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# PLANT ESSENTIAL OILS FOR ENVIRONMENT-FRIENDLY PROTECTION OF WOOD OBJECTS AGAINST FUNGI

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*In memoriam of Dr. Thomas C. MANNES*

## ABSTRACT

The study was aimed at testing environmental-friendly plant essential oils for their protecting efficiency of valuable woods against colonization by mould and wood-decay fungi. Sixteen essential oils were applied to *Fagus orientalis* and *Pinus taeda* wood samples by vacuum impregnation and infected with *Aspergillus niger*, *Penicillium commune* (moulds), *Coniophora puteana* (brown rot), *Trametes versicolor* (white rot), *Chaetomium globosum* (soft rot) and natural infection by airborne spores. Lavender oil, lemon grass oil and thyme oil were the most effective oils against all fungi tested.

**Keywords:** Beech, moulds, pine, wood decay fungi, wood protection.

## INTRODUCTION

Old woods such as archaeological woods, woods in historical buildings, works of art, antique furniture are important parts of the cultural heritage that gives us valuable information about the past. Due to the high historic potential they must be protected against damages. A large part of historic wood is found inside such as carvings, altarpieces in churches, mosques and museums (Blanchette 2000, Cojocariu and Tanase 2010, Ortiz *et al.* 2014). Historic wooden structures may be attacked by various degradation agents (Blanchette 2000). Among them, the infection and subsequent growth of moulds and other fungi may cause considerable damages (Sterflinger 2010). Fungal damages are often caused by high level of ascension humidity, lack of ventilation and intermittent warming and condensation. A method to protect valuable woods may be the use of plant essential oils. Essential oils have benefits such as they can provide safe and environmentally friendly preservatives. They are effective against bacteria (Burt 2004, Wong *et al.* 2008), fungi (Carlton *et al.* 1992, Mahmoud 1994, Voda *et al.* 2003, Wang *et al.* 2005, Singh and Singh 2012, Boulogne *et al.* 2012, Fidah 2016) and insects (Isman *et al.* 2011, Fatima and Morrell 2015). Some studies were done on the efficacy of essential oils against moulds (Voda *et al.* 2003, Yang and Clausen 2006, Pánek *et al.* 2014). Caccioni *et al.* (1998) tested mould (*Penicillium* species) inhibition by citrus essential oils measuring the growth in oil-containing nutrient broth. Su *et al.* (2006) obtained growth inhibition of moulds and wood-decay fungi by *Eucalyptus citriodora* essential oil dispersed in agar. Viuda-Martos *et al.* (2008) showed antimould activity of lemon, mandarin, grapefruit and orange essential oils in agar. Yang and Clausen (2007) obtained mould inhibition on pine stakes dipped in geranium and thyme oil. Zyani *et al.* (2011) found mould inhibition by oils of *Origanum compactum*, *Eugenia caryophyllata* and *Ocimum basilicaum* using the disc diffusion method and minimum inhibitory concentration in agar dilution test. Pánek *et al.* (2014) evaluated ten essential oils against wood-destroying fungi and moulds. They stated that essential oils containing phenol components such as carvacrol, eugenol, thymol and cisisoasarol trimethyleter have the most effect for beech wood protection against fungi in interior conditions. Experiments with woods impregnated with plant extracts are rare. Goktas *et al.* (2010) showed some protection of beech and pine wood against *Oligoporus placenta* (brown rot) and *Trametes versicolor* (white rot) when the

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samples were treated with extracts of *Muscari neglectum* and *Gynandrinum sysyrinchium*. Chittenden and Singh (2013) monitored antifungal activity of essential oils against wood degrading fungi and concluded that eugenol and cinnamaldehyde are applicable for protection of timber when not exposed to wet conditions. Sailer (2001) obtained lower mass loss in cultures with *T. versicolor* and *Coniophora puteana* (brown rot) when the wood samples of pine, larch, beech and oak were impregnated with linseed and hempseed oil. Our study evaluates the efficacy of 16 plant essential oils against moulds and wood decay fungi using impregnated beech and pine wood samples to test their possible application for protecting valuable wood objects.

