Abstract
The author provides an overview of the psychological treatments of borderline personality disorder. Among the different psychotapeutic modalities revised: psychodynamic psychotherapy, supportive psychotherapy, cognitive and behavioural approaches, interpersonal, group and family treatments, all approaches stress the importance of careful attention to the relationship with the patient and the difficulty in handling the countertransference, the therapist's active role, the need to set limits. The effectiveness includes the ability of these treatments to obtain a reduction in the lack of self-control, to reduce the life threatening and self-destructive behaviour typical of borderline patients and the decrease the days in hospital.

Keywords
Borderline Personality Disorder, Psychotherapeutic Treatments.