

Surgical & Cosmetic Dermatology

ISSN: 1984-8773

Sociedade Brasileira de Dermatologia

# Cerci, Felipe Bochnia

Comparação entre retalho paramediano frontal e retalho interpolado do sulco nasogeniano para reconstrução nasal após cirurgia micrográfica de Mohs Surgical & Cosmetic Dermatology, vol. 10, núm. 3, 2018, Julho-Setembro, pp. 216-224 Sociedade Brasileira de Dermatologia

DOI: 10.5935/scd1984-8773.20181031167

Disponível em: http://www.redalyc.org/articulo.oa?id=265557800005



Número completo

Mais informações do artigo

Site da revista em redalyc.org



acesso aberto

Sistema de Informação Científica Redalyc

Rede de Revistas Científicas da América Latina e do Caribe, Espanha e Portugal Sem fins lucrativos acadêmica projeto, desenvolvido no âmbito da iniciativa

# **Original Articles**

### **Authors:**

Felipe Bochnia Cerci

<sup>1</sup> Serviço de Dermatologia, Hospital de Clínicas da Universidade Federal do Paraná – Curitiba (PR), Brazil.

### **Correspondence:**

Felipe Bochnia Cerci Rua General Carneiro, 181 80060-900, Curitiba - PR, Brazil. **Email:** cercihc@hotmail.com

**Received on:** 24/03/2018 **Approved on:** 27/09/2018

This study was performed at the Hospital Santa Casa de Curitiba and at the Hospital de Clínicas of the Universidade Federal do Paraná - Curitiba (PR) Brazil

**Financial support:** None **Conflict of interests:** None



# Comparison of paramedian forehead flap with nasolabial interpolation flap for nasal reconstruction after Mohs micrographic surgery

Comparação entre retalho paramediano frontal e retalho interpolado do sulco nasogeniano para reconstrução nasal após cirurgia micrográfica de Mohs

DOI: http://www.dx.doi.org/10.5935/scd1984-8773.20181031167

### **ABSTRACT**

**Introduction:** Interpolation flaps are well-established techniques for nasal reconstruction after the removal of skin cancers. Ideally, they should be performed after complete analysis of the surgical margins using Mohs micrographic surgery.

**Objective:** To compare the paramedian forehead flap with the nasolabial interpolation flap for nasal reconstruction after Mohs surgery.

**Methods:** Retrospective descriptive study of a consecutive sample of patients who underwent interpolation flaps for nasal reconstruction after Mohs surgery.

**Results:** Twenty patients were included in the study, with 10 individuals undergoing each flap modality. Eighteen (90%) patients had defects involving multiple nasal anatomic subunits. The nasal tip (n = 10) and dorsum (n = 7) were the most affected areas in patients who underwent paramedian forehead flap, while the nasal ala (n = 10) and sidewall (n = 7) were the most affected in patients who underwent nasolabial interpolation flap. The removal of an additional portion of a subunit was performed in 15 (75%) patients. Complications were minimal and uncommon.

**Conclusions:** The paramedian forehead flap is more indicated for defects affecting the nasal tip and dorsum, while the nasolabial interpolation flap is more suitable for the restoration of the nasal ala. The subunit principle allowed incision lines to be camouflaged.

**Keywords:** Mohs surgery; Nose neoplasms; Surgical flaps

### **RESUMO**

**Introdução:** Os retalhos interpolados constituem técnica consagrada para reconstrução nasal após remoção de câncer da pele. Idealmente, devem ser realizados após análise completa das margens cirúrgicas pela cirurgia micrográfica de Mohs.

**Objetivo:** Comparar o retalho paramediano frontal com o retalho interpolado do sulco nasogeniano para reconstrução nasal após cirurgia de Mohs.

**Métodos:** Estudo retrospectivo descritivo de amostra consecutiva de pacientes submetidos a retalhos interpolados para reconstrução nasal após cirurgia de Mohs.

**Resultados:** Vinte pacientes foram incluídos no estudo, dez submetidos a cada tipo de retalho. Dezoito (90%) pacientes tinham defeitos que envolviam múltiplas subunidades anatômicas nasais. Ponta (n = 10) e dorso nasal (n = 7) foram as mais afetadas em pacientes reparados com retalho paramediano frontal enquanto asa (n = 10) e parede nasal (n = 7) foram as mais envolvidas nos casos de retalho interpolado do sulco nasogeniano. Remoção de porção adicional de alguma subunidade foi realizada em 15 (75%) pacientes. Complicações foram mínimas e incomuns.

**Conclusões:** O retalho paramediano frontal foi mais indicado para defeitos que acometeram ponta e dorso nasais, enquanto o retalho interpolado do sulco nasogeniano foi mais indicado para restauração da asa nasal. O princípio das subunidades nasais permitiu camuflar as incisões.

Palavras-Chave: Cirurgia de mohs; Neoplasias nasais; Retalhos cirúrgicos

### INTRODUCTION

The nose's delicate anatomy, combined with its functional and aesthetic relevance, makes nasal reconstruction a process that is both challenging and rewarding. A satisfactory outcome with functional preservation and restoration of the anatomy is crucial for different age groups, since a deformed nose has a great psychological (and potentially physiological) impact on the patient.

