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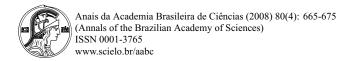
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# Radiopharmaceuticals drug interactions: a critical review

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#### ABSTRACT

Radiopharmaceuticals play a critical role in modern medicine primarily for diagnostic purposes, but also for monitori disease progression and response to treatment. As the use of image has been increased, so has the use of prescripti medications. These trends increase the risk of interactions between medications and radiopharmaceuticals. The interactions which have an impact on image by competing with the radiopharmaceutical for binding sites for example can lead to false negative results. Drugs that accelerate the metabolism of the radiopharmaceutical can have a positi impact (i.e. speeding its clearance) or, if repeating image is needed, a negative impact. In some cases, for example cardiac image among patients taking doxirubacin, these interactions may have a therapeutic benefit. The incidence drug-radiopharmaceuticals adverse reactions is unknown, since they may not be reported or even recognized. Here, compiled the medical literature, using the criteria of a systematic review established by the Cochrane Collaboration pharmaceutical-drug interactions to provide a summary of documented interactions by organ system and radipharmaceuticals. The purpose is to provide a reference on drug interactions that could inform the nuclear medici staff in their daily routine. Efforts to increase adverse event reporting, and ideally consolidate reports worldwide, coprovide a critically needed resource for prevention of drug-radiopharmaceuticals interactions.

**Key words:** radiopharmaceuticals, radiopharmacy, drug interaction, systematic review.

## INTRODUCTION

Radiopharmaceuticals are used for two purposes. The most important, and most common, is their use as diagnostic tools in clinical medicine. Radiopharmaceuticals, in the form of a traced compound, are administered to a patient in order to observe physiological alterations or abnormal distribution in the body. Radiopharmaceuticals serve a purpose in research, both clinical and nonclinical, where they are used as tracers to observe or quantitate biochemical or physiological pro-

There is a considerable body of evidence the distribution and pharmacokinetics of radiopharmacokinetics are radiopharmacokinetics of radiopharmacokinetics of radiopharmacokinetics of radiopharmacokinetics of drugs, diseased ditions, and in some cases, surgical procedures (1980) wood and Leung 1994). Drs. Sampson and Hess (1989), state that these unknown and unrecognize actions of radiopharmacouticals with other common lead to a state of total disorder. For example, the result in poor organ visualization is quire repeating the procedure, thus resulting in a

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tumor is not visualized) or lead to unnecessary treatment (e.g. an interaction that creates spurious findings).

Adverse drug reactions are a major cause of morbidity and mortality. In the United States, an estimated number of 701,547 people are seen at emergency departments because of adverse drug effects (Budnitz et al. 2006). Adverse event reporting database provides no information on incidence, as events may not be recognized, and in many countries reporting is not mandatory. The incidence of drug-radiopharmaceutical interactions is unknown.

Unlike drugs given for therapeutic purposes, the literature suggests that radiopharmaceuticals rarely cause adverse reactions. A recently survey in Japan reported a rate of 1.3 events per 100,000 administrations (Kusabe et al. 2006). An European study, conducted approximately one decade earlier, reported a rate of 11 events per 100,000 administrations (95% confidence limits 3.3-19.2) (Hesslewood and Keeling 1997). These relatively low rates of adverse events may be explained, at least partially, by the usually small mass of drug injected or ingested. Additionally, radiopharmaceuticals are typically administered only once or at very limited number of times to any given patient (Silberstein and Ryan 1996) limiting the potential for allergic reactions and events which might be caused by cumulative exposures. Finally, patients are typically screened prior to imaging for known risk factors.

The possibility, however, of adverse reaction to a radiopharmaceutical does exist (Hesslewood and Keeling 1997, Cordova et al. 1982). Adverse reaction reports may be sent to manufacturers, regulatory authorities, and/or published in the professional literature. While there may be a small number of reported cases, studies have demonstrated that only 10% or less of possible adverse reactions are actually reported (Keeling 1994). Also, if a reaction is not serious or life-threatening, reporting by the manufacturer to regulatory authorities may not be required (Keeling 1994).

