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#### **ARTICLES**

## Segregation of solid waste from a fishprocessing industry: a sustainable action

Segregação dos resíduos sólidos na indústria processadora de pescado: uma ação sustentável

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Abstract: Segregation techniques represent a sustainable alternative to minimize wastes of raw material in processing industries. This study considered the premise; its purpose was to use segregation techniques to determine the theoretical removal rate of solid compounds present in processing effluents, in order to support the sustainable development of the fish industry. The removal rates obtained for different treatments were evaluated for the parameters: total solids, organic matter and oils and greases, and the efficiency of the segregation of the effluent streams in the different stages of fish processing was evaluated through descriptive statistical analysis. The segregation recovered from 31% to 70% of total solids; from 15% to 97.50% of organic matter, and from 10% to 63% of oils and greases. These results indicates that the raw material can be used in new products, leading to reduced final-effluent concentration.

**Keywords:** effluent streams, fish industry, separation processes.

Resumo: A segregação é uma alternativa para redução do desperdício de matéria-prima durante o processamento do pescado, uma vez que removem das correntes de efluentes, os resíduos sólidos. Considerando-se a premissa, objetivou-se neste estudo, determinar a taxa de remoção teórica de compostos sólidos presentes em efluentes do processamento, empregando técnicas de segregação, como ação voltada para o desenvolvimento sustentável da indústria do pescado. Foram avaliadas taxas de remoção alcançadas, por diferentes tratamentos, para os parâmetros: sólidos totais, matéria orgânica e óleos e graxas, e verificada a eficiência da segregação das correntes de efluente, nas diferentes etapas do processamento do pescado, por meio de análise estatística descritiva. A segregação recuperou de 31% a 70% de sólidos totais; de 15% a 97,50% de matéria orgânica, e de 10% a 63% de óleos e graxas, que poderão ser empregados como matéria prima para novos produtos, permitindo minimizar a concentração do efluente final.

Palavras-chave: correntes de efluente, indústria do pescado, processos de separação.

#### 1. INTRODUCTION

Food waste is a current reality, from initial processing through distribution to the final consumer, part of the raw material that reaches the food-processing industries is wasted. This factor contributes to the generation of liquid and solid waste (ONU, 2012), which reduces food availability and increases the polluting potential of the food industry. The fish-processing industry is considered to be one of the industries that



generate waste with maximum load (Chowdhury et al., 2010; Cristovão et al., 2012; 2015).

The effluent generated during the processing of this product includes soluble, colloidal and particulate forms of organic contaminants (Chowdhury et al., 2010), including proteins, nutrients, oils and greases (Muthukumaran and Baskaran, 2013). The main solid waste produced consists of scales, meat, bones, cartilage and viscera (Anh et al., 2011). In processing, the disposal of these residues is between 50 and 70% of the processed fish Hernández et al., 2013; Feltes et al., 2010, Herpandi et al., 2011; Monteiro, 2013; Rustad et al., 2011; Silva et al., 2014). Of this volume of generated waste, approximately half is equivalent to organic materials (Bugallo et al., 2012), and lacks a suitable site for disposal (Morais et al., 2013). However, due to the high organic load, the potential pollutant of the final effluent is high, and should be considered (Cosmann et al., 2009; Hernández et al., 2013; Bugallo et al., 2012).

However, the search for sustainability generates goals such as the reduction of waste and the search for an increase in the efficiency of the production chain (Love et al., 2015; ONU, 2012), food availability and natural resources. Also, cleaner production, such as reuse, recycling, and other green technologies is encouraged instead of using the disposal and the end-of-pipe treatment for waste management (Wu et al., 2013). This necessitates the search for alternatives applicable to food processing, which reduce the volume of the waste generated, as well as economic valuation for the by-products produced (Lago, 2015; Lopes et al., 2015; FAO, 2014).

In this scenario, segregation presents itself as a management option for the waste generated, and can be applied during the processing of the food or later, in the pre-treatment phase, before the processing effluent comes into contact with the effluent generated in the pre-treatment phase, in order to reduce the risk of contamination, minimize the effluent flow, and reduce the cost of treatment and final disposal of the waste (Johanson, 2014; Alonso et al., 2010; Lopes et al., 2015; Mittal, 2006). Segregation is accomplished by adopting several techniques including: decantation, sieving, and filtration, which are unitary operations and can be used to recover part of the solid waste present in the effluent, the presence of which increases the pollutant load and requires more complexes treatments (Bezama et al., 2012).

