



Semina: Ciências Agrárias

ISSN: 1676-546X

semina.agrarias@uel.br

Universidade Estadual de Londrina
Brasil

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Frederico

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Semina: Ciências Agrárias, vol. 33, núm. 2, 2012, pp. 3211-3222

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***Helicobacter* spp. infection in dogs is not associated with changes in epithelial proliferation or E-cadherin expression in gastric mucosa**

Infecção por *Helicobacter* spp. em cães não está associada com alterações na proliferação epitelial ou na expressão de E-caderina na mucosa gástrica

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Abstract

Helicobacter pylori infection causes gastritis and can induce gastric adenocarcinoma and MALT lymphoma in humans. The aim of this study was to determine in dogs whether there is an association between *Helicobacter* spp. infection in gastric mucosa, histological lesions, including epithelial cell proliferation and cell adhesion. Gastric biopsies of 12 dogs with gastric disturbances and 25 healthy dogs were evaluated. Warthin-Starry staining (WS) and PCR assay were performed to confirm the presence of helicobacteria. The *Helicobacter* species were determined by PCR assay with species-specific primers for *H. heilmannii*, *H. bizzozeronii* or *H. salomonis*, *H. felis* and *H. pylori*. Mucosal lesions were evaluated by haematoxylin and eosin (HE) and epithelial proliferation was determined by AgNOR and PCNA methods. Cell adhesion was evaluated by the expression of E-cadherin by epithelial cells. *Helicobacter* spp. was confirmed in 75.7% (28/37) and 73.0% (27/37) of the samples by WS and PCR, respectively. *H. bizzozeronii* was the species most frequently detected (37%); co-infection was observed in six (22%) dogs. Histological changes in the lamina propria included mild chronic gastritis, fibrosis, glandular degeneration, and presence of lymphoid aggregates. There was a significant association between *H. heilmannii* infection and the presence of lymphoid follicles ($p < 0.046$). In this study no significant change in epithelial proliferation or E-cadherin expression were detected in the gastric mucosa of dogs infected with *Helicobacter* spp.

Key words: Dog, gastric lesion, *Helicobacter* spp., epithelial proliferation, cell adhesion

Resumo

Infecção por *Helicobacter pylori* provoca gastrite e pode induzir adenocarcinoma gástrico e linfoma tipo MALT em seres humanos. O objetivo deste estudo foi determinar se existe associação entre infecção por *Helicobacter* spp. na mucosa gástrica de cães e lesões histológicas, incluindo proliferação epitelial e adesão celular. Foram avaliadas biópsias de 12 cães com distúrbios gástricos e de 25 cães saudáveis. A coloração de Warthin-Starry (WS) e o método de PCR foram utilizados para confirmar a presença de helicobactérias. As espécies de *Helicobacter* foram determinadas por PCR com primers

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espécie-específicos para *H. heilmannii*, *H. bizzozeronii* ou *H. salomonis*, *H. felis* e *H. pylori*. As lesões da mucosa foram avaliadas por hematoxilina e eosina (HE) e a proliferação epitelial foi determinada pelos métodos AgNOR e PCNA. A adesão celular foi avaliada por meio da expressão de E-caderina nas células epiteliais. *Helicobacter* spp. foi confirmado em 75,7% (28/37) e 73,0% (27/37) das amostras por WS e PCR, respectivamente. *H. bizzozeronii* foi a espécie mais frequentemente detectada (37%); e co-infecção foi observada em seis (22%) cães. As alterações histológicas na lâmina própria foram gastrite crônica discreta, fibrose, degeneração glandular e presença de agregados linfóides. Houve associação significativa entre a infecção por *H. heilmannii* e a presença de folículos linfóides ($p < 0,046$). Neste estudo, nenhuma alteração significativa foi verificada na proliferação epitelial ou na expressão de E-caderina na mucosa gástrica de cães infectados com *Helicobacter* spp.