## MATERIAL AND METHODS

The wood samples derived from trees of Oriental beech (*Fagus orientalis* Lipsky) and Loblolly pine (*Pinus taeda* L.) felled in September 2016 in the Kheyroud-Kenar forests, Iran. The sample size of 30 x 30 x 51 mm was used to obtain great radial surfaces for intense impregnation with oils and for subsequent sample placement in Petri dishes. The samples were numbered, dried at 103 °C, weighed for dry matter determination, grouped in large glass dishes according to the planned oil treatments and autoclaved for 15 min at 121 °C. This basic sterilization was thought to be necessary to reduce subsequent mould infections in cultures with the slowly growing basidiomycetes.

As essential oils, 16 oils (Table 2) were purchased from several German manufacturers specialized in those products. Oils were obtained as 100% concentrations to avoid unknown and diverse dilution chemicals. For wood impregnation, 10 % concentrations were made by diluting with native olive oil. Impregnation was done in a desiccator with 15 min initial vacuum by a pump, oil addition via a funnel in the desiccator lid, followed by 15 min duration for oil uptake. There was no sample sterilization after impregnation to avoid oil removal from the treated samples due to pressure variations in the autoclave. However, the desiccator and all other glasses for impregnation had been disinfected in advance to minimize wood infections from the laboratory. Oil uptake was determined by weighing some samples after impregnation. The impregnated wood samples were lightly touched on clean filter papers to remove oil from the surfaces and immediately placed on fungal mycelia grown on 2% malt-1,5% agar (Oxoid) in Petri dishes.

**Table 1.** Fungi used.

Species	Wood damage	Coding	Origin
<i>Aspergillus niger</i>	Moulding	15	Soil of pot flower
<i>Penicillium commune</i>	“	311	Chinese bamboo
Natural infection	“		Airborne spores
<i>Coniophora puteana</i>	Brown rot	167	Fruiting body, Hamburg
<i>Trametes versicolor</i>	White rot	CTBA 863	France
<i>Chaetomium globosum</i>	Soft rot	10, ATCC 44753	

Table 1 lists the used fungi with their coding/origin kept in the laboratory strain collection of the second author. Each 2 (for moulds) or 3 (for decay fungi) samples per oil treatment were placed on the fungal mycelia grown in Petri dishes. Natural infection by the surrounding laboratory air was performed by storing the open dishes with the samples for 1 hour. Thereafter, all dishes were sealed with Parafilm against drying. Untreated samples as well as samples impregnated with 100% olive oil were used as controls. Incubation was done at room temperature for 8 to 10 weeks and growth was weekly controlled. The closed mould dishes were several times roughly shaken during incubation to induce further sample infection by spores from the surrounding basal mycelial colony, because moulds spread mainly by their spores and lesser by mycelial growth (Schmidt 2006). After incubation, samples were cleaned from superficial mycelium, weighed for wet wood determination, again dried at 103 °C and finally weighed for mass loss determination. The used method investigates the colonization/infection of wood by fungi and not a subsequent wood decay inhibited by the low wood moisture content. European or American test standards were not applied as the above technique is successfully used for several years in the laboratory of the second author.

RESULTS AND DISCUSSION

Efficacy of essential oils against mould fungi

The tested oils differed considerably in their efficacy against moulds. Figure 1 shows as an example beech wood sample incubated with *Aspergillus niger*. The sample with olive oil (left) was fully overgrown, fennel oil yielded medium growth (centre) and lemon grass oil (right) inhibited the mould totally.

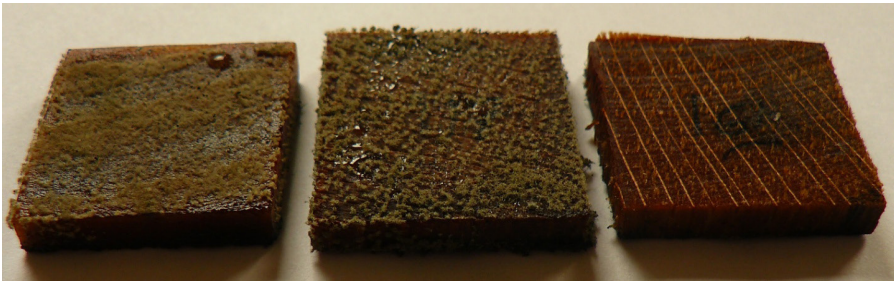


Figure 1. Beech wood samples impregnated with olive oil (left), fennel oil (centre) and lemon grass oil (right) incubated with *Aspergillus niger*.

