Abstract
The research focused to inquire about the level of theoretical knowledge in PE and health. Data has been obtained through a "Questionnaire on the Learning of Concepts in PE" (QLCPE) [in Spanish CACEF], for primary education students, devised by experts who teach PE (content validity). Cronbach coefficient alpha (0.85). Test-retest reliability (0.83). The sample consists of 1,397 subjects between 10 and 13 years of age (N = 1,397), living in 6 different Spanish communities. The results show that the students of secondary education, have a poor theoretical and conceptual knowledge in the areas of curricular knowledge studied, reaching worrying proportions in some cases. The results show the need to develop strategies leading to improve the "PE culture" among students of primary education.

Keywords