Abstract
The usefulness of the physical Education in primary school years has been usually questioned. This study intent to prove whether classes of Physical Education are necessary for the students to achieve the objectives defined by the Official Curricular Project of the School or, otherwise, these classes of Physical Education are not necessary to achieve those objectives. I n order to provide more information about this subject we have used the technique of the "discussion group". The main conclusion has been that the interviewed children have acquired a general knowledge on Physical Education that hardly could be acquired out of the school.

Keywords
Discussion group, Physical Education at the primary school, Official Curricular Project on physical education.