



Revista Brasileira de Fisioterapia

ISSN: 1413-3555

rbfisio@ufscar.br

Associação Brasileira de Pesquisa e Pós-  
Graduação em Fisioterapia  
Brasil

B. Freitas, Teresa C.; Gabbard, Carl; Caçola, Priscila; L. Montebelo, Maria I.; Santos, Denise C. C.  
Family socioeconomic status and the provision of motor affordances in the home  
Revista Brasileira de Fisioterapia, vol. 17, núm. 4, julio-agosto, 2013, pp. 319-327  
Associação Brasileira de Pesquisa e Pós-Graduação em Fisioterapia  
São Carlos, Brasil

Available in: <http://www.redalyc.org/articulo.oa?id=235028217001>

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## Family socioeconomic status and the provision of motor affordances in the home

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**ABSTRACT | Background:** Socioeconomic status (SES) and stimulation provided in the home environment are influential factors in aspects of child well-being including motor development. Little is known regarding the influence of SES on specific aspects of the home environment. **Objective:** To evaluate the availability of affordances in the home to promote infant motor development and family SES. **Method:** The sample consisted of 300 families with infants aged 3 to 18 months. SES was assessed according to family socioeconomic class, income and parental level of education. To evaluate motor affordances found at home, the Affordances in the Home Environment for Motor Development-Infant Scale (AHMD-IS) was used. The AHMD-IS was designed to assess dimensions of the home environment including Physical Space (outside and inside space), Daily Activities and Play Materials (fine-motor and gross-motor toys). **Results:** SES indicators significantly influenced the availability of Physical Space and Play Materials. The Physical Space dimension was influenced by family economic class and income. The Play Materials dimension was influenced by all SES indicators. Daily Activities were not influenced by any of the SES indicators. Daily activities and play material were influenced by the infant's age. **Conclusions:** This study suggests that SES indicators are influential with regard to the provision of motor affordances in the home environment for infants. However, daily activities, which represent an aspect of the environment that is highly dependent on parental generation of situations that are conducive to motor skill development, are independent of family SES.

**Keywords:** socioeconomic status; environment; psychomotor performance; infant development; physical therapy; family.

### HOW TO CITE THIS ARTICLE

Freitas TCB, Gabbard C, Caçola P, Montebelo MIL, Santos DCC. Family socioeconomic status and the provision of motor affordances in the home. *Braz J Phys Ther.* 2013 July-Aug; 17(4):319-327. <http://dx.doi.org/10.1590/S1413-35552012005000096>

## ● Introduction

The literature indicates that social factors related to the home environment can have a significant (positive or negative) effect on aspects of child well-being, including motor development<sup>1-5</sup>. Furthermore, a *United Nations Educational, Scientific and Cultural Organization* report<sup>6</sup> stated that the home environment is a proximal (critical) indicator for early childhood care and education. The present study addressed two factors of interest and their association with infant motor development: socioeconomic status (SES) and the availability of motor affordances in the home.

According to Bradley and Corwyn<sup>7</sup>, indicators of SES are of great interest in the study of child development. Several methods of measuring SES have been proposed, and there appears to be no single best indicator for all research aims that is applicable at different stages in the lifespan. Therefore, a combination of factors is typically used. According

to Galobardes et al.<sup>8,9</sup>, during infancy and early childhood the best indicators are parental education/occupation and household income/conditions. Regarding household characteristics, Brazil, where the present study was conducted, includes a standardized measure of socioeconomic class based on household conditions, for example, the number of cars, number of maids/assistants and availability of electronic devices<sup>10</sup>.

The contribution of SES to child motor development has been reported world-wide. In general, the literature indicates that families with a low SES have children that perform below the norm for developing children<sup>11,12</sup>. These observations apply to, for example, the relationship between motor development and parental social class/education<sup>13-15</sup> and family income<sup>16-18</sup>.

