Abstract
The present study is directed to describe the work Cuba carries out to control the health status of the Cuban collaborators’ abroad and other travelers (Control of the Source), through the Medical Brigades; the evolution and transcendence of Cuban medical collaboration inside the National System of Health, as well as the application of the International Sanitary Regulation at national level, with the thought of preventing and or detecting precociously the introduction and propagation of non existent illnesses in the country and others whose incidence doesn’t constitute problems of health; on the other hand the adaptation of this instrument in the 76 countries where Medical Brigades exist, by means of the creation of the Units of Surveillance and Epidemic Control at the Source. The results of this application and suggestions are exposed for their best operation in the future.

Keywords
Medical collaboration, solidarity, international health regulations, a unit of epidemiological surveillance and control at source.