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# Performance indicators in rugby union

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## ABSTRACT

Hughes MT, Hughes MD, Williams J, James N, Vuckovic G, Locke D. Performance indicators in rugby union. *J. Hum. Sport Exerc.* Vol. 7, No. 7, pp. 383-401, 2012. Team performance in rugby has typically been assessed through the comparison of winning and losing teams, however, the distinction between winning and losing was used as the sole independent variable. Thus potential confounding variables that may affect performance such as match venue, weather conditions and the strength of the opposition were not considered in this profile of a rugby team. Insufficient data currently exist regarding the development and measurement of performance indicators in rugby union. In particular, there is little research concerning position-specific performance indicators and their subsequent performance profiles. Research has also yet to establish the confidence to which these performance profiles are representative of an individual's performance. The aim of this study was to exploit the unique opportunity of a large dataset from the 2011 World Cup, from analysts working with national teams, and combine this with examples of data taken from previous studies, in an attempt to identify a more focused direction for the analysis of rugby union. The majority of data collected in the results section were during and after the 2011 Rugby Union World Cup in New Zealand by professional analysts working for a firm called PGIR, which has the analysis franchise for the England RFU. All data were checked for accuracy and reliability by cross-referencing actions to post event from video. It was concluded that in a complex dynamic interactive team sport, such as rugby, that simple analyses of frequency data, although informative, cannot possibly be expected to model this very difficult and multivariate problem. **Key words:** PERFORMANCE INDICATORS, RUGBY UNION

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## INTRODUCTION

Team performance in rugby union has typically been assessed through the comparison of winning and losing teams (Hughes & White, 1997; Stanhope & Hughes, 1997; Potter, 1997; Hunter & O'Donoghue, 2001; McCorry et al., 2001; Jones et al., 2004). For example Hunter and O'Donoghue (2001) assessed positive and negative aspects of attacking and defensive play, changes in possession and methods used to gain territory during the 1999 rugby union World Cup. Winning and losing sides were found to differ in the number of occasions that a team entered into the opposition's last third of the field and the frequency of attacks by which the team went around the opposition. However, this type of analysis tends to compare aggregated data of two or more different teams to randomly sample winning and losing sides. This is likely to obscure individual team differences and as such may not be the most appropriate method for determining specific strengths and weaknesses for an individual team.

Jones et al. (2004) considered the winning and losing performances of a single team and found a number of statistically and practically significant differences. For example, while 'lineout success on the opposition throw' differed significantly between winning and losing performances, large observable (but non-significant) differences were apparent for a number of performance indicators (Hughes & Bartlett, 2002) such as 'turnovers won'. A similar study was undertaken by Ortega (2009), where analysis was undertaken on indicators such as line breaks, possessions kicked and turnovers. These indicators were then correlated to winning or losing performances in the Six Nations tournament and significant differences were identified for winning performance. Vaz et al. (2010) tried to link game related statistics that discriminated between winning and losing teams in International Rugby Board and Super 12 games. However, as with the previously cited research, the distinction between winning and losing was used as the sole independent variable. Thus potential confounding variables that may affect performance such as match venue, weather conditions and the strength of the opposition (James et al., 2002) were not considered in this profile of a rugby team.

### *Performance indicators (PIs)*

The correct identification and definition of performance behaviors before designing a coding system may be considered as crucial as highlighted in many papers and books on performance analysis in sport (Rico & Bangsbo, 1996; O'Donoghue, 2007; Cooper et al., 2007; Hughes & Franks, 2004). These definitions are then used to define Performance Indicators (PI) in order to define a performance against some form of outcome or are used in a comparative way, with opponents, other athletes or peer groups of athletes or teams, but often they are used in isolation as a measure of the performance of a team or individual alone (Hughes & Bartlett, 2002).

Similarities can be made to Biomechanics where analysis has generally concentrated on analyses of performance on sports in which the movement technique is critical. The performance goal, or primary performance parameter, (such as the distance jumped in the long jump) is initially partitioned into secondary performance parameters – such as the take-off, flight and landing distances in the long jump: these are sometimes based on phase analysis of the technique (e.g. Bartlett, 1999). In this example, these partial distances can be normalised by expressing them as ratios of the distance jumped – a similar approach is often used in the triple jump and, sometimes, in gymnastic vaults. The use of hierarchical technique models then allows these performance parameters to be related to the movements of the athlete that contribute to successful execution of the skill. All of these parameters and movement variables can be considered as performance indicators providing that they do meaningfully contribute to the performance.

These performance indicators are usually kinematic variables or parameters, such as body segment speeds or angles. When trying to relate such indicators to the theoretical mechanisms of the movement, net joint reaction forces and moments and electromyographic (EMG) descriptors of muscle activation patterns are also used.

#### *PIs in team sports*

Performance analysts have focused on general match, tactical and technical indicators and have contributed to our understanding of the physiological, psychological, technical and tactical demands of team sports. For example, in tennis, the performance of a player may be assessed by the distribution of winners and errors around the court. In soccer, one aspect of a team's performance may be appraised by the ratio of goals scored to shots attempted by the team.

These indicators can be categorised as either scoring indicators, or indicators of the quality of the performance (Hughes & Bartlett, 2002). Examples of scoring indicators are goals, baskets, winners, errors, the ratios of winners to errors and goals to shots, and dismissal rates. Examples of quality indicators are turnovers, tackles, passes/possession, shots per rally, and strike rate. Both types of indicator have been used as positive or negative measures in the analysis of particular performances. If presented in isolation, a single set of data (indicators for a performance of an individual or a team) can give a distorted impression of a performance, because of other, more or less important variables. From our reviews of recent research and the work of many consultants, it is clear that many analysts do not gather sufficient or appropriate data from a performance to represent fully the significant events of that event. Presenting data from both sets of performers is often not enough to inform on the performance, see Hughes and Bartlett (2002) for examples. The comparison of performances between teams, team members and within individuals, by either performance or biomechanical analysts, is often facilitated if the performance indicators are expressed as ratios, as in the examples, given by Hughes and Bartlett (2002) above, of the winner/error and goal/shot ratios, and the ratios of jump phases to overall jump distance. These ratios are explicitly or implicitly non-dimensional.

