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INVITED PAPER\*

## RAPID TRANSFORMATION OF ORCHID FLORAS

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**ABSTRACT.** What does the future hold for the Orchidaceae? Historically the family has been quite plastic and responsive to large-scale habitat transformations, perhaps none so dramatic as the changes experienced during the formation of the cordilleras of the Northern Andes and lower Central America. Coupled with the backdrop of global fluctuations in climate, the rapid rise of these mountains over the last 0.5-2 M years have fragmented habitats and changed climate locally. These mountains are one of the most biologically diverse regions of the planet and may have served as a species pump for the Caribbean and other regions of Central and South America. The development of such diversity occurred over a scale of tens of millions of years to perhaps just a few thousand. While the same processes of the past are likely operational now, the current rate of habitat change may be unprecedented outside asteroid or major meteor impacts as global climate change accelerates, human-altered landscapes spread, and shifts occur in land use. We expect the structure and composition of orchid floras to change as populations respond evolutionarily through adaptation, extinctions and immigrations. Certainly the total destruction of a habitat, whether caused by volcanic eruptions or strip mining, is sure to have dire consequences but resiliency may occur if refugia serve as seed sources for colonization in the event of habitat recovery. As most orchids occupy ephemeral habitats or at least substrates, their natural population behavior likely entails cycles of local colonization and extinction as metapopulations. Another component of change is the increasing number of orchids that have become naturalized after human assisted dispersal (intentional or not). These alien orchids have overcome constraints imposed by pollination and mycorrhizal requirements. Will natural or human-assisted range expansions overcome extinction losses? Will they be among those that become the genetic material for a new wave of adaptive radiations? Much depends on population variation, patterns of gene flow, and rates of change. The Orchidaceae have had a history of ecological resiliency and evolutionary flexibility, which provides some degree of assurance. But this is no excuse for complacency since without some form of intervention the pace of change underway may be more than what orchid populations can overcome.

**KEY WORDS:** Orchidaceae, conservation, resiliency, floristic change, forest recovery

The orchid mystique is alive and well. The bizarre flowers, weird pollination mechanisms, and rarity of many species have captured the attention of enthusiasts and academics for nearly two centuries. Population declines of marquee species have been obvious due to over-collecting and habitat degradation (e.g., Miranda 1990, Cribb 1998, Soto Arenas *et al.* 2007). Consequently, orchids are frequent if not prominent occupants of endangered species lists and all 28,000-plus species of the family (Govaerts *et al.* 2010) have been placed on either appendix I or II of

the Convention on International Trade in Endangered Species (CITES). Moreover, several books have focused on orchid conservation (e.g., IUCN/SSC Orchid Specialist Group 1996, Koopowitz 2001, Dixon *et al.* 2003). Are these symptoms of a dire outlook for the family? Will orchids survive rapid climate and land use changes?

To address these questions, I look at how the family has responded to disturbances through history. I emphasize processes related to diversification and population biology of the family in the northern Andes

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and the cordilleras of Panama and Costa Rica, two regions of extraordinary species diversity (Dressler 1981, Myers *et al.* 2000, Bogarín *et al.* 2013).

*Early patterns of diversification.* — Variance in age estimates for the Orchidaceae has been rather substantial (Arditti 1992, Gustafsson *et al.* 2010), but our current data indicate that the family is rather old. Initial age estimates of Ramírez *et al.* (2007) and Gustafsson *et al.* (2010) based on molecular clock calculations have been further refined by Guo *et al.* (2012) who have found that the most recent common ancestor of the Orchidaceae existed roughly 80–90 Ma, in the Late Cretaceous. From their analyses, most, if not all of the five current subfamilies diverged prior to the global disturbance and mass extinctions associated with the Cretaceous/Paleogene (K-Pg) boundary. This boundary, likely instigated by an asteroid impact at the edge of the present day Yucatan Peninsula (Morgan *et al.* 2008), not only caused extinctions of many forms of life, most famously the non-avian dinosaurs, but also opened doors to the evolutionary theater for diversification of other forms, including mammals and flowering plants. Beyond the K-Pg boundary, two clades represented by subfamilies Orchidoideae and Epidendroideae underwent evolutionary diversification that accounts for most of the species diversity of the orchid family as it is known today. Many clades from those subfamilies diverged just 15–20 Ma BP in the early Miocene (Ramírez *et al.* 2007, Guo *et al.* 2012). Of course, not all species that evolved during these years of diversification have survived. Extinction is a natural process and does not need the helping hand of humans. Nevertheless, we may assume that there has been an overall net gain in species. So, although the family's origins are rather old and some clades are relatively species-poor, the Orchidaceae as a whole is hardly relictual or static.

