Abstract

The theme of recording sessions is not a consensus in the literature. Authors mention the possibility of expanding knowledge and deeper understanding of what goes on in sessions, highlighting the importance of recording them for studies of the psychotherapeutic process. Others emphasize the patient’s exposure and negative interference of recording in the process and the development of therapeutic alliance. This present study aimed to examine different ways of recording sessions of psychoanalytic psychotherapy. Consists on a survey of differences and particularities of audio recording, transcription and reporting by psychotherapist’s memory of a psychotherapy session...

Keywords

psychotherapy; audio recording; reporting session; psychoanalysis.