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# NAT2 and oral clefts: evaluation of genetic risk and the relative importance of embryo and maternal genotypes

Variantes de NAT2 y fisuras orales: evaluación del riesgo genético y la relativa importancia de los genotipos del embrión y materno

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**Abstract:** Non-syndromic cleft lip with or without cleft palate (NSCLP) is a congenital malformation that shows the characteristics of a multifactorial pathology. In order to describe the genetic predisposition to this disorder, *NAT* genes were analyzed with special interest since they codify for N-acetyltransferases, the enzymes responsible for the biotransformation of arylamines, hydrazine drugs and a great number of toxins and carcinogens present in diet, cigarette smoke and the environment. The allelic transmission of *NAT2* that determines the slow acetylator phenotype in 174 trios (case-mother/father) from ECLAMC (Latin American Collaborative Study of Congenital Malformations) maternities in Argentina was evaluated. The \*4, \*5B, \*6, and \*7 variants by PCR-RFLP were analyzed. A higher risk for the 5B\*5B\* genotypes (OR=2.24;  $p=0.050$ ) was found, at the expense of the cases from Patagonia, without the influence of the maternal genotype. Rev Arg Antrop Biol 21(1), 2019. doi:10.17139/raab.2019.0021.01.08

**Keywords:** N-acetyltransferase 2, cleft lip, cleft palate, ECLAMC.

**Resumen:** El labio leporino con o sin paladar hendido (NSCLP) es una malformación congénita que presenta las características de una patología multifactorial. Se consideran de especial interés los genes *NAT* que codifican para las N-acetiltransferasas, enzimas responsables de la biotransformación de arilaminas, fármacos de hidrazina, y de un gran número de toxinas y carcinógenos presentes en la dieta, el humo de cigarro y el medio ambiente. Lo expuesto anteriormente ha despertado la sospecha de un posible rol de *NAT2* en la manifestación de LL/PH en el recién nacido expuesto. En este trabajo se ha evaluado la transmisión alélica de variantes que determinan el fenotipo acetilador lento

en 174 tríos (caso, madre y/o padre) reclutados por el ECLAMC (Estudio Colaborativo Latinoamericano de Malformaciones Congénitas) en maternidades de Argentina. Se analizaron las variantes \*4, \*5B, \*6 y \*7 mediante PCR-RFLP. Se halló un riesgo mayor en los casos con genotipos 5B\*5B\* (OR=2,24;  $p=0,050$ ), a expensas de los casos de Patagonia, sin influencia del genotipo materno. Rev Arg Antrop Biol 21(1), 2019. doi:10.17139/raab.2019.0021.01.08

**Palabras clave:** N-acetiltransferasa 2, labio leporino, paladar hendido, ECLAMC.

Non-syndromic cleft lip with or without cleft palate is a congenital condition with multifactorial etiology (van Rooij *et al.*, 2003). Its prevalence at birth is associated with environmental factors, geographical origin and socioeconomic conditions (Schutte and Murray, 1999). *NAT2* is involved in xenobiotic detoxification and its genetic expression is induced as the response to these compounds. Thus, a change in the genetic level that affects the activity or expression of a gene or protein involved in the metabolism of these substances can increase the risk of the disease. Humans can be classified as fast or slow acetylators based on hereditary differences in the speed of N-acetylation of therapeutic and carcinogenic agents (Krajinovic, Richer, Sinnett, Labuda and Sinnett, 2000). This heterogeneity in N-acetyltransferase enzyme activation is called acetylation polymorphism and is one of the most common hereditary variations that affect xenobiotic metabolism. The aim of this work was to assess the connection between *NAT2* genotypes for the slow acetylator phenotype and the risk of oral clefts.

Poletta, Castilla, Orioli and López-Camelo (2007) described unequal birth prevalence rate (BPR) among different geographic areas in South America through the analysis of 5,128 NSCLP cases and 3,712 controls, over 4,199,630 consecutive births occurred between 1967 and 2004 in ECLAMC maternity hospitals (Castilla and Orioli, 1983). Expected values were cleft BPRs registered for the entire ECLAMC hospital network. Seven clusters for NSCLP cases of high BPR were identified. These clusters were associated with high altitude above sea level, Amerindian ancestry, and low socioeconomic strata. This work series of samples gathered two out of seven regions with high BPR for NSCLP, Northwest and Patagonia, in Argentina.

A family-based design, with trios of case and parents (TCP) as an adequate method to assess genotype-disease association in order to minimize the population structure effect of the sample was applied.

