Abstract

Introduction. Most studies on domestic violence present a marked interest in the physical abuse, psychological abuse ignored despite its high incidence and serious consequences for the victim. Aim. The article aims to provide greater knowledge about the phenomenon of psychological abuse in dating relationships in college youth through the identification of factors associated with psychological abuse, as well as co-determining the degree to which they are affected and the possible relationship between them and the variable age. Method. 216 students participated in different degrees of the Faculty of Education, University of Extremadura, aged between 17 and 23 years, divided into four distinct groups based on the following age intervals: 17-18, 19-20, 21-22 and 23 or more. We designed a questionnaire consisting of emotional abuse depreciation factors, hostility, indifference, intimidation, imposition of behavior, scapegoating and apparent kindness that enabled the collection and subsequent analysis of data, according to other investigations of national and international level conjugal violence. Results. The results indicate that all components of the psychological abuse analyzed are affected. There is evidence of a larger behavioral repertoire by young people of 17-18 years compared to other age ranges, as regards the psychological ill-treatment in couples. The data show significant differences between subjects of 17-18 years and 21-22 in the indicators: vetting, trivialized, de-constructive behavior, social isolation. Discussion and conclusions. The results are consistent with other investigations carried out indicate that the university students aged between 17 and 23 years described coercive interaction patterns in their dating relationships. Also, there is differential use of the indicators of psychological violence as the age at which the subject is being implemented to a greater extent by young people of 17-18 years. It is proposed to anticipate situations of marital conflict from the context educational skills through training in emotionally intelligent.

Keywords

Psychology abuse, violence in the intimate partner, engagement, university, emotional intelligence.