The segregation depends on the characteristics of the constituent material. Thus, for example, different operations are required when the sedimentation, sedimentation capacity and density difference of the material are preponderant, so that the process takes place efficiently. For sieving and filtration, which use the same principle of particle separation, one should consider the size of the material to be separated (Johanson, 2014; Sutherland, 2011; 2013). It is necessary to study the fish production process and the effluent generated in the different steps. The implementation of segregation depends on the type and volume of effluent produced and the chief generating points. This study analyzed the theoretical efficiency of segregation applied to the different streams



of effluents produced in a fish warehouse to reduce solids, organic matter and oils and greases, in order to support the sustainable development for the fish-processing industry.

## 2. MATERIALS AND METHODS

## 2.1. Processing of raw material

The study was carried out in a fish warehouse located in the northern region of Brazil, which processes 1687.50 kg/month of fish. The species processed were *Colossoma macropomumi* (tambaqui), *Brycon cephalus* (matrinxã), *Pseudoplatysto macorruscans* (pintado) and *Leporinus freiderici* (piau). The raw material was processed through evisceration and cooling in four steps: initial (I); Evisceration (II) cooling (III) and global (IV) (Figure 1).

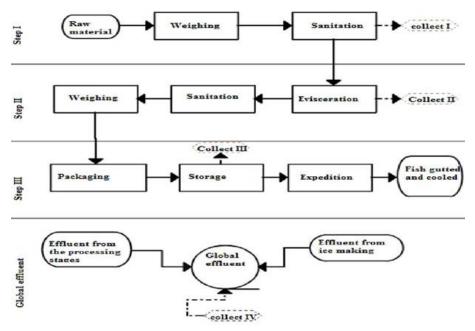


Figure 1.

Fish processing in the refrigerator under study with indication of collection points of effluent samples for physical and chemical characterization.

Step I was configured for receiving, weighing, sanitizing and transporting the raw material to the subsequent step, the processing. Step I was therefore characterized by the generation of liquid effluent with the presence of pieces of fish, oils and greases. Step II was evisceration, which employs a cutting or abdominal incision table and subsequent evisceration. The fish was placed on the evisceration table, the viscera was manually removed, the product weighed, cleaned, stored and subsequent routed to refrigeration. This stage is characterized by the generation of liquid effluent with pieces of fish, oils and greases, viscera, and blood.

Step III, the cooling room, is the storage location for the product and the waste. The product was conditioned and cooled in monoblocs until distribution to market and the waste goes to the treatment plant. This step



was characterized by the washing of the monoblocs, with the generation of liquid effluent accompanied by blood and residues of the material used in the cleaning of the place. Step IV corresponds to the effluent created during fish processing and monobloc washing.

2.2. Sampling points, effluent characterization and evaluation of effluent segregation

Effluent samples were collected at the following points: I (Initial step), after the washing cylinder; II (Processing step), after the fish evisceration table; III (Cooling step); and IV, after packing the product in refrigerated space monoblocs. The samples were taken at the effluent junction site (from processing and administrative area).

The analysis of the effluent was carried out as follows: total solids (ST) Ref. 2540-G Total, fixed, and volatile solids in solid and semisolid samples), biochemical oxygen demand (BOD), technique Ref. 5210 B. 5-Day BOD Test), chemical oxygen demand (COD) Ref. 5220 Closed reflux titrimetal method), and oils and greases (Ref. 5520-B Partition gravimetric method). The analyses were performed as described in the Standard methods for the examination of water and wastewater (APHA, 2005).