## MATERIALS AND METHODS

The cases selected showed NSCLP as their only anomaly. Exclusion criteria were syndromic cases, stillborn, and both syndromic and non-syndromic cases born with cleft palate only. The sample consisted of 97 complete (case, mother and father) and 77 incomplete (case-mother; case-father) trios selected from individuals from ECLAMC Argentine maternities (Table 1) between 2003 and 2006. The Project was approved

by the CEMIC Ethics Counseling Committee. Molecular analysis of \*4 (reference allele), \*5B (481C>T, rs1799929), \*6 (590G>A, rs1799930), and \*7 (857G>A, rs1799931) alleles and their identification were performed following a previously described protocol (Santos, Ramallo, Muzzio, López Camelo and Bailliet, 2015).

**TABLA 1**  
Complete and incomplete trios from ECLAMC maternities

Hospital	Region	City	Trios	Incomplete trios	Complete trios
318	Metropolitan	Buenos Aires	36	11	25
322	Metropolitan	Buenos Aires	3	3	0
325	Metropolitan	Lomas de Zamora	2	1	1
332	Metropolitan	Lanús Este	3	2	1
413	Pampa	Rosario	16	4	12
416	Pampa	La Plata	4	1	3
418	Patagonia	Bahía Blanca	9	5	4
614	Cuyo	San Luis	5	4	1
803	Northwest	S.M de Tucumán	37	14	23
906	Patagonia	Esquel	5	3	2
907	Patagonia	El Bolsón	33	18	15
909	Patagonia	Bariloche	21	11	10
Total			174	77	97

S.M.: San Miguel.

In the first place, the effect of alleles as a whole, and after that, the effect of each allele in particular were analyzed. The two populations showing high BPR for NSCLP, Tucumán (13.0/10.000 births; 95% CI = 12.5 - 15.7) and Patagonia (15.6 /10.000 births; 95% CI=14.9 - 18.6), were analyzed together ("Tucumán + Patagonia") and independently ("Tucumán" and "Patagonia"). All maternities with expected BPR (10.8/10.000 births; 95% CI =10.4 - 11.1) values indistinguishable from the entire ECLAMC hospital network were called "Rest" (Poletta *et al.*, 2007). Category "All" represents the total number of maternity hospitals analyzed.

In order to assess genotype and studied malformation association, a log-linear method for analysis of case-parent-triad data, based on maximum likelihood with stratification on parental mating type were used (Weinberg, 1999). The method leads to estimates of association parameters, such as relative risks, for a single allele, and also to likelihood ratio  $\chi^2$  tests of linkage disequilibrium. Hardy-Weinberg equilibrium need not be assumed. The method generalizes easily to accommodate maternal effects on risk and, in fact, produces powerful and orthogonal tests of the contribution of fetal versus maternal genetic factors. Model:

$\log(Y) = aM + bF + \sum ciPM$ , where a estimate maternal effect, b fetal effect and c estimate 6 parental mating type effects.

## RESULTS

Allelic and genotypic frequencies and Hardy-Weinberg equilibrium were previously shown in Santos *et al.* (2015). Table 2 shows risk alleles \*5B +\*6+\*7 compared with the reference allele \*4. Tables 3, 4, and 5 shows risk alleles \*5B, \*6 and \*7 respectively. Genotypes of cases carrying two alleles with low metabolic rate showed risk in "All" category (OR=2.12;  $p=0.049$ ). Risk was observed in categories "Patagonia" (OR=3.60;  $p=0.042$ ) and "Tucumán + Patagonia" (OR=4.37;  $p=0.005$ ) too. No risk was detected for "Rest" category (Table 2).

**TABLE 2**  
Risk evaluation of maternal and case genotypes of 174 trios, through a linear regression model (alleles \*5B+\*6+\*7)