James (2006) adapted the form chart method to show a soccer team's median values for PIs over six matches compared against the opposition's values taken from the same six matches. This analysis suggested that the analysed soccer team had typically outperformed the opposition on all of the PIs but actual match results had not been particularly good (1 win, 2 draws and 2 defeats). Consequently, this particular chart had been used as a motivational tool to show the players that their performances had remained good even though the match results had not necessarily borne this out.

#### *PIs in rugby*

A study by Parsons and Hughes (2001) analysed the patterns of play of elite players in a large sample of international (Six Nations and World Cup) and European club rugby union matches. Specifically, the skill demands for each playing position were analysed with reference to on- and off-the-ball supporting activities, with the total number of behaviours found to differ between playing positions, emphasizing the different requirements of each playing role. However, one of the limitations of Parsons and Hughes' (2001) study was that although a clear picture of certain skill demands of individual playing positions were given, common and specific positional performance indicators were not constructed. In rugby union, each playing position has role responsibilities that are both unique and common to other positions in the team (Greenwood, 1997). Acknowledgement of both common and individual behaviours is therefore needed to present a more accurate representation of a player's contribution to performance.

Although a considerable body of research exists across a broad range of sports using match analysis to observe performance, relatively limited information is provided on the actual development of the coding systems adopted to collect data on specific performance indicators. In particular, little detail is provided as to how or why relevant behaviours are selected, defined and coded by the researcher and the subsequent validation procedures undertaken to ensure that the performance behaviours targeted by the analysis system are accurately identified and measured.

Despite the work of Hunter and O'Donoghue (2001) and Vivian et al. (2001), insufficient data currently exist regarding the development and measurement of performance indicators in rugby union. In particular, there is little research concerning position-specific performance indicators and their subsequent performance profiles. Research has also yet to establish the confidence to which these performance profiles are representative of an individual's performance. Consequently, there is a need to develop a rigorous methodology for practitioners to adopt when conducting the analysis of performance behaviours in rugby union (Hughes & Williams, 1988; Potter & Hughes, 1999; Williams, 2012). As with many other sports, within performance analysis there has been limited progress on the standardisation of operational definitions and performance indicators. The formation of individual performance profiles, through the utilization of key performance indicators is therefore an important area of investigation (Hughes & Bartlett, 2002).

#### *Performance profiles in rugby*

The development of performance indicators subsequently leads to the creation of performance profiles, which describe a pattern of performance by a team or individual analysed, typically created from collected frequencies of a combination of key performance indicators that offer some prediction of future performance (Hughes et al., 2001). But to date there has been little guidance in the extant literature on how to develop a performance profile, other than the formative papers by Hughes et al. (2001), James et al. (2005) and O'Donoghue (2002). In Vivian and colleagues' (2001) study of performance profiles in rugby union, it was suggested that individual skill profiles were suitable for comparison after five matches. Hughes et al. (2001) investigation of the number of samples required for the creation of a performance profile in several sports found that between three and seven matches were needed to create true averages of the main behaviours in rugby union. Intuitively, it would appear that the larger the database of matches analysed, the more accurate the performance profile, but as Hughes et al. (2001) identified, as a database increases in size it becomes more insensitive to changes in playing patterns. Indeed, fluctuations in performance in an invasion game such as rugby union can be dependent upon external factors such as the strength of the opposition, previous performances of the team or individual, the dynamics of the analysed team, and the changing environmental conditions (Hughes & Bartlett, 2002; James et al., 2002; Rue & Salvesen, 2000).

Jones et al. (2005) assessed 18 performance indicators (PIs) for team performance using a novel 'form chart' to interpret representation of the PIs on the same scale. Performance in one match was compared to previous matches to depict relative performance levels for each of the PIs. This was achieved by standardising the individual match values against the median and inter-quartile range from the previous 15 and 5 match distributions. The number of matches was selected arbitrarily as exemplars and it was suggested that this methodology could enable coaches to isolate areas where performance levels were lower or higher than previously accomplished standards so that training could be modified to address pertinent issues. Furthermore different combinations of PIs could be used to provide both team and individual feedback.

However, in most sports, perceptions of which performance indicators are most important, vary from coach to coach. Therefore, if sets of PIs can be identified and clear operational definitions defined, there is significant scope/benefit for consultancy and research, particularly in commercially orientated sports such as rugby, soccer, basketball and so on. Insufficient data currently exist regarding the development and measurement of performance indicators in rugby union. In particular, there is little research concerning position-specific performance indicators and their subsequent performance profiles. Research has also yet to establish the confidence to which these performance profiles are representative of an individual's performance. The aim of this study was to exploit the unique opportunity of a large dataset from the 2011 World Cup, from analysts working with national teams, and combine this with examples of data taken from previous studies, in an attempt to identify a more focused direction for the analysis of rugby union.

## MATERIAL AND METHODS

To highlight problems associated with current thinking on the definition and presentation of PIs the study presents collected data on the 2011 Rugby Union World Cup in New Zealand by professional analysts working for a firm called PGIR, which has the analysis franchise for the England RFU. All data were checked for accuracy and reliability by cross-referencing actions post event from video. The analyses presented are those used by the analysts, coaches and players in their preparations for competition. There is a limited amount of data, the losing quarter-finalists played 5 matches (2 against the top ranked teams) the semi-finalists played 7 matches (4 against the top teams), so this must be recognised when considering these data.

## RESULTS AND DISCUSSION

The following presents an overview of the data captured from the study that was then used for analysis by the coaching team identified in the paper. First impressions of the data suggest that there is a wealth of useful information that could be used to improve performance. Indeed, there is a colourful display of data in Figure 1 and Table 2, and as a feedback mechanism for coaches working with a team between games in a tournament, there are a host of messages in terms of actions executed. However, it is difficult to determine from these data the levels of performance of the respective teams.

**Table 1.** The final ranking of the top 8 teams (Tier A) at the 2011 World Cup.

Winner	New Zealand
Runner-up	France
Third	Australia
Fourth	Wales
Losing Quarter Finalist	Argentina
Losing Quarter Finalist	England
Losing Quarter Finalist	Ireland
Losing Quarter Finalist	South Africa

In Figure 1, the 'Points scored per match', 'Points scored per match against Tier A teams', 'Tries scored per match' all give interesting details of performance of the competing teams, but apart from the dominance of NZ, give no indication of the relative performances of the other teams. Similarly the summary data in Table 2, mainly oriented to time and phases of play, have no possibility of informing on performance outcomes.