Just as the incidence of adverse events associated with radiopharmaceuticals is unknown, so is the incidence of interactions between radiopharmaceuticals and

pected to alter the disposition of the radiopharmaceutical (Sampson 1993). Given the extent of prescription drug use, and particular trends toward polypharmacy, even if the individual risk of any interaction is low, the potential burden of drug-radiopharmaceutical interactions maybe substantial on a population basis. In this review, we summarize the available literature on drug-radiopharmaceutical interactions by organ class.

# DRUG INTERACTIONS WITH RADIOPHARMACEUTICALS

Over 400 articles have been published on incompatibilities between drugs and radiopharmaceuticals. Amongst the various factors that can affect biodistribution of radiopharmaceuticals, ingestion of drugs (e.g. prescription medications) is the most commonly reported factor (Sampson 1990). As much of the literature is based on case studies and nonclinical (laboratory) experiments, there is little objective data to inform clinical decision-making (Kvasz et al. 2000, Lazarou et al. 1998). When considering the potential for interaction in a clinical setting, Callahan and Rabito (1990) suggest that special attention be given to extrapolating experimental data to the clinical situation, as the observed effects may depend on the amount of drug present.

Because much of the evidence is in the form of case studies (e.g. anecdotal) many suspected interactions may eventually be proven false; be they due to chance or noncausal associations (i.e. confounding). Here, we do not make causal assessments of individual case reports, but instead provide an overview of what has been reported in the medical literature.

Drug-radiopharmaceutical interactions may arise as a result of a variety of factors including the pharmacological action of the drug, physiochemical interactions between drugs and radiotracers, and competition for binding sites for example. Diseases induced by drugs, which may be potentiated by a radiopharmaceutical, would also be considered an adverse event (Hesslewood and Leung 1994).

While we focus on drug-radiopharmaceutical interactions in situ, it is also important to consider that han-



sequent biodistribution o the radiopharmaceuticals. The most well known are interactions with the antiseptics povidone iodine and chlorhexidine. Iodine-based antisepsis, in presence of labeled compounds as <sup>99</sup>Tc, may release free pertechnetate (Fisher et al. 1977). Similarly, chlorhexidine gluconate can react to form technetium-gluconate complex, which is taken up by the kidney (Sampson and Hesslewood 1989). Although less commonly reported, radiopharmaceuticals may also interact with the syringe or catheter components (Slater et al. 1983, Millar et al. 1983).

Lifestyle factors, such as cigarette smoking, alcohol intake, and dietary habits (e.g. high dose of vitamins) also have the potential of interacting with radiopharmaceuticals.

A study carried out in Brazil showed that the concentration of <sup>99m</sup> Tc-RBC (Technetium-99-m labeling of erythrocytes) and <sup>99m</sup> Tc-PP (Technetium-99-m labeling of plasma protein) in blood can be decreased among cigarette smokers, even those whose habit is classified as light or moderate. The lack of a dose-response suggests that the effect may be ascribed to the generation of ROS (reactive oxygen species). Regardless of the mechanism, this can interfere with the performance of nuclear imaging procedures that use labeled Technetium (Vidal et al. 1998).

# REVIEW

Radioisotopes are used in nuclear medicine for diagnostic and therapeutic purposes. Radiopharmaceuticals may be used in oncology for the initial staging, to assess response to treatment, residual disease, recurrent diagnosis and restaging, but specifically among the different types of tumor. Another field of study is that of large vessel vasculitis, granulomatous diseases and dementias (Ruiz-Laiglesia et al. 2008).

#### ORGANS-ADVERSE REACTION

ADR's (Adverse Drug Reactions) are typically thought of as serious, isolated clinical events that may be related to patient characteristics, environment, and the particular exposure. However, an ADR is not always a readily de-

crease in sperm count may go unrecognized, be detected only by chance. The possibility of ically silent adverse events with radiopharmace and particularly radiopharmaceutical-drug interest should be considered. Here we review the lift on reports of both overt and clinically silent events associated with radiopharmaceutical-drug actions by organ system.

