Abstract

Career indecision is currently considered a complex construct because difficulties in career choices can be explained by several factors. One of the types of indecision that has most aroused the interest of researchers is indecisiveness, a persistent difficulty of making decisions in several life contexts. This article presents a literature review about indecisiveness, describing how it has been conceptualized and its evolution in terms of research and assessment. It also presents the findings of recent studies that have contributed with significant insights to the comprehension of this specific type of career indecision. Intervention with indecisive individuals is also addressed. Finally, some lines of research about indecisiveness are suggested.

Keywords
Indecisiveness, career indecision, career choice, vocational guidance