## 2.3. The segregation of effluent streams

In order to determine the rate of removal of the pollutants from the application of segregation in the effluent streams of each of the processing stages, the percentages of removal were determined for the studied compounds (total solids, organic matter, and oils and greases) obtained theoretically when employed in different unit operations and processes, namely:

- the percentage of theoretical removal for the separation of total solids was determined by the following techniques: screening; screen combined with filter and catch basin; screen, filter and catch basin with removal; screening with microfiltration, ultrafiltration, nanofiltration and reverse osmosis; flotation by dissolved air.
- the following techniques were used to determine the segregation of organic matter: screens; rotating filter; rotary sieve; ultrafiltration; prefiltration conjugated to nanofiltration.
- for the segregation of oils and greases, the membrane filtration processes associated with electrocoagulation were studied, specified by dynamic membrane and electrocoagulation, ceramic and electrocoagulation membrane, ceramic membrane, and dynamic membrane.

To determine the efficiency of the application of the segregation, descriptive statistical analysis was used, adopting the calculation of summary measures, taking into account the nature of the variables involved. For the inferential analysis of the results, parametric tests were



used, taking into account the nature of the distributions of the values or the variability of the measurements made. This was accomplished using the Microsoft Office Excel 2007 statistical package.

## 3. RESULTS AND DISCUSSION

For the characterization of the effluent from Steps I, II, III and IV of the fish processing, the total solid parameters were analyzed, adopting the parameters: total solids, organic matter (BOD<sub>5, 20,</sub> and COD) and oils and greases. For the total solids (Figure 2a) the following average concentrations were found: 1740 g L<sup>-1</sup> (Step I); 2714 g L<sup>-1</sup> (Step II); 444.1 g L<sup>-1</sup> (Step III), and 2094 g L<sup>-1</sup> (Step IV). The concentrations were similar to those found in other studies (Chowdhury et al., 2010; Garde, 2011). They presented the typical characteristics of the processing in the industry, whose final product is only gutted fish, not filleting, or preserving, for example, that increase solids in effluents.

Using the COD test, the organic matter showed a mean concentration of 1446 g L<sup>-1</sup> in Stage I, 1811 g L<sup>-1</sup> in Stage II, 167.6 g L<sup>-1</sup> in Stage III and 1592 g L<sup>-1</sup> in Stage IV (Figure 2b). A high content of organic matter was found in the steps that correspond to the processing itself and in the global effluent, due to the added load which originated in the processing. This is similar to the findings of other studies (Alexandre et al., 2014; Cristovão et al., 2012; 2015; Chowdhury et al., 2010; Garde, 2011; Anh, 2011; Queiroz et al., 2013).

When analyzing the BOD, the results were compatible with those obtained in the COD analysis and the concentrations were close to those obtained in other fish processing industries (Alexandre et al., 2014; Cristovão et al., 2012; 2015; Chowdhury et al., 2010; Garde, 2011; Anh, 2011; Queiroz et al., 2013). The mean BOD concentrations of 699.1 g L<sup>-1</sup> in Step I; 908 g L<sup>-1</sup> in Step II; 80.3 g L<sup>-1</sup>, in Step III and 742.5 g L<sup>-1</sup> in Step IV were found in this study (Figure 2c). The highest concentration of organic matter in Step II was associated with evisceration and hygiene activities, which added solid waste to the effluent collection network, such as viscera, the residue most generated in the warehouse studied, besides blood and pieces of the fish, increasing the biodegradability of the effluent. It is observed that the reduction of the organic matter content is primordial, indicative of the necessity of the segregation of this effluent.

For the oils and greases, a concentration of 0.172 g L<sup>-1</sup> was obtained in Stage I,0.837 g L<sup>-1</sup> in Stage II, 0.0316 g L<sup>-1</sup> in Stage III and 0.701 g L<sup>-1</sup>in Stage IV (Figure 2d). All steps studied presented upper and lower limits in relation to the quality standard recommended by the legislation CONAMA Resolution 357/2005 and complementary 430/2011 (CONAMA, 2011). As expected, Step II presents a higher concentration among the other stages studied due to the characteristics of the residues generated in this as a result of evisceration. This parameter differs greatly from industry to industry, since those that process preserves add oil to the product, so these data may be divergent from study to study,



such as those performed by Mosquera-Corral et al. (2001), Cristovão et al. (2012; 2015), whose concentrations were between 156 g  $\rm L^{-1}$  and 2841 g  $\rm L^{-1}$  of oils and greases.