#### ADRENAL

Interactions with adrenal cortex and adrenal ragents have been reported. In view of the diff in physiology of the two regions of the gland, is surprising that these interactions occur with d groups of drugs (Solanki et al. 1992). Such it tions can have varying effects on the resulting depending on whether the drug increases or dethe uptake of the radiopharmaceutical. In man the effect may be predicted based on the know macological actions of the interacting drug (Hess and Leung 1994).

Spironolactone affects the uptake of <sup>131</sup>Iod nor-cholesterol by the adrenal cortex. It has b ported to both increase uptake (Hladik et al. Fischer et al. 1983, Khafagi et al. 1991) as decrease uptake (Hladik et al. 1987, Gross et al. An increase in <sup>131</sup>Iodomethyl-nor-cholesterol up the adrenal gland is a result of the steroid synthes plasma. As such, it may result in false positive sis of adrenocortical adenomas, adrenal incident and pheochromocytoma (Fischer et al. 1972, H al. 1987, Bardet et al. 1996, Mansmann et al. Spironolactone can also decrease aldosterone sy by decreasing the uptake of radiolabeled cholest the adrenal cortex. This also has the potential t fere in tumor diagnosis (Hesslewood and Leung Fischer et al. 1972).

Oral contraceptives have been found to increbinding of adrenal cortex imaging agent <sup>131</sup>Iodor nor-cholesterol by increasing plasma renin activit results in adrenocortical stimulation; increased of secretion and hyperplasia. They may cause false tives or just uninterpretable results complicating



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Yurekli et al. (2005) investigated the cytoprotective potential of amifostine against doxorubicin-induced cardiotoxicity. Using the radiopharmaceutical <sup>99m</sup>Tc-MIBI, they demonstrated that amifostine (amifostina – Ethyol®) administration, 30 minutes before doxorubicin injection, resulted in a significant decrease in absorption of radioactivity by the adrenal, compared with doxorubicin alone. These results showed that amifostine may significantly attenuate doxorubicin-induced cardiotoxicity. They also show the potential for amifostine to impact radiopharmaceutical imaging of the adrenal gland.

### GASTROINTESTINAL

The uptake and secretion of 99mTc-pertechnetate by the gastric mucosa may be affected by drugs, thereby interfering with the imaging of Meckel's diverticulum (Hesslewood and Leung 1994). Moreno et al. (2007b) showed that extracts of Ginkgo biloba decreased the uptake of <sup>99m</sup>-Tc-sodium-pertechnetate in the duodenum, kidney and liver. The alteration of uptake was significant in the duodenum. Radiobiocomplexes as sodium pertechnetate (Na<sup>99m</sup>Tc0<sup>4</sup>) are tracers widely utilized for scintigraphic studies mainly for thyroid, brain and stomach. Na99mTc04 has also been used to label blood constituents (Early and Sodee 1996). Therefore, alterations in the uptake by the duodenum may be crucial for the hepatobiliary scintigrahy in the diagnosis of duodenogastric reflux and dysfunction of the Oddi's sphincter in post-cholecystectomy syndrome for example (Pope and Bratke 1981).

# BRAIN

The major risk of drug-radiopharmaceutical interactions occurs with pharmaceuticals that can alter the permeability of the blood-brain barrier. Verhoeff (1991) states that some pharmaceuticals may influence the receptor-bound neurotransmitters. This may cause false results and subsequently, misdiagnosis. Also, cytotoxic drugs such as cyclophosphamide, vincristine, bleomycin and cisplatin are reported to affect the pharmacokinetic response of radiopharmaceuticals, such as the tumor-seeking radiopharmaceutical. <sup>67</sup>Ga-citrate. This radiopharmaceutical

blood with little or no uptake by the tumor (Lentle and Scott 1979, Sampson 1993). Another study made by Van Leeuwen-Stok et al. (1998) demonstrated that <sup>67</sup>Gallium used with other cytostatic drugs except for methotrexate might be used together or sequentially in therapy because it potentiated the cytostatic effect.

