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ORIGINAL ARTICLE

Electrochemotherapy as palliative treatment in patients with thyroid papillary carcinoma[☆]



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KEYWORDS

Bleomycin;
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Abstract

Introduction: Local progression of papillary thyroid carcinoma (PTC) after failure of standard therapies may cause pain, ulceration, and bleeding. As patients are fully aware of the tumor growth, they might suffer high grade anxiety. Electrochemotherapy (ECT) is a new local palliative treatment for skin metastases of malignant melanoma or other tumors, including squamous head e neck cancer patients.

Objective: To evaluate the impact of ECT in patients with local progression of PTC.

Methods: Four patients with local progression of PTC were treated with ECT based on Bleomycin, and evaluated according to tumor response, local pain and side effects.

Results: In all cases, some grade of tumor response was observed, lasting 6, 7, 12 and 8 months, respectively. Also, reduction of local pain and anxiety was registered in all patients. Tumor infiltrated skin necrosis was the only collateral effect of the treatment. ECT induced a tumor response in all PTC patients with improvement of symptoms.

Conclusions: ECT may be an option for local palliative treatment in PTC patients with local tumor progression.

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PALAVRAS-CHAVE

Bleomicina;
Eletoquimioterapia;
Câncer de cabeça e
pescoço;
Terapia paliativa;
Tireoide

Eletoquimioterapia como tratamento paliativo em pacientes com carcinoma papilar da tireoide**Resumo**

Introdução: A progressão local do carcinoma papilífero de tireoide (CPT) após a falha da terapia de rotina pode causar dor, ulceração e sangramento. Considerando que os pacientes estão perfeitamente cientes do crescimento tumoral, podem apresentar um alto grau de ansiedade. A eletroquimioterapia (EQT) é um novo tratamento paliativo para metástases de pele de melanoma maligno ou de outros tumores, inclusive em pacientes com carcinoma escamoso de cabeça e pescoço.

Objetivo: Avaliar o impacto da EQT em pacientes com progressão local de CPT.

Método: Quatro pacientes com progressão local de CPT foram tratados com EQT com base em bleomicina, e avaliados em relação ao grau de resposta tumoral, dor local, efeitos colaterais.

Resultados: Em todos os casos, foi observado algum grau de resposta tumoral, que perdurou por 6, 7, 12 e 8 meses, respectivamente. Da mesma forma, foi registrada diminuição da dor local e da ansiedade em todos os pacientes. Necrose cutânea na infiltração tumoral foi o único efeito colateral do tratamento. EQT induziu resposta tumoral em todos os pacientes com CPT, com melhora dos sintomas.

Conclusões: EQT pode ser uma opção para o tratamento paliativo tópico em pacientes com CPT com progressão tumoral local.

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Introduction

Local relapse or regional neck metastases after failure of standard therapies of papillary thyroid carcinoma (PTC) are rare. However, patients developing local or regional tumor progression may suffer from anxiety, local pain, exudation, or bleeding.

Electrochemotherapy (ECT) is a new experimental technology based on increasing cell membrane permeability of the tumor cells (electroporation) to molecules. ECT consists of the administration of electric pulses in the tumor during perfusion of chemotherapy to facilitate drug delivery into malignant cells.^{1,2} ECT is now being used as a palliative therapy for cutaneous metastases and head and neck cancer.^{3–7} A recently published meta-analysis of 915 patients studied the results of skin-directed therapy for local cutaneous metastases, including electrochemotherapy, photodynamic therapy, radiotherapy, intralesional therapy, and topical therapy.⁸ The histology of primary tumors was mainly melanoma and breast carcinoma, and none of them were thyroid carcinoma. ECT was more active than the other skin-directed therapies, as a 59% complete response rate was reported, and transient local pain occurring in 49% of patients that resolved within a month was the more common side effect.

The authors present the preliminary results of a pilot study of thyroid cancer patients with progression of local recurrence or neck metastases treated with ECT.

Methods**Inclusion criteria**

Patients resistant to radioiodine and to anti-target agent Sorafenib with local tumor progression of PTC after

primary therapy (thyroidectomy, cervical neck dissection, and adjuvant radioiodine), and after treatment of the relapse (salvage cervical surgery and radiotherapy) were included. Sorafenib resistance was considered when a 20% increase in the sum of diameters of the target lesion was observed.

Additional inclusion criteria: Eastern Cooperative Oncology Group performance status of 2 or less, life expectancy of at least three months, no active respiratory disease or serious chronic pulmonary disease, absolute white blood count above 4000 cells/ μ L, hemoglobin greater than 10 g/dL, platelet count above 100,000/ μ L, and no previous clinical history of allergy to bleomycin.

