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## Rheological and some physicochemical characteristics of selected floral honeys from plants of caatinga

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### ABSTRACT

The aim of this paper was to investigate the physicochemical characteristics and rheological behavior of some floral honeys from species of wild plants found in the Caatinga biome, as well as, correlate honey viscosities with its chemical composition. Thus, five honeys with floral predominance of typical plants foraged by honeybees in Caatinga were analyzed. Results showed that moisture content of honeys ranged from 17.45 to 21.50 g/100g. The samples exhibited higher fructose content (37.58 - 43.95 g/100g) and lower glucose content (27.41- 33.80 g/100g). The glucose-water ratio ranged from 1.55 to 1.80. Sucrose contents, excluding *Croton campestris* honey sample, exhibited values above the highest sucrose content (6.0 g/100g) allowed by Brazilian norm. The ash content ranged from 0.02 to 0.19 %. The insoluble solids content were above 0.1 g/100 g. The electrical conductivity ranged between 144.90 and 412.55  $\mu\text{S}\cdot\text{cm}^{-1}$ . All the honey samples behaved as Newtonian fluids. The viscosity values, measured at 293 K, varied from 1.90 to 8.55 Pa.s. An empirical mathematical model adapted from the Arrhenius model provides a good description of honey viscosity as a function of combined effects of temperature and moisture content.

**Key words:** Arrhenius model, glucose, moisture, rheology, viscosity.

### INTRODUCTION

Honey is the natural sweet substance produced by honey bees from the nectar of plants or from secretions of living parts of plants or excretions of plant sucking insects on the living parts of plants, which the bees collect, transform by combining with specific substances of their own, deposit, dehydrate, store and leave in the honey comb to ripen and mature (Codex Alimentarium Commission - CAC 2001).

The composition of honey is responsible for many of its physicochemical properties, such as

viscosity, hygroscopicity, and granulation. We could say that honey is essentially a concentrated solution of various sugars, mainly glucose and fructose. In fact, most honeys are supersaturated solutions of glucose, which have a tendency to crystallize spontaneously at room temperature in the form of glucose monohydrate. The composition and properties of honey vary with the floral and honeydew sources utilized by honeybees, as well as by regional and climatic conditions (Lazaridou et al. 2004).

The Caatinga is a biome, which occurs exclusively in the Northeastern Region of Brazil

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and covers approximately 10% of the Brazilian territory. Thus, the Caatinga scrub is the largest dry forest region in South America, characterized by a semi-arid climate, low and irregular rainfall, fertile soils and mostly dry vegetation. The climate of the Caatinga is extremely seasonal and severe droughts are relatively frequent. Rainfall is more intensive in February, March and April. Occasional rain occurs in June and July, whereas the dry season extends from August to January (Machado and Lopes 2004, Roque et al. 2009). In spite of the hard climatic conditions, Caatinga flora is a rich and very important source of food to bees that occur in the region. Santos et al. (2005) prepared a list of thirteen species vital for apiculture in the Northeastern Region of Brazil. These authors reported the importance of the genus *Croton*, *Hyptis* and *Richardia* for honey production in the Brazilian Northeastern region. Recently, Maia-Silva et al. (2012) presented a list of various native plants of the Caatinga visited by honeybees.

Brazil occupies the 12<sup>th</sup> place in the world's ranking of honey production, with a production of 41.6 thousand tons of honey/year in 2011 (FAO 2011); while beekeeping in the Northeastern Region of Brazil is responsible for 34.4% of all honey produced in the country (IBGE 2011). So far, there are relatively few researches about quality of honeys produced in the Northeast of Brazil, especially concerning honeys from specific floral species found in the Caatinga biome. Nevertheless, some authors have reported physicochemical characteristics of honeys from floral species of the Caatinga (Sodré et al. 2007, 2011, Moreti et al. 2009, Liberato et al. 2013, Costa et al. 2013).

Studies on rheological behaviors of honeys, like other fluid foods, are important for applications related to handling, storage, processing, quality control, and sensory analysis (Yoo 2004). Moreover, honey rheology has been correlated with its chemical composition (Gómez-Díaz et al. 2009, Bakier 2007). Several researchers have studied

the rheological behavior of honey from different countries (Bhandari et al. 1999, Abu-Jdayil et al. 2002, Sopade et al. 2002, Pereira et al. 2003, Yoo 2004, Lazaridou et al. 2004, Juszczak and Fortuna 2006, Kayacier and Karaman 2008, Cohen and Weihs 2010, Schellart 2011, Kabbani et al. 2011).

Juszczak and Fortuna (2006) studied the rheological properties of seven varieties of Polish honeys, over a temperature range of 283–313 K. The honeys had a moisture content of 14.7–18.0 g/100 g. The viscosity curves of the samples were obtained using a rotational rheometer. All the honeys exhibited Newtonian behavior. Their viscosity varied between 1.76 and 252.6 Pa.s according to the kind of honey and the temperature of measurement. The temperature dependence of viscosity was described using the Arrhenius equation and the Williams–Landel–Ferry (WLF) equation.

Cohen and Weihs (2010) studied the temperature and composition dependence of honey viscosity in selected Israeli varieties. Honey behaved as a Newtonian fluid, even in reduced-calorie varieties, and adhered to the Arrhenius equation. The Arrhenius activation energy and viscosity were moisture-dependent. They indicate that rheology agrees with microrheology, as expected for a Newtonian liquid and the high viscosity samples can be accurately characterized using particle-tracking microrheology, providing additional information to rheology.

Schellart (2011) studied rheological tests and density measurements of three brands of glucose syrup and three brands of Australian honeys. Additional tests have been done for one brand of glucose syrup that was diluted with water to various degrees (2%, 5% and 10% by weight). The rheological tests elucidated the effect of shear strain, shear rate and temperature on the dynamic viscosity of the syrup. The results show that the viscosity of all glucose syrups and honeys is independent of shear strain. The viscosity of the glucose syrups is independent of shear rate, showing

Newtonian behavior. The viscosity of glucose syrup decreases exponentially with the increase in moisture content. The density investigations show that the density of glucose syrup and honey decreases linearly with temperature increasing in the range of 283 to 343 K.

