Cervelló, Eduardo M.; Escartí, Amparo; Guzmán, José F.
Youth sport dropout from the achievement goal theory
Universidad de Oviedo
Oviedo, España

Abstract
El abandono del deporte en jóvenes desde la Teoría de las metas de logro. This study examined dropout behavior, using the conceptual framework of achievement goal theory. We hypothesized that dropout could be predicted by a high ego-oriented goal disposition in combination with a low perception of personal skill and the perception that the coach and sport peers maintained ego-oriented sport success criteria. The participants were 134 adolescent athletes involved in high-level competitive sports participation. The results of structural equation modeling (SEM) supported these hypotheses. Furthermore, the variables that directly predicted sport dropout were the participants ego orientation (positively) and perception of skill (negatively). These findings and the research prospects are discussed.