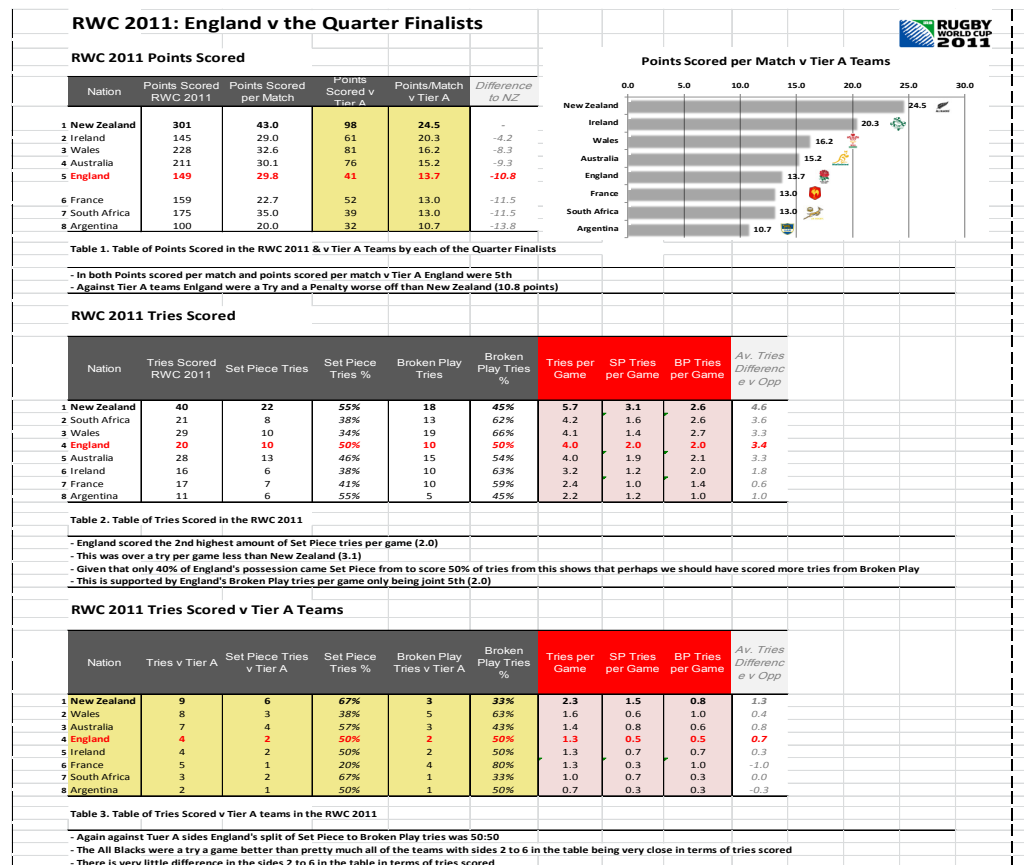


Figure 1. Summary data from the 2011 world Cup.

The data presented in Figure 2 tell a similarly confusing story, with strange anomalies within the data. France, the runners-up in the tournament, had the least line breaks and tries per match, Australia (3<sup>rd</sup>) had very few attacking penalties. Although the data presented in the Tables and Figures are correct and reliable, the meaning that they present is limited as there is no context for the data. For example, the "Attack Penalties Won" chart does not give the reader how many penalties there were in the game as a total or how many the opposition gave in a game. The data are interesting, however, for improving performance their effectiveness in terms of coaching is limited.