One of the most well documented drug/radiopharmaceutical interactions is the suppression of <sup>67</sup>Ga-citrate uptake in cerebral tumors among patients taking cortisone preparations (Sampson 1993, Waxman et al. 1997). This is thought to result from a decrease in extracellular sodium and fluid volume. As the tracer is often associated with the oedematous fluid, it creates the appearance of a tumor decreased in size in the scintigraph. This effect may be so pronounced that it suppresses all uptake of tracer into the tumor, causing the tumor to be missed completely, possibly resulting in misdiagnosis. Similarly, among patients treated with deferoxamine, a chelating agent used to treat iron overload and aluminum toxicity, there was diffuse tracer activity and poor tissue localization with complete absence of normal uptake by <sup>67</sup>Ga-citrate. This occurs because deferoxamine forms a complex with <sup>67</sup>Ga that is stronger than that of <sup>67</sup>Ga with tranferrin, thus interfering with <sup>67</sup>Ga-transferin binding and subsequent cellular uptake. (Sampson 1993, Hesslewood and Leung 1994, Waxman et al. 1997).

## BONE

The constant remodeling of bone guides the choice of tracers, to identify anomalies in the bone structure or pathologies related to the remodeling process. Therefore, pharmaceuticals that have an impact in any of these processes have the potential to interact with radio-imaging of bone. Due to the complex process involving the uptake of phosphate by the bone, a number of pharmaceuticals may modify the biodistribution of the <sup>99m</sup>Tc-labeled-diphosphate. For example, etidronate and pamidronate, which are diphosphonates used in the treatment of Paget's disease, compete with MDP (<sup>99m</sup>Tc-methylene-diphosphate) due to structural similarity (Sandler et al. 1991, Hommeyer et al. 1992). Such competition may result in false negative images (faulty



phosphate-tin) may be altered by concomitant use of sodium diatrizoate. Use of diatrizoate with <sup>99m</sup>Tc-PYP has been shown to cause significant renal and liver uptake of the radiopharmaceutical, interfering with the performance of nuclear imaging procedures (Crawford and Gumeran 1978). In the worst case, this can result in a faulty diagnosis.

There have been numerous reports of interactions between the intramuscular iron dextran and <sup>99m</sup>Tc-MDP. Taken together, iron dextran modifies the biodistribution of <sup>99m</sup>Tc-MDP, such that the tracer concentrates at the site of injection, instead of diffusing throughout the skeleton (Forauer et al. 1994, Eisenberg et al. 1990). It is thought that localized complexing occurs between reduced technetium and ferric hydroxide, as the latter is released from the iron dextran complex. This may impact the skeletal scintigraphy of tumors (Mazzole et al. 1976, Sampson 1993), potentially preventing or delaying their diagnosis.

# HEART

The most commonly used radiopharmaceutical for visualizing the heart is labeled thallous (<sup>201</sup>Tl). The use of thallous with  $\beta$ -blockers can result in a temporary decrease in the severity of perfusion defects (Van Der Wall et al. 1983) Other studies (reports) have suggested that there is actually a net increase in the assessed severity among patients with minor coronary disease upon angiography (Hesslewood and Leung 1994). While  $\beta$ blockers may interfere in the imaging results, suspending use prior to imaging is not recommended, as it may increase the risk of myocardial ischaemia (Bridges et al. 1992) Doxorubicin also has the potential to impact cardiac imaging. In an experimental study, <sup>201</sup>Tl uptake was significantly higher in the hearts of doxorubicintreated rats compared to the control rats, indicating a slow wash-out of <sup>201</sup>Tl from the myocardium (Miyagawa et al. 1991, Yurekli et al. 2005).

According to Narahara et al. (1989), this apparent decrease in severity of perfusion defects upon radioimaging is dependent on the dose of the radiopharmaceutical (201-TI) that goes to heart. When this occurs

The radiopharmaceutical <sup>99m</sup>Tc-pyrophosp widely used to detect myocardial infarctions. ished cardiac activity and increased renal activity been observed with the use of heparinised cather in vivo red cell labeling with <sup>99m</sup>Tc-pyrophospharmaceuticals, which can adversely effect visualizate the organ (Sampson 1990, Lentle and Scott 1979, et al. 1997, Hegge et al. 1978). Another labeled <sup>99m</sup>Tc-DTPA is also used in cardiac imaging. Mitt C has been shown to decrease the uptake of <sup>99m</sup>Tc by cardiac muscle, potentially interfering in the mance of the diagnostic procedure (Gomes et al.

