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## Behaviour, tympanic temperature and performance of dairy cows during summer season in southern Chile

Respuesta fisiológica, de comportamiento y producción de vacas lecheras durante el periodo estival en el sur de Chile

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### RESUMEN

El objetivo del estudio fue evaluar los efectos de las condiciones climáticas del verano sobre la producción de leche, actividad animal y temperatura timpánica (TT; n = 15), utilizando variables climáticas y tres índices de comodidad térmica. Los datos se analizaron considerando hora del día y categorías del índice comprensivo del clima (CCI). Se estimaron modelos de regresión simple para predecir la tasa de respiración (RR) de las vacas ( $\alpha = 0,05$ ). Los índices termales fueron normales y pobres predictores de RR ( $r^2 < 0,35$ ;  $P < 0,001$ ). La proporción de animales en pastoreo, echados y rumiando se redujo ( $P < 0,002$ ) en 9,4; 1,7%; y 5,4 cuando el valor de CCI  $\geq 25$ , mientras que los animales en pie y bajo sombra aumentaron 7,4 y 6,3%. Además se registró una correlación positiva entre RR y CCI. Las vacas tuvieron mayores TT en las categorías de CCI “moderado” y “suave” vs. “normal”, así como también para PM vs. AM. El mayor valor de TT se observó en los días con máximos valores en los índices térmicos. Hubo diferencias tanto en la producción de leche como en los valores de CCI entre AM vs. PM ( $P < 0,001$ ). Sin embargo, no hubo diferencias en la producción de leche entre las categorías de CCI ( $P = 0,19$ ). Aunque las vacas mostraron signos de estrés por calor la producción diaria de leche no disminuyó al asociarlas a las categorías de CCI, demostrando que los animales fueron capaces de enfrentar las condiciones climáticas estivales.

*Palabras clave:* comodidad térmica, cambio climático, bienestar animal.

### SUMMARY

The objective of the study was to assess the effects of summer weather conditions on animal performance and behaviour in southern Chile. Data of milk yield, animal activity, tympanic temperatures (TT; n = 15), and three comfort thermal indices were collected in La Araucanía District. Time of day and comprehensive climate index (CCI) categories were considering as influential factors. Simple regression models were estimated to predict the respiration rate of cows as an estimator of thermal comfort. Daily values of thermal indices were poor predictors of respiration rate, as well as climatic variables ( $r^2 < 0,35$ ;  $P < 0,001$ ). During days with CCI  $\geq 25$  there was a reduction ( $P < 0,002$ ) in the proportion of animals on grazing (9.4%), lying (1.7%), and ruminating (5.4%). The proportion of animals standing and under shade increased 7.4 and 6.3%, respectively. Respiration rates were positively correlated with greater CCI values. The TT was higher for CCI categories “moderate” and “mild” vs. “normal” also for PM vs. AM. The highest TT was observed on days that had higher values of the thermal indices, especially CCI. There were differences for milk production and CCI values between AM vs. PM ( $P < 0,001$ ). However, no differences for milk production were observed between CCI categories observed ( $P = 0,19$ ). In conclusion, although cows showed signs of heat stress daily milk production did not show differences among CCI categories, showing that they were able to cope adverse climatic conditions of summer in southern Chile.

*Key words:* thermal comfort, climate change, animal welfare.

### INTRODUCTION

The majority of the most important cattle breeds used worldwide were developed in temperate zones and have been selected to maximize production under these environments, which has possibly resulted in more heat stress sensitive animals. While cattle adapts to various locations, in many localities mitigation mechanisms such as fans, sprinklers and artificial shade are commonly used to relieve heat stress (Hansen and Arechiga 1999). Likewise,

there is also a growing concern in the global community for animal welfare and comfort. Physiological processes governing animal survival and production rely on its body temperature, which in turns depends on the surrounding environment (Mader 2003). When air temperature (AT) is higher than the comfort range, then heat loss will be reduced, moreover when AT is increased above the skin temperature, heat will then flow in the opposite direction (Córdova-Izquierdo 2010). Therefore, changes on climatic environment implies that an animal have to spend energy to regulate their body temperature within a range that varies from 37.5 °C to 39.0 °C (Dos Santos 1999) instead of diverting it to productive functions. Thus, total heat load that an animal receives are due in part to increased caloric