Kabbani et al. (2011) studied samples of crystallized honey that were liquefied by an ultrasonic bath of 40 kHz at temperatures between 313 and 333 K for 20, 40 and 60 min. Then, the rheological properties and crystal content were analyzed and compared to only heat-treated samples. Results showed that an ultrasound treatment speeds up the liquefaction of honey especially at temperatures below 323 K. Lower temperatures preserve the honey's quality and save the energy consumption. In addition, ultrasound treated samples are clearer and more transparent than only heat-treated honey samples. The amount and size of the crystals were also smaller in the ultrasound treated samples.

Research describing the rheological behavior of honey samples from floral species of the Caatinga are not frequent. Queiroz et al. (2007) studied honeys from *Serjania glabrata*, produced in the state of Piauí in Brazil and observed an unusual pseudoplastic behavior for these honeys. Furthermore, Pereira et al. (2003) reported pseudoplastic and dilatant behavior for honeys of *Melipona scutellaris* produced in the state of Paraíba, in Brazil. Recently, Costa et al. (2013) published results showing a Newtonian behavior for honeys from the Central Region of the state of Rio Grande do Norte State, in Brazil.

Therefore, the aim of this paper was to investigate the physicochemical characteristics and rheological behavior of some honeys from species of wild plants found in the Caatinga biome, as well as, correlate honey viscosities with its chemical composition. Thus, five honeys with floral predominance of typical plants foraged by honeybees in the Caatinga biome were analyzed.

## MATERIALS AND METHODS

### SAMPLE COLLECTION

Five varieties of wild honeys from *Apis mellifera*, harvested from the west Region of the state of Rio Grande do Norte in Brazil were studied, with the following floral predominance: "Velame" (*Croton campestris* St. Kil.), "Mufumbo" (*Combretum leprosum* Mart.), "Bamburral" (*Hyptis suaveolens* (L) Poit), "Marmeleiro" (*Croton sonderianus* Mull. Arg) and "Jurema" (*Mimosa tenuiflora* (wild) Poiret). The honey samples were provided by the Regional Apicultural Cooperative from the city of Mossoró, Brazil. Table I presents the floral and geographical information about honey samples used in this work while honey harvesting sites are shown in Figure 1. All honeys were harvested in July/2010.

### DYNAMIC RHEOLOGICAL MEASUREMENT

The rheological properties were measured using a rotational rheometer (model RVTI, Brookfield, Germany). The measurements were performed at a temperature range varying between 283 and 343 K. The spindle type was RV-2 and the spindle speeds (shear rate in rpm) ranged from 20 to 80 rpm. Samples were stored in 11 mL glass jars and all viscosity measurements were undertaken in the sample container to avoid air bubble incorporation during sample transfer and handling. The viscosity curves of the honeys were drawn in the shear rate range 20 - 80 s<sup>-1</sup> at temperatures from 283 to 343 K. In addition, the viscosities versus shear time curves were plotted at 293 K and a constant shear rate of 75 s<sup>-1</sup>. Rheological measurements were performed in five replicates. The temperature dependence of viscosity was described using the Arrhenius model:

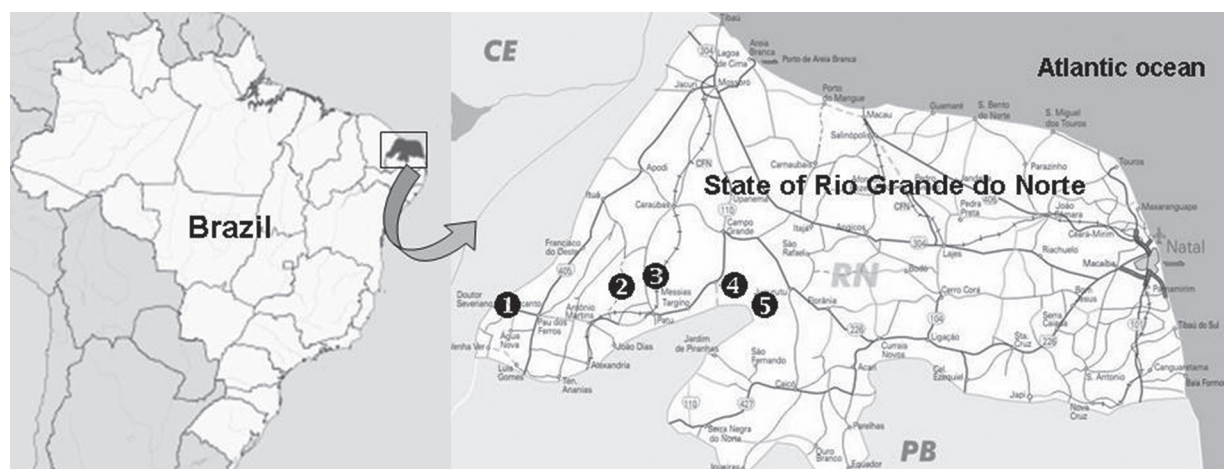
$$\eta = \eta_0 \cdot e^{\frac{E_a}{RT}} \quad (1)$$

where  $\eta$  - viscosity (Pa.s),  $\eta_0$  - material constant (Pa.s),  $E_a$  - flow activation energy (J/mol),  $R$  - gases constant (J/mol.K),  $T$  - absolute temperature (K).

**TABLE I**  
**Floral and geographical information for honey samples.**

Floral predominance	<sup>1</sup> Geographical origin	<sup>2</sup> Mean annual precipitation (mm)	<sup>2</sup> Average annual temperature (°C)	<sup>3</sup> Soil characteristics
<i>Croton sonderianus</i> ("Marmeleiro")	Jucurutu (06°02'02" S and 37°01'12" O)	560.6	28.1	High fertility, sandy/clayey texture with a rocky phase
<i>Mimosa tenuiflora</i> ("Jurema")	Encanto (06°06'39" S and 38°18'21" O)	398.3	28.1	High fertility, medium texture and highly dried
<i>Combretum leprosum</i> ("Mufumbo")	Olho D'água dos Borges (05°57'21" S and 37°42'21" O)	535.0	27.7	Medium to high fertility, sandy texture with rocky phase, slightly dried
<i>Croton campestris</i> ("Velame")	Triunfo Potiguar (05°52'01" S and 37°11'20" O)	516.6	28.1	High fertility, sandy/clayey texture with a rocky phase
<i>Hyptis suaveolens</i> ("Bamburral")	Umarizal (05°59'27" S and 37°48'50" O)	376.4	27.7	High fertility, medium texture and highly dried

<sup>1</sup>sites of Rio Grande do Norte State of Brazil where honey samples were harvested (coordinates). <sup>2</sup>Sources: EMPARN (2013), <sup>3</sup>IDEMA (2006).