Table 2. Growth of mould fungi on oil-impregnated *Fagus orientalis* wood samples.

Oil (Plant origin)	<i>Aspergillus niger</i>			<i>Penicillium commune</i>			Natural infection		
				Growth after weeks					
	2	4	10	2	4	10	2	4	10
Control	0	2	3	0	2	3	2	3	3
Control Olive	0	2	3	0	1	3(thin)	1	3	3
Ajowan ( <i>Trachyspermum copticum</i> )	0	0	1	0	1	2-3*	0	0	margin
Bergamot ( <i>Citrus x limon</i> )	0	3	3	0	0	0	0	0	0
Cedar wood ( <i>Juniperus mexicana</i> )	0	3	3	0	1-2	1-3	0	0	margin
Chamomile ( <i>Matricaria chamomilla</i> )	0	3	3	0	0	2	0	0	0
Eucalyptus ( <i>Eucalyptus globulus</i> )	0	3	3	0	0	0	0	0	0
Fennel ( <i>Poeniculum vulgare</i> )	0	2-3	3	0	0	1(thin)	0	0	margin
Geranium ( <i>Pelargonium graveolens</i> )	0	1	2	0	0	traces	0	0	0
Lavender ( <i>Lavandula angustifolia</i> )	0	0	traces	0	0	0	0	0	margin
Lemon grass ( <i>Citronella</i> ) ( <i>Cymbopogon nardifolius</i> )	0	0	0	0	0	margin	0	0	0
Mint ( <i>Mentha arvensis</i> )	0	2	2(thin)	0	0	0	0	0	margin
Neem ( <i>Melaleuca indica</i> )	0	0	3	0	0	traces	0	0	3(thin)
Oenothera ( <i>Oenothera biennis</i> )	1-2	2	3(thin)	0	0	traces	0	0	traces
Peppermint ( <i>Mentha piperita</i> )	0	1	3(thin)	0	0	traces	0	0	margin
Star anise ( <i>Illicium verum</i> )	0	1	3(thin)	0	0	0	0	0	0
Tea tree ( <i>Melaleuca alternifolia</i> )	0	1	2(thin)	0	0	traces	0	0	0
Thyme ( <i>Thymus vulgaris</i> )	0	0	0	0	0	traces	0	0	0

0 - no growth on sample surface; 1 - about 1/3 of sample surface overgrown; 2 - about half surface overgrown; 3 - whole surface overgrown; margin - sample sides overgrown; \*- growth differs among samples.

Table 2 summarizes the results for the beech wood samples. The control wood samples were fully overgrown by moulds within 4 to 10 weeks of incubation. Growth became obvious by thin hyphae on the upper sample area followed by the development of new conidial structures (conidiophores with conidia). If this growth had happened by mycelium reaching the upper sample area from the fungus colony on the agar and/or by flying spores within the Petri dish could not be distinguished. Remarkable is the slight decrease of infection intensity by the olive oil.

Considerable differences were found among the 16 oils tested. Most oils yielded only some mould inhibition. However, the oils from lavender, lemon grass and thyme (fat) showed sufficient inhibition

on both moulds and the natural infection by airborne spores, allowing only some growth on the sample side area within 10 weeks of incubation. Thyme oil was already shown by Yang and Clausen (2007) to inhibit the growth of *A. niger* and *Penicillium chrysogenum*).

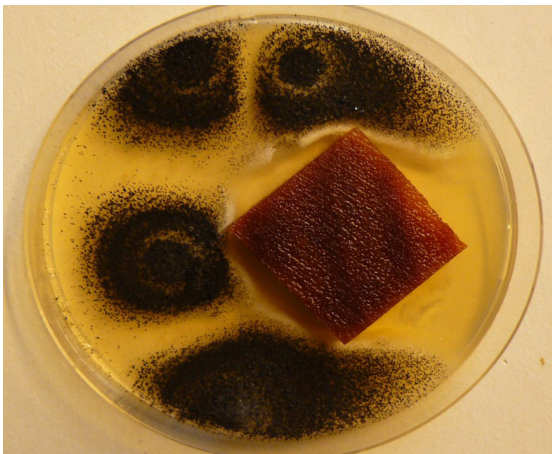
**Table 3.** Growth of mould fungi on oil-impregnated *Pinus taeda* wood samples.