Palavras-chave: Cão, lesão gástrica, *Helicobacter* spp., proliferação epitelial, adesão celular

Introduction

Helicobacter pylori causes chronic gastritis and is a strong risk factor for gastric adenocarcinoma and MALT lymphoma in humans (UEMURA et al., 2001; XIA; TALLEY, 2001). Dogs and cats are commonly infected with tightly coiled “large *Helicobacter* species” measuring 5-15 μm that are morphologically different from *H. pylori* (JALAVA et al., 1997). The species that have been reported in the gastric mucosa of dogs are *H. felis*, *H. bizzozeronii*, *H. salomonis*, *H. heilmannii* (HÄNNINEN et al., 1996; JALAVA et al., 1997), and, more recently, *H. cynogastricus* (VAN DEN BULCK et al., 2006). *Helicobacter heilmannii* is prevalent in many animal species and causes gastric disease in a small percentage of human beings (JALAVA et al., 2001). Specific pathogen-free mice inoculated with human and animal isolates of *H. heilmannii* developed gastric MALT lymphoma (O’ROURKE et al., 2004). Moreover, *H. felis* causes a chronic inflammation gradually progressing to gastric neoplasia in some strains of mice, which are an established model of *H. pylori*-induced gastric disease in human beings (CUI et al., 2004).

In contrast to *H. pylori* infection in humans, little is known about pathogenic mechanisms of gastric *Helicobacter* in dogs, although the prevalence of infection by several species is high (67 to 100%) (NEIGER; SIMPSON, 2000). Histological findings, such as mild to moderate gastritis, reduction in mucus production, glandular degeneration, interstitial edema, fibrosis of lamina propria,

hyperplasia, vacuolization, and necrosis of parietal cells were described in dogs naturally infected by *Helicobacter* species (HERMANN et al., 1995; YAMASAKI; SUEMATSU; TAKAHASHI, 1998). In cats, gastric *Helicobacter* infection is associated with an increase in the number of lymphoid follicles (STRAUBINGER et al., 2003; TAKEMURA et al., 2009).

Increased gastric epithelial proliferation and apoptosis have been reported in humans infected by *H. pylori*, and both events play an important role in gastrointestinal epithelial cell turnover and carcinogenesis (DE FREITAS et al., 2004). An increase in cell proliferation is a pre-neoplastic change that may be an indicator of the risk of gastric neoplasia (STEININGER et al., 1995). Infection by *H. heilmannii* in cats is associated with an increase in gastric epithelial proliferation (TAKEMURA et al., 2009) and the development of gastric lymphoma (BRIDGEFORD et al., 2008). Changes in cadherin expression, a transmembrane glycoprotein of junctional complexes, have been linked to cell growth, carcinogenesis, metastasis, and development of gastric cancer (CHAN, 2006). By contrast, few studies have investigated the relationship between *Helicobacter* infection, gastritis, and epithelial proliferation in dogs (SAPIERZYŃSKI; MALICKA, 2004). At this time, there are no studies demonstrating the effects of gastric *Helicobacter* spp. on cell adhesion in dogs. Therefore, the goal of this study was to evaluate whether there is an association between infection by specific *Helicobacter* species, gastric

lesions, epithelial proliferation, and expression of E-cadherin in the gastric mucosa of dogs.

Material and Methods

Specimens

Samples of gastric mucosa were collected from 37 pet dogs (15 males and 22 females) aged from 6 months to 12 years. Twenty-five of these dogs were asymptomatic, and 12 animals had histories of chronic and sporadic vomiting. None of the animals had received medication in the preceding month. The study was approved by the institution's Ethics Committee for Animal Experimentation, and samples were collected with consent of the animals' owners.

Food was withheld for 12 h before gastroscopy and gastric biopsy. The patients were anaesthetized with propofol (5 mg/Kg). The biopsy procedure was performed with a flexible pediatric endoscope and, two samples of mucosa from the antrum, corpus and fundus were collected. These samples were fixed in Bouin's solution for 24 h, embedded in paraffin wax and processed routinely. Sections were stained with haematoxylin and eosin (HE) and Warthin-Starry (WS) methods to detect histological changes and *Helicobacter* infection, respectively. For the molecular assays, another sample from each gastric region was placed into a DNase- and RNase-free tube and immediately frozen at -20°C until DNA extraction.

