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PAST AND PRESENT OF CHAGAS DISEASE IN NORTHERN CHILE*

PASADO Y PRESENTE DE LA ENFERMEDAD DE CHAGAS EN EL NORTE DE CHILE

Aldo Solari¹

Contemporary understandings of the epidemiology of Chagas disease as well as its clinical features, together with knowledge of the insect vectors and genotypes of the causal agent *Trypanosoma cruzi* are important pieces of information for comparisons with cases in the past. Evidence indicates that 4,000 years ago in northern Chile cases displaying digestive symptoms or 'megacolon' were frequent. Recent information on the dispersion of the domestic insect vector *Triatoma infestans* allows us to conclude that in the past only the wild *Mepraia gajardoi* insect vector transmitted *Trypanosoma cruzi* in its native area. This information together with current knowledge about *Trypanosoma cruzi* circulating in the area and transmitted by *Mepraia gajardoi* will be important to establish possible host-parasite association with Chagas disease pathology.

Key words: Chagas, *T. cruzi* genotypes, insect vectors.

El conocimiento de la epidemiología de la enfermedad de Chagas en el norte de Chile en nuestros días tales como las características clínicas, los insectos vectores del parásito hasta los genotipos del agente causal Trypanosoma cruzi son importantes para contrastar la situación con el pasado. La evidencia nos indica que hace 4.000 años en esta zona endémica hubo casos clínicos frecuentes con síntomas digestivos de la enfermedad de Chagas o megacolon. Los datos recientes sobre dispersión del insecto vector doméstico Triatoma infestans permiten concluir que en el pasado sólo el vector nativo y silvestre Mepraia gajardoi transmitía Trypanosoma cruzi. Esa información y el conocimiento actual de los genotipos de T. cruzi circulando en el área y transmitidos por M. gajardoi serán importantes para establecer posibles asociaciones huésped-parásito con la patología de la enfermedad de Chagas.

Palabras claves: Chagas, genotipos *T. cruzi*, insectos vectores.

Chagas disease or American trypanosomiasis is an old and wide-spread zoonosis from United States to the Southern Argentina caused by the protozoon parasite *Trypanosoma cruzi*. The theory about the natural history of Chagas disease proposes that humans were included in the *T. cruzi* transmission cycle as a consequence of acquisition of sedentary habits and as a consequence of colonization by triatomine vectors of human dwelling. It is thought that the insect vector adaptation (*Triatoma infestans*) to human dwellings occurred in early agroceramic cultures of Argentina 500 AD., as well as in Southern Perú and eastern Bolivia (Dujardin et al. 1998; Noireau et al. 2009). This fact and the ancient practice of Andean ethnics to raise guinea pigs for consumption could have favored insect vectors to colonize cultures human habitats and the zoonosis (Rothhammer et al. 1985). Chile is an interesting country to study Chagas disease since

evidence has been found in mummies revealing the presence of clinical manifestations of the disease and the confirmation of *T. cruzi* presence in several mummies tissues (Guhl et al. 1999; Rothhammer et al. 1985). The present review describes the origin of the etiologic agent and variants of *T. cruzi*, the insect vectors as invertebrate hosts that transmit the parasite, the participation of reservoir animals and clinical manifestations in infected humans in the past and present, with special emphasis in Northern Chile. The study of this parasite in antiquity allows us to understand health conditions of prehispanic populations and parasite host interactions related to subsistence patterns and cultural development achieved by ancient population. The richness of northern Chile bioarchaeological record, as well as the developmental conditions permits us to determine the presence of this parasite in antiquity.

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***T. cruzi* Transmission and Clinical Aspects of Chagas Disease**

The parasite *T. cruzi* moves among mammals, humans and triatomine insects during its life cycle. A triatomine picks up the parasitic infection by feeding on the blood of an infected animal or human. Once inside, the parasite divides rapidly in the insect gut before emerging in its feces. When the triatomine takes another blood meal, it defecates on the skin of the victim, depositing *T. cruzi* in the process. The parasite is able to penetrate the new host if the skin is broken by the bug or through other cuts and abrasion, or through the soft skin of the eyes and mouth. It can infect the cells of the soft tissues below, and then enter the blood stream and circulate to reach other body tissues where they divide and finally after host cell destruction they reach the blood stream amplified.

T. cruzi can be transmitted by several ways, being the most efficient via faecal deposits from infected vectors, but other routes as blood transfusion from infected donors, transplacental transmission from infected mothers, and oral transmission by eating infected material. The oral route transmission would seem to be the primitive state. Small mammals transmission would seem most likely to occur when they eat infected insects (Aufderheide et al. 2005). Therefore this route is more probable than the vectorial one in wild mammals since the parasite must pass through the dense fur of the animal.

