Abstract
The aim of this paper is to define a conceptual framework to serve as a reference for more specific questions related to urban development, landscape, and public health. To this end, we will first define concepts that are used indiscriminately: environment, landscape, and natural space; second, we will define health, quality of life, and well-being and their integral and multidimensional meaning, as well as how medicine and other disciplines such as sociology, psychology, and anthropology converge in their study. Finally, we will analyze some policies whose aim is to maintain urban and rural landscapes, identifying them as public, and regulating access and use by citizens.

Keywords
Landscape, well-being, urban development.