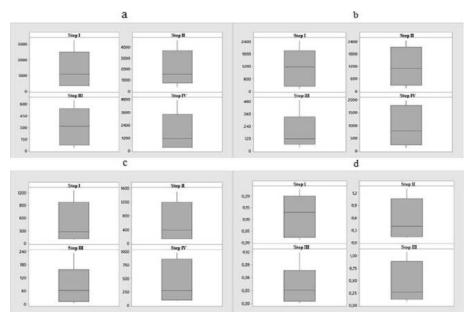


Figure 2.

Concentration of total solids (a), Chemical demand for oxygen (b), biochemical oxygen demand (c), and oils and greases (d) found in the effluent generated during fish processing.

Based on the characterization of the effluent generated in the fish processing industry, a study can determine the concentrations of the parameters of interest. When applied to the segregation of effluent streams, this would aid in verifying the efficiency in reducing the concentration of these in the final effluent and in evaluating the possibility of recovery of co-products. This is especially important because the concentration of pollutants in effluent is equivalent to the concentration of final waste from the processing industry, even for different raw materials such as fish, seafood and crustaceans (Alexandre et al., 2014; Anh et al., 2011). The implementation of technical segregation minimizes the final concentration of the pollutant, facilitating the operations involved in the treatment and also allowing the use of co-products, as previously mentioned. The theoretical percentages of removal obtained from the use of different segregation techniques for the studied compounds (total solids, organic matter, oils and greases) (Table 1) were used in the processing steps (I, III, II and IV) of the industry under study.



Table 1. Segregation techniques and percentages of removal achieved for the compounds studied.

Technician employed	Theoretical adopted	References		
	Total Solids (%)			
Screen	31 - 60	Bezama et al. (2012); Almandoz et al. (2015) FAO (2014)		
Screen combined with filter and catch basin	40 - 70			
Screening combined with microfiltration,				
ultrafiltration, nanofiltration and reverse	100	Gebreyohannes et al. (2016)		
osmosis				
Dissolved air flotation	80 - 90	Colic et al. (2007)		
Organ	ic matter (COD and	BOD)		
Screens	25 - 60	Mittal (2006)		
Rotary filter	15	Cowi (2008)		
Rotary Sieve	25	Cowi (2008)		
Nanofiltration conjugated pre-filtration	56	Gebreyohannes et al. (2016)		
Ultrafiltration	36	Gebreyohannes et al. (2016)		
Nanofiltration	60 - 80	Gebreyohannes et al. (2016)		
Dissolved air flotation	30 - 90	Mittall, 2006; Bustillo-Lecompte e Mehrvar (2015)		
Coagulation-flotation	90	Lefebvre e Moletta (2006)		
Reverse osmosis	97.5	Gebreyohannes et al. (2016)		
	Oils and greases			
Membrane filtration associated with		V		
electrocoagulation	65	Yang et al. (2015)		
Ceramic membrane and electrocoagulation	50	Yang et al. (2015)		
Ceramic membrane	2	Yang et al. (2015)		
Dynamic membrane	10	Yang et al. (2015)		
Floating	37 - 63	Colic et al. (2007)		
Screen	10 - 20	Colic et al. (2007)		

The results when using the theoretical percentages of removal, related to the total solids found in the effluents from Steps I, II, III and IV according to the segregation techniques adopted. When simplified techniques are used, the reduction is from 25 to 60% (Figure 3a and b). However, reductions of up to 90% are achieved when the techniques are associated (Figure 3c).

For the techniques that considered the removal of total solids, using screening, the removal achieved was 31% (Figure 3a); the screen 40% to 60% (Figure 3b); filter screen and catch basin 40% to 70% (Figure 3c), and 80% to 90% dissolved air flotation (FAD) (Figure 3d).

For removal of organic matter, the highest theoretical percentages were associated with segregation techniques that operate through nanofiltration, dissolved air flotation, coagulation-flotation and reverse osmosis (Figure 4). These segregation techniques were able to remove up to 97.50% of the organic matter (Figure 4), that results in a quality effluent to be directly released into a water body, or to be reused or recycled in the processing, according to Brazilian legislation in force (Resolution CONAMA 430/2011 (CONAMA, 2011) and Resolution 54/2005 of the CNRH (2006). If the effluent from segregation is treated, a simplified system will suffice. When the less efficient techniques are adopted, such as screens, it is still possible to achieve a 25 to 60% reduction, which is important, when the compound is to be minimized,



as organic matter considered as one of the big problems for the treatment of effluents.

