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Partial substitution of nitrite by chitosan and the effect on the quality properties of pork sausages

Substituição parcial de nitrito de sódio por quitosana e sua influência sobre a qualidade de embutidos

Mario GARCÍA^{1*}, Tatiana BELDARRAÍN², Leonid FORNARIS¹, Raúl DÍAZ¹

Abstract

The aim of the study was to evaluate the influence of partial nitrite replacement by chitosan on the quality of Ham Visking (a type of pork sausages). Five Ham Visking formulations were elaborated modifying the sodium nitrite (0.011; 0.016 or 0.0212%) and chitosan concentrations (0.25 or 0.5%) in the products. Sausages were stored at 4 °C and physicochemical, microbiological, and sensorial evaluations were performed in order to estimate their shelf life. Chitosan can be used in pork sausages without affecting sensory attributes such as color although the panelists detected textural differences among the samples with chitosan, which suggests that there is some influence of deacetylation degree of chitosan on the textural behavior of sausages which still needed to be explained for a successful application of chitosan in meat products. The reduction of residual sodium nitrite did not affect the color and flavor of such products, but the use of chitosan increased significantly the shelf life of sausages.

Keywords: pork sausages; chitosan; nitrite substitution; microbial quality; sensory quality; storage.

Resumo

O objetivo do estudo foi avaliar a influência da substituição parcial de nitrito de sódio por quitosana na qualidade do presunto Visking, (um tipo de embutido de carne de porco). Elaboraram-se cinco formulações do produto, modificando-se apenas as concentrações de nitrito de sódio (0,011% e 0,016%) e quitosana (0,25% e 0,5%). Para determinar o tempo de prateleira dos embutidos, as amostras foram armazenadas em temperaturas a 4 °C, e realizaram-se análises físico-químicas, microbiológicas e sensoriais. A quitosana pode ser utilizada em embutidos suínos sem afetar atributos sensoriais como cor, apesar do fato dos provadores terem reportado diferenças na textura entre amostras com quitosana, possivelmente essas diferenças de textura sejam influenciadas pelo grau de desacetilação da quitosana. Entretanto, esses resultados ainda precisam ser esclarecidos para se poder ter uma aplicação eficiente da quitosana em embutidos. A redução do nitrito de sódio residual não afetou a cor nem o sabor destes produtos. Entretanto, quando se adicionou quitosana, foi observado um aumento no tempo de prateleira do embutido.

Palavras-chave: embutidos; quitosana; substituição de nitrito; qualidade microbiológica; qualidade sensorial; armazenamento.

1 Introduction

Ham Visking is a type of pork sausage and is one of the most popular meat products in Cuba, and the demand for such a product is continuously increasing, especially by children. Ham Visking is a cured meat product. Curing contributes to the characteristic pink color, specific texture, and flavor, and provides a preservative effect especially against *Clostridium botulinum* (MARRIOT; LECHOWICH; PIRSON, 1981). Nitrite is the critical curing component (CASSENS, 1997).

When added to cured meats, nitrite has at least three functions (WOODS; WOOD; GIBBS, 1990), principally to inhibit the growth of food spoilage bacteria, especially *Clostridium botulinum*, a sporulated microorganism that can grow under anaerobic conditions and produce a neurotoxin, which is one of the most lethal natural products known. Nitrite, together with cooking and the addition of salt, is a protection against food poisoning by this microorganism (PIERSON, 1982; ROBERTS et al., 1991). Nitrite also contributes to the flavor,

probably due to the inhibition of the development of rancid off-flavors (CORNFORTH, 1996), and it reacts with myoglobin producing mononitrosylhaemochrome (KILLDAY et al., 1988), which is responsible for the characteristic pink color of cured meat.