**Table 2.** Summary data from the 2011 world Cup.

Date	Round	Nation	Opposition	Result	Ball in Play	Rest Time	Possession Time	Possession %	Possession s	Phases	Phases Per Poss
110909	Pool A	New Zealand	Tonga	Win	34:11	0:56:19	16:39	50%	43	100	2.3
110910	Pool B	England	Argentina	Win	38:38	0:55:24	16:29	47%	44	109	2.5
110910	Pool B	Argentina	England	Loss	38:38	0:55:24	18:18	53%	39	111	2.8
110910	Pool A	France	Japan	Win	36:21	0:52:06	16:53	48%	47	102	2.2
110911	Pool C	Australia	Italy	Win	33:24	0:52:17	18:47	54%	56	140	2.5
110911	Pool C	Italy	Australia	Loss	33:24	0:52:17	15:59	46%	54	103	1.9
110911	Pool D	Wales	South Africa	Loss	42:35	0:44:18	23:57	57%	54	164	3.0
110911	Pool D	South Africa	Wales	Win	42:35	0:44:18	17:56	43%	52	125	2.4
110911	Pool C	Ireland	USA	Win	33:49	0:50:42	20:14	61%	48	137	2.9
110916	Pool A	New Zealand	Japan	Win	31:00	0:56:05	16:40	54%	54	106	2.0
110917	Pool B	England	Georgia	Win	35:51	1:00:37	18:07	51%	50	117	2.3
110917	Pool C	Australia	Ireland	Loss	28:50	1:00:43	13:56	50%	39	87	2.2
110917	Pool C	Ireland	Australia	Win	28:50	1:00:43	14:10	50%	37	104	2.8
110917	Pool D	South Africa	Fiji	Win	42:28	0:51:40	23:18	56%	51	145	2.8
110917	Pool B	Argentina	Romania	Win	38:08	0:52:04	25:15	68%	51	157	3.1
110918	Pool A	France	Canada	Win	37:09	0:53:06	20:23	57%	56	141	2.5
110918	Pool D	Wales	Samoa	Win	39:44	0:49:41	17:18	44%	47	118	2.5
110922	Pool D	South Africa	Namibia	Win	36:08	0:51:12	20:35	59%	65	140	2.2
110923	Pool C	Australia	USA	Win	29:46	1:08:35	16:17	49%	52	107	2.1
110924	Pool B	England	Romania	Win	32:28	0:56:31	18:30	57%	53	113	2.1
110924	Pool A	New Zealand	France	Win	36:34	0:52:28	18:05	51%	48	130	2.7
110924	Pool A	France	New Zealand	Loss	36:34	0:52:28	17:37	49%	46	121	2.6
110925	Pool B	Scotland	Argentina	Loss	44:47	0:48:12	23:27	55%	61	166	2.7
110925	Pool B	Argentina	Scotland	Win	44:47	0:48:12	19:14	45%	60	142	2.4
110925	Pool C	Ireland	Russia	Win	35:36	0:52:59	22:47	67%	55	157	2.9
110926	Pool D	Wales	Namibia	Win	35:24	0:57:29	24:31	72%	53	160	3.0
110930	Pool D	South Africa	Samoa	Win	41:46	0:57:10	16:51	41%	54	109	2.0
111001	Pool B	England	Scotland	Win	31:35	0:57:48	16:30	52%	60	114	1.9
111001	Pool B	Scotland	England	Loss	31:35	0:57:48	15:43	48%	60	118	2.0
111001	Pool C	Australia	Russia	Win	31:55	0:50:21	14:25	47%	43	107	2.5
111001	Pool A	France	Tonga	Loss	36:03	0:58:46	15:38	44%	41	103	2.5
111002	Pool A	New Zealand	Canada	Win	30:59	0:56:55	20:49	62%	56	144	2.6
111002	Pool C	Ireland	Italy	Win	30:38	0:57:18	15:44	52%	42	118	2.8
111002	Pool C	Italy	Ireland	Loss	30:38	0:57:18	14:28	48%	43	83	1.9
111002	Pool D	Wales	Fiji	Win	39:15	0:49:58	20:41	53%	63	132	2.1
111002	Pool B	Argentina	Georgia	Win							
111008	Quarter-Final	England	France	Loss	41:58	0:53:54	19:46	50%	53	136	2.6
111008	Quarter-Final	France	England	Win	41:58	0:53:54	20:08	50%	46	126	2.7
111008	Quarter-Final	Wales	Ireland	Win	42:33	0:43:56	19:37	46%	52	136	2.6
111008	Quarter-Final	Ireland	Wales	Loss	42:33	0:43:56	23:03	54%	52	171	3.3
111009	Quarter-Final	New Zealand	Argentina	Win	38:12	0:53:20	25:20	67%	42	159	3.8
111009	Quarter-Final	Argentina	New Zealand	Loss	38:12	0:53:20	12:19	33%	33	71	2.2
111009	Quarter-Final	Australia	South Africa	Win	41:20	0:49:32	14:43	36%	62	104	1.7
111009	Quarter-Final	South Africa	Australia	Loss	41:20	0:49:32	26:04	64%	64	178	2.8
111015	Semi-Final	Wales	France	Loss	39:40	0:50:39	24:22	62%	52	164	3.2
111015	Semi-Final	France	Wales	Win	39:40	0:50:39	14:57	38%	57	102	1.8
111016	Semi-Final	New Zealand	Australia	Win	39:27	0:50:26	18:56	49%	54	134	2.5
111016	Semi-Final	Australia	New Zealand	Loss	39:27	0:50:26	19:54	51%	58	135	2.3
111021	3/4th Play-Off	Australia	Wales	Win	38:28	0:52:35	15:09	38%	53	105	2.0
111021	3/4th Play-Off	Wales	Australia	Loss	38:28	0:52:35	24:50	62%	56	171	3.1
111023	Final	New Zealand	France	Win	40:18	0:48:47	18:49	46%	50	122	2.4
111023	Final	France	New Zealand	Loss	40:18	0:48:47	22:23	54%	46	126	2.7

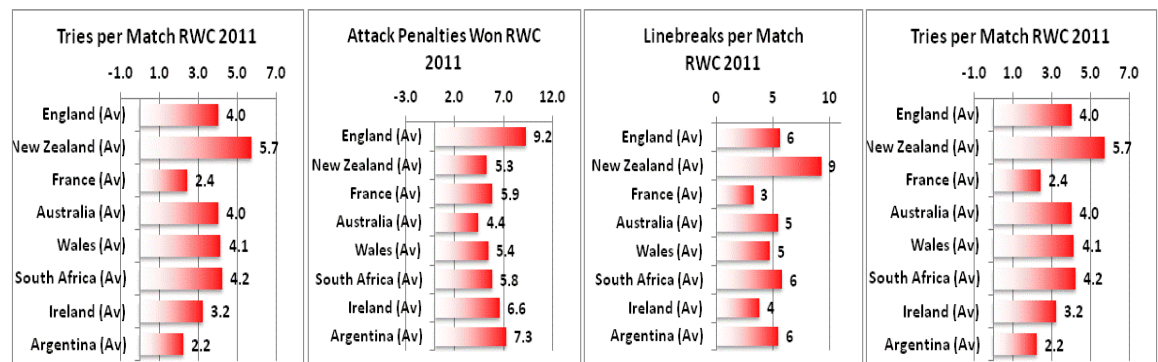
**Figure 2.** A selection of charts illustrating the data captured within the study.



Table 3 shows an analysis of kicking performance for England, again confusion, the worst figure against Scotland was a match England won. Additionally, in terms of performance, there is nothing in the data that indicates how difficult any of the kicks were. For example, a kicking performance of 100% compared to 75% would suggest that the kicker with a success rate of 100% was better than the kicker that had 75%. However the kicker who had a success rate of 100% may have been able to take the kicks directly in front of the posts, whereas the kicker who had a success rate of 75% could have taken the kicks from the touchline. Unless there is some added context to the data, there is little that we can draw from such data.

**Table 3.** Summary data of England's goal kicking performance in the 2011 world Cup.

Nation	Opposition	Result		Kicks at Goal	Kicks Converted	Goal Kick %	GK % Difference	Pens Conceded
England	Argentina	Win	TIER A	8	3	38%	4%	11
England	Georgia	Win		7	5	71%	42%	14
England	Romania	Win		11	8	73%	53%	12
England	Scotland	Win	TIER A	7	3	43%	-57%	10
England	France	Loss	TIER A	2	1	50%	17%	6
Av.				7	4	55%	12%	10.6
Max.				11	8	73%	53%	14
Min.				2	1	38%	-57%	6

Table 4 has some very interesting analyses relating to possession (frequencies and time) and the productivity measured in pints scored, tries scored and line breaks made. Yet again New Zealand has by far the best data in all these categories but the other nations have big differences from category to category. France (2<sup>nd</sup>) and Argentina (joint 5<sup>th</sup>) have the worst data in all categories, they vie for 8<sup>th</sup> place, the other five teams vary in ranking, so this sophisticated analysis again does not produce any data that correlate with outcome.