The study was approved by the Institutional Review Board. Informed consent was obtained from all patients.

Treatment

Under total anesthesia, with an inspired oxygen fraction (FiO₂) of 36% or less, bleomycin, 20 mg/m² IV was administered in a bolus. Between eight and 28 min later, electric pulses of 100 μ s and 1000 V were administered to the target tumor by an electrode (model N-30-HG; IGEA S.r.l. – Carpi, Italy), powered by a commercial pulse generator for electroporation treatments (CLINIPORATOR; IGEA S.r.l. – Carpi, Italy). Tumor tissue was treated homogeneously, covering the entire target volume.

Response criteria

Radiological evaluation was performed at 0, 6, and 12 weeks after ECT, according to Response Evaluation Criteria in Solid Tumor (RECIST) criteria (version 1.1).⁹ Symptom evaluation of pain and anxiety was performed with the



Figure 1 Case 1: External aspect and CT-scan of a lower left cervical mass prior (left images) and after four weeks (right images) of the electrochemotherapy.

Edmonton Symptom Assessment System before treatment and 12 weeks after ECT. The patients subjectively scored the intensity of these symptoms on a visual analogical scale (VAS) between 0 (absence) and 10 (maximum intensity). Toxicity and adverse events related to ECT were also evaluated at 6, 12, and 24 h after the procedure.

During the follow-up period, the patients were evaluated at least every three months or when disease progression was observed.

Results

Four consecutive patients, one male and three females, were enrolled in the study. The age ranged between 51 and 60 years. The target tumor was a large cervical mass in three patients and skin metastases (less than 2 cm) in one.

A clinical response was observed in all four patients within the first three weeks after ECT (Fig. 1). These findings were consistent with the radiological evaluation, showing partial response (PR) in two patients and two cases

of disease stabilization with lower tumor burden, but not reaching the PR criteria as defined by RECIST.

The targeted lesions' size decreased over the next three months and remained without progression during six to 12 months after the procedure. Three of the patients died because of visceral metastases, and there was no disease progression in the targeted lesions treated with ECT. In one case, the patient died 18 months after ECT due to local and metastatic disease progression.

The symptom evaluation showed a moderate decrease in the reported median numerical scale for anxiety (10–7) and mild reduction in pain (7–6). No severe adverse events were observed in the next 24 h after ECT, apart from mild local pain controlled with non-opioid analgesia. The changes in the targeted lesion included painless skin necrosis.

Discussion

This is the first report to assess the clinical efficacy of ECT as a palliative treatment for PTC. The response was evaluated

using RECIST version 1.1.⁹ There were some difficulties in the interpretation of the RECIST criteria. Firstly, some increase in the size of the lesion could be found, especially in the first few weeks, attributed to the local inflammatory reaction after ECT. In the two cases reported as “stable disease”, tumor response was observed in the central part of the tumor, but this is not evaluated in the RECIST criteria.

Patients reported a moderate improvement in the two most frequent tumor-derived symptoms: local pain and anxiety. The treatment was well tolerated, and as the administered dose of bleomycin was below the maximum tolerated dose, the procedure could have been repeated. None of the patients had the toxicities frequently associated to treatments with bleomycin.¹⁰

PTC is commonly considered resistant to bleomycin because its unavailability to diffuse through the cell membrane. ECT induces electroporation of the cell membrane, facilitating the entrance of bleomycin into the cell from the plasma.^{2,11,12} Once there, bleomycin appears to act strongly against cell growth, inducing cell apoptosis that can be observed up to several weeks after the procedure.¹³

The present results showed that ECT may be a valid option as palliative local treatment in PTC patients with local relapse or skin metastases. The number of patients initially recruited was small, but that could be explained since papillary thyroid cancer is a highly curable disease, and because patients with progressive disease are rare and all the cases were from a unique institution. Moreover, other systemic chemotherapy agents are currently under investigation for such patients.

It appears that this procedure may have an antitumoral effect, particularly in lesions smaller than 3 cm.⁵ Another meta-analysis published on 413 patients with cutaneous and subcutaneous tumors indicated that ECT had significantly ($p < 0.001$) higher effectiveness (by more than 50%) than bleomycin or cisplatin alone and that ECT was more effective in sarcoma than in melanoma or carcinoma patients. No patients with thyroid carcinoma were reported.¹⁴ Further clinical trials with more patients will clarify the role of this procedure.

Also, it should be determined whether a larger electrode would enable reaching the tumor more extensively, potentially leading to improved results.

Conflict of interest

The authors declare no conflicts of interest.

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