Since the 1970s, there has been concern about a possible link between nitrite and cancer. There is no conclusive evidence that nitrite is directly carcinogenic (CANTOR, 1997), but in high doses it has been implicated as a co-carcinogen (SCHWEINSBERG; BURKLE, 1985). Some epidemiological studies have suggested a link between dietary nitrates and nitrites and the incidence of cancer (FORMAN; AL-DABBAGH; DOLL, 1985), and this is the reason why the reduction or elimination of nitrite is desirable. There are two alternatives to control the problem: i) use of agents that partially or completely replace nitrite, or ii) agents that block formation of nitrosamines

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in products containing conventional concentrations of nitrite (CASSENS, 1995).

Chitosan is a linear polymer of 2-amino-2-deoxy- β -D-glucan, a deacetylated form of chitin, which is a naturally occurring cationic biopolymer (AIROLDI, 2008). It occurs as a shell component of crustaceans, as the skeletal substance of invertebrates, and as the cell wall constituent of fungi and insects. Applications of chitosan include using it as a flocculating agent, clarifying substance, thickening substance, gas-selective membrane, coating material, wound-healing factor agent, and antimicrobial agent among other uses (GARCÍA, 2008; GARCÍA et al., 2008). In addition, chitosan has recently been approved by the authorities for its use in pharmaceutical forms, and a monograph relating to chitosan hydrochloride was included in the European Pharmacopoeias (EUROPEAN..., 2005).

Chitosan exhibits in vitro antimicrobial activity against a range of foodborne microorganisms and consequently has attracted attention as a potential natural food preservative in meat products (ROLLER; COVILL, 2000; ROLLER et al., 2002; SHAHIDI; ARACHCHI; JEON, 1999).

The objective of this study was to evaluate the possibility of partial nitrite replacement by chitosan on the quality of Ham Visking pork sausages.

2 Materials and methods

2.1 Sample preparation

Refrigerated lean pork was obtained within 72 hours of slaughtering from a local meat packer, coarsely ground (MBM, Germany) and blended (RMT, Spain). Brine containing sodium chloride, trisodium phosphate, and sodium nitrite was prepared and mixed with ground pork meat (Table 1) for 30 minutes. The mixture was left to rest for 24 hours and was mixed again for 30 minutes. Chitosan oligomers of low (Pharmacy and Food Institute, University of Havana, Cuba) and medium (Biomaterials Center, University of Havana, Cuba) deacetylation

Table 1. Formulation of Visking-type pork sausage with different levels of sodium nitrate and chitosan.

Ingredients (%)	Treatments				
	1	2	3	4	5
Pork	87.0	87.0	87.0	87.0	87.0
Sodium chloride	2.67	2.68	2.67	2.68	2.73
Sodium nitrite	0.016	0.011	0.016	0.011	0.0212
Trisodium phosphate	0.3	0.3	0.3	0.3	0.3
Chitosan	0.25a	0.5a	0.25b	0.5b	0.0
Water	9.77	9.6	9.77	9.6	9.95

a Chitosan I, b Chitosan II.

Table 2. Characteristics of the chitosan oligomers used.

Parameters	Chitosan	
	I	II
Molecular weight	$1,6 \times 10^3$	$6,2 \times 10^3$
Deacetylation degree (%)	83,02	70

degrees (Table 2), previously dissolved in lactic acid at 1% (v/v), were added to the treated products and mixed until fully homogeneous. The sausages were stuffed (MAINCA, Mod. 3763, Spain) into a permeable fibrous casing (60 mm of diameter, NaloBar, Spain), dried (50 °C for 20 minutes), smoked (60 °C for 30 minutes), and cooked to an internal temperature of 70-71 °C using a smokehouse. The cooked sausage was water-spray cooled for 5 minutes and dried at room temperature for 30 minutes. All samples were stored between 2 and 4 °C until analysis.

Five Visking-type pork sausage treatments were formulated (Table 1) modifying only the concentrations of sodium nitrite and chitosan. The maximum nitrite level used was that allowed by sanitary authorities of Cuba (NRIAL 79-13) (NORMA..., 1984).