*Recent evolutionary diversification.* — While broad-scale orchid diversification events cannot be easily linked to large-scale disturbances, tectonic dynamics most assuredly fostered the diversification of orchids and other families (Hughes & Eastwood 2006). A good example is the recent rise of lower Central America and northern Andean cordilleras over the last 0.5–10 Ma (Dodson 2003, Kirby 2007, Karremans *et al.*

2013, Cascante-Marín & Nivia-Ruiz 2013). The result has been rapid diversification and fragmentation of habitats, which become isolated not only by valleys and ridges within mountain ranges, but also by intervening hotter and drier lowlands between them (Kirby 2011). Not surprisingly, topographic diversity is strongly associated with orchid diversity, even exceeding area as a factor linked to species richness (Dodson 2003, Ackerman *et al.* 2007). This relationship is well illustrated by the Maxillariinae of Panama and Costa Rica. Kirby (2011) found that widespread species of the subtribe tend to occupy lowlands whereas the narrow endemics and more derived species are those occupying the cooler, wetter montane slopes and valleys. While we expect such barriers to substantially limit gene flow, we still need to reconcile meta-analysis of  $F_{st}$  (or  $G_{st}$ ) statistics that indicate high levels of gene flow among orchid populations (Phillips *et al.* 2012). But if natural selection is intense enough and sustained, then selection could overcome any homogenizing effect of occasional input from long-distance dispersal, allowing for local adaptation and diversification. Of course such population genetic data are only consistent with high levels of gene flow. Alternatively, it may also reflect only a relatively recent colonization event with little or no subsequent gene flow (Tremblay *et al.* 2005). Changes in neutral alleles would be mutation-dependent and divergence from parental populations may take a long time to occur. On the other hand, frequencies of alleles under selection may change rapidly as has been observed in other organisms (Losos 2014) and such differences would be missed by population genetic data based on assessment of neutral alleles.

While rapid rise of mountain ranges are clearly associated with the evolution of biological diversity, it is not a prerequisite for rapid orchid speciation. Gustafsson *et al.* (2010) found that much of the extant diversity of the orchid genus *Hoffmannseggella* in the geologically ancient eastern mountains of Brazil diverged since the Pliocene (< 2.5 Ma). During this same period significant fluctuations in moisture availability occurred (Auler & Smart 2001, Ledru *et al.* 2005), perhaps climatically fragmenting the landscape and affecting gene flow among populations with consequences akin to abrupt mountain building.

The driver for the remarkable evolutionary diversification of this family is likely tied to the process of pollination (van der Pijl & Dodson 1966, Stebbins 1984, Nilsson 1992, Chase 2001, Papadopoulos *et al.* 2013), though the family also shows a broad range of physiological and vegetative adaptations (Dressler 1981, Benzing 1986, Arditti 1992), and we are only just beginning to understand the role of mycorrhizal associations in orchid evolution (e.g., Otero & Flanagan 2006; Motomura *et al.* 2010, Martos *et al.* 2012). The plethora of pollination mechanisms, some rather fantastic, and the exploitation of a broad spectrum of pollinators suggest that the post K-Pg diversification of insects, particularly Diptera, Lepidoptera and Hymenoptera, is closely tied to the evolutionary potential of the Orchidaceae, although not necessarily in a co-evolutionary dance (Ackerman 1983a, Ramírez *et al.* 2011, see also Schiestl & Dötterl 2012). Species with little sequence divergence may have arisen rapidly via exploitation of existing pollinator diversity. This is perhaps best exemplified by genera that employ sexual deception (e.g., *Lepanthes* R.Br., *Ophrys* L., *Telipogon* Kunth, *Chiloglottis* R.Br.; Blanco & Barboza 2007, Bateman *et al.* 2003, Neubig *et al.* 2012, Peakall *et al.* 2010).

Thus, the family is rather old, but much diversification is recent, geologically speaking. It appears that orchids are adept at responding evolutionarily to change occurring over millions of years to perhaps just a few thousand. Gentry and Dodson (1987) even suggested that speciation may occur over just a few decades, an idea with virtually no support, but it had planted the seed for breaking the shackles of gradualism in orchids (Tremblay *et al.* 2005).

