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# Kinetic parameters of lactic acid bacterial isolated from fermented milk "Suero Costeño"

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#### Abstract

The isolation of bacteria from artisanal dairy products has increased in different countries, it has reported special technological properties, responsible for giving to dairy products unique characteristics. The kinetic parameters of native microorganisms are important for biotechnological scaling. This research, to evaluated the kinetics of bacterial growth under optimal conditions of lactic acid bacterial isolated from artisanal fermented milk "Suero Costeño" *Lactobacillus plantarum* (*Lp*), *Streptococcus infantarius* (*Si*) and *Lactococcus lactis* (*Ll*), identified by 16S rRNA. There were fast rate acidification of *Si* and *Ll* as a typical dairy starter culture. *Lp* showed a slowly rate acidification and highest pH resistance. It is necessary a pH control between 5,3 and 5,7 in order to obtain higher consume of substrate and yield biomass. *Si* and *Ll* can be used as primary cultures in fermentations as a result of their rapid acidification and *Lp* as an adjunct culture through the slow acid production.

Key words: traditional fermented foods; kinetic growth; lactic acid bacterial.

## Parámetros cinéticos de bacterias ácido-lácticas aisladas de la leche fermentada "Suero Costeño"

#### Resumen

El aislamiento de bacterias a partir de productos lácteos artesanales ha incrementado en diferentes países, debido a que éstas han reportado características de interés tecnológico únicas. Conocer los parámetros cinéticos de estos microorganismos caracterizados es importante para escalamiento biotecnológico. Este estudio, evaluó tres bacterias ácido lácticas de "Suero Costeño" de preparación artesanal: *Lactobacillus plantarum* (*Lp*), *Streptococcus infantarius* (Si) y *Lactococcus lactis* (*Ll*), identificados por 16S rRNA. Las cinéticas de crecimiento en condiciones ideales fueron evaluadas. Los resultados muestran que los microorganismos presentaron comportamientos diferentes de crecimiento, *Si* y *Ll presentaron una rápida* acidificación, lo que indica que podrían ser usados como cultivos primarios en fermentaciones y Lp como cultivo adjunto por la lenta producción de ácido y mayor resistencia a pH bajo. Además, el estudio mostró que es necesario controlar el pH entre 5,3 y 5,7 para favorecer el consumo de sustrato y el aumento de la biomasa.

Palabras clave: alimentos tradicionales fermentados; cinéticas de crecimiento; bacterias ácido lácticas.

#### 1. Introduction

In recent years, the isolation of lactic acid bacteria from traditional fermented foods has increased promoting the production of the regional healthy foods and recovering the traditions which allows to improve the nutrition of the population[1]. The microorganisms involved in these artisanal fermentation processes, in their great majority correspond to the group of lactic acid bacteria, many of these

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are generally recognized as safe by the food industry (GRAS), and some also have the name of probiotic microorganisms that provide, in addition to the technical benefits, specific health benefits to the hosts [2][3].

Among the traditional products of Colombia, the "Suero Costeño" (SC) is an artisanal soured cream produced in the Northern-Caribbean regional coast of Colombia. It is widely produced by the rural population in the regions of Córdoba, Sucre and Bolívar, manufactured mainly in households on a small scale, and represents a gastronomic heritage of Colombian cuisine [4] (Simanca et al., 2010). Microorganisms that are not commonly used in dairy products have been isolated from this product [5]. After distinguishing the existent microorganisms in the local products and identifying the shared probiotic technical characteristics and their molecular identification [6], it is necessary to think about the application of biotechnological scaling techniques in order to bioaugment the specific ferments and consequently make them available to improve the quality during the production of the specific products, which often is the financial support of many families depending on this production.

Scaling techniques of native potential probiotic/starter dairy strains involves the study of basic growth dynamic microorganisms, such as kinetic parameters, which is not very documented with lactic acid bacterial in Colombia; probably due to biotechnological dairy starter production of these microorganisms, has been restricted to few industrialized companies that offer starter cultures for massive use to develop food products.

This shows how the kinetic parameters of each microorganism in ideal conditions provide information that can be used to establish suitable conditions in the inoculum, among other purposes for: suggest alternative industrial culture methods, production of specific metabolites, [7], establish conditions in the concentration of cells in order to standardize probiotic and technological tests and / or cell conservation.

The purpose of this research is to establish the kinetic parameters of lactic acid bacteria isolates obtained from the fermented milk "Suero Costeño" of artisan manufacture.