Antimyosin labeled with 111 Indium is spec myocyte necrosis and is used in the detection of myocarditis and cardiac rejection. Chemother drugs, notably doxorubicin, have been shown to increased myocardial uptake of the radiopharmac (Estorch et al. 1990). Reuland et al. (1992) dete that doxorubicin decreased the uptake of 111 Indi timyosin by the kidney. One randomized trial tigated the value of cardiac radioimmunoscint with 111 Indium antimyosin monoclonal antibo the early detection of cardiac damage. The res these trials demonstrate that DEX (dexrazoxane) to ameliorate doxorubicin- and epirubicin-induc diotoxicity, even when high single drug doses a (Lopez and Vici 1998). Radioimmunoscintigrap very sensitive in detecting anthracycline cardia age, but its specificity is low and it cannot be con a primary test for guiding anthracycline treatmer suggests that 111 Indium-antimyosin could potent used to monitor the degree of cardiotoxicity pr by doxorubicin (Carrio et al. 1993).

The extract of *Uncaria tomentosa* (cat's c used as complementary treatment for AIDS at cer (Sheng et al. 2000, Williams 2001). It can the uptake of radiobiocomplex sodium pertechn heart (Moreno et al. 2007a). Again, this may decrevisualization of the organ, requiring a repeat pro There is also the potential for misdiagnosis.

Recent studies showed that cardiac <sup>18</sup>F-FDG

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patients less than 30 years old, patients with heart failure, and those receiving benzodiazepines. Potentially, pharmaceutical manipulation of <sup>18</sup>F-FDG may provide an opportunity to optimize PET/CT imaging (Israel et al. 2007).

#### HEPATOBILIARY

The radiopharmaceutical, <sup>99m</sup>Tc-iminodiacetic (<sup>99m</sup>Tc-IDA) is used in the diagnosis of cholecystitis, focal nodular hyperplasia, degree of functional disorder in acute hepatic disease and to evaluate the severity of diffuse hepatic disease among others functions (Alobaidi et al. 2004, Broglia et al. 1998, Aburano et al. 1993). As an acid, the <sup>99m</sup>Tc-iminodiacetic acid is removed from blood by hepatocytes. Acids are subsequently transported to the gallbladder, where they are discharged through the cystic duct into the common bile duct and then into the intestines (Feezer 1982). A variety of drugs have been reported to interfere with hepatobiliary imaging by affecting the movement of the radiopharmaceuticals through the hepatobiliary system (Hesslewood and Leung 1994). These include isoniazid and pyrazinamide, which are anti tubercular drugs that have been shown to elevate liver enzymes and consequently hepatobiliary system is the most common system affected (Pv et al. 2008).

Technetium gluceptate is a radiopharmaceutical drug widely used to visualize renal structures, particularly kidney parenchyma. Concurrent administration with penicilamine, penicillin G potassium, penicillin V potassium, acetaminophen or trimetroprim-sulfametho-xazole, may substantially alter the biodistribution of <sup>99m</sup>Technetium gluceptate. If the impact is large enough, abnormal gallbladder images may result. Affected images can mimic abnormal kidney localization on posterior views (Hinkle et al. 1982), resulting in misdiagnosis.

## KIDNEY

Appropriate imaging in uro-oncology is a crucial component at primary diagnosis, follow up and recurrence to achieve accurate assessment of the disease and determine the most effective treatment. The recent published literature on positron emission tomography and positron

e.g. for prostate cancer <sup>18</sup>F-fluorodeoxyglucose, <sup>11</sup>C-choline, <sup>18</sup>F-fluorocholine, <sup>11</sup>C-acetate and <sup>18</sup>F-fluoride (Bouchelouche and Oehr 2008).