Of the various factors comprising the environment, the home is arguably plays a primary role in learning

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Received: 03/19/2012 Revised: 08/24/2012 Accepted: 01/20/2013

and developing a foundation for positive lifelong behaviors, especially during the early years<sup>1</sup>. Abbott et al.<sup>19</sup> concluded that the home environment is within the host of subsystems that contribute to infant motor development, and major studies designed to assess the general characteristics of the home and its relationship to a child's later behavior have consistently reported that the availability of stimulating play materials is a predictor of future mental behavior<sup>20,21</sup>.

Closely associated with the study of materials in the home is the concept of affordance and ecological theory<sup>22,23</sup>. Affordances can be defined as opportunities offering an individual potential for action that consequently led to learning and the development of a skill or development within part of the biological system<sup>24</sup>. A major category of affordances consists of play material, i.e., toys and play items that, if made available to children, are likely to promote optimal physical and motor development. The study of the effect of affordances on infants' motor development has drawn the attention of leading contemporary researchers<sup>25,26</sup>. Using an instrument designed specifically to assess the availability of motor affordances in home of infants, the *Affordances in the Home Environment for Motor Development – Infant Scale* (AHEMD-IS), Caçola et al.<sup>27</sup> found a significant association between home affordances and infant motor development, in particular, the availability of gross- and fine-motor toys predicted motor development scores. Other studies using the AHEMD have reported similar findings<sup>28,29</sup>. Thus, the availability (or lack of) affordances in the home is an important factor in the motor development of children.

In the present study, we evaluated SES and the availability of affordances for children aged 3 to 18 months. For SES, we used indicators representing the family income, parents' education, a general assessment of the household, and the economic classification criteria of the Brazilian Association of Research Companies (ABEP index)<sup>10</sup>. For affordances, we used the AHEMD-IS<sup>27</sup>. Our research focused on a global comparison between the two factors and also on a sub-factor relationship (specific dimension of affordance and SES indicators).

## ● Method

This was an exploratory and transversal study approved by the ethics committee at Universidade Metodista de Piracicaba (UNIMEP) in Piracicaba,

SP, Brazil, (Protocol # 29/2008). This study utilized a non-probability-based convenience sample method.

## Participants

The study consisted of 300 families containing 146 females and 154 males between 3 and 18 months of age ( $10.15 \pm 4.45$ ). For comparison, three age categories were considered (3-6, 7-12, and 13-18 months). The following inclusion criteria were used: being a resident in the metropolitan area of the cities of Piracicaba (SP) or Campos dos Goytacazes (RJ) in Brazil; having an infant in the home between 3 and 18 months of age; and signing a consent form. In addition, infants that exhibited any genetic syndromes, congenital malformations or neurological impairments, and 15 families that did not fully answer both assessments were excluded from the sample.

## Measures

SES was determined using three indicators: socioeconomic class (ABEP index), monthly family income, and parental education. Socioeconomic class was determined by the *Brazilian Association of Research Companies*<sup>10</sup> questionnaire. The questionnaire includes questions on the education level of the head of the household, ownership of goods (radio, TV, refrigerator, washing machine, VCR/DVD and car), presence of housemaid and housing features. Most of these items are used to calculate an index of SES called the "Criteria for Economic Classification", which is widely used in publicity, political polls and research in Brazil. The Criteria for Economic Classification is a point system with established weights for each item. The total number of points is used to place the individual in a SES category designated as A (A1, A2), B (B1, B2), C (C1, C2), D or E, where A is the highest and E is the lowest category.

Information regarding monthly family income and education (maternal and paternal) was retrieved from the family characteristics section of the AHEMD-IS. Initially, the question on educational level asked whether the father and mother of the child completed middle school, high school or college or an equivalent degree. The question on family income asked whether the total family income was equal to or less than two minimum wages (in Brazil, one minimum wage is approximately \$300; therefore, the monthly income would be up to \$600), between three and six minimum wages (\$900-\$1,800), between seven and 10 minimum wages (\$2,100-\$3,000) or more than 10 minimum wages (more than \$3,000).

