Abstract

This study involved the translation, cultural adaptation and validation of the Athletic Coping Skills Inventory (ACSI-28) for a Spanish-speaking sport environment. The sample was made up of 1,253 Spanish athletes, 967 males and 286 females. Confirmatory factor analysis (CFA) showed that the 7-factor structure found in the English version was replicated in the Spanish translation in both males and females. Likewise, the reliability coefficients were similar to those of the English version, with values exceeding .80 for the total score. Several of the subscales correlated positively with sports experience and performance level. The Spanish version of the ACSI-28 thus maintains the factor structure of the original and exhibits similar psychometric properties. Consequently, it can reliably be applied to Spanish-speaking athletes for research and evaluation purposes.