As most drugs are metabolized in the kidney, there is great potential for drug-radiopharmaceutical interactions. Many drugs alter kidney function in a dosedependent manner. In patients with unilateral renal artery stenosis, angiotensin converting enzyme inhibitors (ACE-Inhibitors) decrease glomerular filtration in the affected kidney by the interruption of autoregulatory mechanism causing problems in the distribution of the radiopharmaceuticals (Hesslewood and Leung 1994). A case report showed that calcium antagonists can cause false-positive captopril renograms. These medications should be stopped before captopril renography, and physicians should be aware of this possible drug interaction if bilateral symmetrical renal function deterioration is seen in a patient's captopril renogram (Claveau-Tremblay et al. 1998).

The authors Latham et al. (1992), state that the use of drugs like dipyridamole increases or, depending on the concentration may decrease, the excretion of <sup>99m</sup>Tc DTPA (<sup>99m</sup>Tc-diethylenetriamine penta-acetic acid) by the kidney. Diuretics as furosemide may improve renal function so that misleading good renograms and flow curves are obtained when using the renal imaging agent <sup>9m</sup>Tc DTPA (Sampson 1993).

# INFECTION/INFLAMATION

Labeled leukocytes are used to the diagnosis of lung disease, rheumatoid arthritis, detection of inflammation and a variety of other diagnostic modalities (Van Hemert et al. 2007) A very common problem related to labeled leukocytes in infection and inflammation diagnosis are false-negative results. This drug-interaction has been attributed to the use of antibiotics and corticosteroids. This occurs because of the reduction in the chemoattractant stimuli for the labeled leukocytes (Hladik et al. 1987). However, Chung et al. (1991) and Datz and Thorne (1986), state that the use of antibiotics does not affect the results.

An important case of false-nositive reaction is re-



following hip arthroplasty, non-specifically increased FDG uptake around the head or neck of the prosthesis persists for many years, even in patients without any complications. Therefore, to minimize the number of false-positive results with PET studies, caution should be exercised when interpreting FDG uptake around the head or neck portion of prostheses.

#### LIVER/SPLEEN

The imaging agent <sup>99m</sup>Tc-hepato-iminidiacetic acid (<sup>99m</sup>Tc-HIDA) used to pancreas scintigraphy. Drugs that alter the transport in the reticuloendothelial may decrease the uptake of radiopharmaceuticals, such as <sup>99m</sup>Tc-HIDA, in the liver and spleen (Hesslewood and Leung 1994). As such, they can lead to misdiagnosis. The impact can be quite large. A case report has been published on the complete absence of <sup>99m</sup>Tc-HIDA upon imaging, in a patient taking nicotinic acid (Sampson 1993).

Aluminum is present in a number of medications, most commonly in antacids. There is an increasing number of case reports of interactions between aluminum and radiopharmaceuticals. Aluminum-containing drugs can cause flocculation of colloidal particles of sulfur (used in liver scanning), such that the particles get trapped in the microvasculature of the lungs decreasing the uptake of the radiopharmaceutical (Bobinet et al. 1974). Labetalol, used for the treatment of pheocromacytoma, reduces the uptake of <sup>131</sup>Iodine- metaiodobenzylguanidine (<sup>131</sup>Iodine- MIBG) in liver and spleen (Khafagi et al. 1989). Gomes et al. (2001) noted that mitomycin C increased the uptake of <sup>99m</sup>Tc-DTPA by the spleen and liver and also increased the uptake of <sup>99m</sup>Tc-GHA by the liver causing misdiagnosis and or a false positive result.

## THYROID

The most commonly used thyroid imaging radiopharmaceuticals are <sup>131</sup>iodide and <sup>123</sup>iodide. Thus, drugs or pharmaceuticals with iodide in their formulation, may affect directly in the absorption of these radiopharmaceuticals through competition for receptor sites. Somatostatin also interferes with thyroid imaging through the same netate ions, act as competitive inhibitors of the transport mechanism. This can lead to decrease take of <sup>131</sup>I sodium iodide. Inorganic iodine-commedications such as Lugol's iodine as well as so tamin/mineral supplements, are thought to reledine thereby decreasing the specific activity of in the body pool. This would also decrease up radioiodine into the thyroid gland (Sternthal et al. Laurie et al. 1992). Similarly, use of mitom decreased the uptake of <sup>99m</sup>Tc-GHA by the (Gomes et al. 2001).