**Table 4.** RWC 2011 Possession (Poss) - Times & Productivity.

Nation	Poss per Match	Poss Time per Match	Time per Poss	Poss per Point	Poss Time per Point	Poss per Try	Poss Time per Try	Poss per LB	Poss Time per LB
England	52	17:52	0:21	1.7	0:36	13	4:28	9.3	3:12
New Zeal.	49.6	19:20	0:23	1.2	0:27	8.7	3:23	5.3	2:05
France	48.4	18:17	0:23	2.1	0:48	19.9	7:32	14.7	5:34
Australia	51.9	16:10	0:19	1.7	0:32	13	4:03	9.6	2:59
Wales	53.9	22:11	0:25	1.7	0:41	13	5:21	11.4	4:42
South Africa	57.2	20:57	0:22	1.6	0:36	13.6	4:59	9.9	3:37
Ireland	46.8	19:12	0:25	1.6	0:40	14.6	6:00	12.3	5:03
Argentina	45.8	18:47	0:25	2.3	0:56	20.8	8:32	8.3	3:25

The tries scored in matches should correlate highly with outcome – it is the ultimate aim of the game, and 5 points are given for scoring a try, together with the chance to add 2 more points through a conversion kick. The analysis in Table 5 clearly shows again the superiority of New Zealand, but few other correlations with the final ranking order in Table 1. This analysis might be considered more relevant if we examine the scoring only against the higher ranked teams in the world (Table 6).

**Table 5.** RWC 2011 Tries Scored.

Nation	Tries Scored RWC 2011	Set Piece (SP) Tries	Set Piece Tries %	Broken Play (BP) Tries	Broken Play Tries %	Tries per Game	SP Tries per Game	BP Tries per Game	Av. Tries Difference v Opp
<b>New Zealand</b>	<b>40</b>	<b>22</b>	<b>55%</b>	<b>18</b>	<b>45%</b>	<b>5.7</b>	<b>3.1</b>	<b>2.6</b>	<b>4.6</b>
South Africa	21	8	38%	13	62%	4.2	1.6	2.6	3.6
Wales	29	10	34%	19	66%	4.1	1.4	2.7	3.3
England	20	10	50%	10	50%	4	2	2	3.4
Australia	28	13	46%	15	54%	4	1.9	2.1	3.3
Ireland	16	6	38%	10	63%	3.2	1.2	2	1.8
France	17	7	41%	10	59%	2.4	1	1.4	0.6
Argentina	11	6	55%	5	45%	2.2	1.2	1	1

**Table 6.** RWC 2011 Tries Scored v Tier A Teams.

Nation	Tries v Tier A	Set Piece Tries v Tier A	Set Piece Tries %	Broken Play Tries v Tier A	Broken Play Tries %	Tries per Game	SP Tries per Game	BP Tries per Game	Av. Tries Difference v Opp
<b>New Zealand</b>	<b>9</b>	<b>6</b>	<b>67%</b>	<b>3</b>	<b>33%</b>	<b>2.3</b>	<b>1.5</b>	<b>0.8</b>	<b>1.3</b>
Wales	8	3	38%	5	63%	1.6	0.6	1	0.4
Australia	7	4	57%	3	43%	1.4	0.8	0.6	0.8
England	4	2	50%	2	50%	1.3	0.5	0.5	0.7
Ireland	4	2	50%	2	50%	1.3	0.7	0.7	0.3
France	5	1	20%	4	80%	1.3	0.3	1	-1
South Africa	3	2	67%	1	33%	1	0.7	0.3	0
Argentina	2	1	50%	1	50%	0.7	0.3	0.3	-0.3

Table 7 shows different rankings, but again no indications of a correlation to Table 1. Similarly, it might be expected that line breaks made in matches should correlate highly with outcome – it is the ultimate aim of the game, and will often lead to tries. If the line break is made, the required outcome is indeed some form of score of advantage from the line break, but unless there is some form of measurable termination point, such as a try or ground gained, the data has limited use.

**Table 7.** RWC 2011 Linebreaks.

Nation	Linebreaks RWC 2011	Set Piece Linebreaks	Set Piece Tries %	Broken Play Linebreaks	Broken Play Tries %	Linebreaks Per Game	SP LB's per Game	BP LB's per Game
<b>New Zealand</b>	<b>65</b>	<b>33</b>	<b>51%</b>	<b>32</b>	<b>49%</b>	<b>9.3</b>	<b>4.7</b>	<b>4.6</b>
South Africa	29	6	21%	23	79%	5.8	1.2	4.6
England	28	11	39%	17	61%	5.6	2.2	3.4
Australia	38	14	37%	24	63%	5.4	2	3.4
Wales	33	9	27%	24	73%	4.7	1.3	3.4
Argentina	22	8	36%	14	64%	4.4	1.6	2.8
Ireland	19	5	26%	14	74%	3.8	1	2.8
France	23	9	39%	14	61%	3.3	1.3	2

**Table 8.** RWC 2011 Linebreaks v Tier A Teams.

Nation	Linebreaks v Tier A	SP LB's v Tier A	Set Piece Linebreaks %	Broken Play LB's v Tier A	Broken Play LB's %	Linebreaks Per Game	SP LB's per Game	BP LB's per Game
<b>New Zealand</b>	<b>20</b>	<b>10</b>	<b>50%</b>	<b>10</b>	<b>50%</b>	<b>2.9</b>	<b>1.4</b>	<b>1.4</b>
Australia	13	5	38%	8	62%	1.9	0.7	1.1
Argentina	9	3	33%	6	67%	1.8	0.6	1.2
France	12	3	25%	9	75%	1.7	0.4	1.3
England	8	3	38%	5	63%	1.6	0.6	1
Ireland	6	3	50%	3	50%	1.2	0.6	0.6
Wales	8	4	50%	4	50%	1.1	0.6	0.6
South Africa	5	1	20%	4	80%	1	0.2	0.8

The analysis in Table 7 clearly shows again the superiority of New Zealand, but few other correlations with the final ranking order in Table 1. This analysis is then extended (as above) to making breaks against the higher ranked teams in the world – the Tier A (top 8). Table 8 shows different rankings, but again no similarity to Table 1.

