Abstract

This study aimed to assess the emotional well-being in the workplace in a sample of professionals from the health fields. Understanding these affects on the work environment becomes an indispensable condition for a better understanding of both the general well-being of individuals as to their satisfaction with work. Participants were 198 health professionals, such as doctors, nurses, dentists, physiotherapists, nutritionists and pharmacists, most of them were females (74.7%), with a mean age of 45 years (sd = 9.80). They answered the Job-Related Affective Well-Being Scale (JAWS) and gave demographic information. Results showed a predominance of positive emotions in general. However, there were significant differences between affections reported by dentists in relation to doctors and nurses. These last two groups of professionals had higher scores in negative emotions with respect to their work.

Keywords

Evaluation, Affect, Health Personnel.