Abstract
Combination of psychotropic drugs and psychotherapy, that used to be looked cautiously until the 90s, is now the rule in the treatment of mental disorders. We review 14 papers that present 13 meta-analytic studies about combination. In all of them combination is netter that any of the alternatives alone. This happens even when - as we discuss - methods used in this research can minimize the advantages of combination. Proposal to improve research methodology are done.

Keywords
Psychotropic drugs, psychoteraphy meta-analytic studies.