Oil	<i>Aspergillus niger</i>			<i>Penicillium commune</i>			Natural infection		
	Growth after weeks								
	2	4	8	2	4	8	2	4	8
Control	0	2	3	0	2	3	2	3	3
Control Olive	0	2	3	0	1	3 (thin)	1	3	3
Ajowan	0	0	1	0	1	2-3	0	0	margin
Bergamot	0	3	3	0	0	0	0	0	0
Cedar wood	0	3	3	0	1-2	1-3	0	0	margin
Chamomile	0	3	3	0	0	2	0	0	0
Eucalyptus	0	3	3	0	0	0	0	0	0
Fennel	0	2+3	2-3	0	0	1	0	0	margin
Geranium	0	1	2	0	0	traces	0	0	0*
Lavender	0	0	traces	0	0	0	0	0	margin
Lemongrass	0	0	0	0	0	margin	0	0	0
Mint	0	2	2 (thin)	0	0	0	0	0	margin
Neem	0	0	3	0	0	traces	0	0	3 (thin)
Oenothera	1	2	3 (thin)	0	0	traces	0	0	Traces
Peppermint	0	1	3 (thin)	0	0	traces	0	margin	margin
Star anise	0	1	3 (thin)	0	0	0	0	0	0
Tea tree	0	1	1-2 (thin)	0	0	traces	0	0	0
Thyme	0	0	0	0	0	traces	0	0	0

\* = inhibition zone occurred against neighbouring mould colonies (Figure 2).

The results for pine wood are summarized in Table 3. As with beech wood, the oils from lavender, lemon grass and thyme were the most effective oils for pine wood protection from moulds. This result is not astonishing because the characteristic feature of mould fungi on wood is their growth restricted to the surfaces and outermost wood regions (Schmidt 2006). The substrate underneath, in this case beech or pine wood, has no influence because these fungi do not feed from the woody cell wall.

Remarkable is the formation of an inhibition zone in the agar by geranium oil. Figure 2 shows such zone spreading from the treated wood sample towards the neighbouring mould colonies. If this was due to oil diffusion through the agar or by vapour remains unclear. Zyani *et al.* (2011) showed that some oil constituents are active as vapour.



**Figure 2.** Inhibition zone by geranium oil against neighbouring mould growth.



Efficacy of essential oils against wood decay fungi

Table 4 shows the influence of the essential oils in impregnated beech wood samples on wood-decay fungi. The controls without any oil were totally overgrown by mycelium already after 2 weeks of incubation. However, already the olive oil controls showed a slight to strong growth inhibition particularly with the brown-rot species *Coniophora puteana*. Among the 16 oils tested, like against the deuteromycetes (Table 2 and Table 3), the oils from lavender, lemon grass and thyme were effective in view of growth inhibition; additionally ajowan oil inhibited the three rot fungi.

Table 4. Growth of wood-decay fungi on oil-impregnated *Fagus orientalis* wood samples.

Oil	<i>Coniophora puteana</i>			<i>Trametes versicolor</i>			<i>Chaetomium globosum</i>		
	Growth after weeks			Growth after weeks			Growth after weeks		
Control	2	4	10	2	4	10	4	10	
Olive	3	3	3	3	3	3	3	3	
Ajowan	1	1	1-2	2 (thin)	2	3	3	3	
Bergamot	0	0	0	0	0	margin	0	0	
Cedar wood	2-3	2-3	3	2	2	2-3	0	margin	
Chamomile	2	2	3	0	1	3	1	3 (thin)	
Eucalyptus	3	3	3	1	2	3 (thin)	3	3	
Fennel	3 (thin)	3 (thin)	3	0	1	2-3 (thin)	0	0	
Geranium	0	0	0	1	1	1-2 (thin)	0	traces	
Lavender	1	2	2-3	0	0	1 (thin)	0	0	
Lemongrass	0	0	margin	0	0	traces	0	0	
Mint	0	0	0	0	0	0	0	0	
Neem	1	2-3	3	0	1	1 (thin)	0	0	
Oenothera	3	3	3	2 (thin)	2	2	3	3	
	3	3	3	2 (thin)	(thin)	2 (thin)	3	3	
Peppermint	0	0	1-2	2	2	2-3	0	margin	
Star anise	0	1	1	0	0	traces	0	margin	
Tea tree	0	traces	1-3	0	1	2 (thin)	0	0-1	
Thyme	0	0	traces	0	0	0	0	0	

Table 5 shows the results obtained for wood-decay fungi and pine wood. Effective oils to protect the softwood derived from ajowan, geranium, lavender, lemon grass and thyme.