Radioiodinated meta-iodobenzylguanidine ( plays a role in both the diagnosis and treatme wide range of tumors; phaeochromacytoma, neu toma, carcinoid tumors and medullary carcinoma thyroid (Sisson et al. 1981, Horne et al. 1984, Fis al. 1983, Kimming et al. 1984, Bomanji et al. Sone et al. 1985). Over 20 medicines have the pe to interfere with the biodistribution of MIBG, son many hours after they have been taken. Among the most commonly encountered interacting age chlorpromazine; clomipramine, diltiazem, dor fluphenazine, labetalol, mazindol, nifedipine, p hazine and salbutamol. This interference is end impact the efficacy of MIBG as a diagnostic ar apeutic modality because of the extremely low ties of radiolabeled MIBG that are present in the pharmaceutical. Therefore, it is recommended that ment with any potentially interacting drug be stop week prior to imaging with MIBG (Solanki et al.

Thyrostatic drugs have modified the kinetic dioiodine in the thyroid and through this mec may also have a radioprotective effect. Pre-tre with thyrostatic medication lowers the effective had uptake of radioiodine. However, this interalso reduces the effective dose of the thyrostatic ication in the thyroid. Discontinuation of such rations shortly before radioiodine administration crease the absorbed energy dose in the thyroid. drug-radiopharmaceutical interactions may also clinical role in lowering the effective dose of radio while achieving an equally effective target.

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can increase the effective half-life of radioiodine in the thyroid. Therefore, its use should be suspended until few days after imaging with radioiodine, to facilitate clearance of the radioisotope.

#### NONSPECIFIC INTERACTIONS

There are a number of drugs which interact across a range of radiopharmaceuticals including those used for whole body (e.g. non-organ specific) imaging. Also, drug-induced disease states can alter the biodistribution of radiopharmaceuticals (Sampson 1990). For example, cytotoxic drugs such as cyclophosphamide, vincristine, and cisplatin are reported to affect the pharmacokinetic response of radiopharmaceuticals, particularly the tumor-seeking radiopharmaceutical <sup>67</sup>Ga.

Antimetabolites, such as cytarabine and methotrexate, have similar effects (Sampson 1993). Analogues of somatostatin (nonlabeled) are used therapeutically in the Carcinoid Syndrome. There have been reports of falsenegative results when patients using somatostain were imaged with <sup>111</sup>In-pentetreotide due to a competition for the receptors sites (Dorr et al. 1993, Hesselwood and Leung 1994).

## RESUMO

Os radiofármacos desempenham função crítica na medicina moderna, primariamente para fins diagnósticos, mas também no monitoramento da progressão de doenças assim como na avaliação de respostas ao tratamento. O uso da tecnologia por imagem tem crescido e conseqüentemente as prescrições de medicamentos (radiofármacos em especial) com esse propósito. Este fato, aumenta o risco de interações entre medicamentos e radiofármacos. Interações que podem ter um impacto na imagem, podem resultar em falso negativo e assim ter sérias conseqüências para o paciente. Já drogas que aceleram o metabolismo podem ter resultado positivo pois podem aumentar a taxa de eliminação do radiofármaco (clearance acelerado). Contudo, podem ainda ter resultados negativos, se a interação resultar em necessidade de repetição do exame. Em alguns casos, por exemplo em imagem cardíaca, entre pacientes sob o uso de doxarubicina, essas interações podem ter efeito terapêutico. A incidência de efeitos adversos envolvendo radiofármacos é

sistemática, estabelecida pela Cochrane Collaboration, estudos e relatos de interações medicamentosas com radiofármacos. O objetivo é prover uma referência (sumário) de interações medicametosas com radiofármacos que possa auxiliar a medicina nuclear na sua rotina diária. Contudo, esforços devem ser feitos na tentativa de instituir a notificação de efeitos adversos com radiofármacos, e assim prevenir esse tipo de interação.

Palavras-chave: radiofármacos, radiofarmácia, interação medicamentosa, revisão sistemática.

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