2.2 Product characterization

Physicochemical analyses

Proximate analysis was determined in the samples after the drying process (day 0) and during storage. The moisture content (NC-ISO 1442) (NORMA..., 2002a), protein (NC-ISO 937) (NORMA..., 2006), fat (NC-ISO 1443) (NORMA..., 2004b), sodium chloride (NC-ISO 1443) (NORMA..., 2004c), sodium nitrite (NC-ISO 1443) (NORMA..., 2004a), and water activity were estimated according to the method of Krispien, Rödel and Lestner (1979).

The pH measurements were performed in a pH meter (Metrohm Herisau, Mod. E-510) after homogenizing a 10 g portion of sausage in 90 mL of distilled water for 1 minute, according to NC-ISO 2917 (NORMA... 2004d).

Sensory evaluation

The methodology according to ISO 4121 (1987), with some modifications, was used to evaluate the initial sensory qualities of the sausages. A panel of fifteen semi-trained judges was used to evaluate products on a 7-point scale: 1, very poor and 7, excellent. Sausages were sliced into 2 cm thick pieces and served to each panelist separately under white illumination. Water was provided for cleansing the palate between samples. The sensory parameters used in the present study were appearance, color, flavor, and texture, and were evaluated independently by the panelists four different times. Each panelist expressed his/her preference by completing a questionnaire.

2.3 Microbiological evaluation

A 10 g sample and 90 mL of sterilized distilled water were homogenized. The homogenate was serially diluted with sterilized distilled water, and the dilutions were spread on the specific medium in aerobic conditions. Total aerobic bacteria (35 ± 1 °C, 48 hours), (NC-ISO 4833) (NORMA..., 2003), and coliform bacteria counts (37 ± 1 °C, 18-24 hours), (NC-ISO 4832) (NORMA..., 2002b), were performed with plate count agar (PCA, Biocen, Havana, Cuba). The violet red bile glucose agar (VRBGA, Biocen) and malt extract agar (MEA, Biocen) were used to grow *Enterobacteriaceae* (37 °C, 18-24 hours), (NC 76-04-04) (NORMA..., 1982), fungi and yeasts (30 °C, 48-72 hours),

(NC-ISO 7954) (NORMA..., 2002c), respectively. Colony forming units (CFU) per gram in plates were counted, at a dilution giving 30-300 CFU per plate, with Micro Counter.

2.4 Estimation of shelf life

The product samples were hung in bars and stored between 2 and 4 °C. Sensory evaluation and microbiological behavior were used as rejection criteria for shelf life determination. 15 semi-trained panelists qualified the samples as acceptable or not during the study, based on the appearance, color, odor, flavor, and texture of the stored product, as well as any change in its initial quality. When qualifying a sample as unacceptable, the judge was asked to describe the reason for such judgment in order to know in which way the samples were losing its initial quality. A partial stepped design was used, in which the number of experimental units were equal in each sampling period until the first rejection appeared. From that moment on, the time between successive evaluations diminishes (CANTILLO; FERNÁNDEZ; NÚÑEZ DE VILLAVICENCIO, 1994).

2.5 Statistical analysis

All experiments were performed in triplicate. Analyses of Variance were performed using STATISTICS software (STATSOFT, 1998), and the Duncan's multiple range tests were used to compare differences among mean values. Mean values were reported, and the significance was defined at $p \leq 0.05$.

In the estimation of shelf life, the coincidence in the verdict of sensorial evaluation with the minimum significant number of judges was taken as failure criterion considering a binomial distribution ($p = 0.01$). The results obtained were processed as incomplete failure data using the Risks Plotting software method (CANTILLO; FERNÁNDEZ; NÚÑEZ DE

VILLAVICENCIO, 1994) from which 5% deteriorated units were selected (ANDÚJAR, 1987).