Most plant essential oils contain many constituents. Lavender oil and tea tree oil, for example, consist of over 100 active compounds. Su *et al.* (2006) identified 67 compounds from the essential oil of *Eucalyptus grandis*. Because quite different oils inhibited the fungi tested it can be assumed that several constituents were effective. Thymol is known as a strong antimicrobial agent. However, to correlate the antifungal activity to a single constituent or to classes of compounds is difficult. The various components of any oil may act synergistically (Caccioni *et al.* 1998) while several compounds may have even a stimulating action on fungi, as shown by French (1985) for spore germination. Various possible action mechanisms by which fungal growth may be reduced or inhibited have been proposed (Viuda-Martos *et al.* 2008) such as effects on the functionality and structure of cell membranes, changes in cell structure, inhibition of respiration, and interactions with enzymes.

Table 5. Growth of wood-decay fungi on oil-impregnated *Pinus taeda* wood samples.

	2	4	8	2	4	8	2	4	8
Control	3	3	3	3	3	3	3	3	3
Control Olive	3	3	3	3 (thin)	3	3	3 (thin)	3	3
Ajowan	0	0	margin	0	0	0	0	0	0
Bergamot	1	1-2	1-2	0-1	-	1	0	1	1
Cedar wood	2	1	3	2 (thin)	3	3	0	margin	1-3
Chamomile	2	2	3 (thin)	2	2	3 (thin)	0	1-2	2 (thin)
Eucalyptus	0	0	0	0	0	2 (thin)	0	0	0-3 (thin)
Fennel	0	1-2	1-3	0	2	2	0	0	0
Geranium	0	0	margin	0	0	0	0	0	0
Lavender	0	0	0	0	0	0	0	0	margin
Lemongrass	0	0	0	0	0	0	0	0	0
Mint									
	1	2	2-3	0-1	-	0-2 (thin)	0	0	margin
Neem	3 (thin)	3	3	2 (thin)	2	2	0	1-2	2-3 (thin)
Oenothera	2-3	3	3	2	2	3	0	1-3	3
Peppermint	1	1	1	0	0	margin	0	0	0
Star anise									

The weight measurements after incubation (wet weight) indicated that most or even all oil introduced into the wood sample by the impregnation procedure was still present in the samples. Subsequent drying at 103 °C and weighing for mass loss determination did not yield any usable result because the oils resist this temperature. Reasons for the missing mass loss may be: The wood samples with open cells (fibres or tracheids) at both sample surfaces could be intensively impregnated with oils due to their great radial areas and small height. Oil uptake was about 560 kg oil (= 56 kg essential oil) per m<sup>3</sup> beech wood and about 620 (62) kg/m<sup>3</sup> pine wood. Typical of basidiomycetous brown- and white-rot fungi is their growth within the lumina of wood cells and excreting from there the enzymes and free radicals for cell wall degradation into the walls; soft-rot fungi (type I) such as *Chaetomium globosum* initially also invade the cell lumina and grow from there into the cell wall (Liese 1955). Wood decay fungi need water and oxygen for their metabolism. Water is also needed for the wood-degrading agents to reach the cell wall components. Due to the applied methods, there was not enough water for wood decay. From these aspects it becomes probable that the wood-decay fungi could not penetrate into the samples with oil-filled lumina and low moisture content and therefore could not decay the samples. However, the aim of our study was to test if the fungi can colonize/infect oil-treated wood. Practical use of essential oils is restricted to indoor use due to their high volatility and insufficient fixation. As application method the oils may be added to woods by brushing.

## CONCLUSIONS

Our experiments showed that several plant essential oils are able to protect wood samples of a hardwood (*Fagus orientalis*) and softwood (*Pinus taeda*) against colonization by fungi.

The oils inhibited the growth of common moulds (*Aspergillus niger*, *Penicillium commune*, airborne spores) and important wood-decay fungi (*Coniophora puteana*, *Trametes versicolor*, *Chaetomium globosum*). Results indicated that lavender oil, lemon grass oil and thyme oil were the most effective oils against fungi. In view of wood decay it became obvious that at least the outer wood region is protected against deterioration if water and air are missing as a result of filling the wood cells with oil.

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