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# Arcobacter butzleri Strains Isolated from Different Sources Display Adhesive Capacity to Epithelial Cells In Vitro\*

# Heriberto Fernández, Sandra Flores & Fernanda Inzunza

## ABSTRACT

Background: The genus Arcobacter, belonging to the family Campylobacteraceae, includes polar flagellated, curved or spiral rod shaped bacteria firstly described as Vibrio/Spirillum organisms and later as aerotolerant Campylobacter-like microorganisms. Currently, this genus comprises nine validated species and a candidatus. Among Arcobacter species, Arcobacter butzleri is recognized as a zoonotic agent and the most common species of the genus isolated from environmental water, food and clinical samples. Recently, this species was considered a serious hazard to human health. However, their pathological properties, potential virulence factors as well as their clinical significance remain uncertain or not completely defined. The aim of this study was to establish the ability of 78 A. butzleri strains isolated from different sources to adhere to HEp-2 cells in vitro. Materials, Methods & Results: All the strains were isolated using first an enrichment medium incubated aerobically at 26°C for 48h. After that, 100 μL of the broth were streaked onto Arcobacter selective agar plates and incubated at 26°C for 72h. All the strains were identified phenotypically using standard assays. Definitive identification was achieved using a multiplex polymerase chain reaction. Adhesive capacity was determined infecting HEp-2 cells with the strains under study following Skaletsky et al. protocol, with slight modifications. An adherent Escherichia coli isolate was included as a positive control, whereas uninoculated cell lines were used as negative controls. Adhesion results were expressed as the percentage of HEp-2 cells showing adhering bacteria and the number of bacteria (± SD) adhered to cells was determined. Strains were considered as adherent, if at least 20% of HEp-2 cells showed one ore more adhered bacteria. Adherence was also demonstrated by scanning electronic microscopy. All the strains showed adhesive capacity to HEp-2 cells in vitro. The lowest adhesion percentage (27%) was observed in a strain isolated from dog feces. In at least one strain per source it was possible to observe 100% adhesion. The lowest number of adhered bacteria  $(1.03 \pm 1.53)$  was observed in a strain isolated from river water and the highest number (76.6  $\pm$  5.59), in a strain isolated from duck feces.

**Discussion:** Regardless of their isolation source, the 78 Arcobacter butzleri strains tested in the present study were able to adhere to HEp-2 cells in vitro. This property was demonstrated in different proportions by other authors in strains isolated from environmental, meat and human fecal samples. Electronic scanning microscopy shows curved bacilli adhering to HEp-2 cells forming a microcolony-like arrangement. This may occur in a stepwise mechanism. First, A. butzleri adhere to HEp-2 cells and then, due to their capacity to form biofilms, interbacterial adherence can be expressed. The capacity of A. butzleri to form biofilms attaching to stainless steel, copper and glass has been demonstrated in previous studies. Further studies are necessary to elucidate the molecular and cellular mechanisms accounting for this biological property; and hence, its actual role in the colonization of human and animal intestinal epithelium by A. butzleri.

**Keywords:** Arcobacter butzleri, adhesion, HEp-2 cells, virulence factor.

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## INTRODUCTION

The genus *Arcobacter*, belonging to the Family Campylobacteraceae, includes polar flagellated, curved or spiral rod shaped bacteria firstly described as Vibrio/Spirillum organisms and later as aerotolerant Campylobacter-like microorganisms. Currently, the genus Arcobacter comprises the following species: A. cryaerophilus, A. butzleri, A. skirrowii, A. nitrofrigilis, A. cibarius, A. halophilus, A. mytili, A. thereius, A. marinus and "Candidatus A. sulfidicus" [5,15,17]. Among these species, only three, A. butzleri, A. cryaerophilus and A. skirrowii have been recognized as zoonotic agents, recovered from man and animals [19]. At present, A. butzleri is considered the most common species of the genus in environmental water, food and clinical samples [12], being ranked as the fourth most common campylobacter organism isolated from human feces in two independent studies performed in Belgium and France [24,27]. However, their pathological properties, potential virulence factors as well as their clinical significance remain uncertain or not completely defined [2,3,22].

Recently, this species was considered a serious hazard to human health by the International Commission on Microbiological Specification for Foods [16]. *A. butzleri* has been isolated in cases of chronic diarrhea in south areas of Chile [6], environmental waters, mussels, chicken livers, pets and domestic farm animals, including domestic and wild foul [7,8].

Given the growing epidemiological importance of this food-borne emerging enteropathogenic agent, the purpose of this study was to determine the ability of 78 *A. butzleri* strains isolated from different sources to adhere to epithelial cells *in vitro*.

# MATERIALS AND METHODS

A total of 78 strains of *Arcobacter butzleri* were isolated from fecal samples (pelican [n=10], bovine [n=5], duck [n=5], dog [n=5] and sparrow [n=3]), as well as from river water (n=15), chicken giblets (n=13), chicken carcasses (n=8) and mussels (n=5).

All the strains were isolated using as enrichment medium the *Arcobacter* broth supplemented with amphotericin B (10 mg/L), cefoperazone (16 mg/L), 5-fluorouracil (100 mg/L), novobiocin (32 mg/L) and trimethoprim (64 mg/L) [13] and incubated aerobically at 26 °C for 48h. After enrichment, 100 µL of the broth

were streaked onto *Arcobacter* selective agar plates and incubated at 26°C for 72h. All the strains were identified phenotypically using standard assays [26]. Definitive identification was achieved using the multiplex polymerase chain reaction as previously described for the simultaneous identification of *A. butzleri*, *A. cryaerophilus* and *A. skirrowii* [14].