These *T. cruzi* proliferate and generate tissue damage, reaching a high parasitemia after colonized cells destruction, triggering a strong immune response of the host (acute phase). Later on the parasite colonize other tissues and evade the immune response until subpatent parasitemia are observed. The infected host can evolve to the chronic phase after up to 30 years, and develop clinical characteristic symptoms of Chagas disease. It is accepted that approximate 30% of the infected subjects develop some clinical symptom, the other 70% remains asymptomatic and can present some abnormal electrocardiographic tracks. It is thought that in Chile the most characteristic symptom is the cardiac one (Arribada et al. 1990). However, others propose that digestive alterations such as dolico/megacolon is the most frequent (Calderón 1992). The esophagous alterations some as in other countries are the less frequent but a study with few cases

revealed incomplete sphincteric relaxation, which is the most typical manometric finding in Achalasia (Csendes et al. 1975).

Chagas Disease in Northern Chile

One study conducted in the XV geographical region of Chile revealed an average prevalence of 10.5% being much less in rural areas of Arica than Iquique with figures of 7% and 13%, respectively (Arribada et al. 1993). Other epidemiologic studies revealed that human infection is between 12.5-14.4% in the whole region (Apt and Reyes 1986; Knierim and Saavedra 1966; Martínez et al. 1983; Villarroel et al. 1991). It is worth to point out that major detection among pregnant women was found in Arica than Iquique, with figures of 1.7% and 0.7%, respectively (Apt and Reyes 1986). One of these studies demonstrated that Chagas disease is more prevalent in localities far away from the coast. Prevalence in human subjects between 0-1500 m (coastal settlement), was three times less than in those living between 1500-3000 m (intermediate settlement) with figures of 7.5% and 22.7%, respectively (Villarroel et al. 1991). This study also revealed that electrocardiographic alterations of Chagas disease were five times more frequent than non infected subjects. However those infected subjects over 3,000 m presented more electrocardiographic abnormalities typical of Chagas disease such as bifascicular blocks and conduction alterations (Arribada et al. 1993), than those living in the intermediate and coastal settlements with 14.3%, 6.2%, and 4.4%, respectively (Villarroel et al. 1991). These figures are compared at that date with a national average of 6.8% and demonstrate that altitude is a major factor to consider in Chagas disease epidemiology (Villarroel et al. 1991). Besides the high level of electrocardiographic alterations detected among infected and non infected persons, the number of symptomatic cases was low, which do not indicate absence of myocardial damage in asymptomatic cases (Arribada et al. 1990). Even though there are several studies of Chagas disease, the methods to study digestive alterations are complex and require equipments only available in hospitals. One of the few complete clinical studies was conducted with asymptomatic chagasic patients. This study performed among blood donors and mostly from persons of the IV region revealed interesting results. The study showed that dolico/megacolon was more prevalent

(30.2%), than myocardial damage measured by electrocardiographical abnormalities (23%), and dilated aoesophagus (14%). Another interesting conclusion was that Chagas disease can present multiple organic involvements in 12% of the cases, and these cases seems not to demand longer times of evolution (Calderón 1992).

As a whole chagasic studies with electrocardiographic tracks revealed discordant results among several groups however digestive alterations and specially megacolon is characteristic of Chagas disease (Atias 1980). This author determined that 9 out of 10 cases of megacolon in Chile are of chagasic aetiology, and that 23.9% among asymptomatics and 45% of symptomatics have dolico/megacolon (Calderón and Aldana 1987). It is worth to point out that the most characteristic symptoms of these patients are the different degrees of constipation and further complications as fecaloma.

Antiquity and Diversity of the *Trypanosoma cruzi* Taxon

All trypanosomes are parasites and the present thought is that they have a monophyletic origin. The suggestions is that the original parasitic forms developed prior to splitting up the continents during the mesozoic era, approximately 230 mya. Meantime development of the *cruzi* clade is thus suggested to have initiated prior to splitting up the southern continent Gondwanaland in the cenozoic era (Briones et al. 1999).

The earliest forms of *cruzi* are deduced to have been associated with marsupial opossums at the time of separations of South America from Gondwana about 40 mya. *T. cruzi* is diploid but asexually reproduced. This observation was early established since population genetic studies with mitochondrial markers and nuclear loci coding for isoenzymes highly correlated. This association strongly supported a clonal propagation of the parasite (Tibayrenc and Ayala 1987).