**Figure 1** - Geographical occurrence of honey samples (1 - *Mimosa tenuiflora*, 2 - *Hyptis suaveolens*, 3 - *Combretum leprosum*, 4 - *Croton campestris* and 5- *Croton sonderianus*).

A model for the combined effects of the moisture content and the temperature on honey viscosity was fitted to experimental data by multivariate regression using a data analysis software system (StatSoft Inc 2004).

#### PHYSICOCHEMICAL PROPERTY MEASUREMENTS

The honey moisture was determined by measuring refractive index at 293 K with an ATAGO refractometer (RT-90ATC, SAMMAR, China). The determination of glucose and fructose in honey samples was carried out by HPLC (Accela

600, Thermo Scientific, USA) using a REZEX Monosaccharide pre-column and column at 363 K, with milli-Q water as eluent (1.0 mL min<sup>-1</sup> flow rate) and using refractive index for detection. The ash content, insoluble solids and electrical conductivity were determined according to the IHC methods described by Bogdanov et al. (1997). Ash content was found by incinerating samples at 873 K in a muffle oven (3PS 3000, EDG, Germany). The insoluble solids were measured solving the honeys in water at 353 K. The solution was filtered on a porous funnel and dried at 408 K for one hour. The electrical



conductivity was measured with a condutivimeter (MCA 150, Tecnopon, Brazil) in a solution of 20% (w/v) of honey at 293 K. The physicochemical analyses were performed in triplicates.

## RESULTS AND DISCUSSION

### PHYSICOCHEMICAL CHARACTERISTICS

Table II shows the results of moisture content, fructose, glucose, sucrose, fructose-glucose ratio, glucose-water ratio, ash content, electrical conductivity and insoluble solids of the honey samples.

The water content is a quality parameter important specifically for honey shelf life. It has a minor importance for the characterization of honeys. However, depending on the production season and the climate, honeys show some typical differences in water content, which affect the physical properties of honey (viscosity, crystallisation) and also influence the value of the glucose-water ratio (Bogdanov et al. 2004). Moreover, moisture content below 18.0 g/100g guarantees a successful storage of honey samples (Bogdanov et al. 2005). In this work, the moisture content of honey samples ranged from 17.45 to 21.50 g/100g, while the maximum allowed by Brazilian norm (Brasil 2000) and International Codex (CAC 2001) standards for honey from *Apis mellifera* is 20 g/100g. The honey samples from *Combretum leprosum*, *Croton campestris* and *Hyptis suaveolens* presented higher moisture content than the maximum limit established by legislation. Lazaridou et al. (2004) found that moisture content in Greek honey varied greatly from 13 to 29 g/100g. In addition, Chinese honey has exhibited higher moisture content – in the range of 19.8 to 29.0 g/100g (Junzheng and Changying 1998). In Brazil, Marchini et al. (2007) found that various honey samples from the state of São Paulo do not comply with the quality regulations for Brazilian honey. Costa et al. (2013) measuring moisture content of honeys harvested in the central region of the state of the Rio Grande do Norte observed a variation

from 17.2 to 21.6 g/100g. There are several possible explanations for the high moisture content found in the honey samples in our work. It could be that the honeys samples were harvested prior to complete maturation from uncapped frames or that honeys absorbed moisture from environment during storage period; furthermore, moisture content of honey can vary according to the floral and geographical origin, climate conditions and honeybee type (Nanda et al. 2003).

Sugars are the main constituents of honey, comprising about 95% of honey dry weight. The relative amount of the two monosaccharides, fructose and glucose, is useful for honeys classification, as well as the fructose-glucose and glucose-water ratios (Bogdanov et al. 2004). All honey samples analyzed in this work showed a higher sum of fructose and glucose contents than the lowest limit established by Brazilian and international norms, respectively 60 and 65 g/100g of fructose plus glucose contents. It was possible to detect higher fructose content (37.58 - 43.95 g/100g) and lower glucose content (27.41- 33.80 g/100g) in honey samples. Moreira (2001) studying a lot of honey samples from the USA reported similar results on glucose and fructose mean contents of 31.28 and 38.19 g/100g, respectively. Australian honeys presented fructose content varying from 31.0 to 44.9 g/100g and glucose content varying from 23.9 to 33.0 g/100g (Sopade et al. 2004). Furthermore, a study on various European honeys was published by Persano-Oddo and Piro (2004), where glucose content ranged from 23.9 to 40.5 g/100g and fructose content varied from 31.6 to 42.7 g/100g. The high glucose content becomes honey more conducive to crystallize due to the lower water solubility of glucose (Gleiter et al. 2006).

In this work, the fructose-glucose ratio varied from 1.24 to 1.39 for the studied honey samples. Moreover, honeys from *Croton sonderianus* and *Mimosa tenuiflora* presented the highest values of fructose-glucose ratio. The fructose-glucose ratio is an important parameter to predict the crystallization

tendency of honey. Honey samples, which do not crystallize for a long time, have a fructose-glucose ratio higher than 1.33 (White 1978). If the fructose-glucose ratio is less than 1.11, honey crystallizes quickly. Commonly, honey presents a fructose-glucose ratio above 1.0, but some honeys may present lower values. For example, fructose-glucose ratios varying between 0.95 and 1.61 were reported in European honeys (Persano-Oddo and Piro 2004); while it was reported ranging between 1.0 and 1.2 in Nepalese honeys (Joshi et al. 2000).

A glucose-water ratio ranging from 1.55 to 1.80 was observed in honey samples analyzed in this work. Persano-Oddo and Piro (2004) described a glucose-water ratio spreading between 1.51 and 2.37 in European honeys. Similarly, glucose-water ratio may also be used to evaluate the honey propensity to crystallize. So, a glucose-water ratio above 1.7 means a high probability of the honey to crystallize (Bogdanov et al. 2005).

Concerning sucrose contents, excluding *Croton campestris* honey sample (5.95 g/100g), samples exhibit values above the upper limit (6.0 g/100g) allowed by Brazilian norm (Brasil 2000) as shown in Table II. The high sucrose content can indicate that the honey was harvested before its "ripening", causing an incomplete transformation of sucrose into fructose and glucose by action of the invertase enzyme secreted by bees (Azeredo et al. 1999).