Table 9 is an analysis of possession 'completion' – a subjective term denoting the end of a possession for a team that was on their own terms, e.g. winning a penalty, scoring a try, making a positive kick, and so on. This might be expected to present an improved correlation with the tournament outcome, as it relates to the quality of play and pressurising the opposition, but once again the ranking of the teams in the first column show no relationship with Table 1. France (2<sup>nd</sup>) and Wales (4<sup>th</sup>) are respectively 7<sup>th</sup> and 8<sup>th</sup>, once again New Zealand has the best performance in terms of data.

**Table 9.** Possession Completion.

Nation	Completion RWC 2011	Completion Battles Won	Completion V Tier A	Completion Battles V Tier A
<b>New Zealand</b>	<b>60%</b>	<b>100%</b>	<b>65%</b>	<b>100%</b>
England	58%	80%	59%	67%
Ireland	56%	60%	55%	67%
Australia	56%	43%	53%	40%
South Africa	54%	80%	53%	67%
Argentina	54%	60%	55%	33%
France	52%	57%	51%	50%
Wales	51%	57%	50%	40%

The number of times a team enters the attacking '22' (the Red Zone) must bear a relationship with their attacking prowess and their conversion of these possessions into points an indicator of their control and purpose. But again there is little correlation in Table 10 with the teams and the outcome. In the data for the teams playing against Tier A teams (Table 11), France actually top one column, 'Points per Red Zone Possession', for the first time.

**Table 10.** Red Zone Conversion.

Nation	Red Zone Poss per Game	Converted Red Zones per Game	Conversion	Red Zone Pts	Red Zone Pts per Game	Points Per Red Zone Possession	Points Per Red Zone Diff	Conversion Battles Won
<b>New Zealand</b>	<b>3.7</b>	<b>2.3</b>	<b>62%</b>	<b>76</b>	<b>10.9</b>	<b>2.6</b>	<b>2.1</b>	<b>75%</b>
France	4.1	1.7	41%	37	5.3	1.1	1.1	80%
England	4.4	2.2	50%	48	9.6	2.4	1	60%
Australia	4.4	2.3	52%	55	7.9	1.5	0.9	43%
South Africa	5	1.8	36%	42	8.4	1.7	0.7	80%
Ireland	4.8	2.8	58%	31	6.2	0.9	0.5	60%
Wales	2.6	1.4	56%	39	5.6	1.9	0.3	57%
Argentina	3.5	1.5	43%	8	2	0.5	-1.1	57%

**Table 11.** Red Zone Conversion v Tier A.

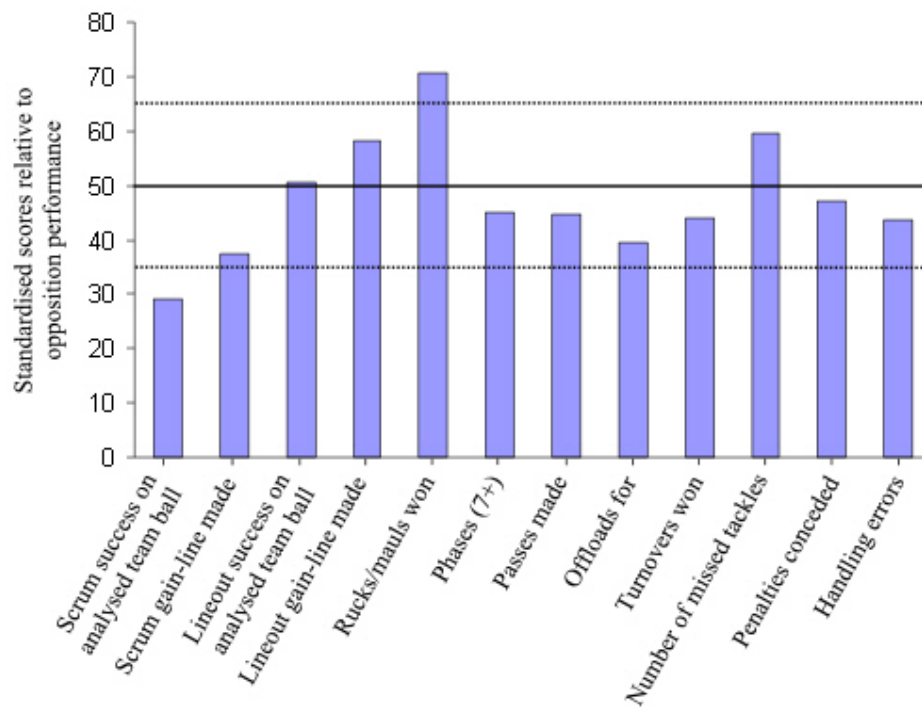
Nation	Red Zone Poss per Game	Converted Red Zones per Game	Conversion	Red Zone Pts v Tier A	Red Zone Pts per Game	Points Per Red Zone Possession	Points Per Red Zone Difference	Conversion Battles Won
France	3.8	1.8	47%	15	0.1	3.8	0.8	75%
New Zealand	1.5	0.8	50%	11	2.8	2.4	1.3	75%
England	4.7	2	43%	17	5.7	1.4	-0.3	33%
South Africa	4	1	25%	7	2.3	1.2	-0.5	33%
Australia	3	1.2	40%	20	4	1.1	0.7	25%
Wales	1.6	0.6	38%	6	1.2	0.8	-1.2	0%
Argentina	1.7	0.3	20%	3	1	0.5	-1.3	0%
Ireland	3	1.3	44%	0	0	0	-0.7	0%

Before moving on to more general discussion of PIs, we should recognise the limitations that beset these data. Firstly, there is not a large amount of data here. The losing quarter-finalists played 5 matches (2 against the top ranked teams) the semi-finalists each played 7 matches (4 against the top teams), so this must be borne in mind when considering these data sets. To perform accurate multivariate correlations of these PIs against the ranking of the teams would require many more matches – in the region of 12000, which would be very difficult. But what has been attempted here was to cast a ‘rule of thumb’ estimation of the relative worth of these PIs at a tournament such as the world cup, or the Six Nations or the Tri-Nations. Analysts, and therefore coaches, are always working with limited amounts of data, in statistical terms, and must do their best to present the messages of the performances. These PIs presented and discussed here, useful as they are to the coaches because of their summarising of elements of the performances, do not tell the story of what won those matches. They do, however, consistently demonstrate that New Zealand were the best team, but failed to accurately differentiate between the other teams. For example, most of the indicators defined France (2nd) as one of the worst teams of the top eight, with which all the media agreed, up until the quarter-finals. They won their quarter-final and semi-final by 2 points and one point respectively.