#### 2. Methodology

#### 2.1. Bacterial strains

Native microorganisms from the fermented milk "Suero Costeño" produced in the Colombian Caribbean region were isolated and identified through partial amplification of the sequencing gene, 16S rRNA (Young et al., 1991), whose genomic sequences were determined using the BLAST program and the Ribosomal Database Project as *Lactobacillus plantarum* (60-1), *Streptococcus infantarius* (46-3) and *Lactococcus lactis* (25-2) [5].

### 2.2. Conservation and activation of cells

Each lactic acid bacteria (LAB) strains isolated from the fermented milk "Suero Costeño", was inoculated in a liquid medium and incubate under microaerophilic atmosphere to

Table 1. Conditions of microorganisms growth

Number code strain	T ° (C) Incubation	Broth culture	Ag ar	Incubation time (h)
60-1 Lactobacillus plantarum	32	MRS	M RS	12
46-3 Streptococcus infantarius	37	BHI+Glucose	M 17	18
25-2 Lactococcus lactis	32	BHI+Glucose	M 17	12

Source: Author.

the proposed conditions (See Table 1). The overnight cultures were centrifuged at 5000 rpm, washed with phosphate buffered saline (PBS), added with 20% of glycerol and stored in 2mL vials to preserve at -80°C.

In order to activate the strains, each vial was defrosted at room temperature and  $50\mu L$  of sample were inoculated into the corresponding agar by a loopful of the turbid culture streaked on specified agar (Table 1), and incubated in microaerophilic atmosphere at the temperature (T° in °C) and time (h) established in order to reach the early stationary phase, overnight culture. After this time, a single colony was selected and it was inoculated in 5mL of liquid culture and them second culture was made (2 generation).

Cells was obtained by centrifugation of culture liquid at 5000 rpm / 10-15 minutes at room temperature in a Sigma 3-16K 10280 centrifuge. The supernatant was discarded and cells was washed. In addition, sterile phosphate buffered saline (PBS) was added to the cell buttons, and it was mixed in the vortex (KMC 1300v), this procedure was performed two times. After this wash, the cells were resuspended in the culture liquid using an vortex, subsequently the initial optical density (OD600) concentration was standardized at  $0.8\pm0.1$  in a Spectronic® spectrophotometer 3w2R179001 genesys 2PC.

## 2.3. Kinetic growths in conventional culture media

To establish the growth parameters, the activated cells were inoculated (5%) in 8 tubes each containing 7mL of the corresponding liquid culture. Immediately after inoculation one of the tubes was taken and set aside for the analytical determinations, the other tubes were placed in incubation at the temperatures established in Table 1. To perform the growth curve for 24 hours. During the incubation, one tube was taken every 2h, in total 8 tubes were taken at different times ( $t_0$ = startup,  $t_1$ =2h,  $t_2$ =4h,  $t_3$ =6h,  $t_4$ =8h,  $t_5$ =10h,  $t_6$ =12h y  $t_7$ =24h). The analytical determinations were made to the taken samples. Each sample was made in triplicate.

## 2.4. Analytical determinations

## 2.4.1. Determination of biomass concentration (g/L)

The quantification of the microorganism growth was carried out by three methods which were correlated through a linear equation and statistical analysis. (1) Cell growth was measured spectrophotometrically based on the optical density

at 600 in a Spectronic® spectrophotometer 3w2R179001 genesys 2PC. (2) The UFC/ml was performed using the microdrop technique, plated on to the surface of an agar plate 10µL in duplicate of the last 4 serial dilutions. The cultures were incubated for 48 hours at the established temperature conditions (Table 1), after incubation, counting colony was made. To precise the results it was considered, the average number of the grown colonies in the dilution per 100 (correction factor adjusting to 1ml) and multiplied by the inverse of the dilution. (3) The dry weight was measured to 5mL of harvesting liquid culture by membrane filtration (filters 0.2 µm x 47mm ADVANTE Brand) previously weighed in the analytical balance Adventurer AR2140 or AV-210 Ohaus Corporation, using Thomas lab vacuum pump, the filters were placed in a Binder ED53 01-27082 incubator a 70°C for 24h hours. After this time, the filters were weighed, and the biomass were calculated using eq. 1.

$$Biomass \frac{g}{L} = \frac{Dry \ weight \ sample}{Wet \ weight \ sample} \tag{1}$$