Two major lineages exist of *T. cruzi*, known as TcI and TcII. Subdivision of TcII exist (TcIIa, b, c, d and e) as described (Westenberger et al. 2005). However a new consensus nomenclature exist for the six discrete typing units from TcI to TcVI (Zingales et al. 2009). Genetic diversification among *T. cruzi* lineages was performed by the statistic D "genetic distance" (Nei 1972), which estimates the number of allelic substitutions at the

nuclear DNA that have occurred in two organism since they last shared a common antecetor. When two different *T. cruzi* genotypes of TcI and TcII are compared at the level of multi locus enzyme electrophoresis, genetic distances differ over 2.0, which implies the taxon *T. cruzi* as genetically extremely heterogeneous, a D value that spread over a range that covers the level of genetic divergence between different subspecies, and genera in animals. For example the D value for comparisons between the orangutan and either humans or the other great apes is approximately 0.6. The divergence of these species occurred some 15 mya. If we assume as a rough approximation similar rates of evolution in *T. cruzi* and in the antropoids, it is possible to conclude that TcI and TcII diverged more than 50 mya (Ayala 1993). However all these are rough stimulation for sexually reproduced organisms. *T. cruzi* is asexually reproduced, therefore these figures should be higher in a slower molecular evolution as for a clonal propagation organism.

Epidemiological studies based on *T. cruzi* isolates from different host origins make people suggest that TcII is associated with placental mammals and TcI with marsupials. However in South America the prevalence of TcII seems to be independent of host type, marsupial or placental (Briones et al. 1999). TcII is composed of several sublineages, some of them generated for hybridization events or asexually recombinant processes from the oldest *T. cruzi* lineages (TcI and TcIIb) (Westenberger et al. 2005). The evolutionary history of *T. cruzi* has been determined, recently and the modern hybrids TcIId and TcIIe are associated with digestive symptoms of Chagas disease, meantime TcI are with cardiac lesions (Rozas et al. 2008).

Few studies have been performed with *T. cruzi* genotypes circulating in northern Chile. These studies were conducted on *T. cruzi* isolates from patients and the domiciliary insect vector with complex methods. These studies revealed that *T. cruzi* genotypes TcI, TcIId and TcIIe were found circulating in this endemic area (Arribada et al. 1990; Venegas et al. 1997; Solari et al. 1998). Interestingly molecular karyotyping evidence two variants of TcI, with very low genetic distances among them $D=0.017-0.04$ (Ayala 1993). More recently using cytochrome b gene sequencing it is possible to differentiate these two TcI genotypes as very different organisms with an estimation split of 27 mya among them (Spotorno et al. 2008).

Only TcIIId was found in human derived *T. cruzi* isolates, meantime TcI and TcIIe were found in the domestic *T. infestans* insect vector isolates (Arribada et al. 1990). Something similar was observed for *T. cruzi* isolates from humans and *T. infestans* of San Pedro de Atacama in the II region (Gonzalez et al. 1995).

More recently the selvatic insect vector *Mepraia gajardoi* was studied in Northern Chile and it was found infected with *T. cruzi* in the coasts of Arica and Medano (II region) where at least the *T. cruzi* genotype TcIIb was found (Botto-Mahan et al. 2008; Carvajal et al. 2007). Future studies of this selvatic vector *M. gajardoi* and the *T. cruzi* genotypes transmitted are necessary to evaluate the human risk of infection in this regions with *T. cruzi* as well in the past. It is thought that fishermen and algae harvesters living in rocky habitats of this geographic area can be infected this way by their proximity with *M. gajardoi*.

Triatominae Vectors in the Andean Region

The triatominae are insects vectors of the Reduviidae family (Hemiptera) that feed and suck blood from vertebrates, therefore they transmit *T. cruzi* to humans. They are an ancient family that presumably have derived from phytophagous Hemiptera some 230 mya (Evans 1956). Predatory reduviids have at present a worldwide distribution with at least 6,000 species. All reduviid subfamilies at present seem to be represented in America and at least three subfamilies of predatory reduviid are represented in amber 25-65 mya from Mexico and the Caribbean (Schofield 2000).