*Habitat changes over ecological time.* — Change is ubiquitous and has always been that way, but the current rate of habitat change may be unprecedented outside asteroid or major meteor impacts as global climate change accelerates, human-altered landscapes spread, and shifts occur in land use. Habitat destruction is the foremost threat to orchids (IUCN/SSC Orchid Specialist Group 1996), so the question is whether the family as a whole has the resiliency to withstand the onslaught of change.

One obvious way in which orchids may respond to change is extinction. But considering the size of

the family and the presumably high frequency of rare species, the number of known extinctions is quite low (IUCN/SSC Orchid Specialist Group 1996). This is counter-intuitive since rare species should be more vulnerable to habitat destruction. One explanation may be a function of the lack of human effort to document extinctions and the other may be a function of the biology of orchids. The former is difficult to verify so I will explore the latter.

Rapid changes in habitats have occurred throughout history and some dramatic events that have occurred recently will serve as examples. Disturbances that have caused population extinctions may occur at every scale. When a host tree sheds twigs and branches or dies entirely, so do its epiphytes. In 1989, a strong hurricane passed over Puerto Rico and through a relatively mature forest for the first time in many decades. Nearly half the trees fell or snapped off and those that withstood the winds had all their orchid epiphytes stripped away (Migenis & Ackerman 1993). Volcanic eruptions can be even more destructive than hurricanes. Krakatau is the best known example of nearly instant devastation when it exploded in 1883, destroying itself and nearby islands, covering extensive areas with debris, generating severe earthquakes and tsunamis, and by the infusion of sulfur dioxide in the stratosphere, cooling the planet for years afterwards (Thornton 1997). In a somewhat older violent eruption, Tungurahua II of the Ecuadorian Andes literally blew its top approximately 3000 years ago devastating the landscape with massive amounts of rubble and thick layers of ash (Hall *et al.* 1999), presumably creating lifeless moonscapes as were observed in the Krakatau explosion. Despite such ever-present yet rare natural threats to habitat stability, the most pressing issues for orchid conservation are the devastating consequences of human activities.

Like natural disturbances, those caused by man can be at every scale up to regional or even global. At very local levels human activities such as trampling can have both indirect and direct effects on orchids (Light & MacConaill 2007; Ballantyne & Pickering 2013). In the orchid-rich tropics, slash and burn agriculture created forest gaps, but much of that has been replaced by increasingly larger scale agriculture to the point of having farms measured in square kilometers rather than in hectares where topography and environmental

conditions permit it. Perhaps the greatest changes will come from accelerating (anthropogenic or not) climate changes whose effects may be seen even within a span of a few years to decades (Allen & Breshears 1998, Kelly & Goulden 2008). Whether it is the warming trend with accompanying drier or wetter conditions (depending on region), or the increasing severity of weather, we have already begun to see changes and developing consequences, and cloud forests, where orchids thrive, seem to be highly susceptible (Pounds *et al.* 1999, Parmesan 2006, Gradstein 2008).

*Recovery.* — I expect that natural disturbances beget natural recoveries. Small-scale disturbances are common and most orchids likely have the capacity for recovery. After all, epiphytic orchids must constantly be on the move as bark and branches are shed and trees die, so orchid population dynamics may resemble metapopulation behavior (Ackerman 1983b, Tremblay *et al.* 2006). Certainly one expects that after a hurricane, orchids should be resilient since they have been for millions of years (Ackerman & Moya 1996, Mújica *et al.* 2013). Recovery can be relatively rapid, even after volcanic eruptions. Among the first vascular plants to colonize the remnants of Krakatau were orchids, and now the number of species continues to accumulate (63 species after 115 years) as the vegetation structure becomes more complex and more hospitable for epiphytes (Partomihardjo 2003). As for the Tungurahua II eruption in the Ecuadorian Andes, the mountain has rebuilt to 50% of its former size (Tungurahua III, Hall *et al.* 1999). The slopes have become re-vegetated, the orchid flora changes during this process, and colonizing species gradually disappear as others replace them. The overall effect is the mountain becomes orchid-rich once again, which includes a number of species that presumably occur nowhere else, with the implication that they may have evolved in just a few thousand years (Dodson 2003). The case of this volcano is not likely unusual. Ecuador has over 200 volcanoes and according to naturalist Alex Hirtz, approximately 20% of the orchid flora on each is endemic to that volcano (<http://alexanderhirtz.com/orchid>).