#### *PIs in rugby*

The general approach of research into rugby is typified by Parsons and Hughes, (2001), Vivian et al., (2001) and James et al., (2005), producing great quantities of frequencies of actions of winning and losing teams. The study by Jones et al., (2005) evaluated how an elite rugby team performed in a match against a similar standard team measured against a prediction (form chart based on the previous relative performances of the two teams on 12 PIs over five matches. Hence, when the analysed team had performed relatively better on a PI, compared with the second elite team, it was predicted that the analysed team was showing better form on this variable and as such was likely to outperform the other team in the subsequent match, relatively worse performance suggested the analysed team would be outperformed. As can be seen these PIs have a similar feel to them as those presented earlier – more frequencies of actions, without relation to pressure, pitch position, time in the match nor game state. The actual form chart (Figure 3) is however a good visual presentation of the data because of the simplicity of its visual format. Coaches and players alike can instantly pinpoint specific areas where performance is below set standards or vice versa. This can be done without the use of large tabulated statistical reports which can overload or confuse

the reader. Indeed, the standardisation of PIs and their presentation as a versatile form chart provides immediate information on a single visual scale.

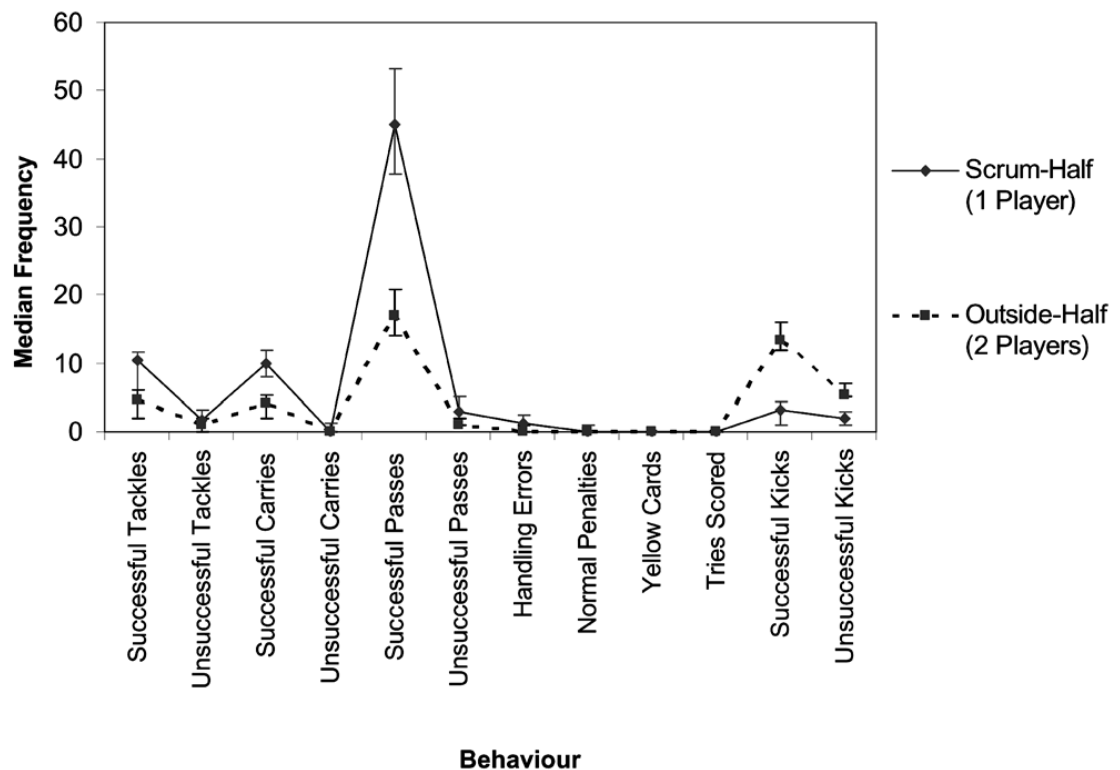


**Figure 3.** Form chart comparing the median performances for the analysed team (previous 5 matches) relative to prior performances (previous 5 matches) by their next opponents (from Jones et al., 2005).

#### *Performance profiles in rugby*

An important issue in the current notational analysis literature is the construction of performance profiles and the amount of data required for the analyst to be confident that the numbers of behaviours recorded are truly representative of an individual's performance of that behaviour. Indeed, Hughes et al. (2001) suggest that without achieving a stable profile for a set of performance behaviours, any inferences regarding an individual or team performance can be considered to be somewhat spurious. In our study, we introduced the use of confidence limits for the population median (Zar, 1999; Hughes et al., 2002) of performance behaviours, which was deemed sufficient to allow the creation of profiles (cf. Hughes et al., 2001; Vivian et al., 2001).

The aim of James et al. (2007) was to construct a rigorous methodology for the analysis of individual performances within a professional rugby union team. This was achieved through the development of validated key performance indicators, the adoption of appropriate reliability procedures (Hughes et al., 2002) and the use of statistical techniques to determine individual player performance profiles and make intra-positional comparisons. Despite the use of performance analysis in applied sports science for some time, little detail has been documented,



**Figure 4.** Inter-positional comparison of the positional clusters of scrum-half and outside-half, illustrating median frequencies and 95% confidence limits for the population median.

Particularly in rugby union, regarding the design and construction of systems and scientific procedures used to assess the reliability and validity of these systems (Hughes et al., 2002; More, 2002; Nevill et al., 2002). A further aim of the study was to utilize the performance profiles of players to compare intra-positional differences in key performance indicators. The results showed that when compared, general positional profiles were evident, although significant between-player differences were found for all of the analysed positional clusters (see Figure 4). This suggests that for some positions a general profile may be created, which is probably specific to each team, and may indicate the strengths and weaknesses of the performances of players in that position. With regard to the differences of the principal behaviours for individuals of the same positions, the findings observed particular variation within the playing position of outside-half.