Repair options should be individualized according to the patient and surgical wound. Different options may be used, including second intention healing, primary closure, skin grafts, local flaps, interpolation flaps, and combined methods. In extensive nasal defects, however, interpolation flaps are capable of restoring the anatomy and nasal function in a superior manner, without distorting adjacent anatomical subunits.<sup>3-6</sup>

An interpolation flap can be defined as a flap that has a distal donor area which is not contiguous with the defect, a vascular pedicle with a specific artery and / or in its tributaries, and that needs more than one stage to be totally completed. This pedicle usually contains a muscle that ensures robust vascular survival, which allows it to support larger tissue volumes than those supported by local flaps' pedicles. 9

The two most commonly used interpolation flaps for nasal reconstruction are the *paramedian forehead flap* (PFF) and the *nasolabial interpolation flap* (NIF). The main indications for PFF are extensive and deep wounds in the distal region of the nose (tip, ala and dorsum), whereas those for NIF are extensive and deep wounds in the nasal alae. The disadvantages of implementing flaps are the need for two or more stages and the scar in the donor area, which, however, generally becomes imperceptible, especially in the NIF (camouflaged in the nasolabial sulcus). A meticulous surgical technique and proper training are required for optimal results.

Prior to implementing interpolation flaps, it is of paramount importance to develop a preoperative planning and discuss the procedure, post-operative care and possible outcomes with the patient (and family members). Although these techniques generally lead to better outcomes in extensive wounds, skin grafting can be a reasonable option for a patient whose primary goal is not aesthetics (as long as there is not functional impairment), who has multiple comorbidities, or preference for a single surgical time procedure. Nevertheless, it should be noted that despite the fact that the pedicle and replacement of dressings generates discomfort for three or four weeks, the results of the nasal restoration will remain for the rest of the patient's life.<sup>4</sup>

Surgical outcomes depend on accurate planning and execution. Well-executed interpolated flaps observe subunits and camouflage incisions whenever possible — even in extensive, complex cases. Nonetheless, it is critical to understand the underlying oncological principle prior to the reconstruction. Firstly, the entire tumor must be removed; secondly, the nose must be rebuilt. A well-executed reconstruction will a failure if performed after an incomplete removal of the tumor. Ideally, interpolation flaps should only be performed after 100% of the surgical margins have been assessed and deemed free of tumor.

The most used technique for checking the involvement of the margins is the Mohs micrographic surgery, which has the highest cure rates for basal cell carcinomas (BCCs) and squamous cell carcinomas (SCCs). <sup>10,11</sup> In contrast, conventional surgery examines only roughly 1% of the surgical margins, for instance. <sup>12,13</sup>

Although there are several international publications on interpolation flaps for nasal reconstruction after Mohs micrographic surgery, this is the present study is the first comparing the development of cases treated in Brazil. Thus, the objective of the present study is to compare the use of PFF and NIF for reconstruction after Mohs micrographic surgery.

### **METHODS**

A retrospective descriptive study was carried out with consecutive patients who underwent nasal reconstruction with PFF or NIF (carried out by the author between August 2014 and December 2016). Prior to the reconstruction, all tumors were treated with Mohs surgery by the same author. The study was approved by the Institution's Ethics Committee, under the protocol N°. 64573517.7.0000.0020.

All data were routinely entered into a database immediately after the surgeries and follow-up visits. Surgeries were performed at the surgical center under anesthesia with lidocaine and bupivacaine with vasoconstrictor. Nerve blocks (supraorbital and supratrochlear or infraorbital) supplemented local anesthesia. When needed, oral benzodiazepine (lorazepam) was used for greater comfort. Aiming at preventing patients from becoming fatigued due to the long duration of the surgeries (Mohs + reconstruction procedure), those who had not used benzodiazepine could remain seated while waiting for the Mohs surgery's stages, when they were under local anesthesia and compressive dressings. A renewed antisepsis and the application of sterile fields were performed before each new Mohs surgery stage or prior to the reconstruction. Despite being a controversial procedure - nonetheless in line with publications on interpolation flaps -3-5 patients received antibiotics pre (2g cephalexin) and postoperatively (500mg cephalexin 6-6 hours for seven days) in the first surgery.

Based on the review of the database and photographic documentation, the following demographic and surgical data were analyzed: age, gender, tumor's characteristics, size of the surgical wound and affected anatomical subunits, number of Mohs stages, flap performed, supplementary measures for patient comfort, use of cartilage graft, complications, smoking habits, use of anticoagulant, follow-up and outcomes.

The nasal subunits were divided into tip, dorsum, columella, alae, nasal walls and soft triangles. 14-16 If the surgical wound extended beyond the nose, these sites were repaired independently of the interpolation flap, including second intention healing, primary closure, or local flap. When cartilage grafting was required, grafts from the concha or scaphoid fossa / anti-helix were used. Short-term complications were defined as being hematoma, persistent bleeding that required intervention, infection, partial (or total) flap necrosis, and dehiscence.

