Abstract

This is a research with adolescents from a public municipal school located in a district of the North area of Minas Gerais Brazil, with the objective of understanding how they live and they exercise their sexuality. The study was developed through of playful-pedagogical workshops in the qualitative approach. The results show that the sexuality concept is limited to the sexual relationship between two people of opposite sex. The students emphasized the risk of an undesired pregnancy and they recognized the importance of the use of contraceptive methods. The workshops have propitiated a favorable environment to discuss of attitude changes on the adolescents through the information, reflection and expression of ideas and feelings, representing a process to be complemented by the family, school and local social politics.

Keywords

Pregnancy in Adolescence, Adolescent, Sexuality, Health Education