## AHMD-IS

For assessment of the home environment, we used the *Affordances in the Home Environment for Motor Development – Infant Scale* (AHMD-IS)<sup>27</sup>, which is a valid and reliable parental self-report assessment that addresses the quality and quantity of factors (opportunities) in the home that are conducive to enhancing motor development in children aged 3 to 18 months<sup>28-30</sup>. The AHMD-IS consists of five dimensions (Outside Space, Inside Space, Daily Activities, Fine-Motor Toys and Gross-Motor Toys) and a section on child and family characteristics. For simplicity of presentation, we combined Outside Space and Inside Space into one dimension of Physical Space, and we combined Fine-Motor Toys and Gross-Motor Toys in the larger dimension of Play Materials. Three types of questions are used in the AHMD-IS: simple dichotomic choice, four-point Likert-type scale and description-based queries. Each dimension is scored by summing all points obtained for each question within each dimension (Physical Space [0-16], Variety of Stimulation [0-25], and Play Materials [0-126]). The total score is the sum of the scores of the three dimensions [0-167]. Information regarding the type of residence (house, apartment or other) was retrieved from the family characteristics section.

## Procedures

Recruitment letters were sent to parents of infants through college community and daycare centers in the metropolitan area of Piracicaba city (state of São Paulo) and Campos dos Goytacazes city (state of Rio de Janeiro) in Brazil. Both cities have approximately 400,000 inhabitants and maintain two universities where the study was conducted. Families that accepted participation in the study were mailed a packet that included the AHMD-IS and ABEP questionnaire and were instructed to complete and return the instruments within two weeks.

## Treatment of the data

Group characteristics were analyzed through descriptive statistics. We used both the Shapiro-Wilk normality test and the Levene test for homogeneity of variance to initially evaluate the data. Because the data distribution was non-normal, we used the Kruskal-Wallis test for comparisons with more than two independent groups, followed by the Dunn post hoc test when appropriate. An alpha level of .05 (two-tailed) was set for statistical significance.

## Results

### Sample

Most infants in the sample were born after 37 weeks with an adequate birth weight (92.8%); only 11.8% were born prematurely. Most infants were in the 7- to 12-month age range (40.7%), whereas 27% were between 3 and 6 months and 32.3% were between 13 and 18 months. The majority had never attended any daycare center (65.2%), whereas 17.6% had attended for less than 3 months, 10.1% had attended for 3 to 6 months and 7.1% had attended for at least 7 months. Most families (82%) lived in free-standing homes, as opposed to apartments. No significant differences were observed with regard to type of residence and SES.

Most families were categorized in the upper levels of socioeconomic classes: A (11.7%) and B (52.3%). The remainder of the sample was categorized as classes C (30.7%) and D/E (combined, 5.3%). In the majority of the cases (63%), the two parents were the only adults living in the household. Only 1.7% of households had one adult, whereas 13.5% had three adults, 12.2% had four adults and 9.1% had five or more adults living in the same household. In addition, most infants in the sample were the only child (63%), whereas 25.3% had a sibling living in the home, 9.1% had two siblings and 11.8% lived with two or more siblings in the home.

Most parents had completed high school (mothers: 66.2%; fathers: 76.2%), and the remainder of the sample had a college degree (mothers: 33.8%; fathers: 23.8%). With regard to family income, most families reported an income between \$900 and \$1,800 per month (40.3%), whereas 31.5% reported earning up to \$600 monthly, 16.8% earned between \$2,100 and 3,000 and 11.4% earned more than \$3,000 each month.

### AHMD-IS

The Kruskal-Wallis analysis comparing the type of residence and dimensions of the AHMD-IS indicated that families who lived in houses provided a larger physical space than families who lived in apartments [ $\chi^2(2, N=300) = 7.11, p < .05$ ]. However, families living in apartments provided higher quantity and quality of play materials [ $\chi^2(2, N=300) = 27.87, p < .001$ ] and scored higher on the AHMD-IS total score [ $\chi^2(2, N=300) = 19.97, p < .001$ ]. The residence type did not affect the Daily Activities score.