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product of energy metabolism and secondly due to the net energy exchange with its surrounding environment (Finch 1986). From a bioclimatic standpoint, animal responses to the warm atmosphere are related in various ways; and evidently involve the direct effects of body temperature by altering the regulation of the nervous system, fluid balance, hormone levels, nutritional balance and biochemical balance (Uribe-Velásquez *et al* 2001). However, under natural conditions in which cattle grow and produce, the situation might be more complex. Besides ambient AT other climate factors such as solar radiation, humidity, and wind speed can increase or decrease the thermal load received.

In Chile there is a lack of information regarding the effects of weather conditions on cattle physiology, behaviour and performance (Arias *et al* 2008). However, climate records indicate a potential heat stress for grazing dairy cattle in some regions (Arias and Mader 2010). Therefore, the objective of this study was to evaluate the effects of summer climatic conditions on heat stress, behaviour and performance of dairy cows in southern Chile.

## MATERIAL AND METHODS

The study was conducted from January 18 to 22 of 2013 at Pillanlelbún, 15 km northeast from Temuco city. A total of 15 multiparous dairy cows (Friesian x Holstein) were randomly selected from the herd. Cows were blocked by period of lactation divided into three groups of five cows each (7 to 8 months of lactation; 5 to 6 months of lactation; and 2 to 4 months of lactation). Cows were offered summer turnips (*Brassica rapa*) during the morning and a ryegrass-white clover pasture during the afternoon. In addition a commercial concentrated was supplied at the parlour during milking (16 std, Champion).

### DATA COLLECTION ANIMAL BEHAVIOUR, AND WEATHER

*Tympanic temperatures:* The tympanic temperature (TT) was used as indicator of body temperature and thermal comfort. Data logger devices (ibuttons, Maxim Integrated Products Inc., CA) were manually installed in the tympanic canal following the same procedure declared by Arias *et al* (2011).

*Animal behaviour:* Individual animal behaviour was recorded by observation, three times per day (10:00, 15:00 h and 18:00 h). Animal activity was classified as grazing, drinking, ruminating, standing, lying or under shade. Additionally, animals were observed and assigned a panting score based on described by Mader y col (2002). Finally, respiration rates (RR; breaths per minute = bpm) were estimated by counting animal's flank movement.

*Milk yield:* Individual milk yield (kg/d) for morning (06:00 h) and evening (17:00 h) were recorded by using a proportional-milk meter (DeLaval).

*Weather data:* Climatic data were obtained from a meteorological weather station located at the farm

(A720, ADCON Telemetry GMBH, Austria), including: wind speed (WS; km/h), ambient temperature (AT, °C), relative humidity (RH; %), precipitations (PP, mm/d), and net solar radiation (SR; W/m<sup>2</sup>). The values of TT and climatic variables were averaged at one-hour intervals for further analysis.

*Thermal indices:* Animal thermal comfort was evaluated by using three thermal indices, which were estimated by the equations developed by Hahn *et al* (2009), Mader *et al* (2006), and Mader *et al* (2010<sup>b</sup>), for THI, THI adjusted (by wind speed and solar radiation), and the Comprehensive Climate index, respectively.

### STATISTICAL ANALYSIS

All data were analysed with the statistical package JMP 11 (SAS Institute Inc. NC., USA) under a complete block randomize experimental design, considering time of day (morning, afternoon and evening) and CCI categories (Mader y col 2010<sup>b</sup>) as influential factors. Categorical variables were analysed by using Chi-square tests, while TT, RR, and milk yield were analysed by ANOVA. Subsequently, simple regression models were estimated to predict the RR using climatic factors and thermal comfort indices as predictors. All statistical analyses considered  $\alpha = 0.05$ .