Recovery of orchid floras from anthropogenic disturbances is currently not well characterized, but will soon be with us on a grand scale. While deforestation

still continues in some regions of the world at an alarming rate, there has been a reversal in the trend, mostly in shrubby arid zones and mountainous regions where modern large scale, mechanized agriculture has not been practical (Aide *et al.* 2012). A general reforestation trend has been occurring in both temperate and tropical regions such as Europe, USA, Puerto Rico, Dominican Republic, Costa Rica, Ecuador and Colombia, a phenomenon often associated with abandonment of small rural farms as a consequence of industrialization, economic growth, and sometimes armed conflicts (Sánchez-Cuervo *et al.* 2012). I expect that orchid population recovery should follow provided the existence of nearby refugia that may serve as propagule sources.

Once forests are restored or recover from human disturbances, will orchid floristic composition return to past conditions? Considering the forests themselves may not return to past structure and composition (e.g., Thompson *et al.* 2002, Lugo 2004), we may assume the same for orchid floras as change occurs for both ecological and evolutionary reasons. The extensive forested regions of Mexico, Guatemala, and Belize were once thought to be pristine, but we know now that they were deforested and extensively cultivated by Mayans, which was severe enough to create several episodes of significant erosion (Beach *et al.* 2006). The forests are now orchid-rich, but we will never know whether they have lost or even gained species from pre-Maya times. In a relatively well-documented case, approximately 95% of the island of Puerto Rico was deforested and converted to farmlands by the 1940s (Roberts 1942, Wadsworth 1950). This was followed by a change from an agrarian to an industrial-based society accompanied by human migration from rural areas to cities. The abandoned farmland formed secondary forests composed of a mix between native and non-native trees. Despite high human population densities, over 40% of the island now has forest cover (Grau *et al.* 2003). How did the orchid flora fair? Very few of the reported species for the island have been lost, and most of those that have not been seen for decades were known from only a single specimen, if any at all (Ackerman 1996). Small refugia were likely critical for floristic recovery as has been proposed for vegetation transition on other islands (de Boer *et al.* 2013). But where disturbance had been severely

habitat altering, recovery for some orchid species has yet to occur, even after ecosystem recovery (Bergman *et al.* 2006). Shifts in the orchid flora over the last few decades have been dramatic. Large populations of twig epiphytes were once commonly encountered but now have become uncommon as forest recovery has progressed, shading out both the orchids and their hosts. Moreover, non-native orchids have taken hold in many parts of the island, currently making up about 7% of the orchid flora (Ackerman 2007).

*Conclusions.*— Orchids throughout their history seem to have done well in face of climatic change caused by shifting continents, mountain building, fluctuating sea levels and temperatures. All these phenomena occur today but the rate of change seems to be occurring faster than the detectable past. Nature reserves are of course as susceptible to climate change as anywhere else. Liu *et al.* (2010) estimate that populations of at least 15% of the orchid species in a diverse region of southwestern China will be threatened with extinction over the next two centuries given projected climate changes. We already see a drying trend in some cloud forests of the world, including Costa Rica, raising real concerns for those species such as the hundreds of Neotropical *Lepanthes* that depend on cool, wet conditions (Nadkarni & Solano 2002; Olaya-Arenas *et al.* 2011). How orchids respond remains to be seen but it seems certain that the floras at any given site will not be the same as before.

Orchids as a group show evolutionary flexibility whereby diversification in the family is often related to habitat complexity and fragmentation. Orchids also show ecological resiliency with the capacity for recolonization after habitat destruction and recovery. For particular orchid species, the realization of these capacities likely depends upon dispersal from refugia (large or small), the severity of disturbance, effects of invasive species, and the natural history of the individual orchid species. Should refugia cease to exist, or habitat restoration becomes constrained, then recovery of orchid floras will not only be lethargic, but the floristic outcome may only superficially resemble the species composition and relative abundance patterns of the past. And whether changes are local or global, we can only hope that the ability of orchids to adapt or migrate will keep pace.

*Coda.*— There are few botanical institutions in tropical regions of high orchid diversity. Over a relatively short period of time, Lankester Botanical Garden has become one of those that have had a significant role in tropical orchid systematics and conservation, effectively promoting in-house research; facilitating studies at other institutions through collaborations and the development of the online resource, EPIDENDRA; and fostering communication among botanists by publishing *Lankesteriana* and sponsoring scientific meetings. Indeed, I have had many influences in the development of the ideas contained herein, but articles in *Lankesteriana* did as much as any to help coalesce them.

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