The ash content of the samples ranged from 0.02 to 0.19 % (Table II). These values are within the range of values permitted by Brazilian norm, which allows maximum values of 0.6% (Brasil 2000). The average content of ashes were found to be similar to the study of Terrab et al. (2003), 0.19%, and lower than the values found in the honeys in Turkey, 0.27% (Kayacier and Karaman 2008). The ashes express the mineral content present in honey (Marchini et al. 2005), and is associated with

TABLE II  
Physicochemical characteristics of honeys.

Floral predominance	Moisture g/100g	Fructose g/100g	Glucose g/100g	Sucrose g/100g	Fructose/Glucose ratio	Glucose/Water ratio	Ash g/100g	Electrical conductivity $\mu\text{S.cm}^{-1}$	Insoluble solids g/100g
<i>Croton sonderianus</i> ("Marmeleiro")	17.70 ( $\pm 0.10$ )	37.58 ( $\pm 0.26$ )	27.41 ( $\pm 0.06$ )	9.26 ( $\pm 0.14$ )	1.37 ( $\pm 0.01$ )	1.55 ( $\pm 0.01$ )	0.17 ( $\pm 0.01$ )	279.20 ( $\pm 4.17$ )	0.27 ( $\pm 0.02$ )
<i>Mimosa tenuiflora</i> ("Jurema")	17.45 ( $\pm 0.60$ )	43.69 ( $\pm 0.12$ )	31.36 ( $\pm 0.48$ )	10.87 ( $\pm 0.26$ )	1.39 ( $\pm 0.02$ )	1.80 ( $\pm 0.07$ )	0.19 ( $\pm 0.02$ )	153.50 ( $\pm 1.48$ )	0.77 ( $\pm 0.01$ )
<i>Combretum leprosum</i> ("Mufumbo")	20.20 ( $\pm 0.14$ )	42.34 ( $\pm 0.04$ )	33.77 (0.02)	7.02 ( $\pm 0.03$ )	1.25 ( $\pm 0.01$ )	1.67 ( $\pm 0.01$ )	0.05 ( $\pm 0.01$ )	421.55 ( $\pm 15.84$ )	0.34 ( $\pm 0.09$ )
<i>Croton campestris</i> ("Velame")	21.50 ( $\pm 0.17$ )	42.00 ( $\pm 0.11$ )	33.66 (0.67)	5.95 ( $\pm 0.23$ )	1.24 ( $\pm 0.02$ )	1.56 ( $\pm 0.03$ )	0.05 ( $\pm 0.01$ )	312.95 ( $\pm 15.13$ )	0.95 ( $\pm 0.03$ )
<i>Hyptis suaveolens</i> ("Bamburral")	20.60 ( $\pm 0.05$ )	43.95 ( $\pm 0.02$ )	33.80 (0.40)	8.77 ( $\pm 0.26$ )	1.30 ( $\pm 0.02$ )	1.64 ( $\pm 0.02$ )	0.02 ( $\pm 0.01$ )	144.90 ( $\pm 7.07$ )	0.64 ( $\pm 0.07$ )
Brazilian legislation limits	$\leq 20.00$	$\geq 65^*$		$\leq 6.00$	-	-	$\leq 0.6$	-	$\leq 0.1$
Codex Alimentarius limits	$\leq 20.00$	$\geq 60^*$		$\leq 5.00$	-	-	-	$\leq 800$	$\leq 0.1$

\*sum of glucose plus fructose contents. Results are reported as mean ( $\pm$  standard deviation).

fertility of the soil in which the plant is located, with the flora and with the bee species (Lachman et al. 2007).

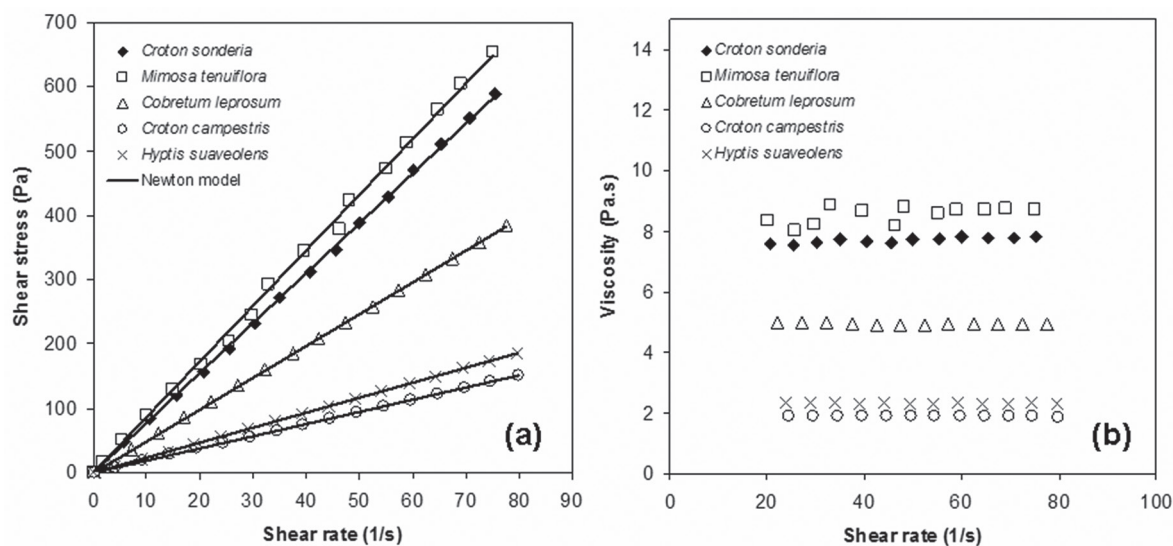
The results of insoluble solids content (Table III) were higher than 0.1 g/100 g (w/w), which is the maximum value permitted by Brazilian norm (Brasil 2000). According to Marchini et al. (2005) the analysis of insoluble solids is based on insolubility of wax, pollen and other insoluble components of the honey.