## RESULTS AND DISCUSSION

Table 1 summarises weather variables collected as well as TT and the thermal comfort indices. Neither the THI nor the THI<sub>adj</sub> value was above the threshold needed to reach heat stress, but there were differences among days ( $P < 0.05$ ). The THI is the most known and used thermal index in livestock and their thresholds have remained unmodified. However, THI threshold was reduced recently from 72 to 68 (Zimbelman *et al* 2009) due to change on animal genetic and sensibility. There were three days showing values over the threshold for THI and two days with THI<sub>adj</sub> and CCI (19 and 20 of February). Likewise, the highest TT were recorded on those same days. Those days, there was a combination of the highest AT records of all the summer period in the region, reaching a maximum of 36.2 °C on January 19<sup>th</sup>, plus high solar radiation, increasing the heat load on cows.

### RELATIONS BETWEEN TYMPANIC TEMPERATURE, CLIMATIC VARIABLES AND THERMAL COMFORT INDICES

The patterns of curves for TT, AT and CCI were similar (figure 1A) increasing throughout the day, except for TT during the period from 17:00 to 18:00 h, probably because cows were into the milking parlour and not being exposed to direct SR. The SR had minimum values at night, but quickly increase after 07:00 h along with sunrise, and reaching a maximum value of 831.90 W/m<sup>2</sup> at 15:00 h. During this period (08:00 to 16:00 h), TT increased

**Table 1.** Daily mean values for climatic variables, thermal comfort indices and tympanic temperature of cows during the study period. Valores diarios promedios de las variables climáticas, índices de comodidad termal y de temperatura timpánica de las vacas durante el periodo de estudio.

Date	TT*	WS	AT	RH	SS	THI*	THI <sub>adj</sub> *	CCI*
16/01/13	37.8 <sup>b</sup>	6.8	21.3	85.2	513.4	68.9 <sup>a</sup>	63.3 <sup>de</sup>	21.6 <sup>c</sup>
17/01/13	37.5 <sup>cd</sup>	3.4	17.4	90.5	260.5	62.4 <sup>cd</sup>	62.0 <sup>e</sup>	17.7 <sup>d</sup>
18/01/13	37.6 <sup>c</sup>	3.3	19.2	88.1	288.7	65.0 <sup>cd</sup>	65.0 <sup>cd</sup>	21.2 <sup>c</sup>
19/01/13	38.1 <sup>a</sup>	1.9	24.8	74.5	326.2	71.9 <sup>a</sup>	74.9 <sup>a</sup>	29.5 <sup>a</sup>
20/01/13	37.9 <sup>ab</sup>	2.3	23.2	79.2	284.6	70.3 <sup>a</sup>	72.1 <sup>b</sup>	27.5 <sup>b</sup>
21/01/13	37.7 <sup>c</sup>	3.3	19.6	92.2	272.1	66.4 <sup>bc</sup>	66.1 <sup>c</sup>	22.1 <sup>c</sup>
22/01/13	37.6 <sup>c</sup>	3.3	19.4	95.2	215.2	66.4 <sup>bc</sup>	65.8 <sup>cd</sup>	21.5 <sup>c</sup>
Average	37.7	3.5	20.7	86.4	308.7	67.3	67.0	23.0
SEM	0.2	1.6	2.6	7.4	96.3	3.3	4.7	4.1

TT= daily mean tympanic temperature (°C); WS= daily mean wind speed (km/h); AT= daily mean air ambient temperature (°C); RH= daily mean relative humidity (%); SR= daily mean net solar radiation (W/m<sup>2</sup>); THI= daily mean temperature-humidity index (adimensional); THI<sub>adj</sub>= daily mean adjusted temperature-humidity index (adimensional); CCI = Comprehensive climate index (°C); y SEM= standard error of the mean.