Polymerase Chain Reaction (PCR) Assay

DNA extraction was performed according to Takemura et al. (2009). All the samples were tested for *Helicobacter* genus. The positives dogs were tested for *H. heilmannii*, *H. bizzozeronii* or *H. salomonis*, *H. felis* and *H. pylori*. The genes targeted for these species of *Helicobacter*, the primer sequences, the size of amplified fragments (base pairs, bp) and the annealing temperatures of the

reactions were described elsewhere (TAKEMURA et al., 2009).

Histological assessment

The numbers of lymphoid aggregates and inflammatory cells, as well as gastric *Helicobacter* colonization density and location were evaluated. The assessment was conducted with a visual scale based on the Sidney system (DIXON et al., 1996), as adapted and standardized for dogs by Happonen et al. (1998).

Assessment of Cell Proliferation and E-cadherin expression

Epithelial proliferation was assessed by staining nucleolar organiser regions (NORs) with colloidal silver nitrate (the AgNOR method) and by proliferating cell nuclear antigen (PCNA) technique. The AgNOR assay was performed in 20 of the 37 dogs according to Ploton et al. (1986). Group 1 (G1) consisted of nine uninfected dogs, and Group 2 (G2) were from 11 dogs positive for *Helicobacter* infection.

Immunohistochemistry with PCNA and E-cadherin was performed on 28 samples (21 infected dogs and seven uninfected). The sections were deparaffinized with xylene and dehydrated and immersed in citrate buffer (pH 6.0). Endogenous peroxidase activity was blocked by incubation in methanol/H₂O₂ solution. The sections were incubated overnight at 4°C with the primary antibody (anti-PCNA, Clone PC-10 or anti-E-cadherin Clone 4A2C7, Zymed, San Francisco, CA, diluted 1:200 or 1:50, respectively). The secondary antibody (Kit Super Picture™ Zymed, San Francisco, CA) was applied followed by the addition of a chromogen (3, 3'-diaminobenzidine). Finally, the tissue sections were counterstained with haematoxylin and mounted on coverslips using a permanent mounting medium. PCNA-positive cells were counted in 100 nuclei in at least four

random fields, with positive counts determined by the staining intensity. Labeling index percentage (LI%) was measured by the rate of the number of positive and strongly positive cells per total number of observed cells. Normal E-cadherin expression was considered when a strong and homogeneous staining was observed. Weak and heterogeneous staining was classified as reduced expression.

Statistical Analysis

The association between colonization density, inflammatory infiltrate, and species of *Helicobacter* in the gastric regions was evaluated by the Kruskal-Wallis test. The Fisher's exact test was used to determine whether *Helicobacter* infection was associated with clinical condition, gastritis, glandular epithelial degeneration, lamina propria fibrosis or presence of lymphoid aggregates. The association between the species of *Helicobacter* with glandular epithelial degeneration and presence of lymphoid aggregates was analyzed by the same test. The relationship between infection by *Helicobacter* spp. and epithelial proliferation, and expression of E-cadherin was evaluated by analysis of variance (ANOVA). Gastritis was correlated with colonization density, cell proliferation and E-cadherin expression by Pearson test. All tests were performed with Statistics Analysis Systems software (SAS, Cary, NC). Significance was set at $p < 0.05$.

Results

PCR Assay

Samples from 27 (73%) dogs generated a 399 bp amplicon in a *Helicobacter* genus specific PCR