Long-term complications were defined as "thick" flap, nasal ala retraction and nasal obstruction.

### **FLAP DESIGN**

In PFF cases, the pedicle was based on the supratrochlear artery, which is situated at the medial border of the eyebrow, at between 1.7cm and 2.0cm from the midline of the face. Although Doppler can be used to locate the artery, this is usually not necessary since its location is very predictable. In addition, studies have shown that the medial forehead is a highly vascularized region supplied by the supraorbital, supratrochlear, infratrochlear, nasal dorsal, and angular arteries. These arteries form multiple anastomosis with each other and with their contralateral correspondents. 17,18 The suture's metallic package was used to create a template of the defect aimed at assisting in the drawing of the flap's contours to the frontal donor area, which was connected to the pedicle. The flap was initially detached in the superficial subcutaneous plane, and progressively deepened to the deep subcutaneous subgaleal planes, as the dissection activity approached the pedicle's base in the upper orbital border. After having been detached, the flap was trimmed as needed and sutured with minimal tension in the nose. The donor areas were closed primarily whenever possible, leaving the remaining portions to heal by second intention (Figure 1).

In the NIF cases, the flap was designed so as to camouflage the donor area's scar in the nasogenian sulcus. The flap was elevated in the subcutaneous plane, preserving the muscle pedicle in an island in its proximal portion (Figure 2). The flap's thickness was adjusted for the surgical wound's depth. The donor areas were all primarily repaired.

The second stage of the execution of the flaps was performed after a period ranging from three to four weeks and consisted in the sectioning of the pedicle followed by the thinning of the proximal portion of the flaps, as required (Figure 3). No further surgical revisions were performed.

For a better understanding, detailed descriptions of the execution of the PFF's and NIF's steps are available in the literature. 8,19

### **RESULTS**

Twenty patients were included in the study, with 10 (50%) undergoing PFF and 10 (50%) NIF, respectively. The age of the patients ranged from 38 to 77 years (mean = 64), with predominance of men (13 men / 7 women). All patients bore BCC (n = 20), and 2 of them also had SCC. The most common histological subtype of BCC was the infiltrative variant. The number of Moh's surgery stages required to achieve free margins ranged from 1 to 4 (mean = 1.65). Only one patient had smoking habits, and 2 were under use of acetylsalicylic acid.

Table 1 compares the repairs' surgical defects' characteristics. The defects' sizes ranged from 1.5 cm x 1.2 cm to 3.5 cm x 3.8 cm (mean = 2.1 cm x 2.4 cm) among patients who underwent PFF and from 1.0 cm x 1.2 cm to 1.4 cm x 2.0 cm (mean = 1.3 cm x 1.6 cm) in NIF cases. The mean number of anatomic subunits involved was 4.6 (n = 1 to 9) for PFF cases and 2.1 (n

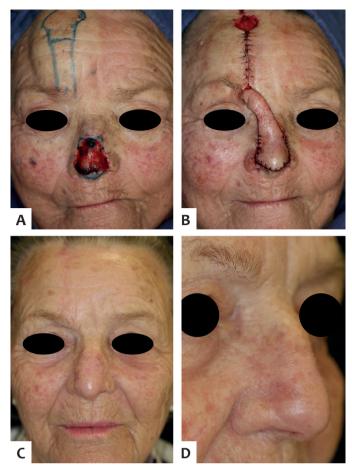


FIGURE 1: A - Surgical defect involving the nasal tip, soft triangles and nasal dorsum. The remaining portion of the nasal tip is marked to be resected. The upper border of the defect was angled to better accommodate the flap. Notice the generous anesthesia in the donor area, after blocking of the supratrochlear and supraorbital nerves; B - Paramedian frontal flap sutured in the nasal defect. The donor area was closed primarily and partially, with the remaining portion left to heal by second intention; C - Five months of postoperative. Notice the almost imperceptible scar in the frontal region; D - Oblique view of nasal contour repair. Incisions are camouflaged between nasal subunits

= 1 to 3) for NIF cases. Eighteen patients (90%) had wounds involving multiple subunits. The nasal tip (n = 10) and dorsum (n = 7) were the most affected in patients with PFF, whereas the nasal ala (n = 10) and wall (n = 7) were the most involved in NIF cases. The resection of an additional portion of some of the subunits was performed in 15 patients (75%) (Figures 4 and 5). The PFF was combined with other repair options in 3 patients, and NIF in seven. Seven patients (35%) received lorazepam as an adjuvant to local anesthesia and nerve blocks.

Restoration of the nasal mucosa was required for defects of total thickness in 4 patients (20%) and was obtained with primary closure (n = 3) or hinge flap (n = 1).