It is thought that the blood-sucking Triatominae are generally poorly differentiated from predatory reduviids, both in body shape and habitat, all suggestive that they have evolved to the blood-sucking habit relatively recently (Schofield 2000). Within Triatominae there is evidence for rapid evolutionary changes, to mention, comparison of derived populations of *T. cruzi* insect vectors in Central America, with their putative populations in Colombia and Venezuela, shows them to be morphologically different and with reduced genome. Another example is the comparison of domestic *T. infestans* from Uruguay and other South American countries, with their original selvatic populations in Bolivia, again shows clear morphometric and genetic differentiation over a short time scale no more than 100 years (Dujardin et al. 1998).

T. infestans is recognized as the most important insect vector species in South America, and responsible for about the half of 18 million people infected by *T. cruzi* (WHO 1991). It was distributed in Argentina, Bolivia, Brazil, Chile, Paraguay, Uruguay and Perú. Because of his exclusive domiciliary habitat the vector control programme launched in 1991 was successful and several areas of Uruguay, Chile and Argentina are already vector free. The *T. infestans* origin is thought to be the Andean Valleys of Cochabamba, Bolivia where this species is selvatic (Torrico 1946; Dujardin et al. 1987). However studies with genetic markers (isoenzyme genetic frequencies) revealed that the origin of *T. infestans* dispersion was from the Sucre, Potosí and especially from Vallegrande in Cochabamba Bolivian regions (Dujardin et al. 1998). According to Dujardin (1998) the original and selvatic *T. infestans* of Bolivia was adapted 3500 years ago to a domestic habitat associated with human dwellings of pre inca cultures and the domestication of selvatic rodents as food source (Kyle 1987). Later on it was proposed that *T. infestans* recently dispersed to near localities by fly, but to great distances by means of passive transport with humans (Dujardin et al. 1998). Two geographically separated chromosomic groups of *T. infestans* have been identified. They are named Andean (Bolivia, Peru) and Non Andean (Argentina, Paraguay, Brazil, Uruguay and Bolivian Chaco). The Andean variant, presumably the ancestral one with 50% more heterochromatin, have a higher genome. It is thought that the Andean variant (adapted to high lands) is the one dispersed to Northern Chile, and the non Andean variant (adapted to low lands) in Argentina dispersed later to the III and central regions of Chile based on preliminary studies (Panzera et al. unpublished). Interestingly there is a natural geographic barrier between the II and III regions corresponding to the Atacama Desert which split the country in two separately endemic areas.

T. infestans studies (performed 1982-1983) in the North of Chile revealed an interesting distribution. Meantime *T. infestans* infestation was close to 25% in rural areas of Camarones (Arica), Huara, Camiña and Pica (Iquique), this figure was 0 and 0.6% Putre and Arica city, respectively (Martínez et al. 1983). As a whole 5.8% of *T. infestans* were infected. The higher infestation and infection rates in localities of Iquique compared to Arica also is observed on infection rates in domestic animals, where cats, sheeps and dogs were the most infected (Martínez

et al. 1983). Other epidemiological studies in the North of Chile performed at different altitudes confirm the higher distribution of *T. infestans* in rural areas of Iquique (16%) than Arica (0.5%) up to 1,500 m (coastal settlement), and much higher 1,500-3,000 m (intermediate settlement) with figures of 25-35%, respectively (Villarroel et al. 1991).

Meantime the participation of the domestic *T. infestans* vector is documented to explain *T. cruzi* human infection, the secondary, selvatic and native vector *M. gajardoi* of Chile is not clear what participation have in the epidemiology of Chagas disease in this region. *Mepraia* species are mainly found amongst rockpiles in the arid northern regions (Frias et al. 1998). According to these authors, *M. gajardoi* is distributed approximately between 18° S and 26° S and is the only genus of *Triatominae* showing marked wing polymorphism. Females are invariable wingless, while males are invariably winged (Frias et al. 1998). Biometric results of antennal phenotype in the genus *Mepraia* suggest that they could have a common ancestor and had begun their divergence when the Andean Range lifted 20 mya (Moreno et al. 2006). Recent studies have determined that *M. gajardoi* populations from the coast of Arica and Medano (II region) are infected with *T. cruzi* but at low rates, even though highly sensitive *T. cruzi* detection methods have been used (Botto-Mahan et al. 2008; Carvajal et al. 2007).