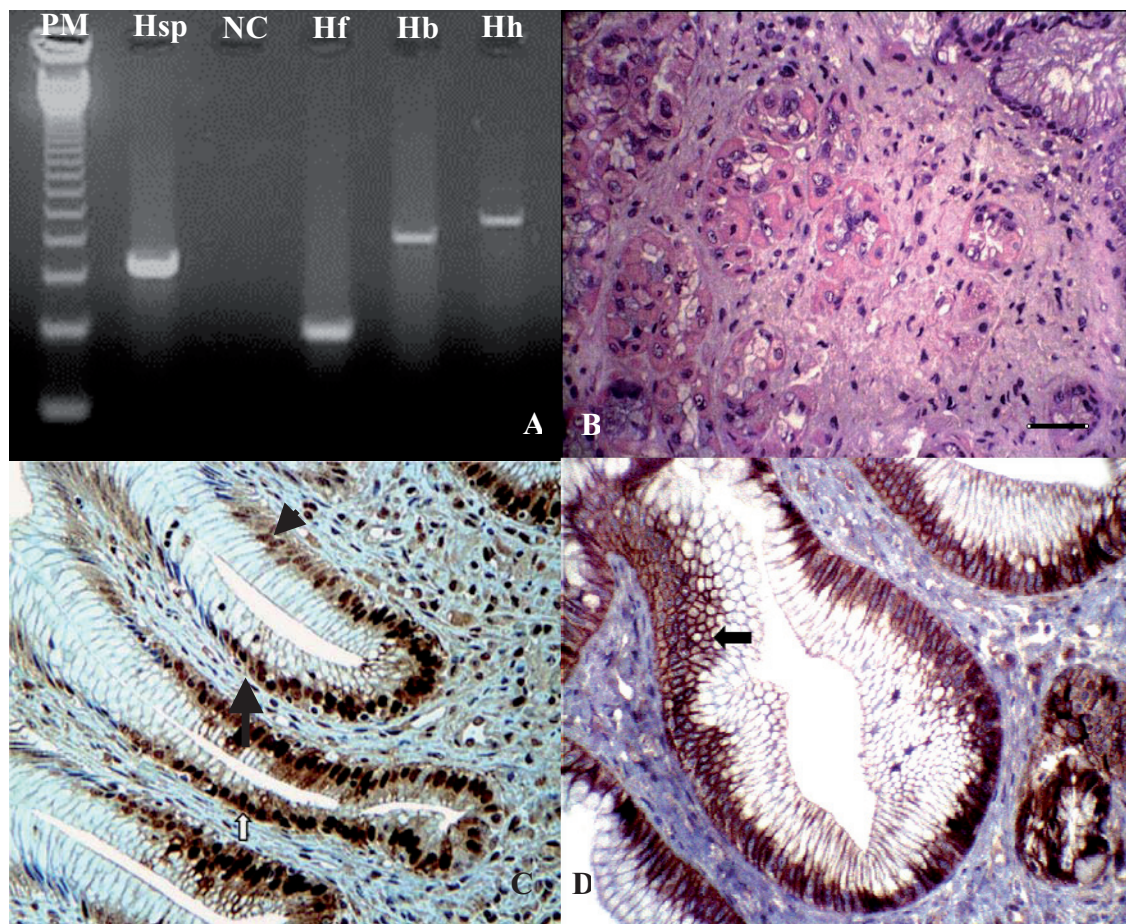
assay. *Helicobacter bizzozeronii* or *H. salomonis* was present in 10 (37%) dogs; *H. felis* was present in seven (26%); and *H. heilmannii* was present in five (19%) (Figure 1A). Thirteen (48%) dogs were positive for *Helicobacter* but negative in each of the four species-specific PCR assays. Co-infection occurred in six (22.2%) animals. Four samples had a mixed infection with *H. bizzozeronii* or *H. salomonis* and *H. felis*, and two were positive for *H. bizzozeronii* or *H. salomonis*, *H. felis*, and *H. heilmannii*.

Histological findings

Large and tightly coiled *Helicobacter* were seen in 28 (75.7%) dogs by WS staining. Seven samples were from dogs with clinical signs of gastric disease, and 21 were from healthy dogs. There was no significant association between gastric infection and clinical condition ($p = 0.116$). The bacteria were located in mucus, gastric pits, and glands, as well as within the cytoplasm of parietal cells. There was no significant difference in colonization density among the three gastric regions evaluated ($p = 0.415$).

Data related to histological findings are presented in Table 1. The gastric antrum and corpus were the regions most affected by lymphocyte infiltration in the lamina propria; however, there was no significant difference in the severity of inflammation among the three gastric regions ($p = 0.132$). No correlation between the colonization density and inflammation could be substantiated ($p > 0.05$). In addition, no association was observed between infecting species of *Helicobacter* and the degree of inflammatory infiltration ($p = 0.15$).