#### 2.4.2. Substrate concentration

The glucose concentration was determined by the Glucose GO-PAD enzymatic method of Sigma Aldrich, using  $10\mu L$  of the filtered culture plus 1mL of the reagent, dilutions were prepared for samples that presented OD > 1. The samples were mixed and incubated for 10 minutes at  $22^{\circ}C\pm 2^{\circ}C$ . After this time, the reading of the samples and the standard (1g/L) was performed against the reagent blank. The glucose concentration was calculated using eq. 2

$$Glucose \frac{g}{L} = \frac{Abs \, sample}{Abs \, pattern} \tag{2}$$

## 2.4.3. Determination of pH and acidity

The pH was measured in real time using a device manufactured by the Interfaculty Instrumentation Center of the University of Antioquia. The electrode was maintained for 24 hours in contact with inoculated liquid culture. The acidity was calculated using eq. 3 which corresponds to the chemical reaction of the acid (lactic acid) dissociation, taken into account the change in the pH value during the fermentation time, the pH which is equal to–log [H3O+] and the acidity constant (Ka) of lactic acid that equals to 1,38 x10-4 M [11]. These calculations were expressed in mg/L of lactic acid.

$$C_2H_5OCOOH + H_2O \implies C_2H_5OCOO^- + H_3O^+.$$

$$C_2 H_5 \text{COOH} = \frac{[H_3 O^+] * [H_3 O^+]}{K_a} - Log_{10} [H_3 O^+]$$
 (3)

## 2.4.4. Kinetic calculations parameters

The specific speed growth calculations were made using the analytical techniques data  $(\mu)$  which depends of the limiting substrate concentration (glucose) and the microorganism growth over time (eq. 4) [12].

$$\mu = \frac{Ln\frac{x}{x_0}}{t} \tag{4}$$

 $\mu$ =Growth rate

Xo= inicial count of microorganism.

X= Final count of microorganism.

t= time (hours)

The biomass yield coefficient was calculated for each microorganism used eq. 5 [13]:

$$Y\frac{x}{s} = \frac{g \ produced \ biomass}{g \ substrate \ consumption} \tag{5}$$

The doubling time of cells was obtained from the specific growth rate [12,13].

#### 2.5. Data analysis

The kinetic processed data were obtained from two independents trials and each analysis (biomass concentration (g/L and substrate concentration g/L) was made triplicate. Obtained data was processed through the Statgrafics Centurion 17.2.00 software, using ANOVA and Fisher's LSD comparison test with a 5% of significance.

#### 3. Results

The results of the kinetic growth for the three species of microorganisms are presented in Figs. 1A, 1B and 1C.

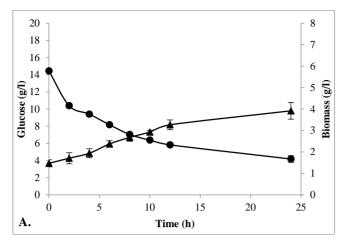
Figs. 1A, 1B and 1C present the biomass growth and substrate consumption during the fermentation and substrate consumption in commercial media for each of the isolations. The initial glucose concentration initial concentration in the BHI+glucose broth was 14,5g/L, while the initial concentration of glucose for the MRS broth was 16g/L. During the first 12 hours of fermentation they were consumed 59,6%, 65,9% and 68,9% leaving a remnant at the end of the process of 29%, 31,5% and 7% substrate for strains *L. lactis* 25-2, *S. infantarius* 46-3 and *L. plantarum* 60-1, respectively.

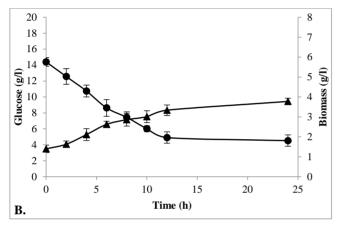
Although the initial concentration of the inoculum in the three strains did not present statistically significant differences, at the end of fermentation *L. plantarum* 60-1 was the isolation with the highest growth (6,46 + /- 0,71) (Fig. 1).

The independent terms and the slope obtained for the curves of OD vs Log UFC/mL and OD Vs Dry weight g/mL. In addition, the correlated coefficients and the R<sup>2</sup> for each curve are presented on Table 2.

In general, for all microorganisms, a greater adjustment was observed between the curves that correlate the OD vs LogUFC/mL (0.94 - 0.97) that the curves that correlate OD Vs dry weight g/mL (0.85 - 0.88). For the isolates, highest correlation obtained was *L. lactis* 25-1 (0.97).

*L. lactis* 25-2 and *S. infantarius* 46-3 have a similar behaviour and decreasing of pH was faster than *L. plantarum* 60-1. Therefore, *L. lactis* 25-2 and *S. infantarius* 46-3 strains isolated from the fermented milk "Suero Costeño" can be considered starter culture, because in five hours the pH decreased two pH-metric units, after this time pH was maintained stable.