The electrical conductivity can be used as an additional method for determining the botanical source of the honey (Serrano et al. 2004) and depends on the content of minerals, organic acids, proteins and some sugars (Crane 1990). In accordance with Bognadov et al. (2004) electrical conductivity is the most useful quality parameter for the classification of honeys, which can be determined by relatively

inexpensive instrumentation. Our honey samples showed electrical conductivity ranging between 144.90 and 412.55  $\mu\text{S}\cdot\text{cm}^{-1}$ . These results are below the maximum limits (800  $\mu\text{S}\cdot\text{cm}^{-1}$ ) established by the International Codex for honey (CAC 2001). However, Marchini et al. (2007), analyzing electrical conductivity of honey samples from the state of São Paulo, in Brazil, published ranges from 331.00 to 2865.00  $\mu\text{S}\cdot\text{cm}^{-1}$  for Eucalyptus honey, from 160.71 to 2200.00  $\mu\text{S}\cdot\text{cm}^{-1}$  for wild honey, as well as a range from 212.00 to 1089.70  $\mu\text{S}\cdot\text{cm}^{-1}$  for Orange honey.

#### RHEOLOGICAL BEHAVIOR

Figure 2a shows the shear stress ( $\tau$ ) versus shear rate ( $\dot{\gamma}$ ), at 293 K, for honeys from *Croton sonderianus*, *Mimosa tenuiflora*, *Combretum leprosum*, *Croton campestris* and *Hyptis suaveolens*.



**Figure 2 - (a)** Shear stress versus shear rate, at 293 K, of honey samples; **(b)** Viscosity variation as function of shear rate of honey samples.

Upon analyzing Figure 2, it was observed that all honey samples behaved as Newtonian fluids. These results are in agreement with most literature data, where honey from different origins have been reported as following Newtonian behavior (Kabbani et al. 2011, Bakier 2007,

Yanniotis et al. 2006, Lazaridou et al. 2004, Abu-Jdayil et al. 2002). However, results indication of non-Newtonian behavior for some honeys, have also been published. For example, some Lithuanian honeys (Stelmakienė et al. 2012) and Heather honey (*Calluna vulgaris*) (Witczak et al.



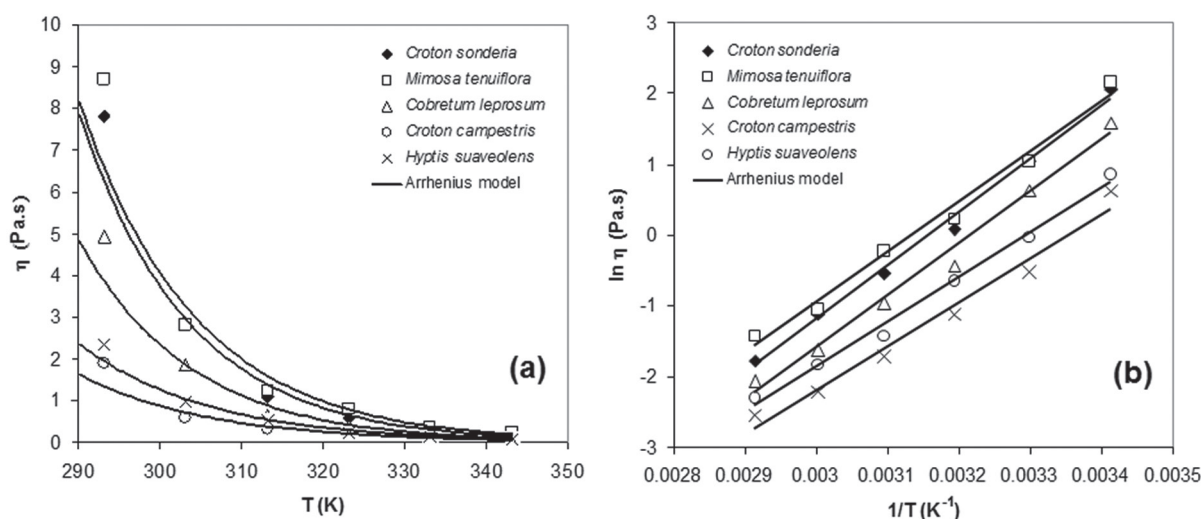
2011) were found to exhibit thixotropic behavior; dilatancy was reported in Nigerian honeys (*Opuntia engelmanni*) and in Eucalyptus honeys (White 1978); while Galician honeys (Gómez-Díaz et al. 2009) and German honeys (Smanalieva and Senge 2008) were characterized as pseudoplastic fluids. Furthermore, Brazilian honeys harvested from different states of the northeastern region of the country, have been described as presenting Newtonian (Costa et al. 2013) or pseudoplastic behavior (Queiroz et al. 2007).

Rheology of honeys may inform something about its composition. So, thixotropy is thought to be associated to proteins in the honey; whereas the presence of high-molecular weight dextran

in honey can cause dilatancy (White 1978); and Newtonian behavior usually is expected for a concentrated solution of low molecular weight compounds, indicating absence of macromolecules and/or particles in suspension. Moreover, according to El-Biale and Sorour (2011), unusual non-Newtonian pseudoplastic behavior in honeys can signify the addition of foreign substances to honey such as molasses or starch.

Figure 3 shows the honey viscosities dependence of the temperature and the fitting of the Arrhenius model to experimental data (Equation 1).

Regarding the temperature ( $T$ ) dependence of viscosity ( $\eta$ ), as expected, the viscosity decreases with temperature rise (Figure 3a). In order to assess the



**Figure 3** - Honey viscosities dependence of temperature and fitting of model to experimental data by non-linear Arrhenius equation (a) and linearized Arrhenius equation (b).

temperature sensitivity of honeys viscosity, data were fitted using Arrhenius model. This model adequately described the relationship between honeys viscosity and temperature for all studied honeys. The fact that temperature dependence of honey viscosity agrees with Arrhenius model has been observed by several researchers (Zaitoun et al. 2001, Lazaridou et al. 2004, Queiroz et al. 2007, James et al. 2009, Oroian 2012).

Figure 2b shows the linear relationship of  $\ln(\eta)$  vs.  $(1/T)$  obtained from the linearization of

Arrhenius equation and fitted to experimental data. The pre-exponential factor ( $\eta_0$ ) of Arrhenius model (ie., value of viscosity as temperature approaches infinity) and activation energies ( $E_a$ ) were estimated, respectively, from the intercept and slope of straight lines obtained by the least square regression.

Table III resumes the results of Arrhenius parameters ( $\eta_0$  and  $E_a$ ), correlation coefficient ( $R^2$ ) and viscosities at 293 K for honey samples.