Figure 1. A) Agarose gel 2.0% with ethidium bromide electrophoresis patterns for *Helicobacter* spp. Polymerase chain reaction products: PM: 123bp molecular weight marker; Hsp: positive gastric sample for *Helicobacter* genus (399 bp); NC: negative control; Hf: positive gastric sample for *H. felis* (241 bp); Hb: positive gastric sample for *H. bizzozeronii* (499 bp); Hh: positive gastric sample for *H. heilmannii* (580 bp). B) Fibrosis and glandular degeneration in gastric corpus, HE, 10X. C) Immunohistochemical staining for PCNA in gastric mucosa. Positive cells (head arrow) and strongly positive cells (arrow) of fovea, 40X. D) Immunohistochemical staining for E-cadherin in gastric mucosa. Strong and homogeneous staining (black arrow), 40X.



Source: Elaboration of the authors.

Table 1. Microscopical findings in three gastric regions of dogs infected by gastric *Helicobacter* spp.

Microscopical findings	Frequency of microscopical findings					
	Infected dogs (n=28)			Uninfected dogs (n=9)		
	Antrum	Corpus	Fundus	Antrum	Corpus	Fundus
<i>Epithelial mucosa</i>						
Erosion	0	3	1	0	0	1
<i>Lamina propria</i>						
Lymphoid aggregates	10	10	10	1	2	1
Mild inflammatory infiltrate	17	16	10	2	5	2*
Mild fibrosis	16	11	12	5	0	2
Severe fibrosis	4	0	3	1	1	0
Edema	1	1	2	0	0	1
<i>Gastric glands</i>						
Glandular degeneration	15	8	11	5	1	2

*Only eight samples of fundic mucosa were evaluated from uninfected dogs.

Source: Elaboration of the authors.

The association between lymphoid follicles within the lamina propria and *Helicobacter* infection and/or chronic gastritis has been evaluated. There were no more than two lymphocyte aggregates per specimen. These follicles were found in all three gastric regions in five dogs, one of which was uninfected. There was no significant association between gastric infection and the presence of lymphoid follicles ($p = 0.06$) when *Helicobacter* spp. infection was considered. By contrast, *H. heilmannii* infection was found to be associated with lymphoid aggregates ($p = 0.046$).

Other histological lesions were also observed, including mild to severe fibrosis, glandular degeneration, erosion, and interstitial edema. All the samples, even those from dogs not infected with *Helicobacter*, presented at least one of these lesions. Fibrosis in the lamina propria was frequently observed, both focally and diffusely. Glandular degeneration was characterized by vacuoles within the cytoplasm and enlarged nuclei in epithelial cells. In 18 infected dogs and four uninfected dogs, fibrosis and glandular degeneration occurred simultaneously (Figure 1B). There was no

association between gastric *Helicobacter* infection and gastritis ($p = 0.37$), glandular degeneration ($p = 0.73$), and fibrosis ($p = 0.43$). In addition, there was no significant difference among the specific species of *Helicobacter* in terms of association with glandular degeneration ($p > 0.05$).

Cell proliferation

AgNOR proteins appeared in light microscopy as irregular black dots in the nucleus. The mean values obtained in epithelial proliferation analysis are given in Table 2. There was no significant difference among the variables analyzed.

The distribution of PCNA LI% expression in different regions of gastric mucosa is shown in Table 3. PCNA expression was observed predominantly in the fovea (Figure 1C). There was no significant difference in cell proliferating index among the three gastric regions or in the intensity of PCNA expression between infected and uninfected dogs. In addition, there was no correlation between gastric inflammation and PCNA-staining in any of the three gastric regions (antrum: $r = 0.30$; corpus: $r = 0.27$; fundus: $r = -0.18$).

Table 2. Mean AgNOR number per cell, mean size of individual AgNOR dots and mean entire AgNOR area per epithelial cell in infected and uninfected dogs.

Parameter	Mean \pm Standard deviation					
	Uninfected			Infected		
	Antrum	Corpus	Fundus	Antrum	Corpus	Fundus
Number of NORs	1.31 \pm 0.51	1.31 \pm 0.50	1.26 \pm 0.47	1.54 \pm 0.71	1.51 \pm 0.68	1.50 \pm 0.68
NOR-dot area (μm^2)	1.18 \pm 0.58	1.10 \pm 0.49	1.03 \pm 0.42	0.71 \pm 0.40	0.70 \pm 0.33	0.68 \pm 0.25
NOR area/cell (μm^2)	1.30 \pm 0.44	1.22 \pm 0.40	0.50 \pm 0.23	0.53 \pm 0.24	0.64 \pm 0.29	0.60 \pm 0.24

Source: Elaboration of the authors.

