Abstract

This is a qualitative exploratory-descriptive work that aims to identify the elements that influence the perception of quality of life (QOL) of people living with HIV/AIDS. Semi-structured interviews with 14 people was carried out. The analysis resulted in four categories: Quality of life; subjectivity and multidimensionality; Living with HIV/AIDS and the quality of life; and Care for the living quality and Health services as enhancers of QOL. There are several factors that interfere in the QOL of those people such as: physical aspects caused by the disease, the continuation of the treatment and the usage of antiretroviral medications. As social aspects, it was identified the presence of prejudice and discrimination. The acceptance of the treatment by antiretroviral medications considerably improves QOL. The identification of the factors that interfere in QOL will be able to contribute to more humanized service provided to people who live with HIV/AIDS, leading to the care beyond the clinical aspects, instrumentalizing those people towards a better life quality.

Keywords

Life Quality, HIV, Acquired Immunodeficiency Syndrome, Nursing.