Structural support provided by auricular cartilage was necessary in 14 patients (70%) - 5 (50%) in the PFF group and 9 (90%) in the NIF group. The cartilage was removed from the

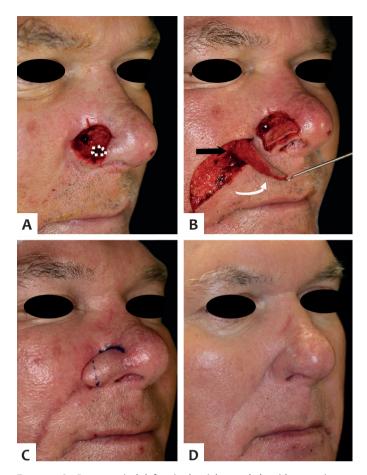


FIGURE 2: A - Deep surgical defect in the right nasal ala with extension to the right nasal wall. A small portion of it had full thickness (dotted) and was closed primarily; B - Elevated flap in the superficial and subcutaneous planes in the distal and deep subcutaneous part in the proximal portion. Notice the myocutaneous pedicle with fibers of the lip's superior and nasal ala lifter muscles (black arrow). Notice the flap's counterclockwise movement on the right hand side (curved arrow). Graft of auricular cartilage sutured in the defect to avoid ala nasal collapse; C - Flap prior to pedicle division and thinning; D - Seven months after surgery with restoration of the nasal ala convexity and preservation of the alar sulcus

scaphoid fossa / anti-helix (n=8) or from the auricular concha (n=6). The donor areas of the flap were completely primarily closed in all cases of NIF, however in only two cases of PFE In all other cases, the remainder of the forehead healed by second intention (Figure 1).

Complications were minimal, occurring in 4 out of 40 surgeries (Table 2). One patient developed hematoma in the cartilage donor area (concha) that drained spontaneously and healed without complications. Two female patients had partial distal necrosis of the flap (5% and 20% of the superficial flap respectively, Figures 6 and 7), having been treated with local care. One of them healed without intercurrence, while the other developed with depressed scar measuring 1mm x 5mm and chose not to undergo revision of the scar. Both were non-smokers. Another patient developed a hypertrophic scar on the forehead,





**FIGURE 3:** A – PFF's second stage. The flap's proximal portion is elevated for thinning as needed; **B** – NIF's second stage. Flap's lateral portion elevated for thinning

| TABLE 1: Characteristics of surgical defects and repair details |                                         |                                       |  |
|-----------------------------------------------------------------|-----------------------------------------|---------------------------------------|--|
|                                                                 | PFF (10)                                | NIF (10)                              |  |
| Defect's size (cm)                                              | 1.5 x 2 a 3.5 x 3.8<br>(mean 2.1 x 2.4) | 1 x 1.2 a 1.4 x 2<br>(mean 1.3 x 1.6) |  |
| Involved subunits                                               | 1 a 9* (mean 4.6)                       | 1 a 3** (mean 2.1)                    |  |
| Combined reconstruction methods                                 | 3 <sup>x</sup>                          | 7 <sup>xx</sup>                       |  |
| Cartilage graft                                                 | 5                                       | 9                                     |  |

- \* PFF: The tip (n = 10) and nasal dorsum (n = 7) were the most affected units. \*\* NIF: The ala (n = 10) and nasal wall (n = 7) were the most affected units. x Second intention (2), island flap (1).
- xx Primary closure (5), primary closure + second intention (2)

treated with corticosteroid occlusion for 4 weeks. There were no cases of infection, "thick" flap or distortions of the nasal anatomy. In the long term, no patient complained of difficulty in breathing. All patients experienced excellent functional and aesthetic outcomes. After a mean follow-up of 23 months (9 to 35), there was no tumor recurrence.

### **DISCUSSION**

The PFF and NIF are well-established techniques for nasal construction after the removal of skin cancer. 9,20 Although

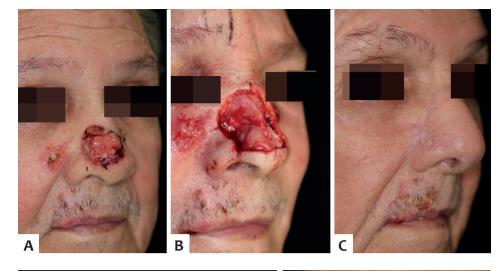
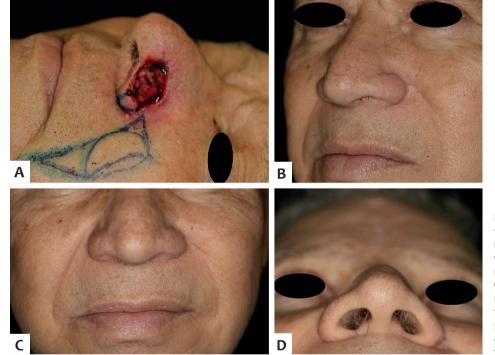


Figure 4: A - Extensive basal cell carcinoma in the nose. Notice other lesions in the medial malar region and upper cutaneous lip; B - Surgical wound after Mohs surgery. Multiple affected nasal subunits, with significant loss of nasal volume; C - Four months after the surgery with restoration of the nasal anatomy and maintenance of the function. Malar basal cell carcinoma repaired with a malar advancement flap and total skin graft in the second stage of the PFF. The lesion in the cutaneous lip was subsequently repaired with a transposition flap



