Abstract

Objective: To describe the family health in families with elderly in the municipality of Funza. Materials and methods: Descriptive transverse study with quantitative boarding and a sample of 71 families selected by convenience. It was used the Instrumento de Salud Familiar (ISF GEN: 25). Results: More than a half of the families are extensive, distributed as modified extensive (47%) and extensive (16%), there predominate family cycles with adults (45%), teenagers (28%) and the old family formed by a couple of elderly (11%). The elderly and women are the ones who looked more sick, as well as old people who live in couples (81%), who belong to extensive modified families (61%), nuclear families (60%) and atypical (60%). The Health Center is the main support system for the families (83.1%). Almost half of the families consider themselves very little healthy (47.9%) satisfied (51%) and highly satisfied (17%). Discussion and Conclusions: The study shows that families with elderly are classified as healthy and satisfied. The participation of elderly in a social organization does not have an effect on a better perception of health condition and family satisfaction, opposite to other studies that register family benefits from participating in social organizations. Family health that reflects internal interaction in family is a very relevant area for Nursery, but requires more investigation and inclusion in individual health programs, public health programs and education programs for health professionals.

Keywords
Family health, elderly, nursery.