These types of individual profiles were also being used by the analysts in PGIR, to produce subjective evaluations of the different skill elements that make up a positional profile (see Figure 5 – some detail has been obscured because of confidentiality issues). These different skill sets can be defined for each playing position in rugby.





**Figure 5.** Qualitative analysis of skills specific to position (Scrum-half).

James et al. (2005) believed that the use of confidence limits was the most applicable methodology, particularly to the applied practitioner, in that performance profiles of individual and team behaviours can be established after the collection of relatively few data sets. It should also be noted that some performance profiles may never 'stabilize' or become consistent due to the variability or unpredictability of the individual. In this case, the use of confidence limits provides an appropriate means for assessing such inconsistency in performance. Often analysts and coaches of all sport are analyzing only a few games, statistically speaking, so this limited amount of data is a perennial problem with most sports analysis.

While this study introduced some new scientific processes to facilitate the development of systems to analyse and collect behaviour, the findings are preliminary and there are several areas that require further investigation. First, despite careful consideration of operational definitions through content validity procedures by panels of expert coaches and performance analysts, some bias was inevitable in studies of this nature. For example, in a lineout play, some subjectivity is involved when deciding whether the thrower of the ball or the player jumping for the ball was at fault when a lineout was unsuccessful. Similarly, problems may occur when deciding whether an individual player is intending to kick the ball to the touchline line to put it out of play or long down the pitch to achieve field territory. In addition, it could be argued that two or more profiles are required to account for potential confounding variables such as the time of day, match venue, officials, weather conditions, the effect of injured players, and the nature and strength of the

opposition (Hughes & Bartlett, 2002; James et al., 2002; Rue & Salvesen, 2000). To further enhance our understanding of the performance of rugby union teams, there is also a need to complement individual performance profiles with analysis of playing patterns or team profiles. For example, Hunter and O'Donoghue's (2001) preliminary work investigating positive and negative aspects of attacking and defensive play in winning and losing rugby union teams suggested distinct differences in terms of changes in possession and methods used by the teams to gain territory. Additional direction may also come from research into other sports, such as soccer, where some success has been achieved in identifying patterns of play and team strategies (i.e. Luhtanen et al., 2001; James et al., 2004).

#### *PIs in team sports*

Hughes and Probert (2006) undertook a technical analysis of playing positions within elite level International soccer at the European Championships 2004. The qualitative data were gathered, post event, based on the relative successful execution of techniques performed. Players were classified by position as goalkeepers, defenders, midfielders or strikers. A comparison was also made between the technical distributions of both a successful and unsuccessful team. The study showed that it is possible to use qualitative assessments of skills in a quantitative way that is reliable, and that it was a more informative way of analysing the respective merits of team performance. Coaches must take into account the skills required by each position and hence be selective of which players play within those positions. Furthermore, coaches must plan training sessions that are accurate to the specific needs of individuals and their position within a team. These ideas of analysis can be used with the different skill sets in rugby union. This work on soccer was further explored by Hughes et al., (2012, *Ibid*) and, if the skills and appropriate operational definitions, can be adopted by performance analysts, then these analyses will become more powerful (Williams, 2009).

#### *Moneyball and rugby union*

The literature identified in this paper has highlighted the importance of the association of giving meaning to data is sometimes overlooked within the analysis of rugby and sport in general. The initial aim of this work was to use data gathered by professional analysts working for national teams, from the recent World Cup for rugby union in New Zealand (2011). However the data gathered, and any subsequent 'performance indicators' derived from these data, failed to answer any basic questions about the game. In racket sports the task is much easier as each rally ends in a winner (W) or error (E), and so using W/E ratios for different shots, in different positions can give powerful analyses of how matches are won and lost. In rugby the players within the team, and separate units, have far more complex interactions with each other, and of course with the opposing team. There are not always immediate positive outcomes, but it becomes more clear that just counting actions, and then paying 'lip-service' to PI methodology (non-dimensionalising them in some way) is not sufficiently sensitive to differentiate between winning and losing teams.

Billy Bean (Moneyball & Lewis, 2003) defined these processes and definitions for baseball and used them, with large objective databases, to recruit players more efficiently and economically, and hence achieve success far in excess of the expectation of his club's financial standing. Therefore, if the different skill sets of PIs for each position in rugby union can be identified and clear operational definitions defined, there is significant scope/benefit for consultancy and research. Having defined the operational definitions of a pass, tackle, running with the ball, different types of kick, etc., the more tricky task is to rate the level of execution of that skill in a consistent, reliable and accurate manner. The method used by Hughes and Probert (2006), a relatively simple process, showed that, with considerable training and practise, it was reliable and accurate. The next step would then be to create some form of 'unit interaction analyses' between players (e.g. the front row; No 8, scrum half and fly half; back 3 – 11, 14 and 15) for analysis for squad selection

and comparison with other teams. It might be possible to use aspects of momentum and perturbations analyses (Hughes & Reed, 2004) to integrate these data sets and link them to outcomes. Recent research using sociometric network analysis (Duch et al., 2010) offers another way of integrating these different sets of interactive data, and ordering them to differentiate between their respective importance.

Some or all of these ideas could mean that PIs of more relevant importance to outcome, particularly with respect to execution of skills, would be available to coaches, managers and analysts. This would make selection of players and squads more objective and would also be very useful when considering players in transfer negotiations.

## CONCLUSIONS

A large dataset from the 2011 World Cup, from analysts working with national teams, and examples of data taken from previous studies, enabled an analysis of how notational data have been used. It was concluded that in a complex dynamic interactive team sport, such as rugby, that simple analyses of frequency data, although informative, cannot possibly be expected to model this very difficult and multivariate problem. It is therefore recommended that more qualitative analyses of individual skill sets for each position be undertaken. Ways of combining these sets of data into the playing units (e.g. front row, half backs) that interact within and between teams, could then give comparative permutations and combinations for selection and transfer decisions. It is suggested that these data sets could be further examined and integrated using methods based on momentum, perturbations and sociometric network analysis.

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