\*Different superscripts indicate statistical differences within columns (Tukey test, P < 0.0001). No statistical analysis was performed for WS, AT, RH and SS.

along with SR, until mean TT value presented a slight decrease at the time of the afternoon milking (16:00 to 18:00 h), but rising again and reaching similar values than those recorded previously to the afternoon milking. After 20:00 h, TT began to decrease with a delay of 4 hours after maximum SR was reached. The WS increased from near zero to a maximum value of 9.27 km/h at 20:00 h, coinciding with the time of day at which TT begins to decrease. However, both values dropped sharply after this time. The THI and THI<sub>adj</sub> presented a very similar patterns with values increasing as the day progressed, but with major differences after 17:00 h, where THI<sub>adj</sub> began to decrease quickly (figure 1B). However, at 23:00 h both indices reached the same value.

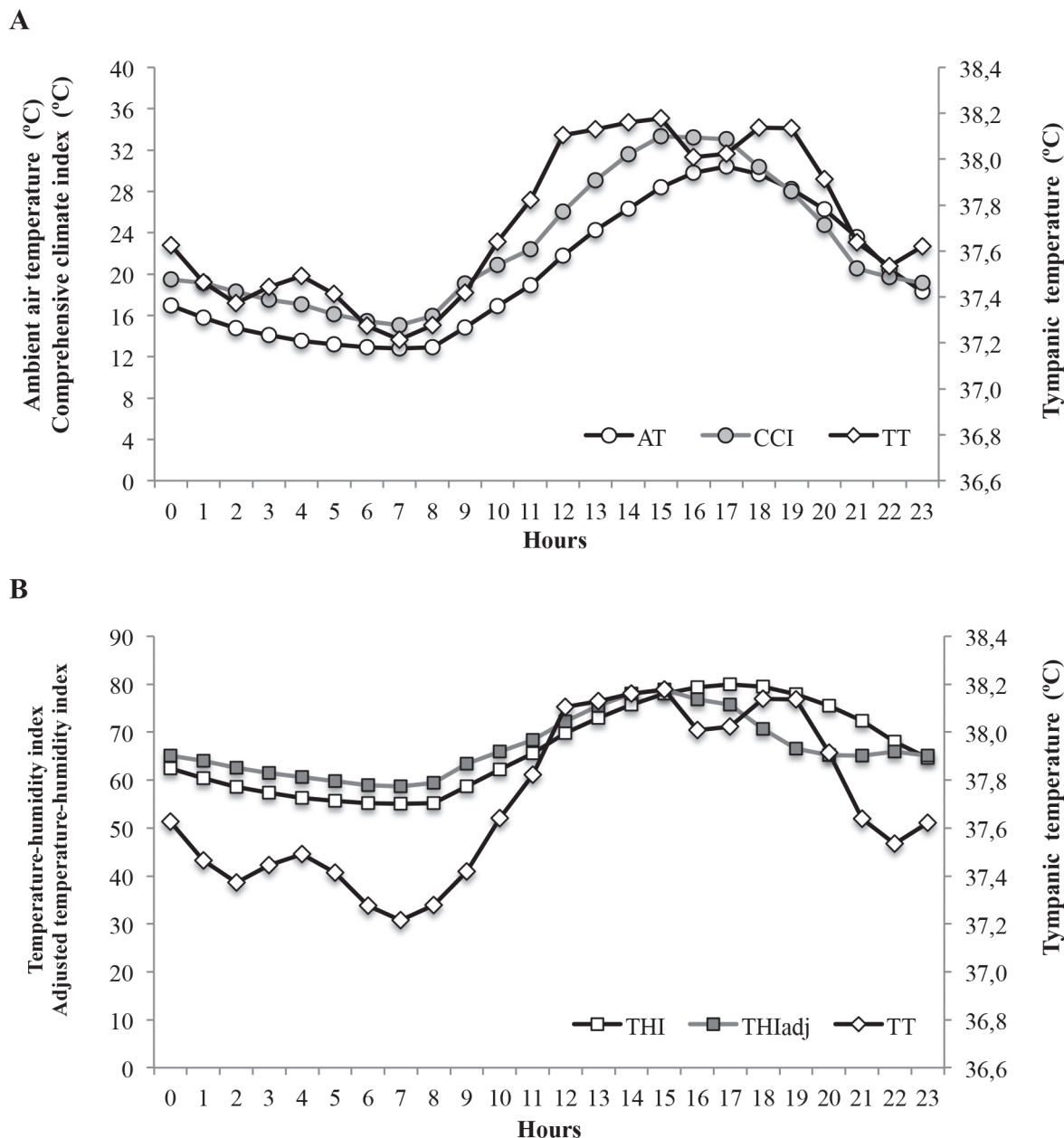
The TT increased from 8:00 h reaching a maximum of 38.18 °C at 15:00 h, and began to decrease at 19:00 h. The TT was higher (P ≤ 0.05) for the “extreme” and “severe” CCI categories (38.53 and 38.48 °C, respectively) followed by the categories “moderate” and “mild” (38.08 and 37.93 °C, respectively), with “no stress” showing the lowest TT value (37.51 °C).