The comparison of AHMD-IS results according to SES classes showed significant differences for

Physical Space [ $c^2(3, N=300)=28.33, p<.001$ ], Play Materials [ $c^2(3, N=300) =63.44, p<.001$ ] and AHEMD-IS total score [ $c^2(3, N=300)=66.73, p<.001$ ]. Again, significant differences were not observed with regard to Daily Activities. Table 1 shows the comparisons for AHEMD-IS score, SES and family income.

For Physical Space, post-hoc analysis revealed that families in SES classes A and B provided larger home spaces. For Play Materials, families identified as class A provided more opportunities than all other classes. Families in class B had more play materials than those in classes C, D and E, which were not different. The differences in the AHEMD-IS total score were similar to those in the dimension Play Material. For example, class A had the highest total score relative to all other classes, and classes C, D and E were not different from each other (see Table 1 for specific values).

Daily Activities was the only AHEMD-IS dimension that did not show a significant difference with regard to family income. The dimensions

Physical Space [ $c^2(3, N=300)=14.32, p<.05$ ], Play Materials [ $c^2(3, N=300)=72.52, p<.001$ ] and Total Score [ $c^2(3, N=300)=70.11, p<.001$ ] were significant. Physical Space in the home was significantly different when we compared monthly incomes of up to \$600 and higher than \$3,000. The difference in Play Materials according to income resembled the difference in the AHEMD-IS total score; the scores for households with a monthly income higher than \$3,000 were different from those of households with all other incomes.

We found that the Physical Space and Daily Activities dimensions were not influenced by maternal and paternal education, whereas Play Materials [ $c^2(2, N=300)=34.44, p<.001$ ] and Total score [ $c^2(3, N=300)=32.22, p<.001$ ] showed significant differences. Post-hoc analysis revealed that families where both parents had an undergraduate degree provided significantly more toys than families with high school and middle school education (see Table 2).

**Table 1.** Comparisons of AHEMD-IS scores according to SES and family income.

Dimension AHEMD-IS	SES	n	p-value <sup>(a)</sup>	$\chi^2$	Monthly income <sup>(b)</sup>	n	p-value <sup>(a)</sup>	$\chi^2$
Physical space	A	35	<.001	28.33	Up to \$600	94	.025	14.32
	B	157			\$900-\$1,800	120		
	C*.#	92			\$2,100-\$3,000*	50		
	D-E*.#	16			More than \$3,000*	34		
Daily activities	A	35	.357	3.23	Up to \$600	94	.081	6.74
	B	157			\$900-\$1,800	120		
	C	92			\$2,100-\$3,000	50		
	D-E	16			More than \$3,000	34		
Play materials	A	35	<.001	63.44	Up to \$600	94	<.001	72.52
	B*	157			\$900-\$1,800*	120		
	C*.#	92			\$2,100-\$3,000*, #	50		
	D-E*.#	16			More than \$3,000*, #	34		
Total score	A	35	<.001	66.73	Up to \$600	94	<.001	70.11
	B*	157			\$900-\$1,800*	120		
	C*.#	92			\$2,100-\$3,000*, #	50		
	D-E*.#	16			More than \$3,000*, #	34		

<sup>(a)</sup>Kruskal-Wallis test; *Dunn* post hoc (\*difference from class A; #difference from class B). <sup>(b)</sup>Values are expressed in US dollar equivalents to Brazilian currency at the time of the study. n=number of participants.



**Table 2.** Comparison between AHMED-IS scores and paternal and maternal education levels.

Dimension AHMED-IS	Paternal Education	n	p-value <sup>(a)</sup>	$\chi^2$	Maternal Education	n	p-value <sup>(a)</sup>	$\chi^2$
Physical space	Middle School	58	.056	5.76	Middle School	38	.061	5.61
	High School	169			High School	160		
	College degree	71			College degree	101		
Daily activities	Middle School	58	.084	.34	Middle School	38	.286	2.51
	High School	169			High School	160		
	College degree	71			College degree	101		
Play materials	Middle School	58	<.001	34.44	Middle School	38	<.001	59.45
	High School*	169			High School*	160		
	College degree*,#	71			College degree*,#	101		
Total score	Middle School	58	<.001	32.22	Middle School	38	<.001	57.01
	High School*	169			High School*	160		
	College degree*,#	71			College degree*,#	101		

<sup>(a)</sup>Kruskal-Wallis test with Dunn post-hoc test (\*difference from middle school; #difference from high school). n=number of participants.