Maternities	n	Genotype	Mother				Case			
			OR	95 %	z	p	OR	95 %	z	p
All	174	4/5B67*	0,74	0,37-1,49	-0,83	0,406	1,51	0,79-2,88	1,25	0,211
		5B67/5B67**	0,96	0,49-1,87	-0,12	0,904	2,12	1,01-4,46	1,96	0,049
Tucumán + Patagonia	96	4/5B67*	1,30	0,59-2,89	0,65	0,516	1,70	0,77-3,74	1,32	0,188
		5B67/5B67**	1,65	0,71-3,83	1,17	0,242	4,37	1,55-12,35	2,78	0,005
Tucumán	37	4/5B67*	3,97	0,83-19,03	1,73	0,084	2,18	0,41-11,50	0,92	0,359
		5B67/5B67**	1,77	0,50-6,19	0,9	0,368	6,55	0,92-46,52	1,88	0,060
Patagonia	59	4/5B67*	0,80	0,29-2,23	-0,42	0,674	1,60	0,66-3,89	1,04	0,299
		5B67/5B67**	1,97	0,55-7,06	1,04	0,298	3,60	1,05-12,41	2,03	0,042
Rest	78	4/5B67*	0,27	0,06-0,85	-1,75	0,08	1,03	0,33-3,14	0,05	0,963
		5B67/5B67**	0,38	0,35-1,44	-1,43	0,153	1,06	0,32-3,57	0,10	0,918

\*: Genotypes 45B, 46, and 47; \*\*: Genotypes 5B5B, 5B6, 5B7, 66, 67, and 77;

All: all maternities (803, 906, 907, 909, 325, 322, 332, 413, 416, 418, 614);

Tucumán + Patagonia:803, 906, 907, 909; Tucumán:803; Patagonia:906, 907, 909; Rest:318, 322, 325, 332, 413, 416, 418, 614; n:number of trios.

Cases included in "All" category showed significant risk for heterozygous (OR=1.61;  $p=0.038$ ) and homozygous genotypes (OR=2.24;  $p=0.050$ ) for \*5B allele. For "Patagonia", significant risk was observed for heterozygous (OR=2.44;  $p=0.037$ ) and homozygous genotypes (OR=5.98;  $p=0.044$ ) for \*5 allele (Table 3).

The analysis of allele \*6 did not show risk genotypes in any of the categories studied (Table 4).

**TABLE 3**  
Assessment of maternal and case risk genotypes in 174 trios, through a linear regression model (risk allele:\*5B)

Maternities	n	Genotype	Mother				Case			
			OR	95 %	z	p	OR	95 %	z	p
All	174	5B/467*	0,97	0,61-1,22	-0,13	0,896	1,61	1,02-2,54	2,07	0,038
		5B5B	1,58	0,65-3,86	1,00	0,317	2,24	1,00-5,01	1,95	0,050
Tucumán + Patagonia	96	5B/467*	1,16	0,63-2,15	0,48	0,632	1,53	0,85-2,75	1,44	0,151
		5B5B	3,47	0,42-28,67	1,15	0,248	2,91	0,85-9,94	1,7	0,088
Tucumán	37	5B/467*	2,21	0,64-2,21	1,26	0,208	0,75	0,29-1,93	-0,59	0,555
		5B5B	0,29	0,03-3,13	1,02	0,309	1,23	0,19-7,94	0,22	0,824
Patagonia	59	5B/467*	1,08	0,46-2,23	0,02	0,984	2,44	1,06-5,57	2,09	0,037
		5B5B	-----	-----	-----	-----	5,98	1,06-33,71	2,01	0,044
Rest	78	5B/467*	0,81	0,38-1,72	-0,55	0,582	1,62	0,78-3,35	1,3	0,194
		5B5B	1,02	0,34-2,98	0,01	0,990	2,10	0,69-6,41	1,3	0,194

\*:Genotypes 45B, 46, and 47; All:all maternities (803, 906, 907, 909, 325, 322, 332, 413, 416, 418, 614); Tucumán + Patagonia:803, 906, 907, 909; Tucumán:803; Patagonia:906, 907, 909; Rest:318, 322, 325, 332, 413, 416, 418, 614; n:number of trios; ----: lack of convergence in the estimate.

**TABLE 4**  
Risk assessment of genotypes carrying risk allele \*6 in mothers and cases, through linear regression

Maternities	n	Genotype	Mother				Case			
			OR	95 %	z	p	OR	95 %	z	p
All	174	6/45B7*	1,01	0,60-1,71	0,05	0,959	0,96	0,57-1,60	-0,16	0,870
		66	0,79	0,20-3,18	-0,33	0,739	0,36	0,06-2,04	-1,15	0,250
Tucumán + Patagonia	96	6/45B7*	1,28	0,70-2,34	0,79	0,427	0,97	0,53-1,79	-0,08	0,935
		66	0,86	0,12-6,14	-0,15	0,878	0,65	0,04-11,49	-0,29	0,771
Tucumán	37	6/45B7*	1,22	0,50-3,00	0,44	0,657	1,48	0,59-3,71	0,84	0,401
		66	-----	-----	-----	-----	-----	-----	-----	-----
Patagonia	56	6/45B7*	1,22	0,54-2,77	0,48	0,63	0,70	0,31-1,62	-0,82	0,410
		66	0,44	0,04-5,04	-0,66	0,507	0,49	0,03-9,11	-0,48	0,631
Rest	78	6/45B7*	0,60	0,21-1,70	-0,96	0,335	1,00	0,39-2,53	0,003	0,997
		66	0,67	0,05-10,64	-0,26	0,797	-----	-----	-----	-----