3 Results and discussion

3.1 Characterization of Visking-type pork sausages

Table 3 shows the results of the physicochemical evaluations of the products at time zero. The moisture values of all treatments were about 64 to 70%, in accordance with those found by García et al. (2008) for this kind of product. On the other hand, the percentage values of proteins, sodium chloride, and pH are also in the range permitted for these products and is in agreement with those reported by other authors for cured products (GUERRA, 2003). Furthermore, the pH values of these products were between 5.8 and 6, which enabled to development of the functional properties of proteins in the meat (BELDARRAÍN, 2006).

All values of sodium nitrite concentration were less than 125 ppm, and the treatments that received the smallest amount of sodium nitrite were those that presented less residual nitrite. The sodium nitrite concentration in the control treatment was 110.97 ppm, which means that the residual nitrite was 52.2% of the initially added amount, whereas for the rest of treatments, this percentage value was smaller. The addition of chitosan of different degrees of deacetylation did not affect the bromatological properties of pork sausages.

Table 4 shows the results of the microbiological analyses of the sausages. It can be observed that the values of microbial counts are in accordance with those allowed in Cuba for pork sausages (NC 585) (NORMA..., 2008).

Table 3. Characteristics of prepared Visking-type pork sausages with different levels of sodium nitrate and chitosan (n = 3).

Treatments	Parameters				
	Moisture (%)	Proteins (%)	Sodium chloride (%)	Sodium nitrite (ppm)	pH
1	64.54	14.8	2.40	86 (3)b	6.00
2	68.83	14.7	2.49	57 (2)a	6.00
3	67.52	14.9	2.45	86 (3)b	5.90
4	69.69	14.7	2.43	57 (2)a	5.95
5	69.97	14.8	2.57	111 (6)c	5.87

Mean (Standard deviation); Different letters (a-c) differ significantly ($p \leq 0.05$).

Table 4. Changes in microbial population (log CFU.g⁻¹) of prepared Visking-type pork sausages (n = 2).

Treatments	Storage period (d)	Total aerobic bacteria	Coliform bacteria	Entero-bacteriaceae	Fungi	Yeast
1	0	2.75	1.0	1.0	1.0	1.0
	35	> 7	2.8	2.53	1.0	4.0
2	0	1.0	1.0	1.0	1.0	1.0
	35	> 7	3.0	2.87	1.0	4.0
3	0	1.5	1.0	1.0	1.0	1.0
	35	> 7	2.69	3.0	1.0	4.0
4	0	1.0	1.0	1.0	1.0	1.0
	35	> 7	2.91	2.87	1.0	4.0
5	0	2.48	1.0	1.0	1.0	1.0
	21	> 7	3.0	3.0	1.0	4.0

Table 5 shows the sensory scores for the sausages. Statistical significance was not found ($p \leq 0.05$) among all sensory parameters measured of sausages treated with chitosan and the control samples, which means that chitosan can be used in the elaboration of this kind of cured products without affecting its sensorial quality. The panelists commented on some textural differences among the samples and reported a qualitative higher cohesiveness and elasticity in treatments 3 and 4 than in the others. However, at the same time, they reported on a less marked cured flavor; the different deacetylation degrees of chitosans are the probable cause of these effects. Youn et al. (1999) reported that the hardness of the sausage increased with an increase in the molecular weight of chitosan, and, especially, viscosity increased at the highest molecular weight (120,000 kDa), which may cause adverse effect on processing.

According to the panelists, the treatments' order of preference was treatments 1 and 2, followed by treatments 3 and 4, and lastly the control treatment due to the higher amount of salt added in this treatment in spite of being the traditional formulation for this product, which is a disadvantage since the panelists preferred less salted products. The addition of chitosan oligomer in the emulsion-type pork sausage product did not change its overall acceptance in accordance with the findings by Jo et al. (2001).

3.2 Estimation of shelf life of Ham Visking pork sausages

The pH changes in fresh Ham Visking pork sausages during storage at 2-4 °C are shown in Figure 1. On the day of

Table 5. Sensory evaluation scores of prepared Visking-type pork sausage with different levels of sodium nitrate and chitosan ($n = 15$).

