Abstract

The presence of violent behaviors of a psychological and physical nature in dating relations was analyzed in a sample of Spanish university students between 18 and 27 years of age. The results indicate a high prevalence of both kinds of aggression in interpersonal relationships, revealing important typology differences between the sexes. Violent psychological behaviors (characterized by the presence of verbal aggression and coercive and jealous behaviors) and physical aggression were significantly higher in women, though the consequences of physical aggression were worse for the women's health. The implications of the results and their possible relation with more severe violent acts in more stable, emotional relationships are discussed.