Table 3 shows the scores for the AHMED-IS dimensions with respect to age category (3-6 months, 7-12 months and 13-18 months). We found that the Daily Activities [ $\chi^2(2, N=300)=17.14, p<.001$ ], Play Material [ $\chi^2(2, N=300)=16.08, p<.001$ ] and Total Score [ $\chi^2(2, N=300)=45.11, p<.001$ ] dimensions were influenced by the age of the infants. Post-hoc analysis revealed that older infants (13-18 months) were more stimulated and had more toys than infants aged 3-6 and 7-12 months.

## ● Discussion

The results of the present study indicate a significant influence of SES indicators on the availability of physical space and play materials. The physical space of the home was influenced by family economic class and income. The Play Materials dimension was influenced by all SES indicators. The Daily Activities dimension was not influenced by any of the SES indicators. The Daily Activities and Play Material dimensions were influenced by the infants' age.

We found that 64% of the families were classified in socioeconomic classes A and B, which afford a higher potential for consumption and possess more household features, thereby favoring the acquisition

of a higher number of toys and larger space. The education of mothers and fathers was similar, but more mothers had college degrees, which may reflect a new social organization where mothers study more in an attempt to contribute financially to the household.

Overall, the AHMED-IS total score was influenced by all SES indicators. Interestingly, SES did not affect the type of residence; most of the families lived in houses, although the physical space for the houses was larger for families with higher SES, as expected. In Brazil, SES typically does not play a role in determining the type of residence.

Families living in apartments provided more play materials, which was not surprising because, in Brazil, many affluent families live in apartments for safety reasons, which may explain why these families had higher scores.

The contribution of each indicator to each dimension of the home environment (Physical Space, Daily Activities and Play Materials) was different. Whereas the Play Materials dimension was influenced by all indicators, Physical Space was not dependent upon parents' education and was only affected by income and socioeconomic class. In contrast, Daily Activities was not affected by any of the SES indicators.

**Table 3.** Comparison between AHEMD-IS scores and infant age categories.

Dimension AHEMD-IS	Infant age category	n	p-value <sup>(a)</sup>	$\chi^2$
Physical Space	3-6 months	81	.862	.298
	7-12 months	122		
	13-18 months	97		
Daily Activities	3-6 months	81	<.001	17.14
	7-12 months	122		
	13-18 months*,**	97		
Play Materials	3-6 months	81	<.001	16.08
	7-12 months	122		
	13-18 months*,**	97		
Total Score	3-6 months	81	<.001	45.11
	7-12 months	122		
	13-18 months*,**	97		

<sup>(a)</sup>Kruskal-Wallis test with Dunn post hoc (\*difference from 3-6 months; \*\*difference from 7-12 months). n=number of participants.

The three dimensions of the AHEMD-IS reflect several aspects that can influence the motor development of infants. Obviously, physical space is necessary for infants to move freely, and toys afford possibilities for enhancing fine- and gross-motor skills. Daily activities are of particular relevance for motor development. To underscore the importance of variety of stimulation in the motor development of infants, Bartlett et al.<sup>31</sup> developed a specific measure for opportunities that parents provide for infants, and they found that differences in motor development may reflect variations in early child-rearing practices, i.e., infants who receive greater stimulation may progress at a faster rate. In fact, during infancy, specific handling techniques and caregiving practices that expose infants to postural challenges have been associated with motor advancement<sup>19</sup>.

