Couto, A.P.; Aleixo, I.M.; Avelino, R.A.; Bonisson, I.L.; Costa, V.T.
Bullying physical education: The point of view of the teacher
Desafio Singular - Unipessoal, Lda
Vila Real, Portugal

Available in: http://www.redalyc.org/articulo.oa?id=273020560067
Bullying physical education: The point of view of the teacher

A.P. Couto 1, I.M. Aleixo 1, R.A. Avelino 1, I.L. Bonisson 1, V.T. Costa 2

1 - Universidade Federal de Minas Gerais, Brazil (UFMG)  
2 - Universidade Belo Horizonte, Brazil (UNIBH)

Violence grows frightfully in Brazilian urban centers, reaching all social groups, especially young people. Bullying is a form of violence, which occurs mainly in schools and consists of aggressive, intentional and repeated acts. It is characterized by insistent "jokes" made to tease somebody in the group. It happens through repeated acts among the students and also through an unbalance in power. There are four roles played by people involved in bullying: the victim is the one who suffers bullying; the author is the one who attacks, by means of physical or moral acts, intimidating, pursuing, oppressing; the victim-author is someone who acts both ways, sometimes suffering and sometimes attacking; the witness is someone who has knowledge of the fact, does not suffer or practice bullying, but coexists in the environment where it occurs. Bullying can have an extension into adult life, under the form of workplace bullying, as victims, authors or witnesses can give it continuity. Another important aspect to this subject is its presence in the relations that are established between parents and children and teachers and students. Some examples can be seen in those adults who joke, offend, expose the difficulties of the children, teenagers or young people under their responsibility before the group, exclude, make up prejudiced nicknames and have the intention of displaying their superiority and power, which occurs frequently. In current times, bullying can also take a virtual form, which is called cyber bullying. Bullying is investigated internationally, mainly in the United States and in Portugal. In Brazil the research is still recent and rare. The objective of this research was to establish if there is bullying in school Physical Education classes and the proper attitude for teachers in those cases. The present work involved professors of Physical Education, who answered to a half-structuralized type interview. The research was developed using the resources of qualitative analysis of information obtained in the speech of Physical Education teachers on the thematic of bullying during classes. The interviews have been recorded and transcribed completely. The analysis was made based on the technique of content analysis. All the teachers reported cases of bullying in their lessons, with a daily frequency. The majority of the cases involved verbal violence, followed by physical violence. The author of bullying is frequently recognized as extrovert and provoking and the victim is recognized as shy. As actions of combat, acts of prevention and punishment are mentioned, as long as the author is known, leading the school to deal with the phenomenon by means of talking to the groups. Finally, we perceive the necessities of intervention and direct action in educative environments, over all in basic education schools, so as to allow the establishment of a net of prevention and combat against a latent and recurrent problem in current society. Bullying generates pain, distresses and the final consequence – homicides. Physical Education teachers must take preventive actions in agreement with the principles of the school, but also considering the principles of sport as a structural axle of injunctions, inclusion and education, so that values are promoted and personal and social abilities are developed. Bullying is part of an ampler social context. It is not enough to take pedagogical sporting actions pertaining to school, as social interventions are also necessary to promote positive consequence in school.

Key words: bullying, school, teachers, violence