Table 3. Mean and standard deviation of intensity of PCNA-staining in gastric mucosa of uninfected dogs and infected dogs by *Helicobacter* spp.

	Mean \pm Standard deviation					
	Uninfected dogs			Infected dogs		
	Antrum	Corpus	Fundus	Antrum	Corpus	Fundus
Positive cells	74.5 \pm 11.79	72.00 \pm 13.61	71.5 \pm 8.51	70.86 \pm 16.16	63.86 \pm 9.82	52.93 \pm 22.09
Strongly positive cells	58.97 \pm 11.06	59.13 \pm 32.97	52.93 \pm 22.95	56.70 \pm 26.70	53.66 \pm 20.87	42.18 \pm 27.10

Source: Elaboration of the authors.

Expression of E-cadherin

All of the gastric mucosa samples showed expression of E-cadherin (Table 4). Strong staining was predominant (Figure 1D), but there was no significant difference in E-cadherin-expression

between infected and uninfected groups. In addition, there was no correlation between gastric inflammation and E-cadherin-expression in any of the three gastric regions (antrum: $r = -0.15$; corpus: $r = -0.04$; fundus: $r = -0.17$).

Table 4. Frequency of infected and uninfected dogs according to intensity of E-cadherin-staining in three gastric regions.

	Uninfected dogs (n=7)			Infected dogs (n=21)		
	Antrum	Corpus	Fundus	Antrum	Corpus	Fundus
E-cadherin expression						
Strong staining	05	07	06	20	18	18
Weak staining	02	0	01	01	03	03

Source: Elaboration of the authors.

Discussion

A high occurrence of gastric *Helicobacter* (76%) infection has been detected as described in other studies in various countries (EATON et al., 1996; HAPPONEN et al., 1998; YAMASAKI; SUEMATSU; TAKAHASHI, 1998). Different species of *Helicobacter* can infect the gastric mucosa of dogs, and mixed infections are also reported (VAN DEN BULCK et al., 2005). In this study, either *H. bizzozeronii* or *H. salomonis* was identified in 37% of the positive samples as single species or in co-infection with *H. heilmannii* and/or *H. felis*. As in previous reports, *H. bizzozeronii* is the most prevalent species in dogs (CATTOLI et al., 1999; VAN DEN BULCK et al., 2005). Interestingly, the frequency of *H. felis* in pet dogs was much lower than we have observed previously in roaming dogs (CAMARGO et al., 2002).

Twenty-eight samples were positive for the genus *Helicobacter* but negative for the species tested, indicating that other *Helicobacter* species could be infecting the gastric mucosa of dogs. *Flexispira rappini*, *H. bilis* (NEIGER et al., 1999) and *H. cynogastricus* (VAN DEN BULCK et al., 2006) show morphologic features under light microscopy that resemble other non-*H. pylori* species (VAN DEN BULCK et al., 2005). *H. pylori*, the species most commonly implicated in human gastritis, was not detected in dogs, a result also found in previous studies (CAMARGO et al., 2002; CATTOLI et al., 1999; EATON et al., 1996). Considering the close contact between pet dogs and humans, this finding indicates that dogs do not represent a source of *H. pylori* infection.

Histological gastritis was observed in 29 dogs, 21 of which were infected with *Helicobacter* spp. Gastric inflammation is common both in healthy dogs and in dogs with gastric disturbance (HAPPONEN et al., 1998; HERMANN et al., 1995; YAMASAKI; SUEMATSU; TAKAHASHI, 1998). Lymphocytic infiltrate was not associated with *Helicobacter* infection or the degree of colonization density, in agreement with previous studies

(EATON et al., 1996; SIMPSON et al., 1999b). Lymphoid aggregates were frequently observed in our samples, and an increase in their number was associated with *H. heilmannii* infection, but not with gastritis. Simpson et al. (1999a) observed an increase in the number of lymphoid follicles and a severe chronic gastritis in specific-pathogen-free dogs inoculated with *H. felis*. In addition, lymphoid aggregates were associated with gastric infection by *H. pylori* in humans and large *Helicobacter* species in cats (OTTO et al., 1994; TAKEMURA et al., 2009). This association was characterized as deriving from an immune response to *Helicobacter* infection (STRAUBINGER et al., 2003), and as a risk factor for the development of MALT lymphoma (BRIDGEFORD et al., 2008; THIEDE et al., 1997).