\*:Genotypes 46, 5B6, and 67; All:803, 906, 907, 909, 325, 322, 332, 413, 416, 418, 614; Tucumán + Patagonia:803, 906, 907, 909; Tucumán:803; Patagonia:906, 907, 909; Rest:318, 322, 325, 332, 413, 416, 418, 614; n:number of trios; ----: lack of convergence.

For allele \*7 higher risk for the heterozygous genotype was found only for "Tucumán + Patagonia" cases (OR=2.32;  $p=0.039$ ) (Table 5). Homozygous genotype risk for "Tucumán + Patagonia" was estimated from "Patagonia" due to the absence of mutated homozygote in "Tucumán" samples.

This linear regression model also allows calculating the risk from maternal genotypes. Analyzing the whole "All" sample, and also when

considering the maternities of the smaller groups of "Tucumán", "Patagonia", "Tucumán + Patagonia", and "Rest", no maternal effect was found for any of the variables studied, neither pooled nor individually (Tables 2, 3, 4 y 5).

**TABLE 5**

Risk assessment of genotypes carrying risk allele \*7 in mothers and cases, through linear regression

Maternities	n	Genotype	Mother				Case			
			OR	95 %	z	p	OR	95 %	z	p
All	174	7/45B6*	0,78	0,47-1,31	-0,94	0,348	1,06	0,66-1,70	0,24	0,811
		77	0,88	0,19-3,96	-0,17	0,865	0,30	0,06-1,54	-1,44	0,148
Tucumán + Patagonia	96	7/45B6*	0,85	0,41-1,77	-0,44	0,663	2,32	1,04-5,15	2,07	0,039
		77	1,28	0,41-1,77	0,20	0,842	2,19	0,12-40,32	0,53	0,598
Tucumán	37	7/45B6*	1,13	0,34-3,75	0,21	0,837	2,87	0,81-10,31	1,63	0,104
		77	0,83	0,05-12,83	-0,14	0,89	-----	-----	-----	-----
Patagonia	56	7/45B6*	0,79	0,31-2,00	-0,50	0,615	2,10	0,76-5,79	1,43	0,153
		77	-----	-----	-----	-----	2,19	0,12-40,32	0,53	0,598
Rest	78	7/45B6*	0,77	0,37-1,61	-0,69	0,493	0,61	0,32-1,18	-1,48	0,139
		77	0,82	0,10-5,75	-0,26	0,796	0,14	0,01-1,43	-1,65	0,098

\*:Genotypes 74, 75B, and 76; All:803, 906, 907, 909, 325, 322, 332, 413, 416, 418, 614; Tucumán + Patagonia:803, 906, 907, 909; Tucumán:803; Patagonia:906, 907, 909; Rest:318, 322, 325, 332, 413, 416, 418, 614; n:number of trios; ----:lack of convergence.

## DISCUSSION

It is known that controls for a genetic study must be selected from the same genetic pool. The strategy of this paper was to recruit trios and dyads (case and parents) and use the genotypic information of the untransmitted chromosome of the parents as control, so as to reduce false positive bias due to population structure, adjusting for ancestry through design.

Maternities were classified according to geographic clusters detected by Poletta *et al.* (2007), who identified two geographic areas in Argentina with high prevalence of NSCLP at birth: North West and Patagonia. This grouping allows assuming that, through a parsimony principle, the anomaly is the result of a sole causal factor that compromises the cluster specifically.

To assess the association between presence of NSCLP and genotypes that determine the slow acetylator phenotype, variants \*5B, \*6, and \*7 were considered, combining trios from all maternities in detriment of genetic homogeneity. For the whole sample, a significant risk was found, twice higher for NSCLP when the fetal genotype was homozygous for the risk alleles. Particularly, significant risk for "Tucumán" and "Patagonia" cases for genotypes with 2 risk alleles was found. "Tucumán" showed the highest risk but no statistical difference, probably due to the low number of trios in that region (type  $\beta$  error) (Table 2).