An adherent *Escherichia coli* isolate was included as a positive control, whereas uninoculated cell lines were used as negative controls. Adhesion results were expressed as the percentage of HEp-2 cells showing adhering bacteria and the number of bacteria (± SD) adhered to cells was determined. Following the proportion defined for *Campylobacter* by Lindblom *et al.* [20], strains were considered as adherent if at least 20% of HEp-2 cells showed one ore more adhered bacteria. Adherence was also demonstrated by scanning electronic microscopy.

#### RESULTS

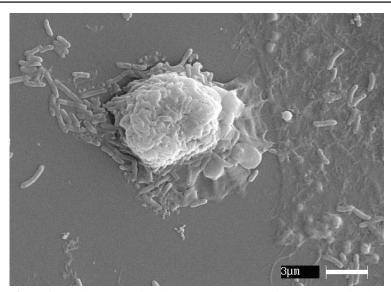
All the strains showed adhesive capacity to HEp-2 cells *in vitro*. The lowest adhesion percentage (27%) was observed in a strain isolated from dog feces (Table 1). In at least one strain per source it was possible to observe 100% adhesion (Table 1). The lowest number of adhered bacteria  $(1.03 \pm 1.53)$  was observed in a strain isolated from river water, while the highest number  $(76.6 \pm 5.59)$  was observed in a strain isolated from duck feces (Table 1).

High-power scanning microscopy confirmed the actual adhesion of *A. butzleri* to HEp-2 cells *in vitro* showing curved bacilli adhering to HEp-2 cells, giving rise to an arrangement resembling a microcolony (Figure 1).

## DISCUSSION

Attachment to inert surfaces and adhesive capacity to epithelial cells are bacterial characteristics associated to environmental persistence and to bacterial pathogenicity, respectively. Both characteristics have been described in some zoonotic food-borne pathogens like *Listeria monocytogenes* [10,21] and *Yersinia enterocolitica* [10,23]. In the case of *Arcobacter butzleri*, a few studies on attachment to inert surfaces [1,4,18] and *in vitro* adhesion to epithelial cells [3,11,22,28,29] are available.

In this study, we determined the ability of *A. butzleri* strains isolated from fecal samples of different animals, as well as from chicken meat (giblets and carcasses), mussels and river water to adhere to HEp-



**Figure 1.** Scaning electronic microphotography showing *Arcobacter butzleri* adhered to HEp-2 cell.

**Table 1.** Adhesive capacity of *Arcobacter butzleri* strains isolated from different sources.

Strain origin	Number of strains studied	Adhesion <sup>1</sup>	Number of adhered bacteria <sup>2</sup>
Human feces	3	84 - 100	$4.39 \pm 4.66 - 25.74 \pm 11.61$
Pelican feces	10	65 -100	$1.51 \pm 1.50 - 13.12 \pm 10.78$
Bovine feces	5	99 - 100	$11.45 \pm 7.47 - 29.6 \pm 11.2$
Duck feces	5	73- 100	6.2 1.64 - 76.6 5.59
Dog feces	5	27 - 100	2.4 0.89 - 30.4 3.2
Sparow feces	3	48 - 100	2.6 1.14 - 28 4.47
River water	15	46 - 100	$1.03 \pm 1.53 - 44.6  5.73$
Chicken giblets	13	66 - 100	$1.11 \pm 1.79 - 68.8 - 6.98$
Chicken carcasses	8	80 - 100	$2.59 \pm 2.39 - 21.35 \pm 12.29$
Mussels	5	46 - 100	$5.01 \pm 5.58 - 23.46 \pm 11.65$

<sup>&</sup>lt;sup>1</sup>ranges of the percentages of HEp-2 cells showing adhesive bacteria.

2 cells. All the strains showed adhesive capacity. The adhesion percentages varied from 27 to 100% and the number of adhered bacteria per cell, from  $1.03 \pm 1.53$  to  $76.6 \pm 5.59$ . Previous studies on environmental strains [3,22] reported that 1/17 1/18 and of the strains respectively, were able to adhere to epithelial cell lines. Higher adhesion capacities were observed in a study done in Mexico, where 34 of 60 strains isolated from retail meats were adherent [29]. In Belgium,

Vandenberg *et al.* [28] showed that all 12 *A. butzleri* strains isolated from human stool samples were able to adhere to HEp-2 cells; and Hoa *et al.* [11] reported that all 8 strains of four *Arcobacter* species tested, adhered to human Caco-2 and porcine IPI-2I cells.

Electronic scanning microscopy (Figure 1) shows curved bacilli adhering to HEp-2 cells forming an arrangement resembling a microcolony. This phenomenon may occur in a stepwise mechanism. First,

<sup>&</sup>lt;sup>2</sup>ranges of the number of adherent bacteria to HEp-2 cells.

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A. butzleri adhere to HEp-2 cells and then, due to their capacity to form biofilms, interbacterial adherence can be expressed. Previous studies have demonstrated the capacity of A. butzleri to form biofilms while attaching to stainless steel, copper and glass [1,4,18].

In synthesis, we have shown a significant adhesive capacity to epithelial cells for *Arcobacter butzleri* strains from different origins. Further studies are necessary to elucidate the molecular and cellular mechanisms accounting for this biological property; and hence, its actual role in the colonization of human and animal intestinal epithelium by *A. butzleri*.

## CONCLUSION

Regardless of their isolation source, the 78 *Arcobacter butzleri* strains tested in the present study were able to adhere to HEp-2 cells *in vitro*.

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