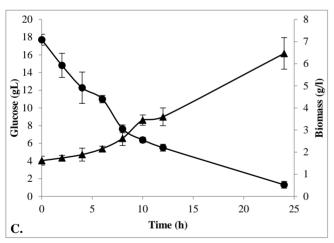


Figure 1. The kinetics of cell growth (▲) and substrate utilization (•)in a conventional culture media. 1A. *Lactococcus lactis* 25-2, 1B. *Streptococcus infantarius* 46-3 y C. *Lactobacillus plantarum* 60-1. Source: Author.

The behaviour of the *L. plantarum* 60-1 did not show a fast decrease in pH, but after 10h decrease more than 4 pH-metric units, reaching a better  $\Delta$ pH with a value of 3.17 units.

Fig. 3 presents the results of the pH values at time 0, 6, 12 and 24 hours.

Table 2. Equations terms for biomass yields of the different LAB isolates.

Strain LAB	Correlated variable	Independ ent term	Slope	Correlation coefficient	R2
Lactococcus	OD 600 vs CFU/ml	- 256849,00	33,96	0,97	94, 4
lactis 25-2	OD 600 vs dry weight	-4,44	13,36	0,85	72
Streptococcu s infantarius 46-3	OD 600 vs CFU/ml	-18,52	23,87	0,94	89, 1
	OD 600 vs dry weight	-5,47	15,36	0,88	77, 1
Lactobacillus plantarum 60-1	OD 600 vs CFU/ml	-23,18	27,78	0,96	91, 2
	OD 600 vs dry weight	-3,81	14,51	0,87	95

Source: Author.

Fig. 2 presents the results of the three LAB strains pH change studied during the time.

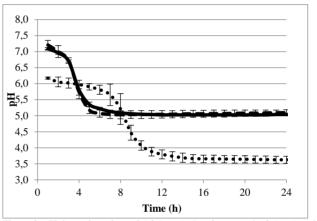


Figure 2. pH dynamic L. lactis 25-2 ( ), S. infantarius 46-3 (----) and L. plantarum 60-1 (.....)

Source: Author.

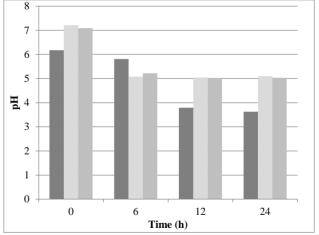


Figure 3. pH of *L. lactis* 26-2, *S. Infantarius* 46-3 and *L. plantarum* 60-1 at different times of incubation

Source: Author.

During the first six hours, pH changes more faster for the *L. lactis* 26-2 and *S. Infantarius* 46-3, (1,87 y 2,13 respectively)

Table 3. Acidity (mg/L) calculated during the growth of the strains.

Time (h)	Lactococcus lactis 25-2	Streptococcus infantarius 46-3	Lactobacillus plantarum 60-1
0	0,01	0,01	0,06
6	0,57	0,80	0,14
12	0,91	0,87	31,41
24	0,89	0.76	58,43

Source. Author.

Table 4. Kinetic calculation parameters and performance for the different isolates

Parameters	Unit	L. Lactis 25-2	S. infantarius 46-3	L. plantarum 60-1
Yx/s	gX/gS	0,24	0,24	0,30
$\mu$	1/hour	0,08	0,10	0,08
td	hours	8,66	6,93	8,66

Source: Author.

isolations while the *L. plantarum* 60-1 was of 0,36 units; after 12 hours of fermentation the changes were *L. lactis* 26-2 (0,19), *S. Infantarius* 46-3, (0,04) and *L. plantarum* 60-1(2,02), after 24 hours of process, the change was observed only in the *L. plantarum* 60-1 (0,17) isolation.

Table 3 presents the results of the acidity calculated (mg/L) from equation 3.

The highest acidifying activity was for *L. plantarum* with a 24-hour value of 58.43 (mg/L), the values for *L. lactis* and *S. infantarius* were 0.89 and 0.76 respectively.

Table 4 presents the results of biomass performance based from the substrate, specific growth rate and doubling time for the studied isolates.

The highest yield biomass was for *L. plantarum* 60-1 with a value of 0.3 (gX/gS), followed by *L. lactis* 26-2 and *S. infantarius* 46-3 with a value of 0,24 (gX/gS). The specific growth velocity ( $\mu$ ) in the exponential phase was greater for *S. infantarius* 46-3. The doubling time of cells was similar for *L. lactis* 26-2 and *L. plantarum* 60-1 and almost 1.5h less for *S. infantarius* 46-3 which obtained the shortest doubling time.