TABLE III  
Arrhenius model parameters and viscosities at 293 K for honey samples.

Floral predominance	Viscosity at 293 K (Pa.s)*	Arrhenius parameters		
		$\eta_0$ (Pa.s)*	$E_a$ (kJ/mol)*	$R^2$
<i>Croton sonderianus</i>	7.70 ( $\pm 0.10$ )	$4.13 \times 10^{-11}$ ( $\pm 0.75$ )	62.97 ( $\pm 0.47$ )	0.9932
<i>Mimosa tenuiflora</i>	8.55 ( $\pm 0.28$ )	$1.97 \times 10^{-10}$ ( $\pm 0.27$ )	59.28 ( $\pm 0.38$ )	0.9861
<i>Combretum leprosum</i>	4.94 ( $\pm 0.03$ )	$4.66 \times 10^{-11}$ ( $\pm 0.26$ )	61.50 ( $\pm 0.14$ )	0.9869
<i>Croton campestris</i>	1.90 ( $\pm 0.10$ )	$7.97 \times 10^{-10}$ ( $\pm 0.99$ )	51.97 ( $\pm 0.33$ )	0.9757
<i>Hyptis suaveolens</i>	2.33 ( $\pm 0.01$ )	$8.64 \times 10^{-10}$ ( $\pm 1.19$ )	52.68 ( $\pm 0.37$ )	0.9924

\*average (standard deviation), n = 5.

The viscosity values, measured at 293 K, of the honeys studied in this work varied from 1.90 to 8.55 Pa.s. This viscosity range presents no greater difference to the Costa et al. (2013) results that show a viscosity varying from 0.49 to 6.65 Pa.s in honeys harvested in the central region of the state of Rio Grande do Norte, in Brazil. Moreti et al. (2009) found that viscosities vary from 0.36 to 6.77 Pa.s while Sodr  et al. (2007) obtained a more limited viscosity range (0.54 to 2.08 Pa.s), to honeys produced in the state of Cear , in Brazil. Sodr  et al. (2011) reported a range of viscosities from 0.96 to 2.97 Pa.s in honey samples from the Picos region, state of Pia , Brazil.

In order to better compare our results with literature data, Figure 4 shows viscosity ranges of honeys from Brazil and others countries reported by several authors.

It can be noted in Figure 4 that viscosity range of honeys from the west region of the state of Rio Grande do Norte (Brazil) is in accordance with viscosity ranges reported for Brazilian honeys by several researchers. Some exceptions were observed in viscosity ranges related to honeys studied by L.L. Pereira (unpublished data), which attain higher values than others Brazilian honeys. Honeys from Spain (Orian et al. 2013), Australia (Sopade et al. 2003), India (Kumar and Mandal 2009) and Turkey (Kayacier and Karaman 2008) have presented

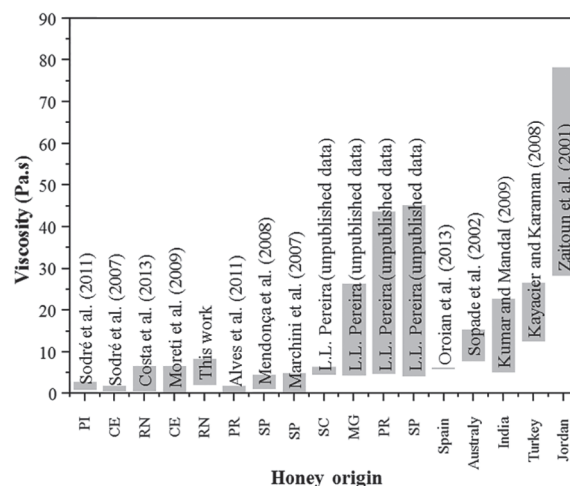


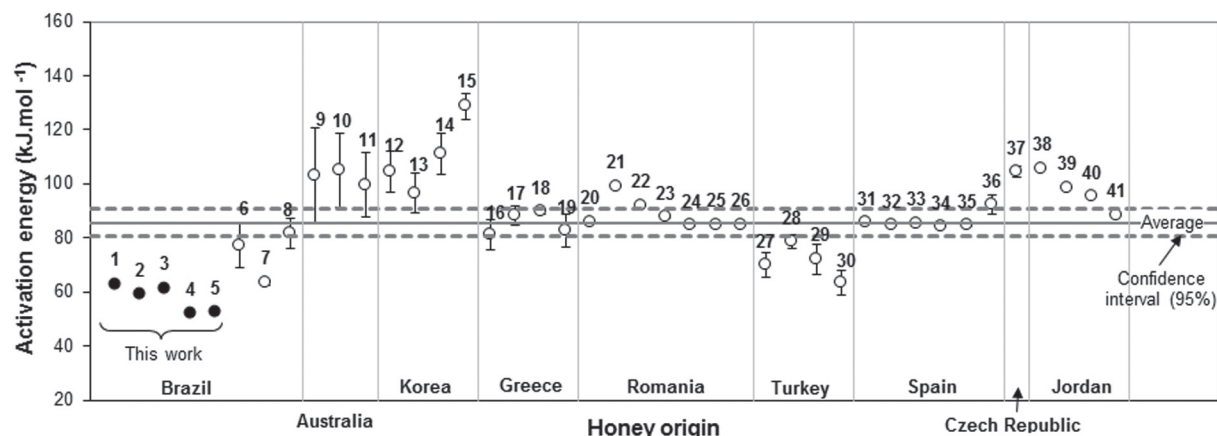
Figure 4 - Viscosity ranges (bars) to honeys from different origins reported by some authors. Viscosities measured at 293 K. All selected honeys in the figure were reported as Newtonian fluids. Abbreviations refer to some states in Brazil (PI – Pia , CE – Cear , RN – Rio Grande do Norte, PR – Paran , SP – S o Paulo, MG – Minas Gerais, SC – Santa Catarina).

higher viscosities than most Brazilian honeys, except for those related by L.L. Pereira (unpublished data). However, in Jordanian honeys (Zaitoun et al. 2001) viscosity ranged from 28.3 to 78.5 Pa.s, while in Greek honeys (Lazaridou et al. 2004) there was considerable variation in the observed values for viscosity (9.9 to 200 Pa.s). This great variation observed in honey viscosities around the world can be explained because viscosity is greatly affected by composition parameters, such as water,

sugars and protein contents, which change with the geographical and floral origins of each honey.

