Abstract
This research aimed to describe mothers’ experiences, analyzing them in the light of the principles of the Kangaroo Mother Method (KMM), and discuss the mothers’ contributions based on the meanings of these experiences for nursing actions. In data collection, a questionnaire was used that characterized the mothers’ socioeconomic profile and, through focus groups, stories were obtained about the benefits of these experiences, which supported the construction of the following categories: survival and recovery of the baby; the mothers’ daily life modified by the KMM and valuation of affective family bonds in the KMM. The experiences are related to increased bonding between mother and baby, reduction of the infant’s time of separation from the family, besides leading to increased competition and confidence in the parents to take care of their child, even before discharge, improving the mother’s relation with the family, inside the family and with the team that takes care of the baby.

Keywords
Kangaroo Mother Care, Maternal Experiences, Nursing Care, Nursing