Treatments	Attributes			
	Appearance	Color	Flavor	Texture
1	6.2 (0.3)	6.2 (0.4)	6.2 (0.6)	6.1 (0.5)
2	5.9 (0.3)	5.8 (0.5)	5.8 (0.7)	6.0 (0.6)
3	6.1 (0.5)	5.8 (0.7)	5.8 (0.8)	6.2 (0.6)
4	6.1 (0.3)	5.9 (0.5)	5.8 (0.6)	6.2 (0.6)
5	5.8 (0.4)	5.7 (0.5)	5.8 (0.7)	6.0 (0.4)

Mean (Standard deviation).

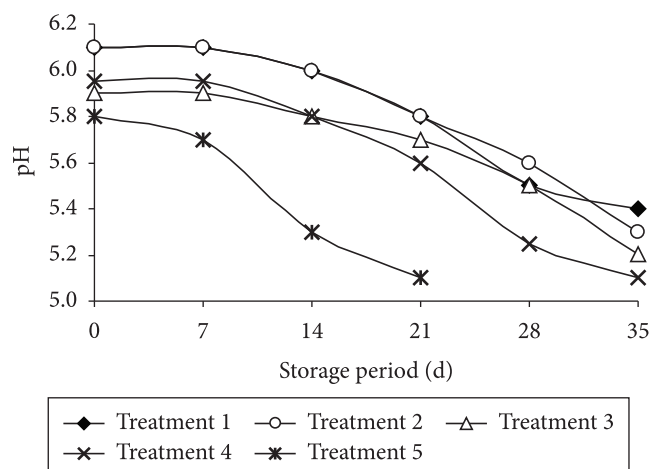


Figure 1. Changes in pH values during storage period ($n = 3$).

preparation, the pH of all batches ranged between 5.8 and 6.15. These values were similar to those reported in previous studies (CLAUS; HUNT, 1991; JO et al., 2001; SANTOS et al., 2003; GARCÍA et al., 2008) for pork sausages. It can be observed that in treatments with chitosan there is a tendency for constant pH values until 7th day of storage, which can be due to the antimicrobial effects described for chitosan on spoilage microorganisms. From that moment on, it starts a gradual decrease in pH values although less significant in samples with chitosan.

During storage, the microbial counts increased in all samples, and at the end of the study, the total counts of aerobic microorganism exceeded the acceptable maximum levels (10^7 CFU.g⁻¹) (INSTITUTE OF FOOD SCIENCE AND TECHNOLOGY, 1999) evidencing the decomposition signs in this product. The *Enterobacteriaceae* and coliforms counts increased until 3 log CFU.g⁻¹; these counts were below the acceptable maximum levels for these microorganisms.

The samples rejected presented yeasts counts of 4 log UFC.g⁻¹ and fungi and fecal coliform counts of 1 log UFC.g⁻¹ without the presence of *Staphylococcus aureus*.

In general, the products fulfilled the sanitary regulation requirements, and no significant changes were noticed during storage. Several authors (SAGOO; BOARD; ROLLER, 2002) have informed that the use of chitosan in meat and meat products inhibit the development of the spoilage bacteria, but there are discrepancies about their effectiveness against the acid-lactic bacteria.

In contrast, Darmadji and Izumimoto (1994) reported that *Staphylococci*, coliforms, Gram-negative bacteria, *Micrococci*, and *Pseudomonas* in meat during storage at 30 °C for 48 hours and 4 °C for 10 days were inhibited by the presence of chitosan. Sagoo, Board and Roller (2002) and Georgantelis et al. (2007) found that the treatment with chitosan under the concentration of 0.3-0.6% and 1%, respectively, increased the shelf-life of fresh pork sausages stored at chill temperatures from 7 to 15 days.