#### ANIMAL ACTIVITY, RESPIRATION RATES AND PANTING SCORES

When cows were on the CCI category of “no stress” there was a predominance of grazing activities (58.3%), while 20.6% were lying, and 9.3% were standing. The remaining 11.8% were ruminating under natural shade and drinking. Meanwhile, on days with a “mild” CCI category, there was a lower percentage of animals grazing compared to the “no stress” CCI category, but it still remains as the main activity observed (48.9%). The percentage of lying animals was similar (18.9%), but increased the percentages of animals standing (16.7%),

drinking (3.3%), and under shade (8.9%); while decreased the ruminating activity (3.3%). This reflects a change on animal behaviour as a function of environmental conditions. Other studies have reported that creating a microclimate by shade of trees has a positive effect on animal performance, due to changes in the behaviour and productivity of grazing animals (Blackshaw and Blackshaw 1994). These changes increased the time spent by animals grazing and ruminating, decreased water requirements, increased voluntary DMI, decreased mortality of young animals, and improved herd reproductive performance; therefore improving cattle performance (Johnson *et al* 1962, Djimde *et al* 1989). According to Stockdale and King (1983), cows spend, on average, 40% of their time grazing and 27% ruminating. Meanwhile, Phillips (1993) reported slightly lower values (38% of the day grazing, 23% lying and ruminating, and 10% standing and ruminating) which agrees with the values given by Hodgson (1990) with 35.8% of time grazing and 32.5% ruminating. Fraser and Broom (1990) showed that, in summer, lactating cows had more leisure time that corresponds to the period at which an animal is not eating, chewing or drinking, and generally it corresponds to 5:48 to 12:48 h per day. This means that animals replace activities related to feeding behaviour (eating and rumination) for leisure, in an attempt to reduce metabolic heat production. In the present study, on average, 56.9% of the animals were grazing; 19.4% lying; 11.7% standing; 6.7% ruminating; 4.3% under the shade; and only 1% drinking. However, it is worth mentioning that these values represent a snapshot (of three moments of day) of the proportion of cattle in those activities and not the proportion of time expended on that.

During the first 4 days of observation average values of RR exceeded 60 bpm (threshold value), reaching an average



**Figure 1.** Relationships of tympanic temperatures (TT) of cows and thermal comfort indices. A) Relationship of TT and Comprehensive climatic index (CCI) plus ambient temperature (AT). B) Relationship of TT and temperature-humidity index (THI) plus adjusted THI (THI<sub>adj</sub>).