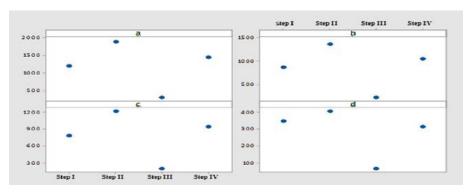


Figure 3.

Estimation of total solids concentration in the processing effluent after application of segregation techniques.

In general, the rate of removal of organic matter obtained when using screens was 25% to 60% (Figure 4a); rotary filters reached 15% (Figure 4b); rotating sieve reached 25% (Figure 4c); nanofiltration conjugated prefiltration reached 56% (Figure 4d); ultrafiltration reached 30% to 36% (Figure 4e); nanofiltration reached 60% to 80% (Figure 4f); dissolved air flotation reached 30% to 90% (Figure 4g); coagulation-flotation reached 90% (Figure 4h), and reverse osmosis 97.50% (Figure 4i).

The removal rates obtained for oils and greases, when theoretical removal is applied: membrane filtration associated with electrocoagulation, 65% (Figure 5ba); Ceramic membrane and electrocoagulation, 50% (Figure 5b); Ceramic membrane, 2% (Figure 5c); dynamic membrane, 10% (Figure 5d); flotation, 37% and 63% (Figure 5e); and screen, 10% to 20% (Figure 5f).

Oils and greases must be removed from fish-processing effluents, because they interfere with oxygen transfer, and cause operational problems in treatment systems (Alexandre et al., 2014); but primary treatments are sufficient to remove this contaminant, at least in part (Muthukumaran and Baskaran, 2013). In this study, when used at the theoretical removal rate achieved by the segregation techniques studied (Figure 5), it was possible to reduce up to 65% of the initial concentration when membrane filtration associated with electrocoagulation was adopted (Figure 5a).

Flotation reached from 37% to 63% removal for the parameter (Figure 5e). Due to the importance of this parameter, even the lowest rates of reduction contribute to both effluent treatment and disposal. It is also important to consider the possibility that this compound can be used to produce biofuels (Jayasinghe and Hawboldt, 2012; Alonso et al., 2010; Adeoti and Hawboldt, 2014).



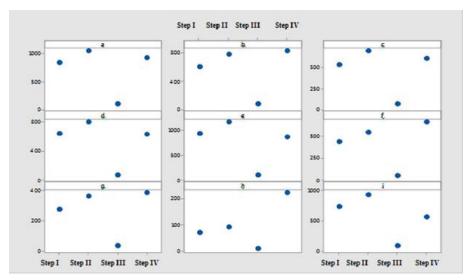


Figure 4.

Theoretical removal of organic matter from the studied effluent in concentrations (g L-1) of (a) Biochemical Oxygen Demand and (b) Chemical Oxygen Demand of effluent from segregation.

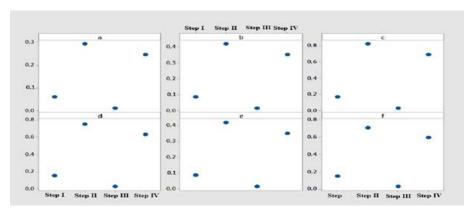


Figure 5.

Oils and greases in mg/L per step after application of the rates of removal by segregation technique present in the effluent in fish-processing industry.

Analyzing the results, segregation proved to be an efficient technique to minimize concentrations of the studied compounds: total solids, organic matter and oils and greases (Table 2). However, it does not exempt the final treatment effluent. The COD/BOD ratio below 2.5 indicates biodegradable matter, so there is an indication that it requires treatment for stabilization.

The segregation techniques have been shown to be effective in keeping waste out of the drain and reducing effluent treatment costs (Watson, 2003), as well as to be technologies used for the fish processing residues in order to foster development of the socioeconomic and environmental sustainability of the industry (Anbe, 2011). Studies of the valuation of by-products of fish processing conclude that the segregated material can be used in the creation of new products, with low raw material and production costs, increasing industry profit and reducing environmental impact (Arvanitoyannis and Kassaveti, 2008; Monteiro, 2013; Silva et al., 2015); with this favors the generation of new jobs.