#### 4. Discussion

The selected commercial culture media are suitable for the lactic acid bacteria growth of fermented milk "Suero Costeño" (Fig. 1), since adaptation phase is not evident from the moment of inoculation. Logarithmic phase is concluded between 10 and 12h for the microorganisms in discontinuous growth, which does not coincide with others authors: Escobar et al. carried out the fermentations with enriched buttermilk for lactobacillus species for almost 170 hours [18]; Peñuela et al. performed fermentations in yogurt for the L. plantarum and L. lactis growth with almost a duration of 72 hours; Agudelo et al. develop fermentations with time duration of 48 hours [19]. However, it was observed that after hour 13, the pH was stabilized as well as the biomass production, and at 24 hours, no change in the biomass. As a result, the early stationary phase is adequate, for the performance of many tests or procedures which is achieved in a time shorter than 13h for the established growth conditions.

The results of the pH curves indicates that the strains studied are good candidates to be used in industrial processes as starter microorganisms, some as primary cultures and others as adjuvants [10]. In the elaboration of dairy products a rapid decrease in pH causes the destabilization of casein micelles (milk protein) due to the solubilization of their calcium phosphate, the pH values reached are close to the isoelectric point of the milk, with which coagulation takes place. *L. plantarum* 60-1 having a decrease in the higher pH but need more time compared to the other two strains, could be used as an adjunct culture [20]

L. plantarum 60-1 had the highest yield biomass probably to resistance pH stress. According to Chungking et al (2017), L. plantarum could maintain constant pH gradient between the inside of the cell (cytoplasm) and culture media (extracellular) in the presence of high lactate concentrations, therefore it is capable of supporting acid culture media in comparison with the other microorganisms and finish completely the fermentation [21].

In the growth and substrate consumption pH curves and due to the lactic acid nature of the isolates such as the fermentation metabolites, it is possible for either *L. lactis* 25-2 or *S. infantarius* 46-3 in addition to the carbón source, the occurrence of an inhibition per product, that even though with a decrease evidence in the substrate concentration, did not allow the microorganisms the glucose consumption, therefore; there was a decrease in the expected growth, this is due to the fact that most of the bacteria have an optimal pH value and when the decreasing occurred in the first 8 hours this could inhibit cell growth.

L plantarum 60-1 not show an inhibition by the acidity, probably, this microorganism use a mechanism known as F1-F0 ATPase as protection under acidic conditions. The F1-F0 ATPase is a multiple enzymatic subunit, which contains a catalytic portion (F1), incorporating subunits for the hydrolysis of ATP; and an integral membrane portion (F0) that includes subunits that function as membrane channels for proton translocation [22]. To obtain a higher yield biomass and improve the performance of the strains L. lactis 25-2 and S. infantarius 46-3, it is necessary to carry out a pH control in the optimal growth values, since the cellular metabolism tends to turn slower when it is not operating in optimal conditions [23].

The kinetic parameters values obtained in this work differ from those reported in the literature; Georgieva et al. present a Yx/s of 0,143 for L. plantarum in MRS culture médium with glucose [24] obtaining 48% better results. The speed depends on several factors among which are the nutrients concentration, products, pH and temperature. The results of the three strains studied show a specific growth rate lower than that reported by other authors. Agudelo et al. 2010, reported a 0,53 (h<sup>-1</sup>) for *L. plantarum* [19]. When the specific growth rate depends only on a limiting substrate, when the substrate is added in high concentrations, the specific velocity reaches maximum values, up to the point at which substrate inhibition occurs. The results obtained seem to indicate that, although we worked with a simple substrate (glucose) we would expect a higher specific growth rate, therefore, it is assumed that the kinetics growth was of order 1 where the low substrate concentration makes that the values of u are below the maximum growth rate.

The doubling time values indicate the time it takes for LABs to double their population. For *L. plantarum* 60-1 doubling times between 1.1 and 1.98 hours have been reported, therefore, the effect of some variables such as the change in pH over the doubling time could be evidenced.

#### 5. Conclusions

The culture media used was suitable for the growth of the microorganism, since the adaptation phase was not observed in the studied isolates, despite being bacterias that can be used as starter culture. For its production and bioaugmentation it is necessary to carry out a pH control during the fermentation since it is not possible to consume all the substrate and an inhibition by product is observed without reaching the best performance in biomass.

Kinetic parameters were obtained from lactic acid bacterial isolates from the fermented milk "Suero Costeño", which can be used in different fermentation processes in the food industry, taking into consideration the acidifying capacity and kinetic growth.

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