Human occupation, Fauna and Vegetation of Northern Chile Since the Early Archaic

The documented information about the palaeoindians in Southern America may have occurred as early as 14,600 years ago (Dillehay et al. 2008). Other palaeoindians of the central Atacama highland are described for that period (Núñez et al. 2002). However only during the early archaic (11,000-8,000 years) did small mobile bands of foragers begin to occupy the altiplano by moving seasonally from the upland valleys to the caves and rock shelters at higher altitude. Late Pleistocene exploration camps have been documented at lower elevations (3,000 m), whereas the high Andes (>4,000 m) were not occupied until well into the Early Holocene (Moreno et al. 2009; Núñez et al. 2002). The extreme lack of precipitation is a feature that has remained stable over millions of years because of major coupled atmospheric and tectonic feedbacks. However short lived times of increased precipitations exist

in paleohydrological records at elevations above 2,000 m, reflecting millennial-scale variations in global climate. Increased surface hydrologic flow over this region during predominantly Late Pleistocene humid interval may have modified the landscape, therefore fauna and flora. Although many of these geographic areas are plantless today, these terraces and fans literally abound with pleistocene fossil wood and leaf berds, all of which are found *in situ* or have been transported only very short distances. Vegetation in Northern Chile is primary limited by the amount of summer rainfall, which vary as a function of rainout with elevation and distance from the crest of the Andes. With the exception of occasional herbaceous lomas vegetation (fog-zone as band of vegetation) below 1,000 m, the Cordillera Occidental below 2,700 m consist of absolute desert where plants are absent from the landscape. Above 2,700 m exist the prepuna located in the Andean precordillera and consisting of widely spaced xerophytic plants characterized by several shrubs species, cactus, and the animal *Calandrineia*, *Lepidium*, and *Cistanthe*. Rodent middens are deposits of plant material (seeds, leaves, twigs, bones, pollen and fecal pellets) encased in crystalline urine, which are abundantly preserved in rock shelters, crevices, and caves of the Atacama Desert. Midden-forming rodents in northern Chile include *Abracoma cinerea*, *Lagidium viscacia*, and *Phyllotis* spp. The identification of >40 taxa of plant macrofossil in 14 rodent middens collected from 2,800 to 3,590 m at the latitude of Arica (18° S) provided snapshots of vegetation in the northernmost Atacama desert over the past 3000 years. However midden floras showed considerable stability, throughout the Late Holocene (Holmgren et al. 2008). All this information is relevant to determine the potential impact on Chagas disease in the wild transmission on cycle at that time.

Chagas Disease in Mummies of Northern Chile

In 1984 was published the outstanding paper of Rothhammer et al. 1984, and a second one (Rothhammer et al. 1985) describing for the first time evidence of Chagas disease in Pre-Columbian South America. They found clinical manifestations of Chagas disease (megasyndroms of colon, including fecaloma and cardiomegaly) in 9 mummies dated 1385-2455 years in Quebrada de Tarapacá

at 1,500 m, but not in mummies at 150 km north in the Azapa Valley. Later on these results were confirmed by the existence of this disease in 143 out of 283 mummified humans dated in a extensive period of 9,000-9,200 years along the coast of Southern Peru and II region of Chile (Aufderheide et al. 2004). This study determined by PCR amplification of *T. cruzi* DNA revealed a prevalence rate for Chagas' disease in the entire population of 40.6% with no significant difference among the different older cultural groups (Chinchorro, Acha and Alto Ramírez), and the more recent ones (Cabuya, Chiribaya, and Inca). Interestingly most of the bodies were recovered from low Valley sites within 25 km inland or from sandy beach sites, suggesting that *M. gajardoi* more than *T. infestans* was the insect vector propagating Chagas' disease in those areas. The Chinchorros were the earliest culture that inhabited this coastal zone and had a maritime subsistence. The subsequent succession of cultures after the Chinchorros was characterized by an increase of agriculture and camelid herding, originated in the Andean highlands probably living in adobe houses.

Other report in Northern Chile (San Pedro de Atacama) in the II region revealed four mummies

dated 600-4,000 years and infected with *T. cruzi* and detected by means of PCR (Ferreira et al. 2000). This finding at an altitude of 2,436 m above sea level, without megavisceral lesions probably represent human cases infected by *T. infestans* which adapted to that habitat after dissemination from Bolivian highlands. However, and considering the late or recently dissemination of *T. infestans* to Northern Chile, the oldest infected mummies living in coastal settlement probably where infected by the indigenous insect vector *M. gajardoi*. New evidence of mummies infected with *T. cruzi* in Brazil emerge (Araújo et al. 2009; Lima et al. 2008). These authors besides to identify *T. cruzi* DNA sequences can genotype the infective *T. cruzi*, an aspect important to identify the parasite variants circulating in the past. In sum, our review suggest that *T. cruzi* infection with TcI, TcII and TcIIe affected ancient Andean populations independently of ecological setting, time period and subsistence.

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