The alternatives of reuse of fish-processing residues are available for animal and human consumption, which can contribute to the establishment of a fishing sector committed to environmental issues (Alonso et al, 2010). It is also possible to use the residues for the production of collagen and antioxidant isolation for cosmetics, biogas/biodiesel, fertilizers, dietary applications (chitosan), food packaging (gelatin), enzyme isolation (proteases) (Arvanitoyannis and Kassaveti, 2008; Oliveira et al., 2015) and fishmeal, as the most common reuse alternative (Jayasinghe and Hawboldt, 2012; Jayasinghe and Hawboldt, 2013; Adeoti and Hawboldt, 2014; Lin and Li, 2009). The purpose of this improvement in the production process is to improve the performance of the market in response to the demand for new food products or as required by governing legislation (Bar, 2015).

Table 2.

Methods of segregation employed in-fish processing industry for the removal of total solids, organic matter and oils and greases, and maximum efficiency when applied in the following processing Steps: I (Initial stage) after the washing cylinder; II (Processing stage), after the fish-evisceration table; III (Cooling stage), after packing the product in monoblocs in refrigerated space; and IV (Processing effluent stage and administrative area).

0 1	•	U		U			,
	Tot	al Solids					
Techniques	Theoretical removal [C]inicial (mg/L)		I (mg/L)	II (mg/L)	III (mg/L)	IV (mg/L)	
Screening	31% 1740		40	1201	1873	306	1445
Screen	40% a 60% 1740		870	1357	222	1047	
Screen combined with filter and catch basin	40% a 70% 1740		783	1221	200	942	
Dissolved air flotation (FAD)	80% a 90%	90% 1740		348	407	67	314
	Organ	nic matter					
Techniques	Theoretical removal	[C]inicial		I (mg/L)	II (mg/L)	III (mg/L)	IV (mg/L)
		DQO (mg/L)	DBO (mg/L)				
Screens	25% a 60%		699	8314	1041.3	96.37	915.4
Rotary filter	15%		699.1	594.2	771.8	68.2	8206
Rotary Sieve	25%		699.1	524.3	681	60.22	594
Nanofiltration conjugated prefiltration	56%	1446		636.2	796.8	73.74	628.7
Ultrafiltration	30% a 36%	1446		925.44	1159	107.2	859.7
Nanofiltration	60%a 80%	1446		433.8	543.3	50.3	658.0
Dissolved air flotation	30% a 90%		699.1	279.6	363.2	32.12	387.3
Coagulation-flotation	90%		699.1	69.9	90.8	8.03	222.7
Osmose Reversa	97,50%	1446		36	35	4	40
	Oils a	nd greases					
Techniques	Theoretical removal	[C]in	[C]inicial		II (mg/L)	III (mg/L)	IV (mg/L)
Membrane filtration associated with electrocoagulation	65%	0.17		0.06	0.29	0.001	0.25
Ceramic membrane and electrocoagulation	50%	50% 0.17		0.09	0.42	0.02	0.35
Ceramic membrane	2%			0.17	0.82	0.03	0.69
Dynamic membrane	10%	10% 0.17		0.15	0.75	0.03	0.63
Floating	37% e 63%	0.1	17	0.09	0.42	0.02	0.35
Screen	10% a 20%	0.1	17	0.15	0.71	0.03	0.60

#### 4. CONCLUSION

The segregation techniques studied showed that, for the effluent under study, higher rates of removal of solids, organic matter and oils and greases were reached when conjugated processes were adopted. The result is a final effluent with less polluting potential, thus requiring a more-simplified treatment.

Segregation of total solids, organic matter and oils and greases showed a better result in Step II (evisceration step) as a function of the solid waste load, such as pieces of fish, viscera and blood generated during processing.



Due to the low load of total solids, organic matter and oils and greases of Stage III (monobloc wash), the implementation of segregation techniques would result in an effluent in accordance with Brazilian legislation in force.

The introduction of segregation processes in the effluent streams not only allows the production of a better final effluent, but also the reduction of by-product loss.

#### 5. ACKNOWLEDGEMENTS

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