**FIGURE 5: A** - Surgical defect in the nasal ala after the removal of the remaining portion of the nasal ala subunit except for the lateral portion, which is removed in a second surgery; **B** - Seven months after the surgery, oblique view;

C - Front view. Incision camouflaged in the left nasolabial sulcus. Notice the slight asymmetry of the sulci, which can be noticed in some patients; D - Inferior view. Preservation of the alar contour without involvement of the nasal vestibule

the main indication for PFFs is nasal tip repair, it is often used to repair surgical wounds that affect multiple nasal anatomical subunits.<sup>2,21</sup> In the present study, the mean number of subunits involved in PFF cases was 4.6, with the nasal tip having been involved in all cases.

On the other hand, NIF is practically used for isolatedly repairing the alar subunit. <sup>6,19,22</sup> Despite the fact that group of patients who have undergone NIF had an average of 2.1 subunits affected by the defect, this involvement of the adjacent subunit was minor and was allowed to heal by second intention in most cases. This detail is critical due to the fact that attempting to restore the nasal ala and wall with NIF alone can result in a larger nasal ala and in the deletion of the alar sulcus. This means that if other subunits are affected, nasal wall for instance, another repair

method must be associated with NIF. Small adjacent defects in these areas may be left to heal by second intention.<sup>19</sup> Following this principle, it was possible to recreate the alar sulcus and restore alar symmetry as shown in Figures 2 and 5. For medium to large defects of adjacent subunits, primary closure or cheek advancement flap aimed at reducing the area to be left to heal by second intention are options, as shown in Figure 7.

Fifteen patients (75%) had the remaining portion of some subunit resected in order to allow that the same subunit was fully restored (Figures 1, 4 and 5). This fact is in line with similar studies (74% and 78%), with the anatomic subunits principle's fundamentals considered a crucial concept in reconstruction. If a defect involves more than 50% of a subunit, excising the remainder and restoring it entirely may provide better outcomes.

| TABLE 2: Complications and management |        |            |                                              |  |
|---------------------------------------|--------|------------|----------------------------------------------|--|
| Complications                         | PFF    | NIF        | Management                                   |  |
| Hematoma                              | -      | 1 (concha) | Drained spontaneously                        |  |
| Hypertrophic scar (donor area)        | 1      | -          | Topical corticoids under occlusion (28 days) |  |
| Partial thickness necrosis (#)        | 1(5%)* | 1(20%)     | Local care                                   |  |

- # Flap's surface corresponding percentage
- \* Healed with a 1x5 mm depressed area, however did not want to undergo revision of the scar. Both were non-smokers

In this manner, the incisions can be camouflaged between the subunits. <sup>15</sup> This principle, nevertheless, is not absolute. <sup>1</sup> Excellent outcomes can be obtained with partial replacement of the subunit. In addition, despite the nasal subunits principle's importance, other variables are determinant for the outcomes of nasal reconstructions: adequate thinning of the flap, promotion of the adequate coaptation of the flap's borders with those of the defect, similarity of the donor's skin, and flap's contour, the latter possibly being influenced by the presence of the underlying cartilage graft. <sup>23</sup>

Before executing the interpolation flap, it should be assessed whether nasal mucosa (nasal lining) is untouched or should be restored. There are different options for the repair of small mucosal defects (< 1cm), among them the primary closure of the mucosa, the hinge cutaneous flap, folded PFF, full-thickness skin graft or bi-pedicled vestibular advancement flap. 8,24-26 Larger mucosal defects can be restored with full-thickness skin grafts with an overlapping PFF or intranasal flaps (septal mucoperichondrial hinge flap, septal mucochondrial composed flap). When these mucosal flaps are needed, a multidisciplinary approach, with an otolaryngologist, a plastic surgeon, or head and neck surgeon is indispensable. In the present study, of the 4 patients with a total thickness component, 3 were repaired with primary suture due to the total thickness' small area (Figure 2), while 1 required a hinge flap of the nasal wall to restore the nasal lining.

After the restoration of the mucosa (when necessary), the need for a cartilage graft should be assessed. In the dermatologic surgery, the ear is the most common donor area.<sup>27,28</sup> When selecting the donor area, the scaphoid / anti-helix fossa, or concha should be considered. The following aspects should be taken into account: differences in the cartilage of these sites, morbidity and ease of removal.<sup>27,29</sup> When native cartilage is not removed, but there is need for additional cartilage for support, the graft is called structural. In cases where cartilage has been removed, the graft is called restorative. In cases of NIF, cartilage grafts are usually structural, since there is no cartilage in most of the nasal ala, but rather fibrous tissue. Cartilage grafts in PFF can be structural or restorative, depending on the operative wound. Among cartilage's structural functions, it is possible to quote: prevention of tissue contraction and distortion, support of the flap to avoid collapse of the nasal ala, maintenance of potency