The activation energy,  $E_a$ , as described by Arrhenius Model, has proven to be a most valuable parameter in investigating the temperature sensitivity of the samples for comparison purposes (Sopade et al. 2003). However, if a lot of papers

report data on honeys viscosities at a specified temperature (i.e. 293 K), there are less literature data about activation energy of honeys particularly for Brazilian honeys. Figure 5 shows activation energy values for forty-one honeys from different floral and geographical origins as reported by several authors around the world.



Number	Floral origin	Geographical origin	References	Number	Floral origin	Geographical origin	References
1	<i>Croton sonderia</i>	RN State - Brazil	(This work)	22	<i>Abies</i> sp. (Honeydew)	Romania	(Oroian 2012)
2	<i>Mimosa tenuiflora</i>	RN State - Brazil	(This work)	23	<i>Pinus</i> sp. (Honeydew)	Romania	(Oroian 2012)
3	<i>Combretum leprosum</i>	RN State - Brazil	(This work)	24	Polyfloral	Romania	(Oroian 2012)
4	<i>Croton campestris</i>	RN State - Brazil	(This work)	25	<i>Helianthus annuus</i>	Romania	(Oroian 2012)
5	<i>Hyptis suaveolens</i>	RN State - Brazil	(This work)	26	<i>Tilia</i> sp.	Romania	(Oroian 2012)
6	<i>Spermacoce verticillata</i>	CE State - Brazil	(K.F.N.L. Silva, unpublished data)	27	<i>Pinus</i> sp. (Honeydew)	Turkey	(Kayacier and Karaman 2008)
7	<i>Serjania glabrata</i>	PI State - Brazil	(Queiroz et al. 2007)	28	<i>Thymus</i> sp./ <i>Astragalus membranaceus</i>	Turkey	(Kayacier and Karaman 2008)
8	Polyfloral	SC State - Brazil	(A.C. Padilha unpublished data)	29	Wildflowers	Turkey	(Kayacier and Karaman 2008)
9	<i>Eucalyptus</i> sp.	Australia	(Sopade et al. 2002)	30	<i>Citrus</i> sp.	Turkey	(Kayacier and Karaman 2008)
10	<i>Banksia ericifolia</i>	Australia	(Sopade et al. 2002)	31	<i>Eucalyptus</i> sp.	Spain	(Oroian et al. 2013)
11	<i>Melaleuca quinquenervia</i>	Australia	(Sopade et al. 2002)	32	<i>Citrus sinensis</i>	Spain	(Oroian et al. 2013)
12	<i>Castanea</i> sp.	Korea	(Yoo 2004)	33	Polyfloral	Spain	(Oroian et al. 2013)
13	Polyfloral	Korea	(Yoo 2004)	34	<i>Rosmarinus officinalis</i>	Spain	(Oroian et al. 2013)
14	<i>Acacia</i> sp.	Korea	(Yoo 2004)	35	<i>Satureja hortensis</i>	Spain	(Oroian et al. 2013)
15	<i>Brassica napus</i>	Korea	(Yoo 2004)	36	Polyfloral	Galicia - Spain	(Gómez-Díaz et al. 2009)
16	<i>Pinus</i> sp. (Honeydew)	Greece	(Lazaridou et al. 2004)	37	Mixte honey (polyfloral/honeydew)	Czech Republic	(Trávníček et al. 2012)
17	<i>Abies</i> sp. (Honeydew)	Greece	(Lazaridou et al. 2004)	38	<i>Malus sylvestris</i>	Jordan	(Zaitoun et al. 2001)
18	Polyfloral	Greece	(Lazaridou et al. 2004)	39	<i>Myoporum laetum</i>	Jordan	(Zaitoun et al. 2001)
19	<i>Citrus sinensis</i>	Greece	(Lazaridou et al. 2004)	40	<i>Citrus</i> spp.	Jordan	(Zaitoun et al. 2001)
20	<i>Acacia</i> sp.	Romania	(Oroian 2012)	41	<i>Zizphus spina-christi</i>	Jordan	(Zaitoun et al. 2001)
21	<i>Taraxacum officinale</i>	Romania	(Oroian 2012)				

**Figure 5** - Activation energies of honeys from different geographical and floral origins as reported by some authors (The dots mean the average of activation energies of the honeys and the bars errors are standard deviations. The bars errors do not appear when standard deviations were too small or they were not reported by authors).

The average and standard deviation of the activation energy for the forty-one honeys, presented in Figure 5, were 85.6 and 16.4 kJ.mol<sup>-1</sup>, respectively. The activation energies for honeys samples analyzed in this work are below the average for the forty-one honeys reported in literature (see Figure 5). Despite that, the activation energies observed in this work were similar in values to others Brazilian honeys (K.F.N.L. Silva unpublished data, Queiroz et al. 2007, A.C. Padilha unpublished data) as well as some Turkish honeys (Kayacier and Karaman 2008).

#### COMBINED EFFECTS OF MOISTURE CONTENT AND TEMPERATURE ON HONEY VISCOSITY

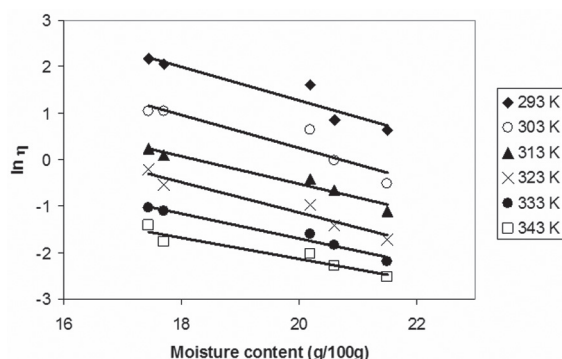
The viscosity of honey samples can be described as an exponential function of moisture content of the samples. So, it is possible to describe the empirical dependence of honey viscosities with moisture content in the form of the Equation 2:

$$\eta = a_1 \cdot e^{-b_1 \cdot W} \quad (2)$$

Where,  $\eta$  is the honey viscosity (Pa.s),  $W$  is the moisture content of honey (g/100g),  $a_1$  and  $b_1$  are the constants of the equation 2; then the equation can be written in a linear form as shown in Equation 3:

$$\ln \eta = \ln a_1 - b_1 \cdot W \quad (3)$$

Figure 6 shows Equation 3 fits to experimental data at studied temperatures.



