Abstract
The aim of this research is to evaluate the effectiveness of an Emotional Intelligence Program for parents and children with ADHD, while studying whether there are significant differences between self-perception of children with ADHD about their emotional intelligence and the perception of their parents. This is a non-experimental pretest-post-test study in which measurement tools have been developed ad hoc. The results confirm that there are significant differences between parents and their children with ADHD in the perception of emotional intelligence. Regarding the program, we can affirm that it has been especially effective with regard to the dimensions of self-awareness, self-management, and identification of others' emotional facial expressions and identifying others' emotions.

Keywords
ADHD, emotional intelligence, self-perception, intervention program