Abstract
The study aims to discuss the concepts of caring and education and propose a strategy for health education as a possibility for clinical nursing care for women in menopause based on the educational principles of Paulo Freire. Over the years, different paradigms of Health Education are conditioned by different strategies, many of them reductionists, which require questioning and implementation of more integral and participatory actions. From this thought, we seek an opportunity for education that includes the "Other" in their complexity, enabling the women in their climacteric phase can also be assisted in full. In this scenario, we visualize the principles of Paulo Freire as a framework to guide this development; it shows a dialectic education, solidarity, without arrogance, articulating the scientific knowledge and popular knowledge, translating his method in a collective work.

Keywords
Nursing, Health Education, Climacteric, Women's Health.