The aim of this study is to identify the variables related to stress and burnout syndrome among child residential care workers, as well as the most problematic areas of their work. A random sample of 257 professionals working in the Residential Child Care sector in Spain was studied by means of the TBQ questionnaire (Teachers’ Burnout Questionnaire), adapted to child care workers. The results enabled us to detect the principal sources of job dissatisfaction, as well as revealing a greater incidence of stress than of burnout. Certain personal and work variables displayed relevant relationships with these measures.