Abstract
Humans, like all species, have multiple forms of information processing in sensory and bodily systems. We differ from other species in the possession of a complex and powerful system, the verbal language. Nevertheless, this is coded in multiple forms of non verbal modalities. The major processing systems are characterized as Subsymbolic and Symbolic. The Subsymbolic system is most used in therapies which relay more on non verbal signals as a way of accessing the mind. Information concerning our body and affective core are given by the subsymbolic processing. Humans organize their emotional life into emotional schemas. Bodily, sensory and motor elements constitute the affective core of the schema. What is changed in psychotherapy is the organization emotional schemas are formed through the interactions with the caregivers; therefore, the regulation provided by them is fundamental for the organization of the affective life, which involves the mind and the body. A mechanism of neuroception would be implicated on the base of the organization of the affective schemas.

Keywords
Emotional scheme, body process, cognition, neuroception.