In the present study, Daily Activities was the only dimension not dependent upon financial condition. In the AHEMD-IS, this dimension refers specifically to the variety of stimulation offered to the infant in the home, with simple dichotomic questions based on statements such as: “Our child regularly plays with other children”; “We regularly engage our child in movements, games and actions to teach her/him parts of the body”; and, “We regularly teach our child movements or action words, such as ‘clap hands’, ‘wave’, ‘crawl’, ‘walk’, etc”. In addition, there are statements with a four-point Likert-type scale such as, “How would you describe the amount of awake time that your child spends in the situation of ‘in a seating device’, ‘in a walking device’, ‘in a playpen’, etc.”. Therefore, we speculate that aspects under the control of the parents, such as time and interaction with the infant, are similar across SES categories.

Our results confirm the findings of Tudge et al.<sup>32</sup>, who explored young children’s normative development and everyday activities in different cultures. Tudge et al.<sup>32</sup> found that variation in activities was not explainable by cultural group or social class, possibly because it is easier to measure “what” children experience, but very difficult to account for “how” they experience an activity. Notably, however, another study found differences in the variety of stimulation provided by families according to SES factors<sup>33</sup>, possibly because of the use of different measures for assessing daily activities and variety of stimulation.

However, as may be expected, daily activities were dependent upon age. Younger infants were less stimulated than their older counterparts, partly because of what their bodies are capable of. That is, older infants (especially aged 12 to 18 months) were experiencing a phase of rapid attainment of major milestones such as walking.

The Play Materials demonstrated the highest influence of SES factors. This dimension was influenced by all SES indicators (family socioeconomic class and income and parents’ level of education), and this finding was expected, as it seems reasonable that a higher income would provide a higher potential for purchasing toys. Every year, the toy industry develops new products that tend to be increasingly sophisticated and expensive. In Brazil, because the majority of the population falls below socioeconomic classes A and B, it is estimated that 20 million children still do not have access to manufactured toys<sup>34</sup>. We also found that for both parents, having an educational level below high school significantly affected the provision of play materials.

It is likely that higher educational levels lead to higher income and socioeconomic class, thereby resulting in the purchase of more toys. Oliveira, Magalhães and Salmela<sup>4</sup> also found that parental education and family income were moderately associated with the overall score on the Home Observation for Measurement of the Environment (HOME), which reinforces the notion that both factors help provide better economic resources, which in turn results in a more stimulating home environment.

In summary, our study is the first to report that aspects of SES, namely, family income, parent education and socioeconomic class, affect the availability of motor affordances for infants in the home. These indicators were significantly and positively associated with physical space and play materials in the home. Whereas these results were not unexpected, the finding that daily activities were similar across SES categories was somewhat surprising. For example, it may be predicted that with higher education, parents would be more aware of the need for stimulation of the infant, thus resulting in more interaction. However, this was not the case, and rather than being a negative result, it seems reasonable to speculate that for factors within the control of the parents, such as stimulation, parents with relatively lower SES as attentive as those with higher SES. This concept complements the idea that for many families, family income and education are major environmental constraints that can negatively impact aspects of the home environment, including the availability of motor affordances.

A possible limitation of this study is its use of a convenience sample. However, according to Oliveira<sup>35</sup>, convenience samples are adequate and useful to promote ideas in exploratory research, especially as a basis for hypothesis formulation.

This study has real applications and relevance for the rehabilitation field. Our results point to the requirement for specialized assessment of different aspects of the family environment that can influence an infant's motor and general development. For example, a previous study using the AHMED-IS<sup>5</sup> found significant positive correlations between aspects of the home environment (daily activities and play materials) and global and fine-motor performance from 9 to 15 months of age. This finding suggests that affordances can positively affect future motor ability.

Our results also support the common practice in physical and occupational therapy to have professionals advise patients on home activities, including assessment and recommendations for

intervention. In general, such recommendations involve how to utilize different aspects of the home space, toys, stimulation and activities that are part of an infant's life.

Overall, the most important finding of this study is that daily activities are independent of family socioeconomic status. This aspect of the home environment highly depends on parents creating situations that are conducive to motor skill development, such as spending time playing with the infants, promoting interaction with other infants/children, providing space and safety for the infants to move freely and providing access to toys.

## ● Acknowledgements

We acknowledge the children and parents who participated in the study and the Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq) for funding this study (Process 483955/2009-4 and 313071/2009-8).

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