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ACTIVIDADES DE LA VIDA DIARIA EN ADULTOS MAYORES: LA EXPERIENCIA DE DOS
GRUPOS FOCALES

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Abstract

The purpose of this study was to obtain a sample of daily activities to propose an inventory of activities of daily activities in aged adults. Two groups of 8 and 15 people each participated. The results show a wide variety of activities of daily activities as a consequence of heterogeneity in aging process, and set bases for further studies on adaptation mechanisms of aged people facing aging changes, to attend needs that this population sector demands.

Keywords

Aged adults; Daily activities, groups.

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