Abstract
The aim of this article is to diffuse a critical analysis of the definition of health, the definition proposed in 1946 by the World Health Organization (WHO). This research is of a documentary nature as it was based on a bibliographic-hemerographic research. Based on an analysis carried out from a social sciences perspective, which views health as the interaction of a variety of social, political, economical, cultural and scientific factors, it considers the advantages and disadvantages of the definition of Health proposed by the WHO. Despite the criticism and the epistemological problems this definition may have, the conclusions reached evidence its undeniable usefulness to study and understand health as a complex reality, by means of an interdisciplinary approach that overcomes the limitations imposed by a positivist paradigm of the classic sciences.

Keywords
Health, world health organization, interdisciplinarity, post-positivism.