Relaciones de la temperatura timpánica (TT) de las vacas con índices de comodidad termal. A) Relación de la TT con el índice comprensivo del clima (CCI) y la temperatura ambiente (AT). B) Relación de la TT con el índice de temperatura-humedad (THI) y THI ajustado (THI<sub>adj</sub>).

maximum of around 80 bpm on January 19 and 20, but with some cows showing values >100 bpm. Again those two days presented the highest values of THI (71.9), THI<sub>adj</sub> (74.9) and CCI (29.5 °C), which could be considered as a small heat wave. An increased RR represents a strategy of cattle to dissipate heat, even when it is not an effective pathway under very extreme heat stress conditions, since lung area of cows is very small regarding to the volume body mass (Oberto *et al* 2006). According to Schneider

*et al* (1998), animals under heat stress increases RR and reduces CO<sub>2</sub> content in the blood, resulting in a respiratory alkalosis. In this study a higher RR was observed when CCI was higher, showing that cow had to dissipate the heat load received during the day, especially during the afternoon. Brown-Brandl *et al* (2005) found that RR is the most effective indicator to monitoring heat stress in cattle. In addition, on January 19<sup>th</sup> a 25% of cows had panting scores (PS) of 2 and 65% PS of 1, which results

in 90% with PS > 0. The following day that proportion fell to 76% agreeing with the lower values of THI<sub>adj</sub> and CCI values observed. The PS is a visual tool related to RR developed to assess heat stress in animals ranging from 0 = normal respiration to 4 = heavy open-mouthed panting (Mader *et al* 2002, Mader *et al* 2006). Díaz-Royón and García (2013) indicate that during panting, cows drool and lose saliva, which is an additional loss of fluid and ruminal buffering and also implies a greater need of water for cows. According to Mader *et al* (2006) a measurement of PS taken 2 hours before the prevalence of warmer climatic conditions regarding the observable effects on cattle would indicate the time that takes the body of the animal (and metabolism) to gain heat from the environment. The utilization of PS and RR would allow implementing mitigation mechanisms effectively.

In the present study there were differences between the AM vs. PM milk yield ( $P < 0.001$ ). However, no differences in milk yield were observed among CCI categories ( $P = 0.19$ ). When body temperature increases causes an increased up to one degree Celsius in rectal and tympanic temperature, increased respiratory rate (panting), causing severe reductions in voluntary feed intake (Lough *et al* 1990), a decline on growth rates and also milk production (Elvinger *et al* 1992), as well as impaired reproductive function and secretion of thyroid hormones (Al-Haidary *et al* 2001).

Mader *et al* (2010) concluded that cattle with moderate levels of heat stress were able to cool down at night keeping a moderate TT the next day. In this study AT dropped sharply from values above 30 °C to near to 10 °C.

Even although we did not find differences in milk production, the literature reports that a combination of high SR plus high air temperatures have negative effects on milk production composition (Roman-Ponce *et al* 1997). Maust *et al* (1972) reported that for all stages of lactation, 9% of the variation in milk yield, 13% in milk fat, 5% in feed intake and 65% in rectal temperature were attributable to weather conditions. The critical temperature at which milk production begin to decrease fluctuates between 21.0 and 26.5 °C for Holstein and Jersey cows, respectively (Kadzere *et al* 2002). In this study there was over a third of days with AT >21, but no changes in milk production. This reveals that AT by itself it is not the best predictor. Likewise, an increasing on AT may also cause changes in the distribution of water in the animal, promoting a reduction in the water content in milk obtained during milking in the afternoon. This effect is exacerbated in animals without access to shade. In this regard, Beede *et al* (1993) mention that the night cooling can restore milk production, but its effect in the foreground is to restore the DMI. In addition, animals with high potential of production are more susceptible to the effects of heat stress. In this study, cows had a moderate potential of milk production and also had cool nights that allowed them to lose the heat accumulated during daytime.

Summer weather conditions challenged the behaviour and physiology of dairy cows, which increased their respiration rates, panting, and the use of shadow. Likewise they reduced the time spend on grazing when CCI values were higher than normal. Finally, cool nights and the moderate productive potential of cows might have helped them to cope with the heat load.

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