Glandular degeneration and fibrosis were common findings and were frequently accompanied by mild inflammatory infiltrate. These gastric lesions were not associated with the degree of colonization density, but the lesions were more frequently seen in the stomach of infected dogs. Hermanns et al. (1995) observed a significant association between colonization density and the severity of gastritis, glandular degeneration, and lesions on superficial gastric epithelial cells in cats. *Helicobacter felis* and *H. bizzozeronii* induced loss of parietal cells in gerbils (DE BOCK et al., 2006), and these species have been observed in the parietal cell canaliculi of dogs and cats (PEYROL et al., 1998). These findings suggest that glandular degeneration could be related either to *Helicobacter* virulence factors or to the host immune response. In pigs, a relationship between *Helicobacter* infection, epithelial degeneration, and epithelial proliferation of *pars esophagea* has been demonstrated (PREZIOSI; SARLI; MARCATO, 2000).

A large number of epidemiological studies indicated that *H. pylori* infection is closely related to the development of gastric cancer (UEMURA et al., 2001; XIA; TALLEY, 2001), leading this species to be classified as a carcinogen in the human stomach (IARC, 1994). Mucosal hyperproliferation

increases the risk of gastric adenocarcinoma and has been demonstrated in *H. pylori*-infected gastric tissue in humans (CORREA, 1996; PARSONNET et al., 1991). One mechanism by which *H. pylori* induces carcinogenesis is by altering cellular turnover. Dogs are commonly infected with different species of *Helicobacter* (NEIGER et al., 1999, VAN Den BULCK et al., 2005); but only one study had investigated the effect of gastric *Helicobacter* on gastric epithelial cell proliferation in dogs (SAPIERZYŃSKI; MALICKA, 2004). Using histochemical and immunohistochemical assays, this study detected no increase in epithelial proliferation in the gastric mucosa of dogs infected with *Helicobacter* spp.

An increase in the number of NORs, accompanied by a decrease in the number of PCNA-positive cells, was observed in infected animals; however, the frequency of these changes showed no significant difference between infected and uninfected dogs. We have demonstrated previously that in cats, *Helicobacter* infection induces an increase in the number of NORs in epithelial cells (TAKEMURA et al., 2009). In addition, increased epithelial proliferation in the gastric antrum was reported in *Helicobacter*-infected dogs with gastritis (SAPIERZYŃSKI; MALICKA, 2004). The differences in these findings could be the result of the species of *Helicobacter*, species-specific virulence factors or the release of cytokines by inflammatory cells (PEEK JUNIOR et al., 2000).

Membranous cadherin staining is strong in the normal gastric epithelium but gradually decreases in intensity with increasing severity of diseases, from chronic atrophic gastritis to intestinal metaplasia, dysplasia and adenocarcinoma (CHAN, 2006). Expression of E-cadherin decreases early in the formation of precancerous lesions that develop into gastric cancer, suggesting E-cadherin may play an early role in the development of gastric cancer (CHAN et al., 2003). The normal cadherin expression levels found in this study indicate that neither *Helicobacter* spp. infection nor mild chronic

gastritis affects E-cadherin expression in dogs. This finding is contradictory with the results in patients with gastritis and *H. pylori* infection (YU et al., 2000) as well as for those with gastric cancer (LIU et al., 2005). This difference is probably related to the intensity of inflammatory infiltrate and infecting species encountered in dogs.

In conclusion, the frequency of infection with *Helicobacter* spp. varies by study and the method of diagnosis, but it is known that *H. bizzozeronni* is more commonly identified in the gastric mucosa of dogs. As in other animals, *H. heilmannii* infection was found to be associated with increased numbers of lymphoid follicles in dogs. Changes in epithelial proliferation and E-cadherin expression in dogs were not seen, most likely because the grade of gastric inflammation is not associated with such changes.

Acknowledgments

L. S. T. was supported by a doctoral fellowship financed by CNPq. A.P.F.R.L. Bracarense and A.A. Alfieri were supported by a research fellowship financed by CNPq.

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