**Figure 6** - Effect of moisture content on honey viscosity at various temperatures.

The correlation coefficient,  $R^2$ , for fittings shown in Figure 6 varied from 0.853 to 0.958, showing the good agreement of the model described by Equation 2 with the experimental data.

The Arrhenius model can be combined with Equation 2 to obtain a way of describing honey viscosity including either temperature as well as moisture content dependences, Equation 4:

$$\eta = f(T, W) = a_2 \cdot e^{\left(\frac{E_a}{RT} - b_2 \cdot W\right)} \quad (4)$$

Where,  $T$  is absolute temperature (K),  $E_a$  is activation energy (J.mol<sup>-1</sup>),  $R$  is gases constant (8.314 J.mol<sup>-1</sup>.K<sup>-1</sup>),  $W$  is the moisture content (g/100g),  $a_2$  and  $b_2$  are empirical constants from Equation (4).

Experimental data were fitted to Equation (4) by multivariate regression using Statistica 7.0 (StatSoft Inc 2004). However, due to program requirements, Equation 4 was used in its linearized form:

$$\ln \eta = \ln a_2 + \frac{E_a}{R} \cdot T^{-1} - b_2 \cdot W \quad (5)$$

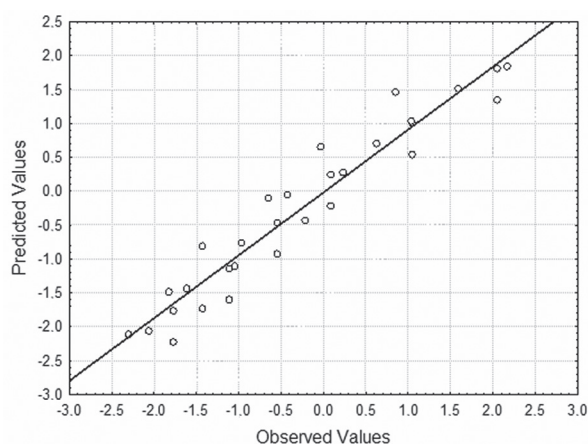
The multivariate regression enables us to obtain values of coefficients from Equation 5. Table IV shows the models parameters calculated and Figure 7 shows observed values versus predicted values for  $\ln \eta$  using Equation 5.

**TABLE IV**  
Multivariate regression results of dependent variable  $\ln \eta$  with independent variables  $W$  (moisture content) and  $T$  (absolute temperature) as described by equation (5).

Parameter of equation (5)	Multivariate regression results	Standard error	Relative standard error (%)	p value
$\ln a_2$	- 20.606	1.487	7.21	< 0.001
$\frac{E_a}{R}$	7202.4	395.7	5.49	< 0.001
$b_2$	- 0.121	0.0041	3.39	< 0.007
Multivariate $R^2 = 0.926$			Multivariate $R^2$ -adjusted = 0.921	

As presented in table IV, the value of 0.926 to correlation coefficient  $R^2$  indicates that the model fits satisfactorily to experimental data,





**Figure 7** - Observed values versus predicted values of  $\ln \eta$  as calculated by Equation 5.

while Figure 7 shows a good agreement between predicted and observed values. In accordance with these results, we can conclude that the mathematical model adopted provides a good description of honey viscosity as a function of combined effects of temperature and moisture content.

### CONCLUSION

Among the honey samples analyzed in this work, the highest moisture contents were observed in honeys from *Combretum leprosum*, *Croton campestris* and *Hyptis suaveolens* while the lowest values were observed in honeys from *Croton sonderianus* and *Mimosa tenuiflora*. Fructose was the main sugar found in all honey samples. Furthermore, high fructose-glucose ratios, ranging between 1.24 and 1.39, indicate a low tendency to crystallize in all analyzed honeys. However, honey samples from *Mimosa tenuiflora* exhibited a high glucose-water ratio, 1.8 in mean, indicating that this honey has higher propensity to crystallize than others honeys studied in this work. Moreover, all honey samples behaved as Newtonian fluids. The viscosities for analyzed honeys, at 293 K, were lower than the values of viscosities reported for honeys from various countries around the world, but in accordance to values observed for several honeys

from Brazil. Honeys from *Mimosa tenuiflora* and *Croton sonderianus* were the most viscous among analyzed honeys. Arrhenius model was suitable to describe temperature dependence of the viscosity for all investigated honeys. Higher activation energies were observed for honeys from *Croton sonderianus* (62.97 kJ/mol) and *Combretum leprosum* (61.50 kJ/mol), but still lower than mean values reported by researchers on honeys from another countries. Honey viscosity rise exponentially with the decrease in moisture content and was adequately described as function of temperature and moisture content by a model combining the effect of these factors.

### RESUMO

O objetivo deste trabalho foi investigar as características físico-químicas e o comportamento reológico de alguns méis florais de espécies de plantas silvestres encontradas no bioma caatinga, assim como, correlacionar as viscosidades dos méis com sua composição química. Neste sentido, cinco méis com predominância floral de plantas típicas da caatinga visitadas por abelhas melíferas foram analisadas. Os resultados mostraram que o teor de umidade dos méis variou entre 17,45 e 21,50 g/100g. As amostras exibiram maiores teores de frutose (37,58 - 43,95 g/100g) e menores teores de glicose (27,41-33,80 g/100g). A razão glicose/água variou entre 1,55 e 1,80. Os teores de sacarose, com exceção das amostras de mel de *Croton campestris*, exibiram valores acima do mais alto teor permitido pela legislação brasileira (6,0 g/100g). Os teores de cinza variaram entre 0,02 e 0,19%. Os teores de sólidos insolúveis ficaram acima de 0,1 g/100g. A condutividade elétrica variou entre 144,90 e 412,55  $\mu\text{S}\cdot\text{cm}^{-1}$ . Todas as amostras de mel comportaram-se como fluidos Newtonianos. Os valores das viscosidades, medidos a 293 K, ficaram entre 1,90 e 8,55 Pa.s. Um modelo matemático empírico, adaptado do modelo de Arrhenius, fornece uma boa descrição da viscosidade dos méis como função dos efeitos combinados da temperatura e do teor de umidade.

**Palavras-chave:** modelo de Arrhenius, glicose, umidade, reologia, viscosidade.



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