After the 21st day, the judges rejected the product without the addition of chitosan due to its appearance, formation of a superficial slime, and its acid taste, according with the decrease of pH values (Figure 1), which could be due to the growth of the lactic acid bacteria indicated by the increase of total aerobic bacteria counts. Tables 6 and 7 show the outputted results from the software for the estimation of shelf life of food products for the control treatments and the treatments with chitosan, respectively. It can be observed that Kolmogorov-Smirnov test indicates that the probabilistic distribution of failure times can be described by Weibull distribution. According to the Risks Plotting, shelf life for Ham Visking without chitosan lies between 15 and 25 days, whereas for Ham Visking with chitosan, it lies between 33 and 37 days ($p \leq 0.05$), and that is a consequence of the chitosan antimicrobial activity showed by the microbiological results.

Table 6. Output of Risks Plotting software for Visking-type pork sausages without chitosan.

Programa	PR-1.01	-IIIA-	Minal
Fichero de datos: trabajo.dat			
Durabilidad de Jamón Visking			
Parametros de la distribucion de Weibull			
Parámetro	Valor	Límite inferior	Límite superior
De escala (α)	23.3217	20.1273	27.0231
De Forma (β)	15.8900	7.6693	-221.0579
Medidas de tendencia central y de dispersion			
Valor esperado	[E (t)]	=	22.5602 días
Desviación típica	[Var (t)] $^{\wedge} \frac{1}{2}$	=	0.6061 días
Percentiles			
Percentil (%)	Valor	Límite inferior	Límite superior
01	17.459102	11.6958	26.06361
05	19.34555	14.9996	24.9507
10	20.24208	16.69778	24.53869
20	21.220907	18.57612	24.24239
30	21.85667	19.72049	24.22424
50	22.78995	20.96491	24.77387
70	23.59577	21.37503	26.04723
90	24.57853	21.3533	28.29091
95	24.98897	21.27264	29.35455
99	25.67442	21.09858	31.24266
Prueba de bondad de ajuste de Kolmogorov-Smirnov			
No. observaciones	D max	K-S-D (0.05)	
5	0.266	0.5650	

La distribución de probabilidades de los tiempos de fallos para un nivel de significación $\alpha = 0.05$ puede ser descrita por la ley de Weibull.

Table 7. Output of Risks Plotting software for Visking-type pork sausages with chitosan.

Programa	PR-1.01	-IIIA-	Minal
Fichero de datos: trabajo.dat			
Durabilidad de las variantes de Jamón Visking con quitosana			
Parametros de la distribucion de Weibull			
Parámetro	Valor	Límite inferior	Límite superior
De escala (α)	35.0224	34.5072	35.5453
De Forma (β)	22.6429	85.5671	-85.5671
Medidas de tendencia central y de dispersion			
Valor esperado	[E (t)]	=	35.0224 días
Desviación típica	[Var (t)] $^{\wedge} \frac{1}{2}$	=	0.0000 días
Percentiles			
Percentil (%)	Valor	Límite inferior	Límite superior
01	35.02243	32.28549	37.99138
05	35.02243	33.24715	36.8925
10	35.02243	33.67141	36.42766
20	35.02243	34.1002	35.96961
30	35.02243	34.34379	35.71448
50	35.02243	34.56807	35.48276
70	35.02243	34.50606	35.54653
90	35.02243	34.21643	35.84741
95	35.02243	34.07416	35.99709
99	35.02243	33.83028	36.25659
Prueba de bondad de ajuste de Kolmogorov-Smirnov			
No. observaciones	D max	K-S-D (0.05)	
5	0.266	0.5448	

La distribución de probabilidades de los tiempos de fallos para un nivel de significación $\alpha = 0.05$ puede ser descrita por la ley de Weibull.

4 Conclusions

This study showed that chitosan can be used in pork sausages without affecting sensory attributes such as color although the panelists detected textural differences among the samples with chitosan, which suggests that there is some influence of the deacetylation degree of chitosan on the textural behavior of sausages which still needed to be further investigated for a successful application of chitosan in meat products. The reduction of residual sodium nitrite did not affect the color and flavor of the products studied, but a significant increase in shelf life was obtained when chitosan was added.

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