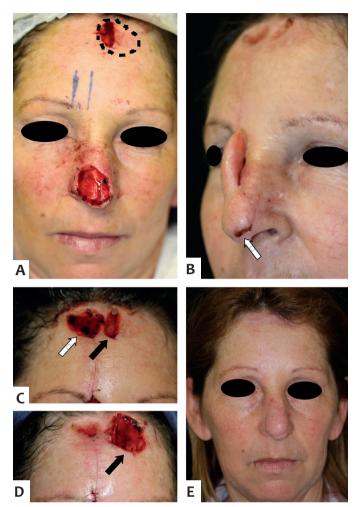
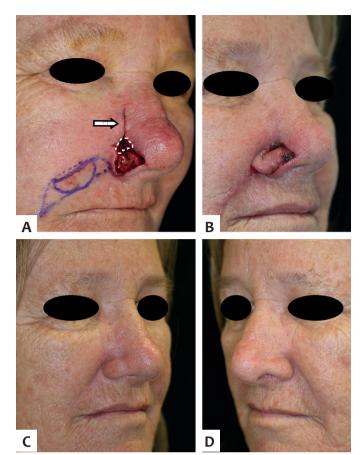


FIGURE 6: A - Surgical defect involving nasal tip, right soft triangle and dorsum. The remaining portion of the nasal tip was resected, and the upper edge of the defect angled in order to better receive the flap. The patient also had an extensive infiltrative BCC in the frontal region (dotted). As it was located adjacent to the PFF's donor area, the medial portion of the frontal tumor was removed in the first surgery to ensure that the lesion would not be transferred to the nose; B - Three weeks after the first stage, prior to the division of the pedicle. The distal portion of the flap partially necrosed (white arrow); C - One week into the postoperative, after the first stage. The donor area (white arrow) and a portion of the defect secondary to the frontal BCC (black arrow) left to heal by second intention; D - Appearance of the frontal region in the second stage's immediate postoperative period, 3 weeks after Figure 6C. The remainder of the frontal BCC was removed and allowed to heal by second intention (black arrow); E - Eighteen months after the surgery. Notice discrete local depressed scar located exactly where the flap had partial necrosis. The patient declined undergoing a procedure for correction. Also notice the excellent healing by the second intention in the frontal region, despite the size of the surgical defects. Not all patients would experience similar outcomes for such extensive wounds

of the nasal valve, and provide mechanical support for a better contour. 7.8.20,27,28 In a study with 48 NIF cases, there was a high frequency of subjective nasal obstruction when cartilage grafts were not employed. 6 In the present study, an auricular cartilage graft was used in 50% and 90% of PFF and RISN cases, respec-



**FIGURE 7:** Combined closure for a defect involving the right nasal ala and nasal wall. **A** - The upper portion of the nasal wall was closed primarily (white arrow), while the lower portion (white dotted line) was left to heal by second intention, aiding in the healing of the alar sulcus. Only the nasal ala was restored with a NIF; **B** - Ten days into the postoperative. The distal portion of the flap necrosed, probably due to excessive thinning during the first stage; **C** - Six months after the surgery. Despite the partial thickness necrosis, there was no interference in the final outcome; **D** - Contralateral ala for comparison

tively, percentages similar to those described in previous studies (67% for PFF and 94% for NIF).<sup>8,19</sup> Among the patients who underwent NIF, 1 had not undergone cartilage graft, since the defect predominantly involved the nasal tip's lateral portion. Regarding the 10 patients in the PFF group, half received cartilage grafts – 4 due to extensive involvement of the nasal ala and 1 for a better projection of the nasal tip.

The safety provided by local anesthesia when undergoing Mohs surgery and subsequent reconstruction is well established in the literature. Regarding interpolation flaps, although traditionally performed under general anesthesia or intravenous sedation, the safety of performing them under local anesthesia has been demonstrated in a study with the largest ever-published case series of interpolation flaps. Cook, a senior author, performed 653 interpolation flaps under local anesthesia in an outpatient setting with a low incidence of complications. In addition, the authors also reported that the procedures were well

tolerated, with high patient acceptance. Nevertheless, the authors suggested that a prospective study would be important to better understand the patients' experiences and their needs. In the same study, 67% of PFF cases and 46% of NIF cases received oral diazepam during Mohs surgery or during the first stage of the reconstruction, as an adjuvant to anesthesia and nerve blocks, aiming at increasing patient comfort. The safety of oral benzodiazepines (midazolam) in healthy patients who underwent Mohs surgery was well documented by Ravitskiy et al. Midazolam offers the benefits of amnesia, reduced anxiety and alertness, and has discreetly reduced blood pressure (probably by reducing anxiety) without adverse clinical effects.<sup>34</sup> In previous studies carried out by Cerci and Nguyen, 58% (PFF) and 33% (NIF) of the patients received oral lorazepam without adverse effects.<sup>8,19</sup> In the present study, patients without contraindications to lorazepam were informed that the medication was available for use during the surgery in case they experienced considerable anxiety or discomfort. Four patients who underwent PFF and 3 who underwent NIF made use of it. It is important to note that well-established techniques for reducing discomfort during local anesthesia were applied in all patients.