The risk of allelic variants \*5B, \*6, and \*7 individually was evaluated. Allele \*5B showed association for the "All" category (heterozygotes, OR=1.61;  $p=0.038$ ; and homozygotes, OR=2.24;  $p=0.050$ ), and for "Patagonia" (heterozygotes, OR=2.44;  $p=0.037$ ; and homozygotes OR=5.98;  $p=0.044$ ), thus "Patagonia" is responsible for the increased risk in the "All" group. No association was observed between NSCLP and allele \*6. Regarding variant \*7, a risk for heterozygous genotypes (OR=2.32;  $p=0.039$ ) was found only in "Tucumán + Patagonia" group. So, variants \*5B and \*7 but not \*6 are responsible for the estimated risk for SNPs \*5B+\*6+\*7 among "All" (Table 2). In "Patagonia" cases, \*5B allele is responsible for the risk, while in "Tucumán" \*7 is.

Several studies have reported a correlation between high frequency of slow acetylators in human populations practising subsistence farming, which suggests that a slower rate of acetylation may have gained selective advantage in populations shifting from foraging to agriculture during the Neolithic period. The same was observed for American hunter-gathering populations in which *NAT2*\*4 was predominant and *NAT2*\*5B and *NAT2*\*7B tended to be higher for agricultural populations (Luca *et al.*, 2008; Sabbagh, Darlu, Crouau-Roy and Poloni, 2010). This is the case of the Northwest in the present work, region that has been occupied by agricultural populations since 8,000 years BP, while Patagonia inhabitants displayed hunter-gathering subsistence strategies until the arrival of Europeans in Argentina. While *NAT2*\*4 was predominant in Patagonian populations with frequencies of 40% or more, in the Northwest it was 30%. For the rest of the hospital cases, the effect of migration could have probably produced intermediate frequencies of each genetic variation (Santos *et al.*, 2015, present work). These genetic backgrounds would be responsible for the differentiation between the two areas with high birth rate prevalence, Northwest and Patagonia.

The linear regression model also allows inferring the relative importance of maternal genotypes in the causality of the anomaly studied. Using this test, no maternal effect could be detected for any of the variants analyzed, neither individually nor pooled. Moreover, Lie *et al.* (2008) did not find maternal effect in a sample of 314 trios from Norway (OR=1.00; IC=0.5-1.8). Interestingly, Shi *et al.* (2007) showed a 20% higher risk of anomaly when the mother carried a risk allele ( $p=0.03$ ).

Other association studies on the same allelic variants and NSCLP are discordant (Birnbaum *et al.*, 2009; Lammer, Iovannisci, Van Waes and Finnell, 2004; Lie *et al.*, 2008; Marazita *et al.*, 2004; Shi *et al.*, 2007). Using the same Patagonia sample population as the one in the present work, from a complex segregation study Poletta (2010) suggested that the effect of the main gene for NSCLP could be modified by another locus and/or factor of environmental exposure. This main dominant gene would have low penetrance (6 to 15%) and the frequency of the risk allele would be between 1 and 9%, added to a multifactorial component (or residual variance unexplained by the main gene). Another finding, relevant to the interpretation of our results and key in the study of NSCLP, was the contribution of IRF6 to NSCLP (Zucchero *et al.*,



2004). Authors analyzed 8,003 individuals from 1,968 families from Asian, European and American populations. This work showed that all genes that contribute to the anomaly have a very low effect compared to IRF6's in NSCLP. Regarding segregation studies, evidence reported by Poletta (2010) and Zuchero *et al.* (2004) demonstrated that *NAT2* is neither a necessary nor sufficient factor for NSCLP. Nevertheless, some involvement in cleft occurrence due their metabolizing function cannot be ruled out as part of this multifactorial component or residual variance unexplained by the main gene. Clearly, the high proportion of NSCLP cases is a result of other etiological agents, unassociated to these alleles.

## CONCLUSION

The present work, through a family-based case-control design, confirms the association between the allele \*5B, that determines the slow acetylator phenotype, and the occurrence of the NSCLP. This allelic variant could act as a marker in linkage disequilibrium of causal haplotypes. As markers, some *NAT2* SNPs could be more informative in some human populations than in others and this could explain some discrepancies in the association results. Likewise, no participation of *NAT2* can be disregarded in the generation of NSCLP as part of the multivariate component or residual variance not explained by the main gene.

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