Abstract
A model to analyze the local sport systems in Spain between 1975 and the present time is proposed. The system is conceived as a hole into which each part is interdependent with the others. The model is composed of structures (demand, organisations and facilities) and processes. To analyze them, different theories are proposed; therefore, a multidisciplinary theoretical approach is used. The proposed model links the historical tradition with the sociological one. It is intended to put together both disciplines in order to facilitate the comprehension of the recent historical period.

Keywords
Sport system, model of analysis, multidisciplinary approach, History, Sociology.