The old age is an important and final stage in the life of the human being. As an essential concern it requires the attention of society. The objective of this piece of work is to present a bibliographical review about the psychology of the old age. This theme has been left behind due to the group of myths, stereotypes and prejudices that surround it. To make professionals aware and more sensible to the changes that occur during this stage is a big challenge to increase life quality for this group of people which is bigger each time.

**Keywords**
Old age, psychology of development of old age, life quality.