At first glance, to perform an interpolation flap under local anesthesia, with nerve blocks and oral benzodiazepine is intimidating. However, local flaps commonly performed under local anesthesia, such as nasal dorsum rotation flaps or large bilobed flaps, require significant undermining, many times of most of the nose, for an adequate mobilization. On the other hand, in PFF and NIF there is no need to undermine the nose, however the mobilization of tissue from the donor area might shock those who are not familiarized with the procedure. It is important to mention that supraorbital nerve and supratrochlear nerve blocks in PFF minimize or cancel the discomfort stemming from the local anesthesia in the frontal donor area. In the case of NIF, infraorbital nerve block minimizes the nasal ala's and nasolabial sulcus' anesthesia. Another block that was also performed was that of the external nasal branch of the anterior ethmoid nerve, aimed at reducing the nasal tip's anesthetic discomfort (always used by the author in surgeries of the nasal tip and dorsum). With a careful selection of the patient and the employment of the adequate technique, there is good tolerability of the interpolation flaps.<sup>3</sup> However, the method of anesthesia depends on some factors, including indication, the surgeon's preference, profile and risk for the patient, availability and cost.

Potential complications of PFF and NIF include postoperative pedicle bleeding, pain, inadequate healing, infection, dehiscence, free margin distortion, flap necrosis, nasal obstruction, and "thick" flap.<sup>35</sup> In a recent study performed by Newlove *et al.*,<sup>3</sup> the complication rates of PFF and NIF that were performed by a dermatologic surgeon in an outpatient setting under local anesthesia was equal to or less than those of other surgical specialties described in other studies. It is important to note that the study's senior author (Cook) has extensive experience with interpolation flaps, being entirely dedicated to Mohs micrographic surgery and reconstruction. In a study by Padack *et al.*, the success rate was 94.4% in 107 cases of NIFs and PFFs. The defect's thickness (partial x total), cartilage graft use, used flap type, and presence of comorbidities did not affect the results for the complications. Although not statistically significant, flap necrosis was more common in smokers.<sup>20</sup> In the present study, the incidence of superficial necrosis of the flap (10%) was in line with the rates reported by the literature, 8,20,35 despite the fact that it did not significantly influenced the final outcome in both cases (Figures 6 and 7).

One limitation of the present study is its retrospective character. Nonetheless, the author entered data from each surgery into the database immediately after the end of the procedure; follow-up data was entered after the return for the reassessment visits. These measurements minimize possible biases of a retrospective study.

### CONCLUSION

The PFF and the NIF are fundamental and safe options for repairing nasal surgical defects after Mohs micrographic surgery. The PFF was more indicated for more extensive defects affecting the nasal tip and dorsum, while the NIF was more indicated for restoring the nasal ala. The combination with another reconstruction method was more frequent in NIF, for the repair of wounds that extended beyond the nasal ala. Auricular cartilage graft was more commonly used in cases of NIF, aimed at avoiding the collapse of the nasal ala and resulting aesthetic and functional impairment. The detailed execution of the technique and proper planning are crucial for obtaining good outcomes. •

### **REFERENCES**

- Rohrich RJ, Griffin JR, Ansari M, Beran SJ, Potter JK. Nasal reconstruction--beyond aesthetic subunits: a 15-year review of 1334 cases. Plast Reconstr Surg. 2004;114(6):1405-16; discussion 17-9.
- Jellinek NJ, Nguyen TH, Albertini JG. Paramedian forehead flap: advances, procedural nuances, and variations in technique. Dermatol Surg. 2014;40(Suppl 9):S30-42.
- 3. Newlove T, Cook J. Safety of staged interpolation flaps after Mohs micrographic surgery in an outpatient setting: a single-center experience. Dermatol Surg. 2013;39(11):1671-82.
- Boyd CM, Baker SR, Fader DJ, Wang TS, Johnson TM. The forehead flap for nasal reconstruction. Arch Dermatol. 2000;136(11):1365-70.
- 5. Brodland DG. Paramedian forehead flap reconstruction for nasal defects. Dermatol Surg. 2005;31(8 Pt 2):1046-52.
- Griffin GR, Chepeha DB, Moyer JS. Interpolated subcutaneous fat pedicle melolabial flap for large nasal lining defects. Laryngoscope. 2013;123(2):356-9.
- Nguyen TH. Stage interpolation flaps. In: TE. Roher, JL Cook, TH Nguyen, JR Mellette Jr, editors. Flaps and grafts in dermatologic surgery. New York: Elsevier; 2007. p. 91-105.
- 8. Cerci FB, Nguyen TH. Paramedian forehead flap for complex nasal defects following Mohs micrographic surgery. Surg Cosmet Dermatol. 2014;6(1):17-24.
- 9. Mellette JR, Ho DQ. Interpolation flaps. Dermatol Clin. 2005;23(1):87-112.
- Rowe DE, Carroll RJ, Day CL, Jr. Long-term recurrence rates in previously untreated (primary) basal cell carcinoma: implications for patient follow-up. J Dermatol Surg Oncol. 1989;15(3):315-28.

