
</table>
period (about 25 days) is shorter than the larval stage (about 165 days). A trade-off between female fecundity and subsequent offspring fitness can be an important selective factor in the evolution of fecundity (McGinley & Charnov 1988, Lardies et al. 2004).

It could be argued that nutrient limitation (i.e. protein) was not enough to affect the life-cycle and life history traits of *T. molitor*. However, the experimental high protein diet used by us were the ones described by Martin & Hare (1942) which includes the optimum growth rates for larvae and fecundity for females. Life-cycle characteristics (i.e. duration of stages, body mass and growth rate) support the idea that these traits are unaffected by diet quality. On the other hand, female egg numbers support the hypothesis "effect of rearing diet" (see Woods 1999). This outcome may arise if long-term exposure to a particular concentration of protein affects the capacity for egg production but not for short-term compensation in adult stage (for an example see Simpson et al. 1990). This fact would reflect that dietary protein has long-term positive effects in fecundity. Despite that quantification of hexameric storage of proteins was not realized in this study our results implies that the amount of storage of proteins during larval stage could be the threshold for egg number in *T. molitor*.

In terms of energy metabolism, we found that this variable is affected by diet in larval stage showing that the larvae reared in low protein environment have higher metabolic rate and this effect is not transferred to adult phase. Larvae fed on a protein-deficient diet exhibited significantly higher respiratory rates on a µl min⁻¹ basis than larvae fed on a rich protein diet. A similar observation have been reported in blowflies reared in different protein environments and where respiratory rate was directly correlated with the occurrence of a protein hunger drive (Calabrese & Stoffolano 1974).

In general our data are consistent with the view that herbivorous insects balance their nutrient budget. One means to stabilize nutrient intake, and thus growth and developmental performance, is through compensatory feeding (see Berner et al. 2005). Results showed that beetles differentially utilized ingested protein and carbohydrate and consequently achieved similar growth on all four diets despite having ingested very different amounts of protein and carbohydrate. Compensatory feeding could act in *T. molitor* larvae indicating differences in metabolism but not in growth rate, body mass and life-cycle characteristics. It is unknown if the ingestion rate, as mentioned earlier, is higher in larvae reared on a low protein diet, however the previous implies a higher ingestion of carbohydrate. A possible explanation accounting for differences in metabolism lies in the fact that compensatory feeding implies a trade off in that one nutrient is always ingested in excess of the physiological requirements unless the nutrients are perfectly balanced (Zanotto et al. 1993, 1997, Simpson et al. 2004). The previous implies a mechanism where the diet-induced thermogenesis, that occur in most if not all organisms (including insects) and functions to maintain nutritional homeostasis by metabolically oxidizing excess of energy intake, to maintain a metabolic pool of nutrients that is balanced in both energy and nutrients (Trier & Mattson 2003).

It has been suggested that physiological traits are set, often referred to as being ‘programmed’, by the nutritional environment experienced during early growth (Lardies et al. 2004). Such changes in physiological processes may serve to ‘match’ individual phenotypes to the environment that they are most likely to encounter as adults (Monaghan 2008). Contrary to expectation no differences in metabolic rates were detected in adult beetles, nevertheless, differences were detected in other traits such as fecundity. The female cost in fecundity would be triggered in early ontogeny (i.e. high metabolic rate) which is not reversible as demonstrated by beetles that were switched from low protein to high protein diet as pupae. There is no effect in metabolism of the rearing diet and neither in the test diet in adult stage. Beetles that ate a high-protein diet had lower metabolic rates than those that ate a low-protein diet as larvae, but the rearing diet had not effect in the posterior effects. This outcome suggests that either the physiology of late instars is not affected by dietary conditions in early instars or that later stages are less able to compensate for low-quality diets (see Woods 1999). An explanation could be the large time required for this acclimation is sufficient in the larvae stage compared with the small period of life as an adult. Metabolic rate affects developmental time
in insects which is dependent on moult number and time interval between moult (Donahaye 1990, Greenberg & Amos 1996). Interestingly, differences in metabolic rate did not affect developmental time in larvae of T. molitor which implies a trade-off with other organismal functions or some traits. Insect pupae grow rapidly and derive energy and materials used in development from fixed internal stores (Odell 1998), while exchanging only oxygen, carbon dioxide, water, and heat with the environment. *Tenebrio molitor* pupae showed the lower metabolic rate in all diet treatments, a pattern found in other insects (Harak et al. 1996). In our study the metabolic rate increased rapidly in adult stage without the differences that were present in larval stage. An explanation to the previous pattern is that insects begin metamorphosis as a large, complex organism that breaks down certain tissues and reforms others form new structures and may reset most metabolic functions (Collatz 2003).

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