The aim of this paper was to discuss and think theoretically over the use of the Delphi technique in nursing research. A study was performed from the reflective proposal of Dalkey. The technique allows the trial information, in order to reach consensus of opinion about a subject, allows nursing professionals with diverse experiences and expertise on certain issues, collaboration building a consensus of views, encouraging discussion of issues which are relevant to the future of nursing. The detailed study of the technique allows accurate understanding about the positive aspects of their use, being considered an innovative methodological alternative. It is evident that the technique has the potential to support research that focus on the contemporary scene, marked by new forms of action, incorporating ideas and forecasting trends that characterize the current practice of nursing.

**Keywords**

Nursing Methodology Research, Investigative Techniques, Nursing Methods.