- Alam M, Ratner D. Cutaneous squamous-cell carcinoma. N Engl J Med. 2001;344(13):975-83.
- 12. Shriner DL, McCoy DK, Goldberg DJ, Wagner RF, Jr. Mohs micrographic surgery. J Am Acad Dermatol. 1998;39(1):79-97.
- Rigel DS. Cancer of the Skin. In: Stockfleth E, Rigel DS, editors. Cancer of the Skin. Philadelphia: Elsevier: New York; 2005. p. 167-73.
- Burget GC. Aesthetic restoration of the nose. Clin Plast Surg. 1985;12(3):463-80.
- Burget GC, Menick FJ. The subunit principle in nasal reconstruction.
  Plast Reconstr Surg. 1985;76(2):239-47.
- 16. Menick FJ. Aesthetic refinements in use of forehead for nasal reconstruction: the paramedian forehead flap. Clin Plast Surg. 1990;17(4):607-22.
- 17. Stigall LE, Bramlette TB, Zitelli JA, Brodland DG. The Paramidline Forehead Flap: A Clinical and Microanatomic Study. Dermatol Surg. 2016;42(6):764-71.
- 18. Reece EM, Schaverien M, Rohrich RJ. The paramedian forehead flap: a dynamic anatomical vascular study verifying safety and clinical implications. Plast Reconstr Surg. 2008;121(6):1956-63.
- Cerci FB, Nguyen TH. Nasolabial interpolation flap for alar reconstruction after Mohs micrographic surgery Surg Cosmet Dermatol. 2014;6(2):113-20.
- Paddack AC, Frank RW, Spencer HJ, Key JM, Vural E. Outcomes of paramedian forehead and nasolabial interpolation flaps in nasal reconstruction. Arch Otolaryngol Head Neck Surg. 2012;138(4):367-71.
- Menick FJ. Complex nasal reconstruction: a case study: composite defect. Facial Plast Surg Clin North Am. 2011;19(1):197-211.

- Nguyen TH. Staged cheek-to-nose and auricular interpolation flaps. Dermatol Surg. 2005;31(8 Pt 2):1034-45.
- 23. Shumrick KA, Campbell A, Becker FF, Papel ID. Modification of the subunit principle for reconstruction of nasal tip and dorsum defects. Arch Facial Plast Surg. 1999;1(1):9-15.
- 24. Pantalena L, Bordeaux JS. Reconstruction of a Multi-Subunit Defect on the Lip, Nose, and Cheek. Dermatol Surg. 2017;43(2):293-6.
- Menick FJ. The evolution of lining in nasal reconstruction. Clin Plast Surg. 2009;36(3):421-41.
- Menick FJ. A new modified method for nasal lining: the Menick technique for folded lining. J Surg Oncol. 2006;94(6):509-14.
- Sage RJ, Leach BC, Cook J. Antihelical cartilage grafts for reconstruction of mohs micrographic surgery defects. Dermatol Surg. 2012;38(12):1930-7.
- 28. Cerci FB. Auricular cartilage graft for nasal reconstruction after Mohs micrographic surgery. Surg Cosmet Dermatol. 2015;7(2):109-15.
- Byrd DR, Otley CC, Nguyen TH. Alar batten cartilage grafting in nasal reconstruction: functional and cosmetic results. J Am Acad Dermatol. 2000;43(5 Pt 1):833-6.

- Alam M, Ibrahim O, Nodzenski M, Strasswimmer JM, Jiang SI, Cohen JL, et al. Adverse events associated with mohs micrographic surgery: multicenter prospective cohort study of 20,821 cases at 23 centers. JAMA Dermatol. 2013;149(12):1378-85.
- Hussain W, Affleck A, Al-Niaimi F, Cooper A, Craythorne E, Fleming C, et al. Safety, complications and patients' acceptance of Mohs micrographic surgery under local anaesthesia: results from the U.K. MAPS (Mohs Acceptance and Patient Safety) Collaboration Group. Br J Dermatol. 2017;176(3):806-8.
- 32. Merritt BG, Lee NY, Brodland DG, Zitelli JA, Cook J. The safety of Mohs surgery: a prospective multicenter cohort study. J Am Acad Dermatol. 2012;67(6):1302-9.
- 33. Jewett BS. Interpolated forehead and melolabial flaps. Facial Plast Surg Clin North Am. 2009;17(3):361-77.
- 34. Ravitskiy L, Phillips PK, Roenigk RK, Weaver AL, Killian JM, Hoverson Schott A, et al. The use of oral midazolam for perioperative anxiolysis of healthy patients undergoing Mohs surgery: conclusions from randomized controlled and prospective studies. J Am Acad Dermatol. 2011;64(2):310-22.
- 35. Little SC, Hughley BB, Park SS. Complications with forehead flaps in nasal reconstruction. Laryngoscope. 2009;119(6):1093-9.

## **DECLARATION OF PARTICIPATION:**

**Felipe Bochnia Cerci** | D ORCID 0000-0001-9605-0798 Planning, drafting, analysis and review of the study