



Pharmacy Practice

ISSN: 1885-642X

ISSN: 1886-3655

Centro de Investigaciones y Publicaciones Farmaceuticas

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Health literacy and knowledge in a cohort of Australian patients taking warfarin

Pharmacy Practice, vol. 16, no. 1, 2018, January, pp. 1-10

Centro de Investigaciones y Publicaciones Farmaceuticas

DOI: 10.18549/PharmPract.2018.01.1080

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### Online Appendix. Questionnaire About Warfarin Knowledge

QUESTIONS	ANSWERS (checked against WAP)
1) Why are you taking warfarin?	
2) If you have 5mg tablets of warfarin, and were told to take 7.5mg a day, how many of the 5mg pills should you take every day?	_____ pills
3) The best thing to do if you miss a dose of warfarin is to? (Please select the correct or best answer) a) double up the next day b) take the next scheduled dose and tell your health care provider c) call your healthcare provider immediately d) discontinue warfarin altogether	
4) Why is it important to get all of the blood tests that your doctor orders for you?	
5) A patient with an INR value below their "target INR range": (Please select the correct or best answer) a) is at an increased risk of bleeding b) is at an increased risk of having a clot c) is more likely to have a skin rash from warfarin d) is more likely to experience side effects from warfarin	
6) Why is it important to keep your diet consistent (i.e. to eat the same types of food every day)?	
7) What might happen if someone takes too much warfarin?	
8) What can you do to let your health care providers know you are taking warfarin?	
9) Why is it important to let your doctor know about any other medications you are taking (including over-the-counter and herbal products)?	
10) A person on warfarin should seek immediate medical attention: (Please select the correct or best answer) a) if they skip more than two doses of warfarin in a row b) if they notice blood in their stool when going to the bathroom c) if they experience a minor nose bleed d) If they develop bruises on their arms or legs e) I don't know	

### References to questions

#### **Question 1,4,6,7, 9**

Tuiskula, Sullivan et al. Revising warfarin patient education materials to meet a National Patient Safety goal. AM J Health-Syst Pharm; 68:974-978.

#### **Question 2**

Estrada CA, Martin-Hryniewicz M, Peek BT et al. Literacy and numeracy skills and anticoagulation control. Am J Med Sciences 2004;328:88-93 (from evaluating patient's understanding of printed warfarin medication information).

#### **Question 3, 5, 10**

Zeolla MM, Brodeur MR, Dominelli A et al. Development and validation of an instrument to determine patient knowledge:the oral anticoagulation test. Ann Pharmacother. 2006;40 (4):633-38.

Note: Each question gives one point score